## JAC - NSS Special Camp Report 2021 -22

The National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organized a special camp in Thamarikulam, A.Meenatchipuram, and Kamatchipatti from 24.03.2022 to 30.03.2022. The theme of the special camp was 'Healthy India by Healthy Youth'. 344 NSS volunteers, 7 NSS Programme Officers and 7 NSS Staff Advisors from the NSS units 7,8,9,10,11,12 and 13 participated in the camp.

## Day 1 - 24.03.2022

On 24.03.2022, Dr. Sr. R. Fatima Mary Sylvia, NSS Coordinator of J.A. College and Librarian, planned and coordinated the special camp and welcomed the gathering. Rev. Sr. Dr.S.Jesurani, Principal, Jayaraj Annapackiam College for Women inaugurated the special camp by lighting the kuthuvilaku and explained the importance of the programmes of the special camp. Rev. Sr.Dr.B.J. Queensly Jeyanthi, Secretary & Mother Superior, Jayaraj Annapackiam College for Women, delivered the felicitation address. The programme was ended with vote of thanks, given by Mrs. M. Vimala Joice, Assistant Prof. of Chemistry. Lunch was provided for all the volunteers at 1:00 p.m.

In the afternoon, the resource person Dr. V. Santhi, Associate Professor of Zoology, Jayaraj Annapackiam College for Women (Autonomous), Periyakulam gave an awareness talk on 'Cleanliness and Health'. Refreshment was given to all NSS volunteers at 4:30 p.m. It was followed by everyday activities. The volunteers cleaned the surroundings. Games were conducted for the children of age group 1-5 and prizes were distributed.



## Day - 2 25.03.2022

The second activity was begun with prayer. Dr. V. Flora Pauline Mary, Assistant Prof. of Tamil welcomed the gathering. General Medical check- up was conducted by

Dr.Selvaraj, MBBS, Shankar Clinic, Vadugapatti. 280 Public were benefitted. Lunch was provided for all the volunteers at 1:00 p.m. In the afternoon, Dr. V. Flora Pauline Mary, Assistant Prof. of Tamil organized a rally on 'Preventing the usage of Plastic Bags'. Refreshment was given to all NSS volunteers at 4:30 p.m. and cultural programmes were presented by the volunteers. Games were conducted for the children of age group 6-12 and prizes were distributed.



Day 3 - 26.03.2022

On 26.03.2022, NSS organised a Free Eye Camp in Collaboration with Vasan Eye Hospital, Theni. Nearly 300 Villagers were benefited. 20 patients were taken for free cataract surgery. NSS Volunteers arranged the camp. Lunch was provided for all the volunteers at 1:00 p.m. Dr. M.Vidhubala Priscilla, Nursing Trainer, Government Hospital, Theni delivered a lecture on "Awareness on Cancer" at the noon time. Many villagers participated and benefitted. Refreshment was given to all NSS volunteers at 4:30 p.m. It was followed by Cultural Programmes of NSS Volunteers. Games were conducted for the children of age group 13-15 and prizes were distributed.



Day 4 - 27.03.2022

The fourth day programme was begun with the free veterinary camp conducted by Dr.A.R.R.Babuji, Veterinary Assistant Doctor, Tenkarai. 450 Cattles were benefitted. Free medical advice and medicines were distributed. He also addressed the volunteers and motivated the volunteers to make use of their education for the betterment of the society. Lunch was provided for all the volunteers at 1:00 p.m. In the afternoon, the Resource Person Mrs. R. Anjala Devi, Nursing Tutor, School of Nursing, Government Theni Medical College, Theni, delivered a lecture on 'Menstrual Health'. She explained about the menstrual cycle and the way how to keep our clean during menstrual days to prevent infection. She demonstrated the food habits and exercises to be taken during these days particularly. The women from the village and students from various schools and NSS volunteers were benefitted through her health-conscious enthusiastic talk. Refreshment was given to all NSS volunteers at 4:30 p.m. It was followed by Cultural Programmes of NSS Volunteers. Games were conducted for the children of age group 16-21 and prizes were distributed.



## Day 5 - 28.03.2022

In the morning, a team from Theni Skin Hospital headed by Dr.P. Mohana Priya M.D, conducted free Dermatology check-up. 220 public people were benefitted. Dr.P. Mohana Priya M.D,Theni Skin Hospital, addressed the gathering and delivered a lecture on 'Skin Problems and Remedial measures'. Free medicines were distributed. Lunch was provided for all the volunteers at 1:00 p.m. In the evening Tree Plantation ceremony was presided by our NSS Coordinator Dr.R.Fatima Mary Sylvia, Librarian, Periyakulam and she sponsored saplings. Saplings were planted around the community hall and were distributed to the public. Refreshment was given to all NSS volunteers at 5:30 p.m. Games were conducted for married women and prizes were distributed.



Day 6 - 29.03.2022

The sixth day programme was begun with free Dental Check -up camp conducted by Dr.R.Mahendra Chozhan, B.D.S., MBA (USA), Dentist, Sri Manikandan Dental Hospital, Periyakulam. 340 people were benefitted. Free medical service was given, and medicines were distributed. Lunch was provided for all the volunteers at 1:00 p.m. In the afternoon, Dr. M.Sudha, Physical Director, Jayaraj Annapackiam College for Women, delivered an awareness talk on 'Exercise and Healthy Life'. This was followed by competitions for married men and prizes were distributed. Refreshment was given to all NSS volunteers at 4:30 p.m. It was followed by Cultural Programmes of NSS Volunteers.



Day 7 - 30.03.2022

The activity of the seventh day camp was begun with the motivational lecture on the topic 'Natural Medicine' by Dr.Mrs. Meenakumari Shanmugam, Siddha Medicine Trainer, Madurai. Free Siddha Camp was organised and a team of volunteers explained the public how to use the medicinal herbs and free herbal medicines were distributed to the public and 280 public were benefitted. Lunch was provided for all the volunteers at 1:00 p.m. In the afternoon, the Resource Person Dr.I. Jasmine Selvapackiam, Head & Assistant Professor of Business Administration, Jayaraj Annapackiam College for Women, delivered a lecture on "Personality Development". The youth in the public were benefitted and motivated to face the challenges in the society. Refreshment was given to all NSS volunteers at 4:30 p.m. Volunteers were given prizes now and then.

As it is the final day, it was winded up with the Valedictory function. Dr. P. K. Shanthi, Assistant Prof. of Mathematics & NSS -PO welcomed the gathering. Dr. Girija Bai, Assistant Prof. of Economics & NSS – PO had read the Report of the Camp. Dr.S.Jesurani, Principal, Jayaraj Annapcakiam College for Women, appreciated the NSS Volunteers and POs and Advisors for making the camp with the mind of doing service to the society. Rev. Sr.Dr.B.J. Queensly Jeyanthi, Secretary & Mother Superior, Jayaraj Annapcakiam College for Women, cherished the public to maintain the harmony with the institution and acknowledged the service rendered by the NSS Volunteers. The Valedictory function came to an end with Vote of thanks by Dr.J.Preethi, Programme Officer & Assistant Professor of English, Jayaraj Annapackiam College, Periyakulam.

