

## 2020-2021

Awareness activities were done regarding COVID 19 during the 2 months April and May 2020, by all the NSS P.Os and NSS Volunteers of Jayaraj Annapackiam College

- Ten videos were created on including Do's and Don'ts for Preventing COVID - 19 and uploaded in the you tube for giving awareness to the whole world in the you tube [https://www.youtube.com/feed/my\\_videos?disable\\_polymer=true](https://www.youtube.com/feed/my_videos?disable_polymer=true)
- Popularising, Educating and Motivating for Making of Face Masks at Home to all nearby people in their native places.
- Aarogya Setu App - Downloading, Training for using were given to all the nearby people in their native places.

On **03.06.2020** at 11.30 a.m. – 12.30 p.m., NSS of Jayaraj Annapackiam College for Women, Periyakulam organised **WEBINAR on 'CRISIS of TRIAGE and UNIVERSAL REMEDY - COVID -19, A PERSPECTIVE'**. The following 3 medical doctors served as resource person for this Webinar.

- Dr. D. Leonard Suresh, Medical officer -Primary Health Center John's Medical College, Nandhapuram - West Godavari Dist. Andhra Pradesh.
- Mrs. Parimala Suresh, Research Analyst & Surveillance Officer, Community Health Center, Andhra Pradesh.
- Dr. A. Sri Kennath. J. Arul, MDS., Ph.D (Biotechnology – Medical), MBA (Hospital Management), Chairman and Senior Dental Surgeon & Professor, Madurai, Tamilnadu

Dr. Sr. R. Fatima Mary Sylvia, the Convener and NSS Coordinator welcomed the gathering. Dr. Sr. S. JESURANI, PRINCIPAL gave the Inaugural Address. Dr. Sr. B. J. QUEENSLY JEYANTHI, MOTHER SUPERIOR & SECRETARY gave the Felicitation. Mrs. K. Rani, the Organizing Secretary and NSS Program Officer conveyed vote of thanks. 453 participants participated in this Webinar and got clear idea about COVID-19. Webinar video link: <https://youtu.be/ZOOnRlq26lc>

**National Service Scheme**  
 Jayaraj Annapackiam College for Women  
 (An Autonomous Institution Affiliated to the Hindu Tamil Women's University, Kodaikanal)  
 To spread the Value Education to girls in S. Co. Grade  
 Periyakulam, Tirupattur District, Tamil Nadu, India

Registration Link: <https://www.zoom.us/j/92101111111> **ORGANIZES** Date: 03.06.2020 Time: 11.30 a.m. - 12.30 p.m.

**WEBINAR USING ZOOMAPP**  
**ON**  
**CRISIS OF TRIAGE & UNIVERSAL REMEDY - COVID 19, A PERSPECTIVE**  
**No Registration Fee**  
 Registration is limited to: First registered 500 participants only

<b>Dr. D. Leonard Suresh</b> Medical officer - Primary Health Center Sankar's Medical College Nandhapuram - West Godavari Dist. Andhra Pradesh	<b>Mrs. Parimala Suresh</b> Research Analyst & Surveillance Officer Community Health Center Andhra Pradesh	<b>Dr. A. Sri Kenneth. J. Arul</b> M.D., Ph.D (Biotechnology - Medical), MHA (Hospital Management) Chairman and Senior Dental Surgeon & Professor, Madurai, Tamil Nadu
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**Inaugural Address by : Dr. Sr. S. JESURANI**  
**PRINCIPAL**

**Felicitation by : Dr. Sr. R. J. DEEENBLY JEVRATHI**  
**MOTHER SUPERIOR & SECRETARY**

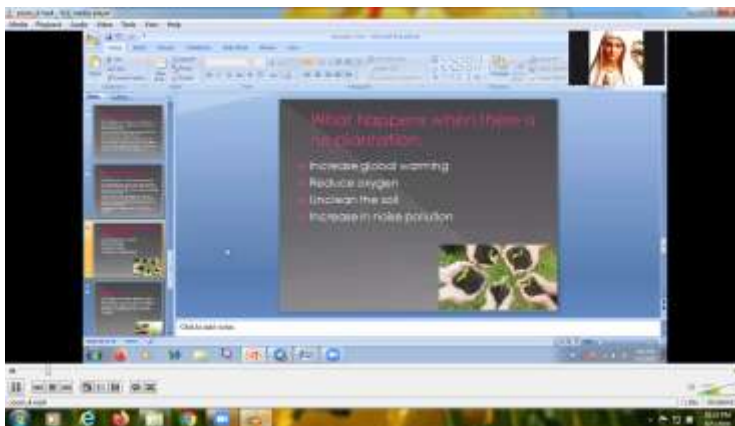
\*Certificate will be provided to all the participants after the submission of their feedback form.  
**For further clarification contact**

<b>Convener: Dr. Sr. R. Fatima Mary Sylvia</b> NSS Coordinator & Librarian email : <a href="mailto:grsylviaat@gmail.com">grsylviaat@gmail.com</a> , Mobile: 8993583311	<b>Organizing Secretary: Mrs. K. Rani</b> NSS Program Officer & Asstt. Prof. in Computer Science email : <a href="mailto:raniomsr@gmail.com">raniomsr@gmail.com</a> , Mobile: 9488480380
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On 5.6.2020, in connection with World Environment Day, NSS of Jayaraj Annapackiam College for Women(Autonomous), Periyakulam organized a zoom cloud meeting for NSS Program Officer and NSS Volunteers, at 5 pm - 6 pm. A talk on ‘TO SAVE LIFE, SAVE ENVIRONMENT’ was given by Dr. Sr. Fatima Mary Sylvia, NSS Coordinator. Mrs. K. Rani NSS Programme officer delivered a talk on Pollution Control. Finally, Ms. S. Monica, II B. Sc Computer Science (Unit:10) presented a talk about tree plantation. Around 60 NSS Volunteers and 14 Staff participated in the zoom meeting. Drawing, Slogan writing, Video Making and Solo song events were done by NSS Volunteers. Video was uploaded in YouTube about ‘Awareness on Environment’ - Unit No : 11 & 13

<https://youtu.be/Xj7B4Ad5p2M>

<https://youtu.be/X6wX54NAnUc>





**On 21.06.2020, 'International Yoga Day'** was celebrated by all the NSS Units of Jayaraj Annapackiam College For Women (Autonomous), Periyakulam, Theni, under the theme "Yoga at Home, Yoga with Family". Due to COVID-19, all the students in Unit 7 were in home and performed the following activities.

- ✓ Practised Yoga asana with their family and friends.
- ✓ Motivated and encouraged their neighbours to practice yoga.
- ✓ Created videos on Yoga and uploaded in you tube. It has been sent through whatsapp
- ✓ Awareness on Yoga was given to others through captured photos. It has been sent through whatsapp

**Video on yoga - link :** [https://youtu.be/pKr\\_klWAOEQ](https://youtu.be/pKr_klWAOEQ)



From 11.08.2020 to 15.08.2020, to commemorate **Swachh Bharat Mission Grameen- Gandagi Mukh Bharat Campaign**, Jayaraj Annapackiam College For Women , Autonomous Periyakulam NSS Volunteers with great enthusiasm have spread awareness regarding clean India. The following activities were done by the NSS Volunteers.

- Sapling Plantation
- Painting Competition
- Distribution of Face Mask and Sanitizer
- Gave awareness regarding effects of Open Defecation to village people
- Segregation of Waste material
- Cleaning Work

Clean Environment was developed by these activities.

Sapling !! Neem

J.A. College for women

NSS



R.Mohanapriya  
III B.sc Physics(R)  
Unit no :7



On 15.08.2020, NSS of Jayaraj Annapackiam College celebrated **Independence day** in J.A.College Campus. Fr.Jayaseelen, the Parish Priest of Periyakulam hoisted the National Flag and delivered Independence day message. Nearby students in NSS participated in this function.



On 12.09.2020, National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organized **Awareness Program On Fit-India** through online mode on **12-09-2020**. Nearly 250 NSS volunteers, NSS Programme Officers and Staff Advisors participated in the Awareness Program. The NSS Coordinator of J.A College Sr. Dr. Fatima Mary Sylvia planned and organized the Awareness Program in this pandemic situation.

The awareness program started with prayer. The NSS Coordinator of J.A College **Sr. Dr. Fathima Mary Sylviya** welcomed the gathering. **Mrs.K.Rani**, Assitant Professor of Computer Science and NSS PO of Unit – 10 gave the introductory talk about **FIT-INDIA**. **Mr.R.Vimal**, Theni District Kho Kho



Association Secretary, Tamilnadu Women's Team Coach, AIADMK Chinnamanur Union Secretary, delivered a special talk in the topic "**Physical Fitness through Sports**". After Vimal's talk, **Dr. Mrs. M. Sutha**, B.A., B.P.Ed., M.Phil., Ph.D., Director of Physical Education, J.A College For Women, Periyakulam, delivered a special talk on "**Physical fitness through day-to-day activities**". Following Dr.M.Sutha, **Mrs. P.Vinnarasi**, M.A., B.Ed., B.PEd., Physical Education Teacher, Government High School, U.Ammapatti, Uthamapalayam, delivered a special speech on "**Physical Fitness through Exercise**". Following Vinnarasi, **Ms. S.Suseela**, Assistant Professor of Physics and NSS Advisor of Unit- 7 delivered a talk on "**Nutritious food**". And the final talk was delivered by **Dr.D.Selvi**, Assistant Professor of Mathematics and NSS PO of Unit-7 on the topic "**Mental Fitness**". Finally, the meeting ended with vote of thanks which was proposed by Ms.S.Suseela.

On 02.10.2020, NSS organized a special programme on Mahatma Gandhi's 151<sup>th</sup> birthday anniversary through Google meet. Sr. Dr. Fatima Mary Sylvia NSS Co-ordinator gave a message about Gandhiji. Dr. Mrs. Anusha Angel, Assistant Professor of History (NSS Programme Officer) delivered a lecture on "Ghandian Thoughts". All the NSS programme officers, Staff advisers and around 250 students were actively participated.



**On 26.11.2020** National Service Scheme, Unit.IX of Jayaraj Annapackiam College has organized a Special talk on “Communal Harmony Day”. NSS Co-Ordinator **Dr.Sr.Fatima Mary Sylvia** administered the Oath of “**Constitution Day**” to the NSS students. **Dr.M.AakinaBarveen, Assistant Professor**, Research Dept.of Commerce administered the Oath and delivered a special Talk on “Communal Harmony Day” .**Dr.Sr.Fatima Mary Sylvia** shared her views on “Constitution Day” to the students. About 150 NSS students were actively participated.



On 5.12.2020, connection with **International Volunteers day**, National Service Scheme Unit – X of Jayaraj Annapackiam College For Women, Autonomous Periyakulam, organised a one day special talk. **Ms. T. Logeshwari, NSS Old Student** of **Jayaraj Annapackiam College For Women, Periyakulam** gave a talk on “**Women volunteer**”. **Dr. Sr. Fathima Mary Sylvia, NSS Coordinator**, deliver the talk on “**volunteerism**”. Four students from B.Com CA and B. Sc Maths share their ideas in various topics. Mrs. K. Rani, Assistant Professor of Computer Science, NSS Program Officer welcomes the gathering.Mrs. Poornima Assistant Professor of Commerce CA, NSS Advisor deliver the Vote of thanks. Dr. D. Selvi Assistant Professor of Maths, NSS Program Officer and Dr. Kasthoori Assistant Professor of History, NSS staff Advisor participated the one day program. 100 NSS Volunteers from UNIT X and UNIT 7 were actively participated.

Meet - NSS

meet.google.com/lmq-jpcz-ahj?ip=1&authuser=1

REC M Mrs. M. Poomima JAC is presenting U UMAS2140575 YAMUL... and 80 more 3:28 PM

# Sister Speech

*Rev. Sr. Dr. Fatima Mary Sylvia*  
*NSS Co-ordinator & Head Librarian*



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... UMAS2149869 DH... Mrs. K. Rani JAC  
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... UMAS2138578 D.S... UMAS2144797 ISW...  
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UCA2138611 NILAFAR FATH...

3:28 PM 12/5/2020


Meet - NSS

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REC M Mrs. M. Poomima JAC is presenting U UCA2139030 CHANDRAL... and 78 more 3:33 PM

# CHIEF GUEST ADDRESS

by  
Miss. T. Logeswari  
NSS Old Volunteer



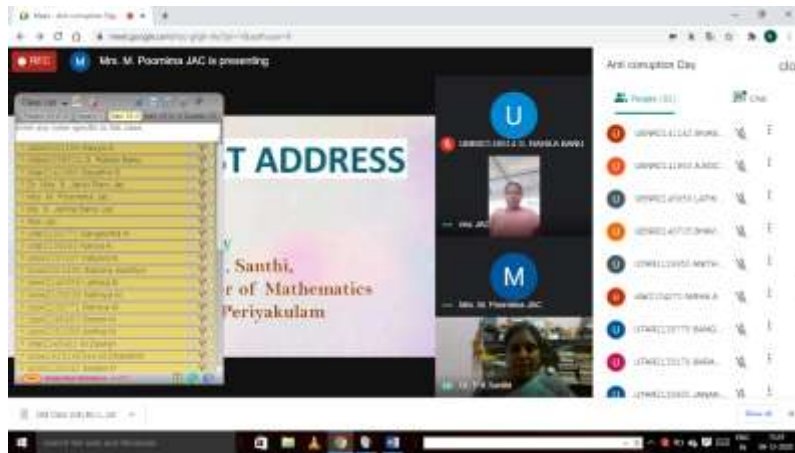
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Logeswari, Chandrani

3:33 PM 12/5/2020



On **09.12.2020**, connection with **International Anti-corruption day**, National Service Scheme Unit – X of Jayaraj Annapackiam College For Women, Autonomous Periyakulam, organised a debate on “இன்றைய உலகில் ஊழல் செய்யாமல் வாழ முடியாது/முடியும்” for the NSS volunteers. **Mrs. P. K. Shanthi, Assistant Professor**, Department of Mathematics, Jayaraj Annapackiam College for women(Autonomous), Periyakulam moderator for the debate. Sr. Fathima Mary Sylvia NSS Co-Ordinator introduce the Chief guest. Mrs. K. Rani, Assistant Professor of Computer Science, NSS Program Officer welcomes the gathering. Mrs. Poornima Assistant Professor of Commerce CA, NSS Advisor propose the Vote of thanks. NSS staff Advisor participated the one day program. Lathika –I B.A English, Sri devi – I B.com and Sneka – I B.Sc Zoology, Devi sri – I B.A Tamil, Rahira – I BBA and Kalyani – I Zoology were participated the debate.



On 11.12.2020, in connection with **International Human Rights day**, National Service Scheme Unit – X of Jayaraj Annapackiam College For Women, Autonomous Periyakulam, organised a one day special talk. **Mr. Harihara Pandian B.A, BL ., Advocate, Madras High court** gave a talk on “**Women Rights**”. Sr. Fathima Mary Sylvia NSS Co-Ordinator introduce the Chief guest. Mrs. K. Rani, Assistant Professor of Computer Science, NSS Program Officer welcomes the gathering. Mrs. Poornima Assistant Professor of Commerce CA, NSS Advisor deliver the Vote of thanks. NSS staff Advisor participated the one day program. 100 NSS Volunteers from UNIT X, UNIT VIII AND XI were actively participated.

**CHIEF GUEST ADDRESS**

by  
Mr. B. Hariharapandian, BA, LL.B.,  
Advocate,  
Madras High Court

Mrs. M. Poornima JAC

You



UHTR2138...

46 others

Call, Video, Mute, More options