

**JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN (AUTONOMOUS),
PERIYAKULAM**

RED RIBBON CLUB REPORT

2022 – 2023

DRUG ABUSE AND HARMFUL HEALTH EFFECTS

Report

06.08.2022

In connection with International day Against Drug Abuse, The Red Ribbon Club conducted the following **competitions: Slogan writing, Verse Writing and Essay Writing on Drug Abuse and Harmful Health Effects** to the students on 06.08.2022. The programme was organised by RRC Co-Ordinator Dr.M.Anusha Angel and regulated by Mrs. Inba Subalakshmi, Ms.M.Aruna Theetchitha and Ms. Deiva Eswari. Nearly 50 students have participated and benefited through this programme.

The Prize winners of the competition:

1.Slogan Writing:

First prize -R.B.Anithasri- II Bsc CS

Second prize- B.Thirukarthiga-II Bcom(R)

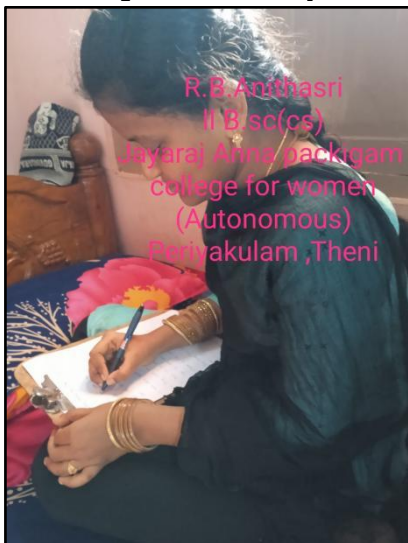
2. Verse Writing

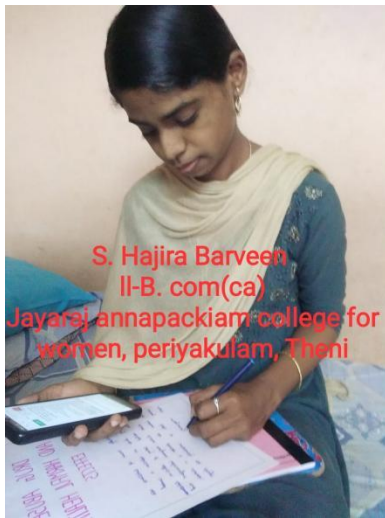
First prize -G. Jegatheesqari- II Bsc CS

3. Essay Writing

First prize - S. Hajira Barvin II Bcom(CA)

Second prize- M.Gayathri - II Bsc CS

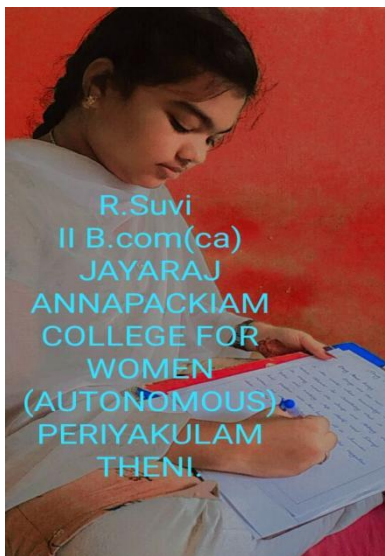




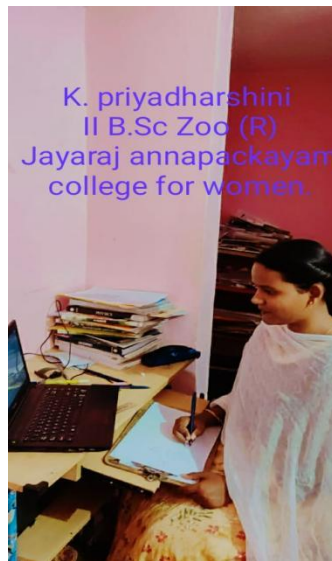
S. Hajira Barveen
II-B. com(ca)
Jayaraj annapackiam college for
women, periyakulam, Theni



B.Thirukarthiga,
II- B.com (R)
slogan writing



R.Suvi
II B.com(ca)
JAYARAJ
ANNAPACKIAM
COLLEGE FOR
WOMEN
(AUTONOMOUS)
PERIYAKULAM
THENI



K. priyadarshini
II B.Sc Zoo (R)
Jayaraj annapackayam
college for women.



STATE LEVEL ONLINE QUIZ COMPETITION

Report

12.08.2022

On the occasion of Celebrating International youth day, The Red Ribbon Club In-Collaboration with TANSCAS conducted **State Level online quiz** competition related to the topics of **HIV Awareness, Tuberculosis, Blood Donation, Adolescent Health, Public Health and General Knowledge** on 12.08.2022. The program was organized by RRC Co-Ordinator Dr. M. Anusha Angel and regulated by Mrs. Inba Subalakshmi, Ms. M. Aruna Theetchitha and Mrs. V. Devi Eswari. Nearly 50 students have participated and benefitted through this program.





SPECIAL TALK AND DEMONSTRATION ON 'DISASTER MANAGEMENT'
REPORT
12.09.2022

Red Ribbon club in collaboration with Youth Red Cross and National Service Scheme jointly organized a Special talk on **12.09.2022** at 3.00 pm in the Indoor Auditorium. The programme was inaugurated by Principal. Rev. Sr. S. Jesurani and organized by RRC Co-Ordinator Dr. M. Anusha Angel, Assistant Professor of History. The Resource persons Mr.V.Vanasundarapandian, DM Trainer, Indian Red Cross Society, Theni District and Dr.Kanchana, Government Hospital, Cuddalore gave a Special talk and **Demonstration on Disaster Management**. The programme was arranged by the RRC Members Mrs. Inba Subalakshmi, Ms.M.Aruna Theetchitha and Ms. Deiva Eswari. Nearly 300 Students benefitted in this programme.





COMPETITIONS ON “HEALTHY FOOD AND HEALTHY LIFE”

Report

26.10.2022

To Celebrate the auspicious week of Red Ribbon Club, RRC conducted **Short Film Making and Drawing Competitions** on “**Healthy Food and Healthy Life**” on **26.10.2022**. The programme was organised by RRC Co-Ordinator Dr.M.Anusha Angel and regulated by Mrs. Inba Subalakshmi, Ms.M.Aruna Theetchitha and Ms. Deiva Eswari. Nearly 50 students have participated and benefitted through this programme.

The Prize winners of the competition:

1. Drawing:

First prize -R.Vishnupriya – II Bcom (CA)

Second prize- R.B.Anithasri – II Bsc CS

2. Short Film:

First prize -G. Jegatheeswari - II Bsc CS

M.Gayathri - II Bsc CS

R.B.Anitha Sri - II Bsc CS



AWARENESS GUEST LECTURE ON “EMERGENCY CARE”

REPORT

28.10.2022

In connection with Red Ribbon week from 23.10.2022 to 30.10.2022, the RRC organized an Awareness Guest Lecture on **28.10.2022** at 3.00 pm in the Indoor Auditorium. The programme was inaugurated by Principal. Rev. Sr. S. Jesurani and organized by RRC Co-Ordinator Dr. M. Anusha Angel, Assistant Professor of History. The programme was started with Prayer song and Bible Reading. Dr.M.Anusha Angel, RRC Co-Ordinator Welcomed the gathering. The Resource person Mrs.M. Deepa, Visiting Faculty, Department of Health Care, J.A. College delivered a Talk and Demonstration on ‘**Emergency Care**’. Finally Ms.M.Aruna Theetchitha, Assistant Professor of English proposed Vote of Thanks. The programme was arranged by the RRC Members Mrs. Inba Subalakshmi, Ms.M.Aruna Theetchitha and Ms. Deiva Eswari. Nearly 100 Students participated and benefitted in this programme.



FIELD VISIT TO ORPHANAGE

REPORT

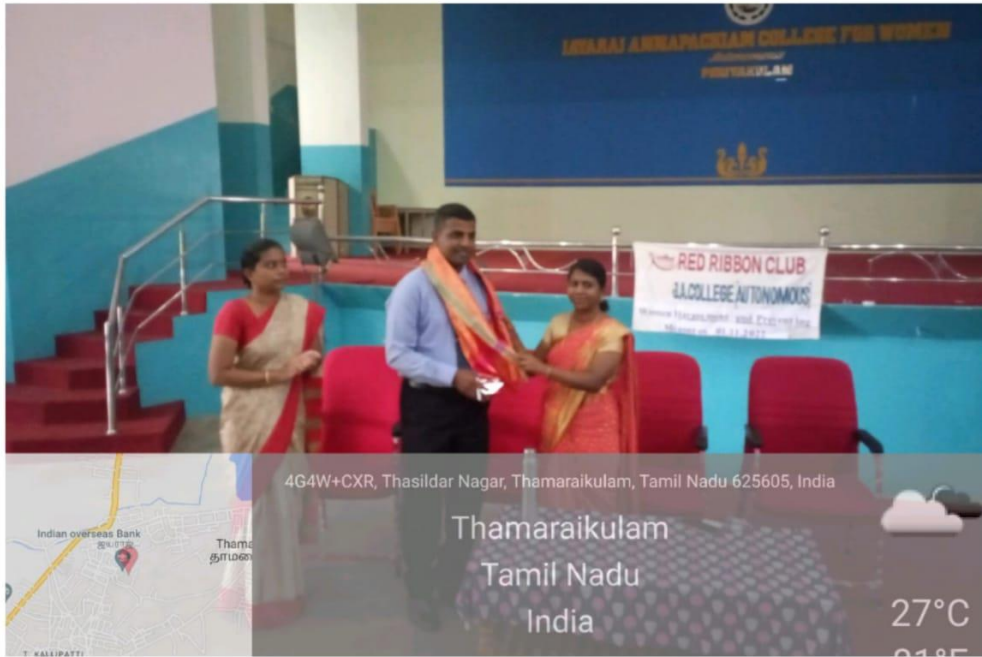
29.10.2022

Under the auspicious week of Red Ribbon week, RRC has organised a special Visit to Orphanage at Devadanapatti on **29.10.2022** at 3.00 pm. The **Field visit** was organised by RRC Co-ordinator Dr. M. Anusha Angel. The collected goods were given to the people of the orphanage. Nearly 200 people benefitted through this visit.



INTERNATIONAL LECTURE ON
“WOMEN HARRESSMENT AND PREVENTING MEASURES”
REPORT
01.11.2022

Red Ribbon Club organized an International Lecture on **01.11.2022** at 3.00 pm in the Indoor Auditorium. The programme was inaugurated by Principal. Rev. Sr. S. Jesurani and organized by RRC Co-Ordinator Dr. M. Anusha Angel, Assistant Professor of History. The programme was started with Prayer song and Bible Reading. Dr.M.Anusha Angel, RRC Co-Ordinator welcomed the gathering. The Resource person Mr. Jeganathan Thatparan, Attorney-at-Law, Senior Law Lecturer and Human Rights Activist, Sri Lanka delivered talk on **Women Harressment and Preventing Measures**. Finally Mrs. Inba Subalakshmi, Assistant Professor of Commerce proposed Vote of Thanks. The programme was arranged by the RRC Members Mrs. Inba Subalakshmi, Ms.M.Aruna Theetchitha and Ms. Deiva Eswari. Nearly 100 Students participated and benefitted through this programme.



FIELD VISIT TO JEEVAN JYOTHI REPORT 20.12.2022

In Connection with World Aids Day, Red Ribbon organized a special **field visit to Jeevan Jyothi** on **20.12.2022** at 3.00 pm. The programme was arranged by RRC Co-Ordinator Dr.M.Anusha Angel. The event was started with Prayer song followed by Bible Reading. Mr.Murugan, Counsellor introduced the gathering. Selvi. P.Vijima, RRC Joint Secretary gave an awareness talk on HIV.

Selvi.K.Saroj Nathammai, RRC Secretary proposed Vote of Thanks. Finally things and cakes were distributed to the HIV affected people.



AWARENESS TALK ON HIV/AIDS – IT'S TRANSMISSION AND PREVENTION METHODS

REPORT

18.01.2023

The Red Ribbon organized a special talk programme on **18.01.2023** at 3.00 pm in Room No.48. The programme was inaugurated by Principal. Rev. Sr. S. Jesurani and organized by RRC Co-Ordinator Dr. M. Anusha Angel. The programme was started with Prayer song and Bible Reading. Ms.M.Aruna Theetchitha, Assistant Professor of English Welcomed the gathering. The Resource person M.S.Subbulakshmi, Project Manager, Arogya Agam- TI Project, Theni and Mr.Raja, DAPCU – ICTC Counsellor, Government Hospital, Periyakulam delivered a talk on **Awareness on HIV/AIDS – It's Transmission and Prevention Methods**. R.Sumathi, Counsellor, P.Selvi, Field Officer, Tamil Nadu AIDS Control society participated in this awareness programme. Finally

Mrs. Inba Subalakshmi, Assistant Professor of B.Com proposed Vote of Thanks. Nearly 100 Students participated and benefitted in this programme.

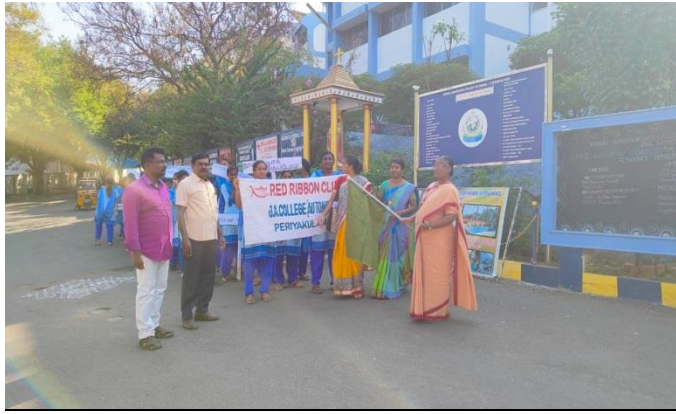


RALLY TO THAMARAIKULAM PANCHAYAT AND AN AWARENESS TALK PROGRAMME ON "TUBERCULOSIS: SYMPTOMS, TREATMENT AND PREVENTION METHODS

REPORT

18.01.2023

In connection with Anti TB week, the Red Ribbon club in collaboration with District TB Department, Government Hospital, Periyakulam, organised **Rally to Thamaraiikulam Panchayat** on **18.02.2023** at 9.15 am. Rev.Sr. Dr. S. Jesurani, Principal, flag off to initiate the rally. The programme was organised by the Co-Ordinator Dr.M.Anusha Angel. Mr.Velmurugan, Health Educator gave an awareness talk on **Tuberculosis: Symptoms, Treatment and prevention methods** Mr.Vignesh, Dist public private mix TB, Mr.Prem kumar, Senior Treatment Superior will serve as Resource persons participated in this event. Finally prizes were distributed to the winners of various competitions. The programme was regulated by Mrs. Inba Subalakshmi, Ms.M.Aruna Theetchitha and Ms. Deiva Eswari.

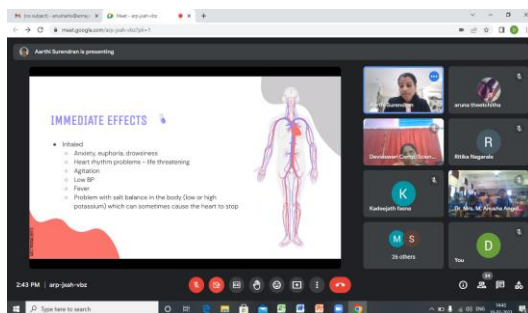
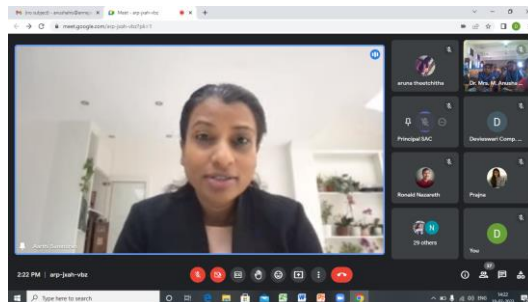
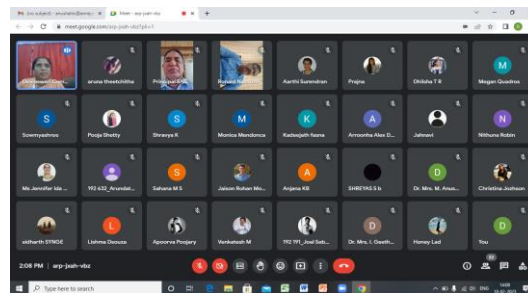
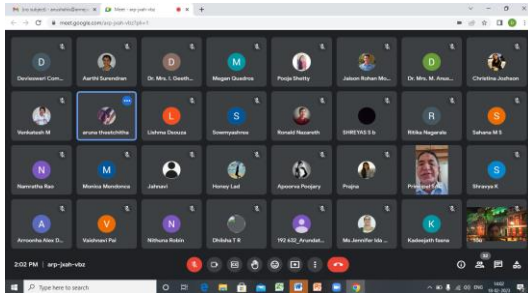


INTERNATIONAL AWARENESS PROGRAMME ON DRUG ABUSE AMONG YOUNG PEOPLE AND ITS PREVENTIVE METHODS

18.02.2023

Red Ribbon Club, Anti -Drug Club and Youth Red Cross of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam In-Collaboration with St.Aloysius College, Mangalore organized an International awareness programme on **18.02.2023** at 2.00 pm through online mode. The session started with prayer. The Inaugural address was given by Principal. Rev. Sr. S. Jesurani of J.A.College and Rev.Dr.Praveen Martis,S.J. of St.Aloysius College. Dr. Sr. S. Irudhaya Kalai Selvam, Vice Principal and Co-Ordinator of Anti-Drug Club gave the welcome note to the gathering. The Resource person Dr. Aarthi Surendran, Consultant and Clinical lead, Department of Diabetes and Endocrinology, University Hospital Lewisham, London, United Kingdom shared her views on **Drug Abuse among young people and its preventive methods.**

The session continued with interaction, and survey details of drugs and reason for drug usage among youngsters. She kindled awareness of the real-life incident and ended the session with some suggestions and tips. A few useful website details were also shared by her. Vote of Thanks was delivered by Dr. Mrs. M. Anusha Angel, Assistant Professor of History and Co-Ordinator of Red Ribbon Club. Nearly 250 participants benefitted through this awareness programme.



YOGA DEMONSTRATION AND SPECIAL TALK ON KAYAKALPA YOGA FOR WOMEN

Report

10.03.2023

Under the auspicious of International Women's day, the Red Ribbon Club organised **Yoga Demonstration** and Special talk programme on **10.03.2023** at 3.00 pm. The programme was organized by RRC Co-Ordinator Dr. M. Anusha Angel and

inaugurated by the Principal, Rev. Sr. Dr. S. Jesurani. The session started with prayer. Ms. Aruna Theetchitha welcomed the gathering. The Resource person Mrs.V.Umamaheswari, Yoga Programme Officer, Silvarpatti demonstrated Yoga to the Students and explained about '**Kayakalpa Yoga for Women**'. She explained how yoga is significant exercise for women and making them as a regular activity will help women to lead a healthy and happy life. She demonstrated some yogas lively for the better understanding. The session continued with interaction. Finally Ms. Devi Eeswari, Assistant professor of Computer Science proposed Vote of Thanks. The Red Ribbon Club members, Mrs. Inba Subalakshmi, Mrs. Devi Eeswari and Ms. Aruna Theetchitha helped to organise the programme.



BENEFACTION COME BLOOD DONATION CAMP

Report

21.03.2023

In association with the Government Hospital, Periyakulam, the Red Ribbon Club organised a Benefaction come Blood Donation Camp on 21.03.2023. The programme was inaugurated by Principal. Rev. Sr. S. Jesurani Dr. Mrs. Anusha Angel, coordinator of RRC and the members of the club organised the Blood Donation Camp. With the help of Mrs. Poun Selvi, Nurse superintendent, RRC members provided a health kit which consists of dry fruits to the patients and donors. Nearly 110 peoples benefitted in this programme.



