

# **Jayaraj Annapackiam College for Women, Periyakulam**

## **NSS Annual Report**

**2021-2022**

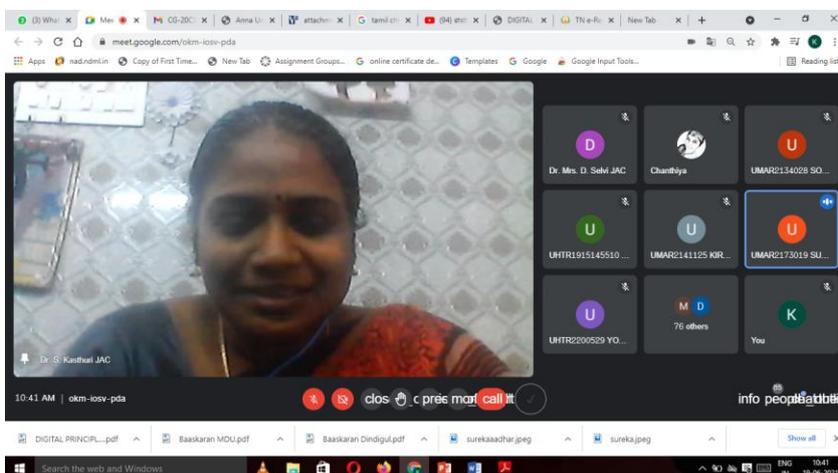
**On 05.06.2021, National Service Scheme of Jayaraj Annapackiam College For Women(Autonomous), Periyakulam celebrated World Environment Day through online mode. Dr. D. Selvi, Assistant Professor in Maths and NSS Program Officer, motivated and encouraged students to plant more saplings to make the world greener. 50 NSS volunteers planted saplings.**



**On 5.6.2021, NSS of JAC organised COVID Vaccination Camp in the College Campus. Dr. S. Liaquat Ali and Nurse Daisy and Nurse Avilya involed in Covid Shield medical camp to benefit 65 persons in and around the Jayaraj Annapackiam College for Women(Autonomous) campus. The medical camp was coordinated by the College Secretary and Mother Superior Rev Sr.Dr.B.J. Queensly Jeyanthi, the College Principal Rev.Sr.Dr. Jesurani and the NSS Coordinator Dr. Sister Fatima Mary Sylvia. 65 people were benefitted from the camp.**



**On 21.6.2021, World Yoga Day was celebrated through online mode. Google meeting was conducted to spread awareness about yoga to students. The meeting started with prayer. Dr.S.Kasturi, Assistant Professor in History, gave a talk on yoga and its benefits. Miss.Chandya, NSS Student Volunteer, II B.A English, Jayaraj Annapackiam College for Women and Yoga Teacher gave live demonstration. Due to COVID-19, our students stayed at home and did Yoga asana with their family and friends. They also motivated and encouraged their neighbours to practice yoga daily and stay healthy. They also spread about the transformative impact of Yoga on the lives of the individuals. 90 students actively participated in this programme.**



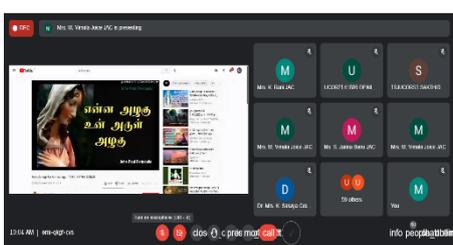
**Rev.Dr.Sr.S.Jesurani Principal , Dr.Sr.A.Scarlet and Dr.M.Aakina Barveen visited the government hospital and Distributed Food Packets through NSS at the Rehabilitation Centre-Goverment Hospital , Periyakulam on 24.6.2021.**



**On 10.7.2021, World Population Day was celebrated by NSS of Jayaraj Annapackiam College for Women, Periyakulam. Regarding this celebration, a Debate on title ‘Population has to decrease or not’ was conducted through online mode (Google meet) from 10am to 11.00 am. The meeting was started with Prayer and welcome Address by Mrs. M. Vimala Joice, Assistant Professor of Chemistry, NSS Programme Officer. Mrs. K.S. Rani, Assistant Professor of Computer Science, NSS Programme Officer, presided over this debate. In each groups, three students shared their views, totally six NSS Volunteers shared and express their ideas on the title of the Debate ‘Population has to be decreased or not’. The NSS Volunteers names are given below;**

- 1. S.Jana Preethi,II B.Com(R)**
- 2. M. Devi sri, II B.A(Tam)**
- 3. S. Yogalakshmi, II B.A(HTM)**
- 4. S. Soundarya II B.Sc (Com)**
- 5. M. Shruthi II B.Sc(Chem)**
- 6. M. Sneha II B.Sc Zoo(R)**

**Mrs. K.S. Rani concluded that, rapid population growth and its causes continue to pose a major obstacle to achieving the sustainable development a Nation, particularly eradicating hunger and poverty, and improving health and education. So all have to be motivated to control population growth by natural ways. Finally, Miss. Jerina Banu, Assistant Professor of Zoology and NSS Staff Advisor proposed vote of thanks. 90 students actively participated in this programme.**



**On 17.7.2021, World International Justice Day was celebrated by NSS of Jayaraj Annapackiam College for Women, Periyakulam. Regarding this celebration, invited talk was organized through online mode (Google meet) from 10am to 11.30 am. The meeting was started with Prayer and Welcome Address by Mrs. M. Vimala Joice, Assistant Professor of Chemistry, NSS Programme Officer. Mrs. J. Jasmine Selvapackiam, Head and Assistant Professor of Business Administration, given the talk on “International Justice”. She elaborated that, how to make people aware and united to support justice and also to promote the rights of the victims and also warns those people who affect the peace, security, and well-being of the nation at risk. She also clearly explained about the difference between Judge and Justice. Finally, Miss. Jerina Banu, Assistant Professor of Zoology and NSS Staff Advisor proposed vote of thanks. 65 NSS Volenteers actively participated in this programme.**

**Jayaraj Annapackiam college for Women(Autonomous),  
Periyakulam**

**National Social Service Scheme**

**World Day for International Justice  
17.07.2021**

meet.google.com is sharing a window. [Stop sharing](#) [Hide](#)

christian songs tamil - Google | (252) etre...L.Ga...@... | Classwork for 19JUCS III UG | (4) WhatsApp | Meet - wge-zvcv-tki

meet.google.com/wge-zvcv-tki?pli=1&authuser=3

REC Mrs. J. Jasmine Selvapackiam JAC is presenting

Impartiality 101: The Importance of Being Fair as a Juror



10:29 AM | wge-zvcv-tki

info people@atthem

(no subject) - ranjansms@gmail | Classwork for 19JUCS III UG | (5) WhatsApp | Meet - wge-zvcv-tki

meet.google.com/wge-zvcv-tki?pli=1&authuser=3

REC

Class List

- 11 Others
- 14 Others
- 15 Others
- 16 Others
- 17 Others
- 18 Others
- 19 Others
- 20 Others
- 21 Others
- 22 Others
- 23 Others
- 24 Others
- 25 Others
- 26 Others
- 27 Others
- 28 Others
- 29 Others
- 30 Others
- 31 Others
- 32 Others
- 33 Others
- 34 Others
- 35 Others
- 36 Others
- 37 Others
- 38 Others
- 39 Others
- 40 Others
- 41 Others
- 42 Others
- 43 Others
- 44 Others
- 45 Others
- 46 Others
- 47 Others
- 48 Others
- 49 Others
- 50 Others
- 51 Others
- 52 Others
- 53 Others
- 54 Others
- 55 Others
- 56 Others

11:24 AM | wge-zvcv-tki

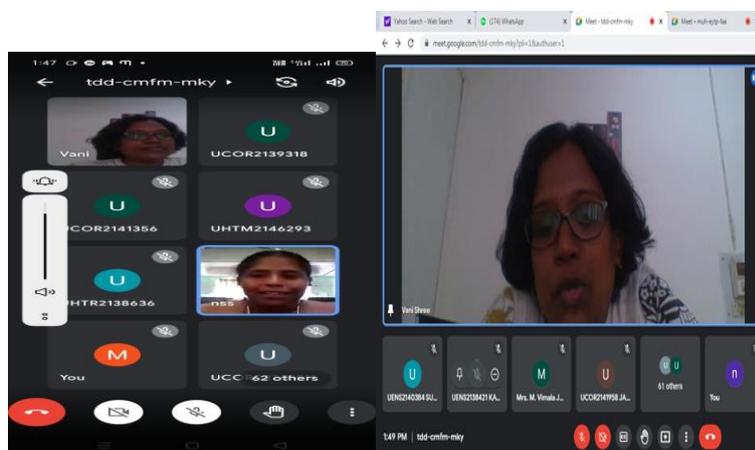
info people@atthem

**The World Nature Conservation Day (28/07/2021) was celebrated on 28/07/2021 by conducting E-Quiz through online mode (Google forms) from 09.00am to 12.00 pm. Mrs. M. Vimala Joice, Assistant Professor of Chemistry, NSS Programme Officer, selected ten questions from world nature conservation day. Mrs. K.S. Rani, Assistant Professor of Computer Science, NSS Programme Officer, created E- Quiz in google forms and Rev.Sr. Dr. Fatima Mary Sylviya, NSS Coordinator, Librarian, verified E- Quiz. 765 NSS Volunteers and all the NSS Programme officers, staff advisers actively participated in this E-Quiz and got E-Certificate with Score.**

**Link for E-Quiz:**

**<https://us02web.zoom.us/j/81113844502>**

**On 12.8.2021, NSSof Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organized a Special talk on World Youth Day through virtual mode at 1:30 p.m. The Chief Guest Dr.Vanishree Joseph, Assistant Professor in Centre or Panchayathi Raj at the National Institute of Rural Development of Panchayathi Raj, Hyderabad, delivered a Message about Youth Day Celebration. After that Rev. Dr. Sr. Fatima Mary Sylvia, NSS co-ordinator& Head Librarian shared her views on Awareness about Fit India. About 135 NSS volunteers were benefitted through this programme.**



**On 15<sup>th</sup> August 2021, NSS of Jayaraj Annapackiam College for Women, celebrated the 75<sup>th</sup> Independence Day. The Chief Guest Rev.Fr.Anbarasu, Arulanandhar College, Madurai, hoisted our National Flag at 7:00 a.m. and delivered a Talk on Independence Day Celebration. About 50 NSS Volunteers were participated.**



**On 27-08-2021, NSS of Jayaraj Annapackiam College for women (Autonomous), Periyakulam organized Corona (Covi-Shield) vaccination camp in the college premise. It was started in the presence of Rev.Sr.Dr. Jesurani, Principal and Rev. Sr. Dr. B.J. Queensly Jayanthi, Secretary, at 10.00a.m. Mr.V. Bhavananthan, Periyakulam Block Health superintendent, Dr.Priyanka and members of Health Department lead the vaccination Camp. Rev.Sr.Dr. Fatima Mary Sylvia, NSS Coordinator, Dr. T. Grija Bai, NSS Program Officer and Mrs. S.Inba Suba Lakshmi, NSS Staff advisor organized the camp Successfully. Extension of JAC Joined in hand with NSS in conducting the Corona (Covi-Shield) vaccination camp from 10.00a.m. till 03.00p.m. 185 people were benefited and vaccinated by this Corona (Covi-Shield) vaccination camp held inside the J.A.College campus.**





**On 21.9.2021, International Day of Peace was celebrated by NSS of Jayaraj Annapackiam College for Women, Periyakulam. Dr. Mrs. Mishpa Sahaya Rani, Associate Professor of Zoology, served as the resource person and delivered a talk on “International Peace”. She shared her ideas on the value of peace and how to avoid conflict without violence and maintain peace in our families. 290 students participated in this programme.**



**On 24.09.2021, National Service Scheme Day was celebrated by NSS of Jayaraj Annapackiam College for Women, Periyakulam. Rev. Sr. Dr. Fatima Mary Sylvia, NSS Coordinator and Librarian, had presided over this meeting. In her presidential address she highlighted the importance and the Motto of NSS. The motto of NSS is “Not Me but You”. Every year on September 24, India celebrates ‘National Service Scheme Day’. Mr. M. Anbukarasan, Secretary, Periyakulam Nagar Nala Society, had given a talk on “Personality Development”. He elaborated that goals of life and nurturing values, enhancing skills in various fields help you to reach a high place. NSS Programme Officers, Staff Advisors and 280 NSS Volunteers actively participated in this programme.**



**The Plastic eradication awareness rally was conducted on 29-09-2021 by NSS of Jayaraj Annapackiam College for Women, Periyakulam. This rally was started at 10.00 am from Vadugapatti. Mrs. Ambujam, Executive Officer, Panchayat Office, Vadugapatti had presided over this rally. Dr. P.K. Santhi, Assistant Professor of Mathematics & NSS Programme Officer, Dr.Mrs.A.D. Padmasree, Assistant Professor of History & NSS Programme Officer, Miss. Jancy Prema, Assistant Professor of Computer Science and NSS Staff Advisor and Health Inspector Mr. Subburaj lead this rally. 50 NSS Volunteers and more than 100 residents from local area took part in the rally. The students carried banners and recited slogans against plastic pollution. Finally, they reached V.O.C. street at 11.00 am.**



The National Service Scheme (NSS) and JayarajAnnapackiam College Extension Programme (JACEP ), Periyakulam, Theni District, jointly organized a Covid Vaccination Camp on 01.10.2021 from 10a.m to 1p.m. with the collaboration of a team of Doctors. 142 students were vaccinated on that day.



The National Service Scheme (NSS) organized an activity on “FIT INDIA 2021” on 02.10.2021. The session began with the prayer song followed by Scripture reading. Dr. Fatima Mary Sylvia, Co-convenor, NSS Co-Ordinator and Librarian, welcomed the gathering. **Mr. Anbarasu**, served as the resource person and delivered a talk on the topic “Awareness on Maintaining Health through Fitness”. He elaborated how to live as a woman in the society and how to take part in various physical activities. He discussed the benefits of involving in physical activities which helps to become strong mentally also. 250 participants of NSS II year students were participated and benefited. The Programme was followed by making the students to run around the

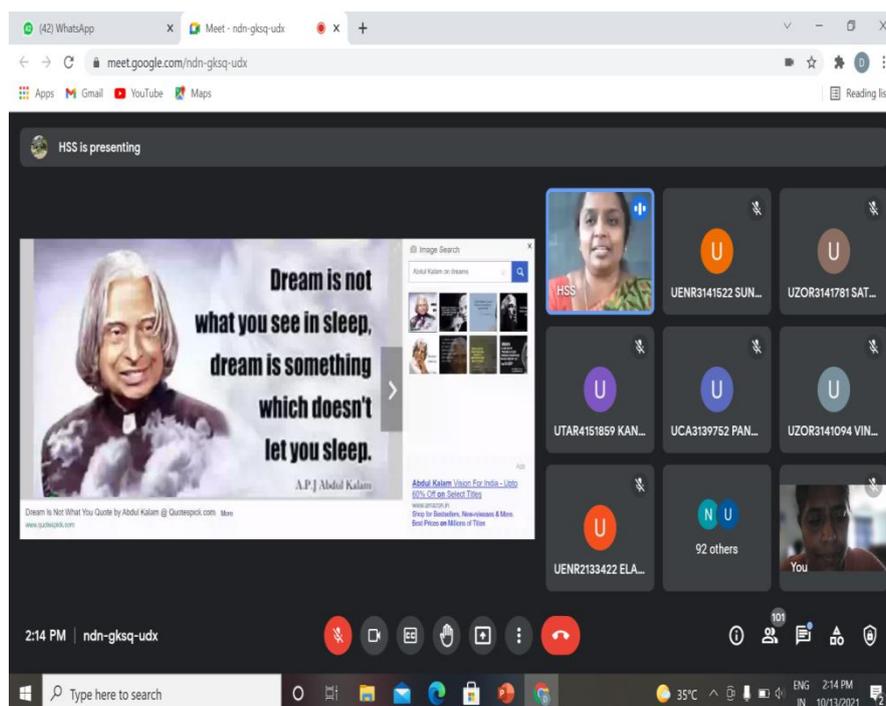
**campus by unit wise in order to stay healthy. It would be helpful to practice in their day-to-day life. Snacks were given to energize the runners.**



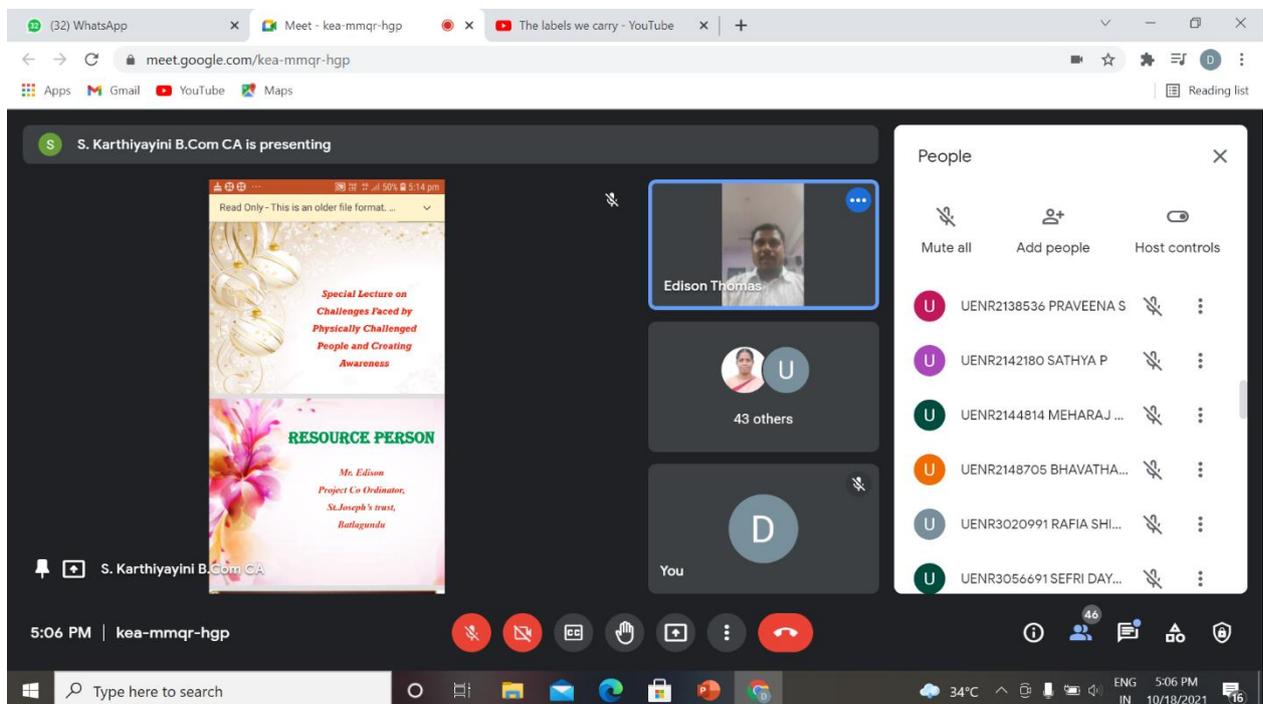
**In connection with the celebration of the AZADI KA AMRIT MAHOTSAVE, the Department of Youth Affairs & Sports, Govt of India and Nehru Yuva Kendra-Thenihad organized a meeting titled ‘Clean India Programme’ to conduct the awareness Programme in colleges through NSS in Theni District on 06.10.2021 at 03.00pm at Chamber of PA(PD),District Collectorate,(3rd Floor),Theni. NSS of Jayaraj Annapackiam College For Women had deputed Dr.J.Preethi, PO- NSS, Assistant Professor of English and Ms.S.Karthiyayini, Assistant**

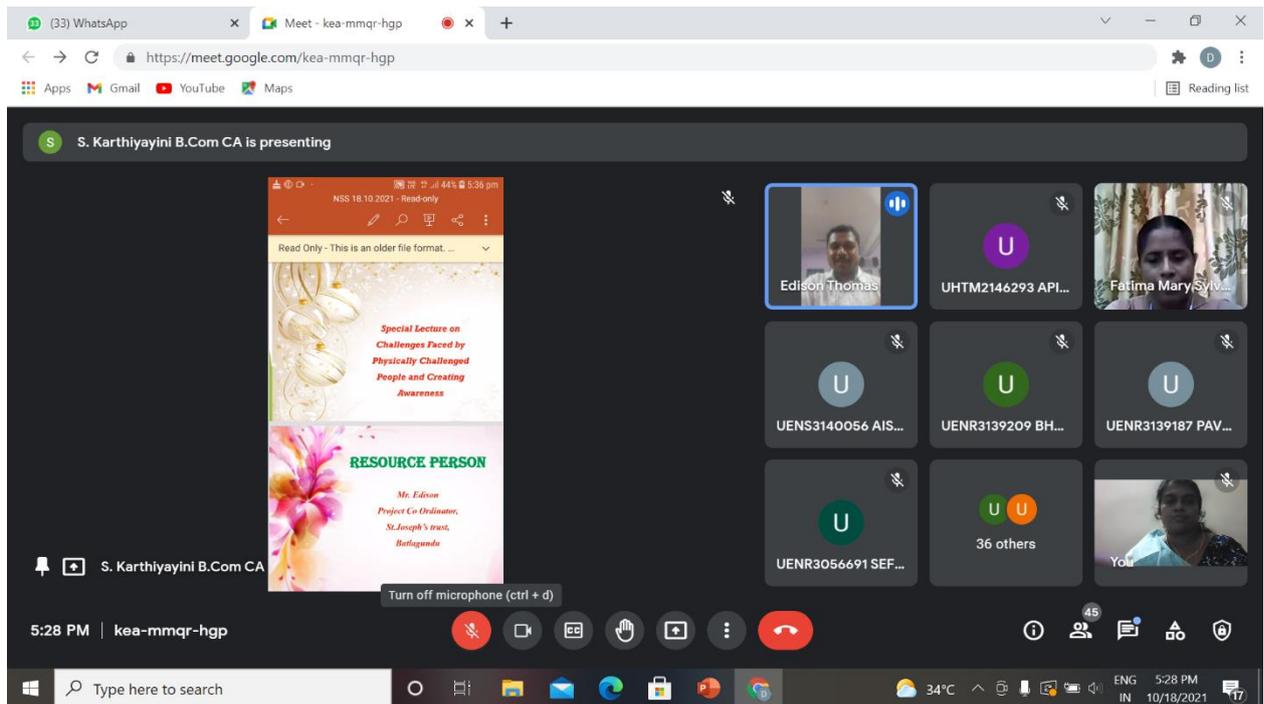
**Professor and the Advisor, NSS to attend the meeting. They came to know the importance of creating Awareness among common people to keep the environment clean and maintain the society by avoiding the usage of plastics and beautifying the society by planting trees. Further, it is decided to conduct various activities in and around Theni District. 20 Professors had participated from various colleges.**

**In connection with ‘Youth Awakening Day’, the birthday of Dr. A.P.J. Abdul Kalam, NSS had organized an online special talk through Google Meet on 13.10.2021 at 2 p.m. The resource person Mrs. Hannah Sophia Samuel, Assistant Professor of English, Lady Doak College, Madurai delivered a special lecture on the topic ‘Dreaming – the Kalam Way’. Nearly 200 NSS students participated in the Google meet Platform which brought light to our students and made them to be more confident and clear to travel towards success.**



NSS had organized an online special talk through Google Meet on 18.10.2021 at 5 p.m. The resource person Mr. Edwin Thomas, Project Coordinator, St. Joseph's development Trust, Genguvarpatti, delivered a special lecture on the topic '*Special Lecture on Challenges Faced by Physically Challenged People and Creating Awareness*'. Dr. Fatima Mary Sylvia, NSS Co-ordinator gave the welcome speech. 100 students participated through the Google meet Platform which created awareness among our students to take care of these children and what are the reasons behind for their birth and how to be conscious in taking care of our health. He brought an awareness in the minds of youngsters in the society to welcome and accept children and persons with any kind of Disability and respect them as human beings. He played two videos in connection with Physically Challenged people. It was ended with Vote of thanks by Dr.J.Preethi, Assistant Professor of English, JAC. .





**With the motto of 'Cleanliness is a sign of development and keeps all the diseases away', NSS of JayarajAnnapackiam College carried out a Mega Cleaning in Sarathupatti to accomplish our Prime Minister Narendra Modi's vision for India 2021 to phase out the use of single-use plastics by 2022 by 'Clean India Drive'. VizhuthukallaignarMandram of Nehru Yuva Kendra had also joined in this cleaning service. This camp was presided by Mrs. Shanthi Kannan, Village officer, Saruthupatti. It was inaugurated and flagged off by Mr. K.S Saravanakumar, Member of Legislative Assembly, Periyakulam. He announced that Clean India Drive will help the village to get rid of single use plastic and other waste. He further added that it was his first event in which tonnes of waste was collected and weighed by the Municipal Corporation. The Welcome address was delivered by Rev. Dr. Sr. S. Jesurani, Principal, JayarajAnnapackiam College, Periyakulam at 9:15 a.m. on 23.10.2021. She motivated the students to do service to the society with all our heart and might and all the students were pledged to keep our country Clean always and avoid the usage of plastics. All the NSS Volunteers and students were engaged in this programme. The NSS Co-**

ordinator Dr. Fatima Mary Sylvia, divided the NSS students into seven groups. Each group members were allocated with a particular area for cleaning in Saruthupatti. These groups were asked to collect all the plastics which was found in the area separately in different sacs. The renewable such as dry leaves, twigs , papers wastes were collected separately. The collected waste was handed over to the Village Officer. At the end, the NSS Volunteers and students and the volunteers from ElaignarManram were provided with snacks.



# பெரியகுளம் அருகே சருத்துப்பட்டி ஊராட்சியில் தூய்மை இந்தியா முகாம்

உத்தமபாளையம்.அக்.25  
பெரியகுளம் அருகே சருத்துப்பட்டி ஊராட்சியில் தூய்மை இந்தியா திட்டத்தின் கீழ் பிளாஸ்டிக் கழிவுகள் அகற்றும் முகாம் நடைபெற்றது.

முகாமிற்கு சருத்துப்பட்டி ஊராட்சி மன்றத்தலைவர் சாந்திகண்ணையன் தலைமை வகித்தார். நேருயுவகேந்திரா திட்ட மேற்பார்வையாளர் ஸ்ரீராம் பாபு, வட்டார வளர்ச்சி அலுவலர் சேது ஆகியோர் முன்னிலை வகித்தனர். பெரியகுளம் ஜெயராஜ் அன்னபாக்கியம் மகளிர் கல்லூரி முதல்வர் எஸ்.சேகராணி வரவேற்புரையாற்றினார்.

பெரியகுளம் சட்டமன்ற உறுப்பினர் கே.எஸ். சரவணக்குமார் கலந்து கொண்டு, சுகாதாரப்பணிகள் மற்றும் தூய்மை குறித்து பேசினார். மேலும் தூய்மை இந்தியா திட்ட முகாமினை கொடியசைத்து துவக்கி வைத்தார். சருத்துப்பட்டி ஊராட்சியில் உள்ள 12 வார்டுகளிலும் பிளாஸ்டிக் கழிவுகளை ஜெயராஜ் அன்னபாக்கியம் மகளிர் கல்லூரி நாட்டுநலப்பணித்திட்ட



மகளிர் மற்றும் விழுதுகள் இளைஞர் மன்றத்தினர், சருத்துப்பட்டி ஊராட்சி நிர்வாகத்தினர் இணைந்து பிளாஸ்டிக் கழிவுகளை அகற்றி, ஊராட்சிமன்றத்தலைவரிடம் ஒப்படைத்தனர். முன்னதாக தூய்மை இந்தியா உறுதிமொழி எடுத்துக்கொள்ளப்பட்டது.

முகாமில் ஜெயராஜ் அன்னபாக்கியம் கல்லூரி நாட்டுநலப்பணித்திட்ட ஓருங்கிணைப்பாளர்

பாத்திமாமேரி சில்வியா, விழுதுகள் இளைஞர் மன்ற துணைத்தலைவர் ரெங்கராஜ் ஆகியோர் கலந்துகொண்டனர். விழுதுகள் இளைஞர் மன்ற செயலாளர் அஜீத்பாண்டி நன்றியுரையாற்றினார். முகாமிற்கான ஏற்பாடுகளை விழுதுகள் இளைஞர் மன்றத்தினர் மற்றும் ஜெயராஜ் அன்னபாக்கியம் மகளிர் கல்லூரி நாட்டுநலப்பணித்திட்டத்தினர் செய்திருந்தனர்.



GPS Map  
Camera Lite

Periyakulam to, Lakshmipuram, Tamil Nadu 625523, India

Latitude

10.079091666666667°

Longitude

77.52343333333333°

Local 10:46:11 AM

GMT 05:16:11 AM

Altitude 316.3 meters

Saturday, 23-10-2021

On 26.10.2021, NSS organized a Covid Vaccination Camp in Ave Maria Hall from 10 a.m to 3 p.m. with the collaboration of Medical Team. Dr. V.Priyanka, Saruthupatti Mini Clinic, Devadhanapatty PHC lead her team with two nurses and a Health Inspector. Dr.S.Fatima Mary Sylvia inaugurated the vaccination camp in our campus. Dr.J.Preethi, Assistant Professor of English, Ms. Karthiyayini, Assistant Professor of Commerce CA actively involved in helping the Medical Team, the public and the students.82 students were vaccinated on that day and the public were also benefitted. In total, 112 citizens of above 18 years were vaccinated.



On 16.11.2021, the filled-up Application forms for Voter ID Card of the Election Commission of India from 68 students of JAC who are 18 years old were handed over to Thamaraiikulam Panchayat Officer through NSS.

Students' name list of filled-up election forms			
Sl.No.	Name	Major	Place
1	Dhivya Bharathi	B.Sc. Zoology	Aundipatty
2	Aarthi	"	Periyakulam
3	Sugasini	"	Madathupatti
4	Pandiswari	"	Bodi

			<b>Nayakkanur</b>
<b>5</b>	<b>Gayathri</b>	<b>”</b>	<b>Allinagaram</b>
<b>6</b>	<b>Rithika Sri</b>	<b>”</b>	<b>Periyakulam</b>
<b>7</b>	<b>Jayamary</b>	<b>”</b>	<b>Allinagaram</b>
<b>8</b>	<b>Nathan J Ruskin</b>	<b>”</b>	<b>Periyakulam</b>
<b>9</b>	<b>Theja Shree</b>	<b>B.Sc. CS</b>	<b>Theni</b>
<b>10</b>	<b>Soundarya</b>	<b>”</b>	<b>A. Meenakshipuram</b>
<b>11</b>	<b>Saranya</b>	<b>”</b>	<b>B.K. Patty</b>
<b>12</b>	<b>Mohana Priya</b>	<b>”</b>	<b>Allinagaram</b>
<b>13</b>	<b>Jamuna Devi</b>	<b>”</b>	<b>Allinagaram</b>
<b>14</b>	<b>Subhiksha</b>	<b>”</b>	<b>Allinagaram</b>
<b>15</b>	<b>Chithra Ranjani</b>	<b>B.Com CA</b>	<b>Batlagundu</b>
<b>16</b>	<b>Sorna Priya</b>	<b>”</b>	<b>Vadugapatti</b>
<b>17</b>	<b>Bhavadharani</b>	<b>”</b>	<b>Nilakotai</b>
<b>18</b>	<b>Harini</b>	<b>”</b>	<b>Periyakulam</b>
<b>19</b>	<b>Janani</b>	<b>”</b>	<b>Batlagundu</b>
<b>20</b>	<b>Subaroshini</b>	<b>”</b>	<b>Batlagundu</b>
<b>21</b>	<b>Nilafar Fathima</b>	<b>”</b>	<b>Periyakulam</b>
<b>22</b>	<b>Santhiya</b>	<b>”</b>	<b>Periyakulam</b>
<b>23</b>	<b>Lakshmi</b>	<b>B.A. Tamil</b>	<b>Periyakulam</b>
<b>24</b>	<b>Muneshwari</b>	<b>”</b>	<b>Aundipatti</b>
<b>25</b>	<b>Saranya Devi</b>	<b>”</b>	<b>Samaya Nallur</b>
<b>26</b>	<b>Pandeeswari</b>	<b>”</b>	<b>Thamaraikulam</b>
<b>27</b>	<b>Ram Priya</b>	<b>”</b>	<b>Allinagaram</b>
<b>28</b>	<b>Jaya Lakshmi</b>	<b>”</b>	<b>Allinagaram</b>
<b>29</b>	<b>Hemalatha</b>	<b>B.A. Tamil</b>	<b>Aundipatti</b>
<b>30</b>	<b>Syed Ali Fathima</b>	<b>”</b>	<b>Batlagundu</b>
<b>31</b>	<b>Nithya</b>	<b>”</b>	<b>Bodi</b>
<b>32</b>	<b>Thenmozhi</b>	<b>”</b>	<b>Sarathupatti</b>
<b>33</b>	<b>Mathavi Latha</b>	<b>B.Sc. Physics</b>	<b>Thevaram</b>
<b>34</b>	<b>Keerthana</b>	<b>”</b>	<b>Thiruvarkadu, Chennai</b>
<b>35</b>	<b>Ramya</b>	<b>”</b>	<b>T. Kallipatti</b>
<b>36</b>	<b>Pushpa</b>	<b>”</b>	<b>T. Kallipatti</b>

37	Kavya	B.Com	Upparpatti
38	Uma Maheshwari	”	Upparpatti
39	Sridevi	”	Thamarikulam
40	Punitha Cathrin	”	T. Sindalaicherry
41	Kaviya	”	Periyakulam
42	Yuvarani	”	Allinagaram
43	Lavanya	”	Allinagaram
44	Muthamil	”	Thamarikulam
45	Kohila	”	Thadichery
46	Rubitha	”	Allinagaram
47	Pavithra	”	Kurigi Nagar, Theni
48	Dhana Lakshmi	”	Aatranagarai, Theni
49	Deepika Sri	”	Samadharmapuram, Theni
50	Johny Prizeline	”	Neruji Road, Theni
51	Rathi	”	Allinagaram
52	Prithika	”	E. Pudhukottai, Periyakulam
53	Kanageswari	”	Naidupuram, Kodaikanal
54	Sonali	”	Periyakulam
55	Desarin Devona	”	Royappanpatti
56	Suba Shree	”	Bomminayakanpatti
57	Selva Priya	”	Melmangalam
58	Hemalatha	”	Pichampallaiyamm, Thirupur
59	Subha	”	Palanichettipatti
60	Ugin Yovani	”	Royappanpatti
61	Keerthana	”	Uthamapalayamm
62	Shalini	B.Com	Balapatty
63	Dhanalakshmi	”	Palanichettipatti

			ti
64	Mohana Priya	”	Palanichettipatti
65	Sheela	”	Allinagaram
66	Sheka	”	Muthalakkampatti Medu, Theni
67	Yokitha	”	Odaipatti, Theni
68	Muthu Lakshmi	”	Genguvarpatti, Theni



**On 3.12.2021, NSS Volunteer of JAC S. Mariya Jenifer, II M.A. English had participated and received a participation certificate for State Level Youth Speech Competition on "Patriotism and National Building" organised by Theni Nehru Yuvakendra regarding Republic Day - 2022 in Kammavar Sangam Polytechnic College, Koduvilarpatti, Theni.**

**On 13.12.2021, NSS of Jayaraj Annapackiam College for women organised a special lecture in the indoor auditorium at 2.00 p.m. Dr. Sr. Fatima Mary Sylvia, NSS coordinator and the Librarian of the**

college gave a talk on 'The importance of Human-Rights'. She insisted the essence of liberation. She said that all men have equal rights in spite of the differences in the name of race, community, colour, religion, gender, nationality, age and mental growth. She gave a brief outline of all rights, i.e Political Rights, Living Rights, Right to Speak, Rights to Consumer, Cultural Rights, and Educational Rights. She declared the slogan of Human Right of the year 2021 "All Human, All Equal". 700 students participated in this programme.



18<sup>th</sup> December 2021, in connection with the celebration of 75<sup>th</sup> year of Independence day by the central government as "AzadiKaAmritMahotsav", NSS of JAC (Unit 7) conducted Story telling competition on 'Local Freedom Fighters'. 100 students actively participated in the competition and shared their views about local freedom fighters. The NSS Programme Officer Dr. P.K.Santhi, Assistant Professor of Mathematics & the NSS Staff Advisor Mrs. V.Anitha Assistant Professor of Business Administration conducted this competition.

The following students won the prizes.

I Prize - M.KabinayaSelvi- I B.Sc. Mathematics (R)

II Prize -J.SahayaJoscyla – IIB.Sc. MPramathematics(R)



On 18<sup>th</sup> December 2021, in connection with the celebration of 75<sup>th</sup> year of Independence day by the central government as “Azadi Ka Amrit Mahotsav”, NSS of JAC (Unit 8) conducted Skit on the topic ‘Rivers and Freedom Struggle’. 15 students enacted on stage. It depicted how the freedom fighters struggled hard to get freedom and saved our rivers. 100 students participated and benefitted. The NSS Programme Officer Mrs.M.Vimala Joice, Assistant Professor of Chemistry & the NSS Staff Advisor Dr.Mrs. I.Geetha, Assistant Professor of Zoology conducted this programme.





Google

Type	Degree	DMS
Latitude	10.0983121	10°5'54" N
Longitude	77.5778821	77°34'40" E

18 Dec 2021, 17:46 PM

**On 20<sup>th</sup> December 2021, in connection with the celebration of 75<sup>th</sup> year of Independence day by the central government as “Azadi Ka Amrit Mahotsav”, NSS of JAC (Unit 9) conducted ‘Nature Walks’. This event was conducted with the aim of ensuring maximum public outreach through Jan Bhagidari. 100 students of NSS Unit 9 had a walk around the grooves in the college campus. The NSS Programme Officer Dr. Mrs. Girija Bai, Assistant Professor of Economics & the NSS Staff Advisor Mrs. S. Inba Subalakshmi, Assistant Professor of Commerce conducted this event.**



**On 20<sup>th</sup> December 2021, in connection with the celebration of 75<sup>th</sup> year of Independence day by the central government as “Azadi Ka Amrit Mahotsav”, NSS of JAC (Unit 9) conducted ‘Essay writing competition’ titled “Ethical Voting”. 10 students of NSS Unit 9 participated. The NSS Programme Officer Dr. Mrs. Girija Bai, Assistant Professor of Economics & the NSS Staff Advisor Mrs. S. Inba Subalakshmi Assistant Professor of Commerce conducted this competition. Following students won prizes**

**I Prize : B, Varshaa, II B.Com.**

**II Prize: Roshini Chandran, II B.Com.**



**On 20<sup>th</sup> December 2021, in connection with the celebration of 75<sup>th</sup> year of Independence day by the central government as “Azadi Ka Amrit Mahotsav”, NSS of JAC (Unit 10) conducted ‘Speech & Drawing’ competitions were conducted from 2.00 pm to 3.00 pm. Three students participated in speech competition and three students participated in drawing competition. The NSS Programme Officer Dr.Mrs.A.D. Padmasree, Assistant Professor of History & the NSS Staff Advisor Mrs. Jancy Prema Assistant Professor of Computer Science conducted these competitions.**



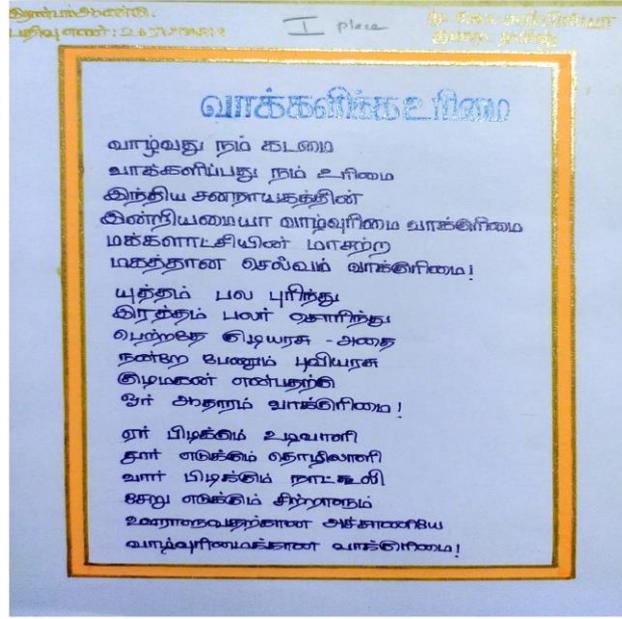


**On 21<sup>th</sup> December 2021, in connection with the celebration of 75<sup>th</sup> year of Independence day by the central government as “Azadi Ka Amrit Mahotsav”, NSS of JAC (Unit 11) conducted ‘Yoga and Meditation’ Programme at 8:30 a.m. The NSS Programme Officer Dr. Mrs. J. Preethi, Assistant Professor of English and the NSS Staff Advisor Mrs. C. Karthiyayini, Assistant Professor of Commerce with Computer Application conducted this event.**

**On 21<sup>th</sup> December 2021, in connection with the celebration of 75<sup>th</sup> year of Independence day by the central government as “Azadi Ka Amrit Mahotsav”, NSS of JAC (Unit 12) conducted ‘Verse Writing’ Competition from 2.00 pm to 3.00 pm. The NSS Programme Officer Dr. Mrs. V. Flora Pauline Mary, Assistant Professor of Tamil and the NSS Staff Advisor Dr. J. Arul Irudaya Jeyanthi, Assistant Professors of Tamil conducted this competition. Following students won prizes.**

**M.Lakshmi Priya, I B.A Tamil - First Place**

**B. Lathika, II B.A English - Second Place**



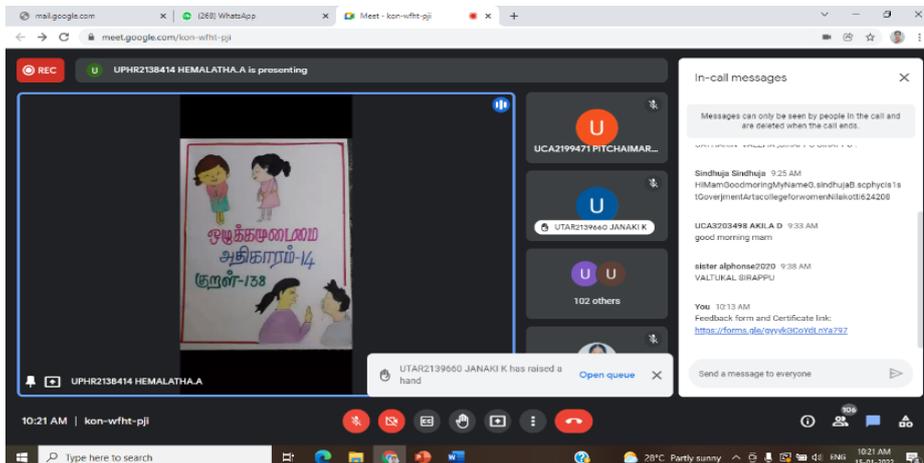
On 21<sup>th</sup> December 2021, in connection with the celebration of 75<sup>th</sup> year of Independence day by the central government as “Azadi Ka Amrit Mahotsav”, NSS of JAC (Unit 13) conducted ‘Slogan Writing Competition’.The NSS Programme Officer Dr.Sr. R. Fatima Mary Sylvia, Librarian and the NSS Staff Advisor Ms. S. Maria Steffi, Assistant Professors of Physics conducted this competition. Following students won prizes

**Sr. X.Antony Silvia, II B.Sc. Physics (R) – First prize**

**G. Janani Priya, II B.Sc. Physics(SF) – Second Prize**



On 15 .01.2022, NSS organised a One-day, 7 hours Webinar on 'Thiruvalluvar Day' to inculcate the values found in Thirukkural. through virtual mode Google Meet from 9:00 a.m to 4:00 p.m continuously as a chain programme by the 7 NSS Unit. Dr.Sr. R.Fatima Mary Sylvia, Librarian & Programme Officer of NSS gave the welcome address. The Chief Guest, Dr. Mrs. G. Catherin Francis, Head and Associate Professor of Tamil, JAC, Periyakulam, addressed the gathering on the Importance of Thirukkural. The continuous 7 hours from 9:00 a.m to 4:00 p.m the 7 NSS Program Officers of JAC gave talk on 'Importance of Thirukkural'. Each hours competitions were conducted for the NSS Volunteers to imbibe the values of Thirukkural like storytelling, songs, drawing, reciting and memorization by the NSS Staff Advisors. 700 NSS Volunteers and 8 outside participants from various institutions participated in this programme. Webinar was ended with vote of thanks by Ms. S. Mariasteffi NSS Staff Advisor & Assistant Professor of Physics, JAC.



**On 26.01.2022, NSS of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam celebrated the Republic Day at 6:30 a.m. The NSS volunteers and Staff members participated in the Flag hoisting ceremony. The chief guest Dr. V. Shanthi, Head & Associate Professor of Zoology, Jayaraj Annapackiam College for Women, delivered a talk on “Freedom Fighters and their sacrifices’ and motivated the volunteers to do service to the Nation. Rev.Sr.Dr.S. Jesu Rani, Principal, Jayaraj Annapackiam College, wished the participants to be proud of India’s Citizen and encouraged the students to do services for the welfare of our country. The Flag was hoisted by the Chief Guest. It came to an end with National Anthem. Sweets were distributed.**



**On 5.1.2022, 6.1.2022, 12.1.2022, 13.1.2022, 25.1.2022 and 27.1.2022 NSS Volunteers checked the temperature of the entering students and staff in the morning on I and II Day order days in a week at the entrance of Jayaraj Annapackiam College for Women and. The following NSS volunteers helped to check the temperature in the month of January.**

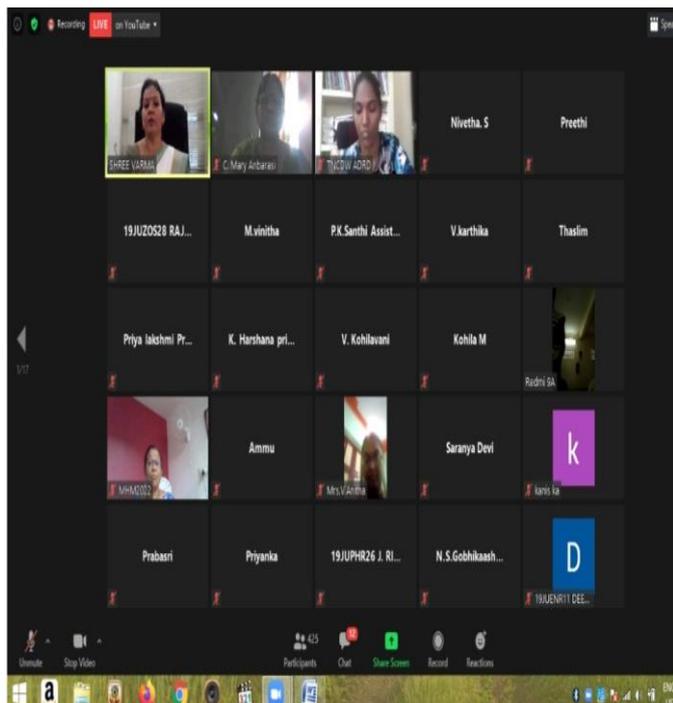
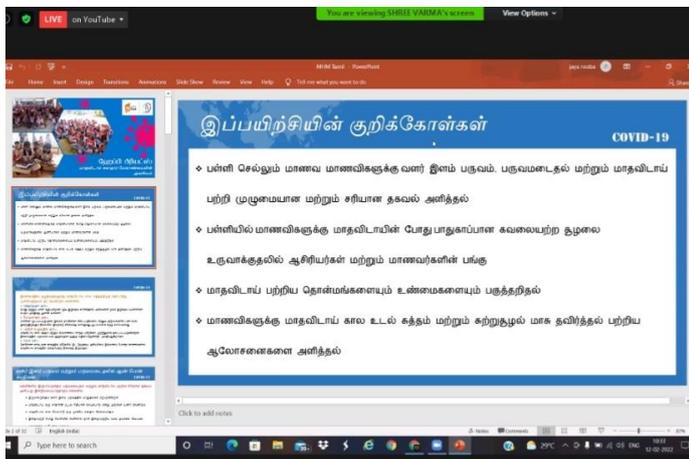
- 1. J. Kalai Priya – II Phy SF**
- 2. P. Hemalatha – II Phy SF**

3. C. Bhavatharani – II Phy R
4. N. Bhuvaneshwari – II Phy R
5. Y. Deepa - II Phy R
6. J. Divya - II Phy R
7. A. Hemalatha- II Phy R
8. S. Iswarya- II Phy R



**On 12.02.2022, NSS & Women Cell of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam jointly conducted a Special Lecture on ‘Menstrual Hygiene Management’ with the collaboration of Tamilnadu Corporation for Development of Women Ltd.,Chennai through virtual mode (Zoom Meet) from 10:00a.m. to 1:00p.m. Dr.Mrs.C.Mary Anbarasi, Associate Professor of Chemistry welcomed the gathering. In the first Session the Resource Person Dr.Jaya Ruba, Women Health Specialist, Chennaiaddressed the gathering on the topic “Menstrual Hygiene Management”. She clearly explained the Menstruation Cycle and the hormones play the important role in Menstruation. She also insisted about the healthy diet during Menstruation.The first session was ended with vote of thanks given by**

our NSS Co-ordinator, Dr.Sr.Fatima Mary Sylvia & Women Cell Co-ordinator Dr.Mrs.C.Mary Anbarasi, Associate Professor of Chemistry. The Second session was started with welcome address given by Dr.Mrs.P.K.Santhi, Assistant Professor of Mathematics & Program Officer of NSS. The resource person Mrs.Ival Bharathi, State Resource Person, Chennai addressed the gathering on 'Women's Health'. She insisted to support the students through Menstrual Health Management counselling. V.Karthika, I B.sc., Maths (R), NSS Volunteer had given the feedback. The meeting ended with the vote of thanks given by Mrs.V.Anitha, Assistant Professor of Business Administration and NSS Staff Advisor.



**On 16.02.2022, NSS of Jayaraj Annapackiam College for Women (Autonomous), organized a special programme on 'My Vote is My Future' in Indoor Auditorium at 3:00p.m. Dr.Sr.Fatima Mary Sylvia, Librarian & Co-ordinator of NSS delivered a talk on the topic 'My Vote is My Strength'. She explained the students about the importance of voting. Prizes were distributed by the NSS Program Officers to the winners of various competitions conducted under NSS. The meeting came to an end with the vote of thanks by Mrs.V.Anitha, Assistant Professor of Business Administration.**



**On 24.02.2022, NSS, JACEP & Physical Education of Jayaraj Annapackiam College for Women (Autonomous), jointly organized an awareness program on 'Donate Organs and Save Life' in St.Joachim Auditorium at 3:00p.m. Dr.Sr.Fatima Mary Sylvia, Librarian & Co-ordinator of NSS gave the welcome address. Dr.Sr.S.Jesu Rani, Principal, Jayaraj Annapackiam College, honoured the Resource Persons with Shawl & Memento. The Chief Guest Dr.S.Ezhilarasan, MBBS, Vice-Principal, Government Medical College, Theni delivered a talk on 'Organ Donation'. He explained the students about the importance of organ donation. The Resource person Dr.Radha, Residential Medical**

**Officer, Theni Medical College gave introductory speech about Organ Donation. Mr.Savarinathan, one of the donors of J. A. College shared his experience on ‘Kidney Donation’ as he himself had donated his kidney to his daughter. The students fromNSS, JACEP & Physical Education gave feedback. The meeting ended with the vote of thanks by Dr.Mrs.P.K.Santhi, Assistant Professor of Mathematics&NSS Program Officer.**



### **NSS Report (March)**

#### **REPORT FOR THE THREE- DAY TRAINING PROGRAMME ON 'CREATING DYNAMIC WOMEN'**

**Day 1 : 09.03.2022**

**National Service Scheme, Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni District and Rajiv Gandhi National Institute of Youth Development , Ministry of Youth affairs & Sports, Government of India, Sriperumbudur, Tamilnadu jointly organized a Three-Day Training Programme on ‘Creating Dynamic Women’ from 09.03.2022 to 11.03.2022. It was begun with prayer song followed by Bible reading.**

**The programme was inaugurated by Rev. Sr. Dr.S.Jesurani, Principal, JAC and Rev. Sr.Dr.B.J. Queensly Jeyanthi, Secretary & Mother Superior, JAC.**

Rev. Sr. Dr.S.Jesurani, Principal of Jayaraj Annapackiam College, honoured the chief guest with a shawl and Rev. Sr.Dr.B.J. Queensly Jeyanthi, Secretary & Mother Superior, JAC honoured the chief guest with the memento.

Our NSS Coordinator Dr.R.Fatima Mary Sylvia, Librarian & Organizing Secretary welcomed the resource persons and the participants.

The Resource Person Mrs. Lakshmi.M, Assistant Professor and Coordinator, Centre of Environmental Studies, Lady Doak College, Madurai, delivered a lecture on 'Dynamic Woman in Present Scenario'. She clearly explained the term 'Dynamic Woman' and the qualities for being a dynamic woman by making the students to think out of box. She enlightened the minds through an activity how we ourselves become slaves without using our power and freedom. She motivated the students to do the work which is their passion and love the most. She mentioned that gender is not a matter to reach the sky. To be a dynamic woman, she has to work hard to come out of the shell or like the baby which comes out of the womb to achieve her goals. The programme was ended with vote of thanks, given by Dr. V, Flora Pauline Mary, Assistant Prof. of Tamil.



The second session was begun at 11: 30 a.m. Our NSS Coordinator Dr.R.Fatima Mary Sylvia, Librarian & Organizing Secretary honoured the Resource person with the shawl and Dr. Padma Shree, Assistant Professor of History, gifted the resource person with a memento and it was followed by her welcome address.

The Resource Person Dr. Suganda Ramamoorthi, Associate Professor of Economics, Lady Doak College, Madurai, delivered a lecture on 'Women Achievers and their Personalities'. She started her talk by illustrating the life of Member of Parliament Ms. Jothimani who shines in Politics. She described the biological structure of the brain and she elaborated that women's brain is multi task oriented. She insisted that Age is not a factor to stop one to achieve. She showed the videos and listed out

the women achievers even they attain old. The resource person created a spark to achieve in their life.

This session was ended with feed back of a student and Dr. J.Preethi, Assistant Professor of English delivered vote of thanks.

The third session was begun at 1: 00 p.m. Dr. J.Preethi, Assistant Professor of English welcomed the gathering. The Resource Person Mrs. K.Rajarathi, Assistant Professor of English, Arul Anandar College, Karumathur, delivered a lecture on 'Women Psychology - I'. She elaborately explained history, Biology, Gender discrimination. She explained about psychology, then human psychology and women psychology. She motivated the students by stating that women are not weaker sex, they are more stronger than men. She insisted that what your mind thinks, you will become like that. She motivated them to think positively. Our thoughts decide our future. She concluded that our mind should be strong when taking decision to face the challenges.

The fourth session was begun at 2: 30 p.m. The Resource Person Mrs. K.Rajarathi, Assistant Professor of English, Arul Anandar College, Karumathur, continued her lecture on 'Women Psychology - II' and hereby she focused on physical and emotional health of women. She explained about conscious, unconscious and subconscious mind and also Id, Ego and Super Ego. Her talk created confidence among students. She taught everyone to think and speak in front of the audience. She stressed that women should come out from the stereotyped way of thinking. The session came to an end with Vote of thanks by Ms. J. Jansi Prema, Assistant Prof. of Computer Science.



**Day 2- 10.03.2022**

The first Session was begun at 9: 30 a.m. Dr. V, Flora Pauline Mary, Assistant Prof. of Tamil welcomed the gathering.

**The Resource Person Mrs. R.Anjala Devi, Nursing Tutor, School of Nursing, Government Theni Medical College, Theni, delivered a lecture on 'Menstrual Health'. She explained about the menstrual cycle and the way how to keep our clean during menstrual days to prevent infection. She demonstrated the food habits and exercises to be taken during these days particularly. Students were benefitted through her session.**

**The second session was begun at 11: 00 a.m. Dr. P. K. Shanthi, Assistant Prof. of Mathematics welcomed the gathering.**

**The Resource Person Ms.M. Vidhubala Priskillai, Nursing Tutor, School of Nursing, Government Theni Medical College, Theni, delivered a lecture on 'Awareness on Cancer'. She has created the awareness on different types of cancers such as breast cancer, cervix cancer, and lung cancer. she explained the causes of cancer such overweight, obesity, alcohol consumptions, usage of tobacco. She gave preventing measures to avoid cancer in our life. This session came to an end with the vote of thanks given by Dr. A. D. Padmasree, Assistant Professor of History.**



**The third session was begun at 1: 00 p.m. The Resource Person Mrs. R.Anjala Devi, Nursing Tutor, School of Nursing, Theni Medical College, Theni, delivered a lecture on 'Food & Nutrients for Woman Health'. She explained how to be fit and live long healthy. As it is said health is wealth, she elaborately explicated the foods which have nutrients.**

**This session came to an end with the vote of thanks by Dr. Girija Bai, Assistant Prof. of Economics**



The fourth session was begun at 2: 30 p.m. Mrs. S. Inba Suba Lakshmi, Assistant Prof. of Commerce welcomed the gatherings

The Resource Person Mrs. V.Umamaheswari, Assistant Professor of World Community Service Centre, Programme Officer of Thamaraikulam, SKY Yoga Meditation delivered a lecture on ‘Yoga & Exercises for Women Health’. She started the session with the quote” yoga is the gateway of happiness that body needs in daily life”. She interacted with students with lots of activities to increase memory power, to reduce stress, to increase the eyesight etc, This session came to an end with vote of thanks given by Dr. P. K. Shanthi, Assistant Prof. of Mathematics.



**Day 3- 11.03.2022**

The first Session was begun at 9: 30 a.m. Ms. S. Mariasteffi, Assistant Prof. of Physics welcomed the gathering.

**The Resource Person Dr.I. Jasmine Selvapackiam, Advocate NO.MS. 221/ 1996, Bar Council of Tamilnadu & Pondicherry, gave a lecture on “Women’s Rights in India: Problems and Prospects”. It was an informative session for our students as they belong to Arts and Science students. She focused on Indian Constitutional Rights such as the right to equality in Article 14 , Right to life and Personal Liberty etc. She explained further on basic rights of Women in Working place and filing case against harassment.**

**The Second session was also continued by her on the topic “Cyber Crimes Against Women” which was really edifying. She created awareness on Cyber Crimes and how to be safe in this technological era.**



**This session came to an end with vote of thanks by Mrs. V. Anitha, Assistant Prof. of Business Administration.**

**The Third session was begun at 1:15. Dr. J. Arul Irudaya Jeyanthi, Assistant Prof. of Tamil welcomed the gathering.**

**This session was handled by Mrs. Hannah Sophia Samuvel, Assistant Professor of English, Lady Doak College, Madurai on the topic “Great Leaders are Great Readers”. She started the session with an activity . she gave the lecture regarding the importance of reading habits in our day to day life. She made a very good interaction with the students in which student enjoy the session .**

**This session came to end with the vote of thanks by Mrs. M. Vimala Joice, Assistant Prof. of Chemistry.**



**The fourth session was begun at 3:30. Mrs. M. Vimala Joice, Assistant Prof. of Chemistry welcomed the gathering**

**This session was taken over by the Resource Person Mr. A.Narayanamoorthy, District Employment Officer, District Employment and Career Guidance Center, Theni. He delivered lecture on the topic “Women Employability” which is the need of the hour. He depicted the opportunities which are waiting for the women folk.**

**After each session, the students gave feed back and interacted with the resource persons.**



**This Three- day Training programme on ‘Creating Dynamic Women’ has come to an end with the Valedictory function. Rev. Sr. Maria Antony, Provincial, Maria Provincia, Madurai, is the chief guest of the Valedictory function. This was begun with a prayer song followed by Bible reading. Dr. Giruja Bai, Assistant Professor of Economics welcomed the gathering. Students gave feed back which proved that the training programme created many dynamic women within three days. Rev. Sr.Dr.B.J. Queensly Jeyanthi, Secretary & Mother Superior, Jayaraj Annapackiam College congratulated the Organising Secretary and gave a complementary talk for the students. Rev. Sr. Maria Antony, Provincial, Maria Provincia, Madurai, is the chief guest of the Valedictory function, distributed certificates for the students and the Professors for their participation. The Valedictory function came to an end with Vote of thanks by Our NSS Coordinator Dr.R.Fatima Mary Sylvia, Librarian & Organizing Secretary of the three-day training programme.**



#### **Report- Green Audit - Date- 15-03-2022**

**National Service Scheme and Eco club jointly organized a guest lecture on Green Audit on 15.03.2022 at 12.00 p.m. in the Ave Maria conference hall. 50 NSS volunteers and the member students of eco club attended the meeting. The programme was begun with prayer song followed by Bible reading. Mrs. Mary Subha, Assistant Professor of English, welcomed the gathering. Prof A. Alagappa Moses, Vice Principal, Associate Professor and Head, Department of Environmental Services, Bishop Heber College, Trichy, explained the importance of**

conservation of our environment. Dr. D. J. S. Anand Karunakaran, Assistant Professor of Physics, Associate Dean, IQAC, Bishop Heber College, Trichy, highlighted the energy management, green house effect and global warming. Dr. V. Anand, Associate Professor and Head, Department of Botany, Bishop Heber College, Trichy delivered a talk on biodiversity and its management and Mr.P. Prabakaran, Manager, Centre for Environmental Sustainability, Bishop Heber College, Trichy, explained the recycling methods. Finally Dr. Monica, Assistant Professor of English, proposed vote of thanks.



## Report- National Deworming week

Date- 21-03-2022

In connection with national deworming week (14.03.2022 to 21.03.2022), Mrs. Avila, Nurse, Primary health Centre, Vadapudhupatti, Periyakulam distributed the Iron and Albendazole tablets to all the students. Rev. Dr. Sr. Fatima Mary Sylvia, NSS Coordinator, Sr. Jenitta, Nurse, Dr. I. Geetha, Assistant Professor of Zoology helped to distribute the tablets to the students.



**On 07.04.2022, National Service Scheme of Jayaraj Annapackiam College prepared and served buttermilk and Lemon Juice to all the 2,800 students of JAC to make the students to be healthy in the summer season, on the occasion of 51<sup>st</sup> College Day. All the students felt healthy thorough out the day because of taking the drinks prepared by NSS. The NSS Program Officer, Dr. T. Girija Bai, Department of History and the NSS Staff Advisor, Mrs. S Inba Subalakshmi, Department of Commerce are taking care of this Program. Dr. Sr. R. Fatima Mary Sylvia, the NSS Program Officer, is coordinating all the work.**



**On 11.04.2022, NSS Volunteers of Jayaraj Annapackiam College for Women carried out the work in the NSS Garden in the college premise. Volunteers have done the cleaning, weeded out and pruning works. The Volunteer, P Sri Devi of II B.Com, is continuously watering**

**the trees and plants in the NSS Garden for the Conservation of Environment. The NSS Program Officer, Dr. T. Girija Bai, Department of History and the NSS Staff Advisor, Mrs. S Inba Subalakshmi, Department of Commerce are taking care of this NSS Garden. Dr. Sr. R. Fatima Mary Sylvia, the NSS Program Officer, is coordinating all the work regarding the NSS Garden.**



**On 19.04.2022, in connection with the birthday celebration of Dr. B. R. Ambedkar, two NSS Volunteers Selvi Kalyani, II B.Sc. Zoology and Selvi Kabila, II B.A.English of Jayaraj Annapackiam College for Women participated in the elocution competition organized by the department of Tamil Language Development in the Collector Office, Theni District. The NSS Program Officer, Dr. T. Girija Bai, Department of History accompanied the NSS Volunteers.**



**On 21.05.2022, all the NSS Staff Members had taken classes for the NSS Volunteers Unit wise from 3 to 4 p.m. The NSS Staff had covered each lesson in the NSS Theory Book.**

