

## **RESUME**



### **General Details**

Name : **Dr. M. SUTHA**  
Designation : Physical Directress  
Qualification : M.P.Ed., M.Phil., PhD  
Specialisation : Kabaddi & Hockey  
Date of Birth : 11.06.1978  
Address for Communication : C/o C. Muthuvel,  
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### **Educational Details**

<b>Sl. No.</b>	<b>Name of the Degree</b>	<b>Institution</b>	<b>Year of Passing</b>
1.	B.A. History	Auxilium College, Vellore	2001
2.	B.P.Ed	Y.M.C.A. College of Physical Education, Chennai	2002
3.	M.P.Ed.	Alagappa University, Karaikudi	2004
4.	M.Phil	Annamalai University, Chidambaram	2005
5.	PhD	Madurai Kamaraj University	2019

**PhD Thesis:** Effects of Specific Circuit Training on Selected Motor Fitness, Physiological and the Performance Variables of College Women Basketball Players.

## Experience

Sl. No.	Designation	Institution	Period of Service	
			From	To
1.	Physical Director	Idaya Arts and Science Collge, Sengum, Thiruvannamalai District	2005	2006
2.	Physical Director	St. Joseph's College of Education, Kollemcode, Kanyakumari District	2006	2007
3.	Director of Physical Education	Jayaraj Annapackiam College for Women, Periyakulam,Theni District	2008	Till date

## Research Details

No. of Paper Published in Journals	:	2
No. of Paper Published in Edited Volume	:	3
No. of Paper Presented in Seminar	:	3
No. of Workshop Attended	:	5
No. of Webinar Attended	:	3