

JAC COMMUNITY COLLEGE
DIPLOMA IN BEAUTY CULTURE AND SKIN CARE (One year Course)
COURSE PATTERN (2022-2023)

CODE	PAPER	HRS	CREDITS	HRS	CREDITS	TOTAL
(SEM I) JOB ROLE : ASSISTANT BEAUTY THERAPIST						
SEM I	GENERAL EDUCATION					
22DC1BS01	Salon Maintenance and Beauty Ethics	5	5	-	-	5
22DC1BS02	Communication Skills	4	4	-	-	4
22DC1BS03	Life Coping Skills	3	3	-	-	3
SKILL COMPONENT						
22DC1BS04	Skin Anatomy and Skin Care	6	6	-	-	6
22DC1BSP1	Skin Anatomy and Skin Care - Lab	-	-	12	12	12
TOTAL FOR SEMESTER I		-	-	30	-	30
(SEM II) JOB ROLE : ASSISTANT HAIR STYLIST						
SEM II	GENERAL EDUCATION					
22DC2BS05	Bridal Makeup	5	5	-	-	5
22DC2BS06	Computer Fundamentals for Beauticians	4	4	-	-	4
22DC2BS07	Environmental Education	3	3	-	-	3
SKILL COMPONENT						
22DC2BS08	Hair Care and Hair Styles	6	6	-	-	6
22DC2BSP2	Hair Care and Bridal Makeup - Lab	-	-	6	6	6
22DC2BSP3	Internship	-	-	6	6	6
TOTAL FOR SEMESTER II		-	-	30	-	30

PATTERN OF EVALUATION

For this Course there will be Continuous Internal Assessment (CIA) and Semester Examination (SE).The weightage ratio is

Paper	Internal Marks	External Marks	Total Marks
Theory	40	60	100
Practical	50	50	100

CIA Components:

Theory Marks			Practical Marks		
Test – I	:	30	Lab Work	:	15
Test – II	:	30	Record	:	10
Seminar / Quiz	:	10	Test / Viva	:	20
Assignment	:	05	Attendance	:	05
Attendance	:	05			
Total	:	80*	Total	:	50

CIA for Environmental Education

The components of internal assessment for **Environmental Education** are as follows:

Components	Marks
Test I	40
Test II	40
Environment Trip Report	10
Assignment	10
Total	100

Internship:

Internal marks		External marks	
Performance	: 40	Record	: 10
Attendance	: 10	Viva voce	: 40
Total	: 50	Total	: 50

* The total Internal Marks of the Theory obtained for 80 will be converted into marks Obtained for 40

Pass Criteria:

Theory - 40% (Internal & External)

Lab - 40% (Internal & External)

INTERNAL QUESTION PATTERN

Time: 2 Hours

Maximum Marks: 30

PART A

- I. Answer **ANY FIVE** out of Eight Questions (5 X 2 = 10)

PART B

- II. Answer **ANY THREE** out of Six Questions. (3 X 4 = 12)

PART C

- III. Answer the following **ANY ONE** out of Three Questions. (1 X 8 = 8)

EXTERNAL QUESTION PATTERN

Time: 3 Hours

Maximum Marks: 60

PART A

- I. Answer **ANY FIVE** out of Eight Questions. (5 X 2 = 10)

PART B

- II. Answer **ANY FIVE** out of Eight Questions. (5 X 4 = 20)

PART C

- III. Answer **ANY THREE** out of five Questions. (3 X 10 = 30)

ENVIRONMENTAL EDUCATION-22CC2BS07
INTERNAL QUESTION PATTERN

Time: 2 Hours

Maximum Marks: 40

PART A

I. Answer **all the** Questions.

(10X1 = 10)

PART B

II. Answer **ANY FOUR** out of Six Questions.

(4X 5= 20)

PART C

III. Answer **ANY ONE** out of Three Questions.

(1X 10 = 10)

SALON MAINTENANCE AND BEAUTY ETHICS

Semester : I

Hours : 5/week (75/Semester)

Sub. Code: 22DC1BS01

Credits: 5

COURSE OUTCOME:

- To be able to Handle Customers with Good Customer Service
- Understand Clearly about the Equipments to be Maintained in Salon
- Learn about Pedicure and Manicure Techniques
- Clear Understanding about Bacterial and Fungal Infections
- Learn about Sanitation and Sterilization Methods

UNIT I: QUALITIES OF A BEAUTICIAN AND SALON RULES

(15 HOURS)

Introduction to Beauty Industry – Customer Handling – Self Grooming & Personality Development – Qualities of a Beautician – Parlor Maintenance. Basic rules of a Salon - Building up and maintaining a Client base - Salon Administration

UNIT II: ADVERTISING AND TIME MANAGING

(15 HOURS)

Establishing your Business goals - Focus and Consistency - Types of promotions - Motivating Client for Product purchase – Time Management for services – Punctuality – Time Keeping.

UNIT III: EQUIPMENTS

(15 HOURS)

Tools of Parlour – Products used in Parlour – Methods of choosing a good Quality Products – Equipments necessary in a Parlour – Galvanic Machine – Introduction – Galvanic Facial Treatment – Benefits.

UNIT IV; WORK ETHICS

(15 HOURS)

Ethical principles – Reliable – Organized - Friendly - Artistic-Good Communicator- Enthusiastic - Caring - All Rounder - Behavior-Eager – Trustworthy - Team Player.

UNIT V: HYGIENE

(15 HOURS)

Personal and Salon Hygiene – Definition of Personal Hygiene and Client Hygiene – Hygienic rules of Salon – Bacterial Infection and Fungal Infection – General causes for infection – Sterilization and Sanitation Methods – Physical Agent, Chemical Agent – Types of equipment – Sanitizing Rules.

TEXT BOOK: Course Text

REFERENCE BOOK:

1. The complete Beauty Book” by - Helena Sunnydale
2. “Skin Care” by www.dermstore.com
3. Reviewed by Debra Jaliman,MD on August 7th 2019

COMMUNICATION SKILLS

Semester : I
Sub. Code: 22DC1BS02

Hours : 4/week (60/semester)
Credits: 4

COURSE OUTCOME:

- ❖ Learn about Communication.
- ❖ Know about IPR (Inter Personal Relationship).
- ❖ Create awareness about the Communication Aids & Blocks.
- ❖ Able to perform Public Speaking and Group Discussion using verbal and non verbal signs.
- ❖ Learn about various Communication Skills.

UNIT I: PROCESS OF COMMUNICATION (12 HOURS)

The Process of Communication- Elements of Communication – Types of Messages – Intended Messages – Perceived Messages – Types of Communication- Speech - Different Types of Verbal Communication - Conversations; Listening Skills – Talking.

UNIT II: EFFECTIVE COMMUNICATION & INTERPERSONAL RELATIONS (12 HOURS)

Effective Communication – Guidelines for Effective Communication– Three Principles of Communication– Improving Personal Relationship – Factors that Determine Friendship – Meeting People for the First Time – Developing Friendships – Communication Setting in Touch with your Feelings 3 Steps towards Better Relationships – What is the social skills model? – Goal – Perception – Translation - Motor Responses.

UNIT III: TYPES OF COMMUNICATION & SITUATIONAL LANGUAGE (12 HOURS)

Public Speaking – Speech Structure – Steps to Successful Delivery of the Speech – Non-Verbal Communication –Group Discussion – The importance of Group Testing – Guidelines for Group Discussion – Factors that matter in a Group Discussion – Definition of Leadership Communication – Types of Leadership Situational Language – Greetings – Introduction – Invitation – Making Requests – Seeking Permission.

UNIT IV: OTHER COMMUNICATION SKILLS (12 HOURS)

Interview Skills – Definition – Kinds of Interview – Preparation for Job Interview – Presentation Skills – The Nature of the Audience – Organise your Presentation to reach your Audience – The Structure of the Presentation.

UNIT-V: APPLIED GRAMMAR FOR BETTER COMMUNICATION (12 HOURS)

Parts of Speech – Parts of Sentences – Negative Sentences – Framing Questions – Question Tags – Kinds of Sentence.

TEXT BOOK:

Course Text

REFERENCE BOOK:

- “Walking The Extra Mile” a text book on Interpersonal Relationship and Communication Skills, Dr.Xavier Alpones S.J.
- Improve your Communication Skills by Alan Barker.
- English Grammar & Usage: An Ideal Companion for Advanced Learners by J.S.Rohan Savarimuttu and G.Petricia Alphine Nirmala.

LIFE COPING SKILLS

Semester : I
Sub. Code: 22DC1BS03

Hours: 3/week (45 /Semester)
Credits: 3

COURSE OUTCOME:

- Attain Coping Skills to Face this Competitive World
- Learn to Think Positively in all Situations
- Understand about Goal and steps to be taken to attain Goal
- To be able to Manage Time in their life because “Managing Time is Managing Life”
- Learn Techniques to Handle Stress

UNIT I: COPING AND SELF ESTEEM

(9 HOURS)

Coping– Definition– Positive, Negative, Two kinds of coping, Problem focused coping, Emotion Focused Coping. Self – Esteem – Definition- Factors Influencing Self Esteem-Qualities of People with High and Low Self Esteem.

UNIT II: POSITIVE THINKING AND MOTIVATION

(9 HOURS)

Positive Thinking – Meaning- Nine simple workable rules to Practice Faith- The profile of a positive thinker – Motivation- Meaning- Motivation Leads to Self – Actualization by Abraham Maslow – Push and Pull Motives.

UNIT III: GOAL SETTING AND STRESS MANAGEMENT

(9 HOURS)

Goal – Definition – Obstacles to set Goal – Types – “SMART” Goal – Stress – Meaning- Kinds and Types of Stress- Effects of Stress on Body – Sources of Stress and Tips to Manage Stress.

UNIT IV: TIME MANAGEMENT AND COPING WITH STUDY PROBLEM

(9 HOURS)

Time management- Meaning – Tips to Correct Lateness Problem- Factors of Time Management (Time Factor) – Tips for Time Management. Coping with Study – Introduction -Coping with your study patterns – Steps to Better Study.

UNIT V: CAREER GUIDANCE

(9 HOURS)

Meaning and Objectives of Career Guidance – Sources for Career Placement - Career Planning – Preparation for Employment – Preparing own Biodata – Looking for Opportunities – Preparing for the Interview

TEXT BOOK: Course Text.

REFERENCE BOOK:

1. “**WE SHALL OVERCOME**”, a textbook on Life Coping Skills, Dr. Xavier Alphonse S.J.
2. Ravikanth Rao .K .**Life Skills Education**, 2016
3. Shiv Kera, “**You Can Win**” , Macmillan India Ltd: New Delhi : 1998

SKIN ANATOMY & SKIN CARE

Semester : I
Sub. Code : 22DC1BS04

Hours: 6/week (90 /Semester)
Credits: 6

COURSE OUTCOME:

- Understand about Skin Types and Functions
- Learn procedure of Threading
- To be able to do Bleaching using Homemade Bleach
- Learn about Different Facial Strokes
- Able to do Temporary and Permanent methods of Hair Removal

UNIT I: SKIN ANALYSIS (18 HOURS)

Introduction – Layers of Skin - Skin Structure and its Functions – Types of Skin - Basic Skin care – Problems of Skin.

UNIT II: EYEBROW SHAPING & WAXING (18 HOURS)

Standard Measurement of Eyebrows – Threading – Areas where threading can be done - Rules for Eyebrow Shaping. Introduction – Types of Waxing - Cold Wax and Hot Wax Method - Areas where waxing can be done - Temporary methods of Hair removal-Pros & Cons of Waxing

UNIT III: BLEACHING (18 HOURS)

Introduction – Bleaching and its types – Patch test
Areas where bleaching can be done - Preparing Homemade Bleach

UNIT IV: PEDICURE AND MANICURE (18 HOURS)

Structure of Hands, Legs, Bones, Muscles and Nails - Types of Pedicure - Manicure – Benefits & Types of Manicure – Different packs for Manicure & Pedicure.

UNIT V: FACE AND SKIN TREATMENT (18 HOURS)

Introduction – Face - Structure, Bones and Muscles - Basic Massage Strokes & Pressure Points – Mini Facial – Types of Facial – Pimple & Acne Treatment – Pigmentation and Tan Removal Facial- Anti Aging – Bridal Glow Facial - Home Care of Skin & Maintenance (Cleansing, Toning, Moisturizer).

TEXT BOOK: Course Text.

REFERENCE BOOK:

1. The Foundation of Beauty Therapy level 1 & 2
2. “**Skin Type and Products**” by Style Caster
3. Beauty Basics by Misty Spinnay Feb 7, 2016

SKIN ANATOMY AND SKIN CARE -LAB.

Semester : I

Hours: 12 /week (180/Semester)

Sub. Code: 22DC1BSP1

Credits: 12

1. Maintenance of a Salon
2. Sanitation of Salon & Sterilizing Equipments or Instruments.
3. Threading - Procedure for Full Face, Upper Lip, Chin, Cheeks & Eyebrows
4. Waxing - Procedure for Waxing Hands, Legs, Under Arms & Full Body
5. Bleaching - Patch Test, Bleach for Face, Back, Hands, Legs & Full body
6. Facial –Types, Procedure, Massage Strokes.
7. Pedicure – Procedure with massage – Pack Application
8. Manicure – Procedure with massage – Pack Application

BRIDAL MAKEUP

Semester : II
Sub. Code: 22DC2BS05

Hours: 5/week (75/Semester)
Credits: 5

COURSE OUTCOME:

- Understand about Basic Makeup Types
- Learn Different Types of Saree Draping
- Understand about the Selection of Cosmetics
- Learn to Apply Mehandi in Hands
- Able to do Poola Jada Patterns using Natural Flowers

UNIT I: MAKEUP

(15 Hours)

Introduction – Importance of Makeup –Preparation of area and client- Basic makeup - Day and evening make up – Party make up – Bridal makeup – Types of bridal makeup – Fancy dress makeup.

UNIT II: SAREE DRAPING AND ACCESSORIES SELECTION

(15 Hours)

Introduction – Types of Saree Draping – Saree / Dress Selection - Types of Accessories –Jewelry Selection – Hair Accessories

UNIT III: SELECTION OF MAKE UP PRODUCTS

(15 Hours)

Introduction-Products and Tools used for Makeup – Types of Makeup Brushes-Foundation, Concealer - Powders- Eye Shadow - Eye Liner –Fixing of false Eyelashes - Mascara - Lip Liner - Lipstick-Lip gloss – Rouge, Highlighting

UNIT IV: MEHANDI DESIGNING

(15 Hours)

Introduction – Method of Making Cones - Methods of Applying Mehandi - Types of Mehandi - Black-Brown- Glitters- Sparkle - Bridal Mehandi.

UNIT V: FLOWER MAKING

(15 Hours)

Introduction – Natural Flower – Artificial Flower - Types & Methods of Flower Making, Spray Painting – Dollar Making – Net Poola Jada – Net Plat

TEXT BOOK: Course Text.

REFERENCE BOOK:

1. The Foundation of Beauty Therapy level 1 &2
2. History of Makeup by Wikipedia
3. Makeup Tools by Cosmopolitan

COMPUTER FUNDAMENTALS FOR BEAUTICIANS

Semester : II

Hours: 4/week (60/Semester)

Sub. Code: 22DC2BS06

Credits:4

COURSE OUTCOME:

- Understanding about Excel Toolbars
- Learning about Formulas and Calculations
- Instill about PowerPoint Presentations
- Learning about Internet and Email
- Learn to use Software for Hairstyles and Makeup

UNIT I: INTRODUCTION

(12 Hours)

Definition of Computers-Computer Hardware-Software-Input Devices-Output Devices - Components of Computer-Types of Software-Operating System.

UNIT II: MICROSOFT WORD

(12Hours)

Overview Of MS Word-Creating a new Document-Working with Menus-Alignment the Document-Printing the Document-Closing the Word/Document.

UNIT III: MICROSOFT EXCEL

(12 Hours)

Starting Ms Excel-Study of Excel work environment-Working with Menus-Formatting the Worksheet-Printing the worksheet-Closing the Worksheet.

UNIT IV: MANUPULATING DATA

(12 Hours)

Formulas and Functions-Excel Calculation mode-Automatic filling entries-Applying Formulas-Working with Chart-manipulating data: Cut Copy, Paste, Edit, and Delete, Save, Update, Modify, and Insert.

UNIT V: SOFTWARE APPLICATIONS

(12 Hours)

Android Applications-Application for Hairstyle-Lip care-Makeup-Choosing Cream-According to Skin Application-Windows Application: Photo Make up Editor-Photo Makeup

TEXT BOOK:

Course Text.

REFERENCE BOOK:

1. Dr. Xavier Alphonse S.J. "**Computer Made Easy a textbook on Basic Computer Skills**", 2005 Edition.
2. Unit II & III - "**Comdex 14-in-1 Computer Course Kit**", Vikas Gupta, Dreamtech Press 2008 Edition

ENVIRONMENTAL EDUCATION

Semester : II
Sub. Code: 22DC2BS07

Hours: 3/week (45/Semester)
Credits: 3

COURSE OUTCOME:

- Recall the components our planet earth
- Elucidate and understand the importance of Natural resources
- Summarise the energy status of the environment.
- Acquire knowledge on the conservation of our environment
- Analyse the significance of water and climate towards sustainable development

UNIT I: MULTIDISCIPLINARY NATURE OF ENVIRONMENTAL STUDIES (9 HOURS)

Definition, scope and importance - Need for public awareness

UNIT II: NATURAL RESOURCES (9 HOURS)

Classification of Resources: Renewable and non - renewable resources - Forest resources, water resources, mineral resources, food resources, energy resources, Land resources - associated problems; Role of an individual in conservation of natural resources.

UNIT III: ECOSYSTEMS (9 HOURS)

Introduction - Concept of an ecosystem - Structure and function of an ecosystem - producers, consumers and decomposers – Types, characteristic features, structure and function of the following Eco system: Forest, grass land, desert and aquatic.

UNIT IV: ENVIRONMENTAL POLLUTION (9 HOURS)

Definition, Causes, effects and control measures of Air pollution, Water pollution, Soil pollution, Marine pollution, Noise pollution, Thermal pollution, nuclear hazards, Solid waste management, Role of an individual in prevention of pollution.

UNIT V: SOCIAL ISSUES AND THE ENVIRONMENTS (9 HOURS)

Urban problems related to energy Water conservation, rain water harvesting, water shed management, Climate change, global warming, acid rain and ozone layer depletion, nuclear accidents and holocaust, case studies. Waste land reclamation.

TEXT BOOK: Course Text

REFERENCE BOOK:

Murugesan, R., (2007). Environmental science and Engineering, Millenium publication, Madurai.

- ✓ UNIT I : Section - 1.1 & 1.2
- ✓ UNIT II : Section - 1.3 to 1.37
- ✓ UNIT III : Section - 2.1 to 2.7 & 2.10 to 2.27
- ✓ UNIT IV : Section - 3.1 to 3.37
- ✓ UNIT V : Section - 4.1 to 4.17

HAIR CARE AND HAIR STYLES

Semester : II
Sub. Code : 22DC2BS08

Hours: 6 /week (90 /Semester)
Credits: 6

COURSE OUTCOME:

- Understand about Hair Structure and its Function
- Learn about Oil Massages and Pressure Points
- Able to do Basic Hair Cuts
- Understand about Hair Colorings and Dyeing Process
- Able to do Many Hairstyles for Brides

UNIT I: ANATOMY OF HAIR

(18Hours)

Introduction – Hair Structure and Function – Hair Growth Cycle –Types of Hair – Methods of Maintaining Healthy Hair – Scalp Infections and Preventive Measures –Hair Problems – Home Care.

UNIT II: HAIR CLEANSING

(18 Hours)

Introduction – Shampooing –Conditioning Types and its Uses - Oil Massages & Pressure Points – Strokes of Oil Massage – Different Oils – Hair Pack - Dandruff Treatment.

UNIT III: HAIR CUTTING

(18 Hours)

Introduction – Basic Cutting Rules – Hair Cutting Types - Ironing – Curling Tongs – Crimper & Blow Drying –Roller Setting – Hot Rollers.

UNIT IV: HAIR STYLES

(18 Hours)

Introduction – Basics of Ironing & Tongs, Crimping – Bridal Hair Styles – Reception Hair Styles – Party Hair Styles

UNIT V: HAIR COLOURING AND DYE APPLICATION

(18 Hours)

Introduction – Hair Colorings Types – Difference between Dyes & Hair Colours – Henna Preparation and application– Hair Colouring Products available in the Market – Post Care of Hair Coloring – Tips for Hair Colour Maintenance.

TEXT BOOK:

Course Text.

REFERENCE BOOK:

1. Milady Standard Text Book of Cosmetology revised- copy right 1996
2. Hair Cuts by TAYLAH BREWE
3. Hair Styles by www.Luxuryhair.com

HAIR CARE AND BRIDAL MAKE UP – LAB.

Semester : II

Hours: 6/week (90/Semester)

Sub. Code : 22DC2BSP2

Credits: 6

HAIR CARE

1. Hair Cut Types
2. Hair Styles
3. Oil Massage Types
4. Henna Coloring
5. Mehendi
6. Flower Making

BRIDAL MAKEUP

7. Make up & Types
8. Saree Draping & Types

INTERNSHIP

Semester : II

Hours: 6/week (180 Semester)

Sub. Code: 22DC2BSP3

Credits: 6

