

**JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN (AUTONOMOUS),
AFFILIATED TO MOTHER TERESA WOMEN'S UNIVERSITY,
KODAIKANAL, PERIYAKULAM, THENI.**



UNIT VII

NATIONAL SERVICE SCHEME



ANNUAL REPORT 2023 -2024

PROFORMA FOR NSS PROGRAMME OFFICERS

S. No	Particulars	Details
1.	Name of Programme Officer	Mrs. D. Abinaya
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni Dt-625601.
5.	College Email Address	principal@annejac.ac.in
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	Unit 7
8.	Mobile No (NSS PO)	8220972751
9.	Email ID (NSS PO)	abimat@annejac.ac.in
10.	Whether attended NSS 7 days ETI Training	No
11.	Number of year Experience as NSS P.O	2
12.	Name of the Village Adopted	Nehru Nagar
Social Media Account Details of the NSS Unit		
1.	Twitter ID	@nssunit7jac
2.	Instagram ID	Unit7nss@annejac
3.	Face book ID	Unit7jac

Name: Mrs. D. Abinaya
Designation: Assistant Professor
Signature:

PROFORMA FOR NSS STAFF ADVISORS DETAILS

S. No	Particulars	Details
1.	Name of Staff Advisor	Dr. B. Amala Jasmine
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni District – 625 601.
5.	College Email Address	principal@annejac.ac.in
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	Unit 7
8.	Mobile No (NSS staff advisor)	9585261230
9.	Email ID	amalamat@annejac.ac.in
10.	Department	Mathematics
11.	Number of year Experience	2
12.	Name of the Village Adopted	Nehru Nagar

Name: Dr. B. Amala Jasmine

Designation: Assistant Professor

Signature:

NATIONAL SERVICE SCHEME
Action Plan 2023 – 2024

<p style="text-align: center;">On 6th Day – 1 Hour</p> <p style="text-align: center;">On Saturday – 3 Hours</p>	
Regular Activities	Special Activities
<ul style="list-style-type: none"> ✓ NSS Classes covering Text Book ✓ Awareness Programmes ✓ Celebrating Commemorative Days ✓ Cleaning Work ✓ Watering Vitamin C – Fruit Trees Garden ✓ Solid Waste Management – Waste leaves ✓ Providing vocational training to girl students and women in adopted villages 	<ul style="list-style-type: none"> ➤ 7 Days Special Camp ➤ Observance of <ul style="list-style-type: none"> • Swachh Bharat Mission • Fit India ➤ One day Programme - seminar ➤ Awareness Programme on Fit India (15.9.2021) ➤ Celebrating the 75th Independence Day in J.A. College and adopted villages. ➤ Conducting Street plays and various Awareness Programmes through Rally ➤ Planting tree saplings in adopted villages ➤ Conducting meeting with panchayat officers in our college / Convene Advisory Meeting ➤ Preparing the girl students to participate in the Gram Sabha meeting. ➤ Attending the refresher training for Professors. ➤ Undertaking Projects related to NSS
<p style="text-align: right;">Total Hours for a Year = 60 Total Hours for Two Years = 120</p>	

IMPORTANT DAYS & DATES

Date	Day	Remarks
Jan 12	National Youth Day	Birthday of Swami Vivekananda
Jan 15	Army Day	Field Marshall K.M. Cariappa took over the command of the Army on this day in 1949 from the British.
Jan 27	International Holocaust Day	The largest Nazi death camp, Auschwitz-Birkenau, was liberated by Soviet troops on Jan 27, 1945.
Jan 30	Martyr's Day	Martyrdom day of Mahatma Gandhi
Feb 28	National Science Day	Marks the discovery of the Raman Effect in 1928 by C.V. Raman
Mar 8	International Women's Day	-
Mar 15	World Consumer Day	President John F Kennedy formally addressed the issue of consumer rights on this day in 1963.
Apr 7	World Health Day	WHO was formed on this day in 1948, but the first World Health Day was observed in 1950.
Apr 12	International Day of Human Space Flight	Yuri Gagarin, the Soviet Cosmonaut made the first space flight on this day in 1961.
May 1	International Worker's Day	-
May 8	International Red Cross Day	JH Dunant, the man behind Red Cross was born on this day in 1828.
May 11	National Technology Day	Nuclear tests at Pokhran were carried out in 1998 on this day.
May 21	Anti-terrorism Day	Former PM Shri Rajiv Gandhi was assassinated on this day in 1991.

Date	Day	Remarks
Jun 5	World Environment Day	-
Jun 21	International Yoga Day	-
Jul 1	National Doctors Day (India)	Birthday of Dr Bidhan Chandra Ray
Jul 11	World Population Day	Inspired by 5 billion Day in 1987
Jul 12	Malala Day	Birthday of Malala Yousafzai
Jul 20	International Moon Day	Landing of Apollo 11 on the moon in 1969.
Jul 20	World Chess Day	Establishment of the International Chess Federation (FIDE) in Paris in 1924.
Aug 6	Hiroshima Day	The bombing of Hiroshima on 6 Aug 1945
Aug 7	National Handloom Day	Launching of the Swadeshi Movement on 7 Aug 1905
Aug 9	August Kranti Diwas	Launch of the Quit India Movement in 1942
Aug 19	World Humanitarian Day	Commemorates the day when 22 aid workers were killed in a bombing at the UN headquarters in Baghdad in 2003
Aug 20	Sadbhawna Diwas	Birthday of Shri Rajiv Gandhi (1944)
Aug 29	National Sports Day	Birthday of Shri Dhyanchand (1905)
Sep 5	Teacher's Day	Birthday of Dr Radhakrishnan (1888)
Sep 8	International Literacy Day	-
Sep 14	Hindi Diwas	Hindi was accorded Official language status by the Constituent Assembly on this day in 1949.
Sep 15	Engineers' Day	Birthday of Sri M Visvesvaraya.

Date	Day	Remarks
Sep 27	World Tourism Day	Statutes of the United Nations World Tourism Organisation were adopted on this day in 1980.
Oct 2	International Non-violence Day	Birthday of Mahatma Gandhi (1869)
Oct 8	Indian Air Force Day	IAF was officially established on this day in 1932.
Oct 16	World Food Day	Food and Agricultural Organisation was founded on this day in 1945.
Oct 24	United Nations Day	The Charter of the United Nations came into force on this day in 1945.
Oct 31	Rashtriya Ekta Diwas	Birth Anniversary of Sardar Vallabhbhai Patel
Nov 11	National Education Day	Birthday of Shri Maulana Abul Kalam Azad (1888), the first Education Minister of India.
Nov 14	Children's Day	Birthday of Shri Jawaharlal Nehru (1889)
Nov 19	National Integration Day	Birthday of Smt Indira Gandhi (1984)
Nov 26	Constitution Day (India)	The Constitution of India was adopted on this day (1949)
Nov 26	National Milk Day (India)	Birthday of Shri Verghese Kurien, Father of the White Revolution in India
Dec 1	World AIDS Day	-
Dec 4	Navy Day	Commemorates the courageous attack on the Karachi harbour during the Indo-Pakistan war of 1971 in Operation Trident.
Dec 7	Armed Forces Flag Day	-

Date	Day	Remarks
Dec 10	Human Rights Day	The Universal Declaration of Human Rights was proclaimed and adopted on this day in 1948.
Dec 16	Vijay Diwas	Marks India's victory over Pakistan in the Indo-Pak war in 1971.
Dec 18	Minorities Rights Day	United Nations adopted and promulgated the Declaration on the Rights of Persons belonging to National or Ethnic, Religious and Linguistic Minorities on this day in 1992.
Dec 24	National Consumers' Day	-
Dec 25	Good Governance Day	Birthday of Shri Atal Bihari Vajpayee

U. G. PROGRAMME OUTCOMES

UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE ABLE TO

PO. NO.	UPON COMPLETION OF THIS PROGRAM THE STUDENTS WILL BE ABLE TO
1.	Gain theoretical knowledge and apply the expertise in different fields. .
2.	Acquire industry specific skills and can emerge as entrepreneurs. .
3.	Develop critical and rational thinking to solve societal issues.
4.	Explore the knowledge and acclimatize it in the ever changing work environment.
5.	Evolve theories and develop innovative discipline specific ideas.
6.	Comprehend the nuances and develop innovative, discipline-specific ideas.

U. G. PROGRAMME SPECIFIC OUTCOMES

UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE ABLE TO

PSO. NO.	UPON COMPLETION OF THE PROGRAM THE STUDENTS WILL BE ABLE TO	PO MAPPED
PSO-1	Get knowledge about National Service Scheme.	PO-1
PSO-2	Acquire leadership skills and readiness to serve the society.	PO -2
PSO-3	Enhance perspectives of social issues in different point of views Think and act effectively in a critical situation.	PO-3
PSO-4	Develop positive attitude towards betterment of the society through voluntary service.	PO-4
PSO-5	Preserve nature, ethos and traditions and practices of the society.	PO-1

NATIONAL SERVICE SCHEME

Semester: I

Hours :2

Code: 23STPNS01

Credits:2

COURSE OUTCOMES:

CO. NO.	UPON COMPLETION OF THIS COURSE THE STUDENTS WILL BE ABLE TO	PSO ADDRESSED	COGNITIVE LEVEL
CO – 1	Acquire the basic knowledge about NSS	PSO-1	K1, K2
CO – 2	Uphold the value system based on the social, political and moral bases	PSO-1, PSO-2	K3
CO – 3	Understand and identify the needs of the society	PSO-1, PSO-2, PSO - 4	K2, K4
CO – 4	Develop the capacity to meet emergencies and attain knowledge to concentrate on personal health and hygiene	PSO2-, PSO-4 PSO-5	K5, K6
CO – 5	Face the challenges particularly to become women entrepreneurs	PSO-1	K3, K6

**RELATIONSHIP MATRIX FOR COURSE OUTCOMES,
PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC
OUTCOMES**

Semester : I – IV				NATIONAL SERVICE SCHEME								Hours: 240	
Code : 23STPNS01												Credits: 2	
Course Outcomes	Programme Outcomes (PO)						Programme Specific Outcomes (PSO)					Mean Score of CO's	
	1	2	3	4	5	6	1	2	3	4	5		
CO1	1	2	3	4	5	6	1	2	3	4	5	3.81	
CO2	4	5	4	3	4	3	4	3	4	4	4	3.90	
CO3	5	4	4	4	4	4	4	3	4	4	3	3.90	
CO4	4	4	5	3	4	4	5	4	3	3	4	4.00	
CO5	5	4	4	3	4	4	4	5	4	3	4	3.90	
Overall Mean Score												3.90	

Result: The Score for this Course is 3.90 (High Relationship)

Note:

Mapping	1 - 20%	21 - 40%	41 - 60%	61 - 80%	81 - 100%
Scale	1	2	3	4	5
Relation	0.0 - 1.0	1.1 - 2.0	2.1 - 3.0	3.1 - 4.0	4.1 - 5.0
Quality	Very Poor	Poor	Moderate	High	Very High

Values Scaling

Mean Score of Cos = $\frac{\text{Total of Values}}{\text{Total No. of Pos \& PSOs}}$	Mean Overall Score for Cos = $\frac{\text{Total of Mean Scores}}{\text{Total No. of Cos}}$
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UNIT I: BASICS OF NSS

Introduction –History and Growth – Aim and Objectives – NSS Motto – NSS Symbol - NSS Badge –NSS Day - Code of Conduct- NSS Regular Activities & Special Camp.

UNIT II: PERSONALITY DEVELOPMENT

Personality Development – Know Thyself- Body Language- Forming Values Etiquette and Manner - Team Building and Team Work – Problems of Youth – Drug abuse - Drug Dependence /Addiction –Alcoholism – Suicide - Sexual Problems – Diseases.

UNIT III: SOCIAL SERVICE

Aim of Social Service – Social Service Organizations - Social Problems - Need for

Social Service - Scope of Social Services - Functions of Social Services - Principles of First Aid - Important things kept in the First Aid Box - Snake Bite - Dog Bite - Insect Bite - Heat Stroke - Drowning - Electric Shock - Artificial Respiration – Hemorrhage – Stroke - Heart Attack – Symptoms – Fainting.

UNIT IV: NUTRITIOUS FOOD AND WOMEN'S HEALTH

Nutrition - Adequacy – Balance - Calorie Management - Dietary Density – Moderation – Variety - Calculation of Calorie Permittance - Calculation of Protein Percentages - Food Sources - Vitamins the Importance of Dietary Nutrition Women's Health

UNIT V: ECOLOGY AND ROLE OF WOMEN IN SOCIETY

Environment - Environmental Elements - Environmental concerns - Changing Climate – Global warming – Women achievers - Women's Place in Society - Social Issues against Women - The Ways to Empower Women.

COURSE BOOK:

Arul Sunila.J, Flora Pauline Mary.V, Preethi.J, Padmasree. A. D, Girija Bai. T, Arul Irudaya Jeyanthi.J, Abinaya. D, *NOT ME BUT YOU*, Acca Printing Press, 2022.

Internal Assessment

Components	Marks
Attendance	20
Assesment (Involvement in activities)	50
Test	30
Total	100

QUESTION PATTERN

NATIONAL SERVICE SCHEME-23STPNS01

Class : II UG

Time : 2 Hours

Date :

Max. Marks: 30


Course Outcome	Bloom's K-level	Q. No	SECTION – A Answer All Questions Internal choice 2×5=10
			SECTION – B Answer any TWO of the following 2×10=20

Month of June 2023

RALLY ON DRUG ABUSE – 26.06.2023

On 26.06.2023, As per the direction of Enforcement Bureau CID, Tamil Nadu State and NSS Unit VII of Jayaraj Annapackiam College for Women(Autonomous), Periyakulam volunteers organized a powerful rally to address the pressing issue of drug abuse within the community. With unwavering determination, the NSS volunteers formed human, holding banners and placards with impactful messages against drug abuse at Periyakulam main road . The rally aimed to raise awareness among the public about the devastating consequences of drug addiction on individuals, families, and society as a whole. As they chanted slogans advocating a drug-free world, their passion and commitment resonated with onlookers, igniting a sense of urgency to tackle this critical problem. During the rally, Rev. Sr. Dr. S. Jesurani, Principal and Rev. Sr. Dr. B. J. Queensly Jeyanthi, Secretary, Mr. M. Pandian, Head, Endapuli Panchayat, Mr. Pal Pandi, Head, Thamarakulam Panchayat and Mr. G. K. Mani Karthi, President, Rotary Club, Periyakulam were the chief guests. This programme emphasized the importance of community support in helping individuals overcome drug dependencies and lead healthier lives. By collaborating with local authorities jointly participated with dedication to combatting drug abuse. Their united efforts sent a strong message to the community that together, they can build a drug-free environment that nurtures a brighter and healthier future for everyone living in and around Periyakulam. The impact of the rally was profound, inspiring many individuals to take a stand against drug abuse and actively contribute to creating a more compassionate and supportive society.




JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN (AUTONOMOUS)
(A unit of the Sisters of St. Anne of Tiruchirappalli)
 Accredited with 'A+' Grade in 4th Cycle by NAAC
 DST - FIST Supported College
 Affiliated to Mother Teresa Women's University, Kodaikanal


PERIYAKULAM - 625 601, THENI Dt. TAMILNADU.

DATE: 26.06.2023 **TIME: 9 A.M. to 10 A.M.**

**“Join us in our NSS rally against the drugabuse.
 Uniting to create a drug free future”**



**CHOOSE LIFE, NOT DRUG;
 BREAK FREE FROM THE GRIP OF ADDICTION**

PLACE

THAMARAIKULAM BUS STOP (COLLEGE VILAKU)

PATRONS

DR. SR. JESURANI	DR. SR. QUEENSLY JEYANTHI
PRINCIPAL	SECRETARY

FEATURED GUEST

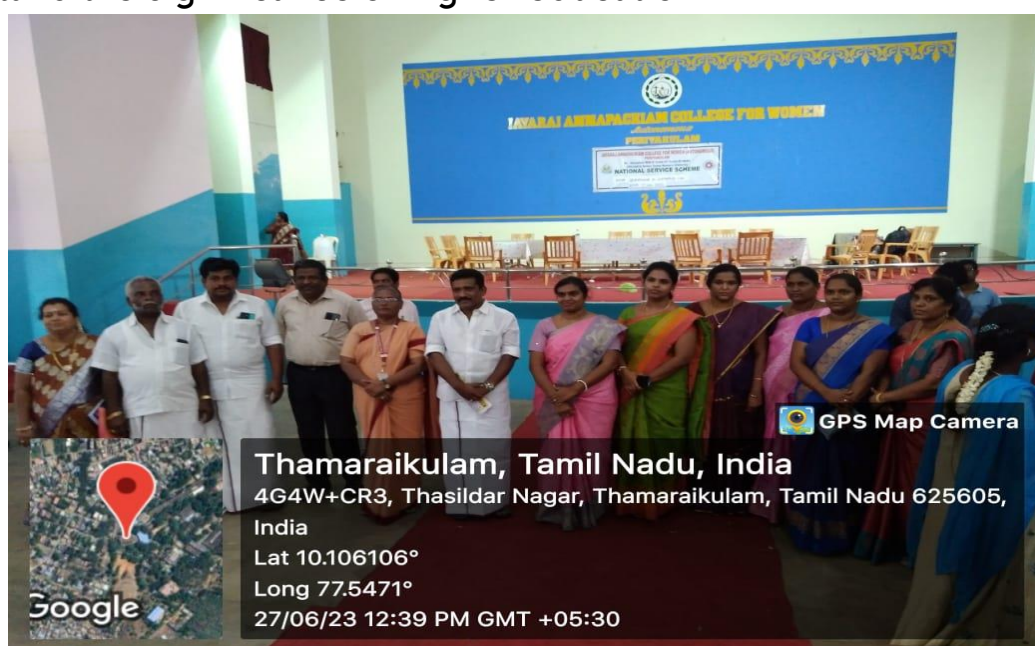
MR. M. PANDIYAN, ENDAPULLI, PANCHAYAT HEAD
 MR. PAL PANDI, THAMARAIKULAM, PANCHAYAT HEAD
 MR . G. K. MANI KARTHICK, PRESIDENT, ROTARY CLUB, PERIYAKULAM

ORGANISERS NSS PROGRAM OFFICERS, STAFF ADVISORS AND NSS VOLUNTEERS

NAAN MUDHALVAN SCHEME – GUIDANCE CAMP FOR HIGHER EDUCATION – 27.06.2023

On 27.06.2023, the awareness camp on higher education, organized by the Tamilnadu Higher Education Department and Career Guidance Cell, in collaboration with the Theni Collectorate, was successfully held at Jayaraj Annapackiam College for Women (Autonomous), Periyakulam. The event aimed to provide valuable information and insights to students, parents, and educators about the importance of higher education, available opportunities, and the associated benefits. The event was honored by the presence of Mr. Saravanakumar, the esteemed MLA of Periyakulam. Principal and Secretary of JAC graced the event, several government officials,

including the District Revenue Officer (DRO), the Tahsildar, and professors from various institutions, actively participated and motivated the students. The event witnessed the enthusiastic participation of more than 600 students. To facilitate interactions and showcase educational offerings and services, an exhibition area was thoughtfully arranged. It featured 23 stalls representing various educational institutions and service providers. Students had the opportunity to explore these stalls, gather information, and gain inspiration for pursuing higher education. Overall, the awareness event on higher education proved to be a valuable platform for students, parents, and educators to gain insights, explore options, and understand the significance of higher education.





International Yoga Day Celebration - 21.06.2022

On 21.06.2023, NSS Unit - VII of Jayaraj Annapackiam College for Women(Autonomous), Periyakulam organized International Yoga Day which is celebrated annually on June 21st and aims to raise awareness about the benefits of practicing yoga and promote its widespread adoption. Owing to celebrate International yoga day Dr. P. K. Santhi, Assistant Professor presided the event organized by unit 7 and demonstrated Yoga asanas to Foster a global movement for healthy living and mindfulness. 50 students had participated



Month of July 2023

NSS Orientation Programme – 06.07.2023

On 06.07.2023, NSS Co-Ordinator and all the programme Officers addressed the I year students at Jayaraj Annapackiam College for Women (Autonomous), Periyakulam. This programme was aimed to introduce new NSS volunteers to the NSS's objectives and activities. The orientation highlighted on the principles and values, teamwork and leadership, social issues and impact that create an effective change for the people in the village. NSS mainly focused and emphasis on community service importance. Mainly the NSS volunteers were

insisted on guidelines and regulations. The orientation successfully motivated students to engage actively in community service, fostering a sense of social responsibility and unity. The 1st-year students are now equipped to contribute positively to society through NSS activities. All the new NSS volunteers shown their enthusiastic participants.



Tree Plantation - 13.07.2023

On 13.07.2023, NSS Unit - VII of Jayaraj Annapackiam College for Women(Autonomous), Periyakulam organized a tree plantation drive within the campus to enhance the green cover and raise environmental awareness among the students. The enthusiastic participation of the NSS volunteers resulted in the planting of native

trees, which is expected to foster biodiversity and ecological balance. With a firm commitment to sustainable practices and responsible environmental stewardship, NSS volunteers plans to diligently monitor and maintain the newly planted trees to ensure their healthy growth and survival. The tree plantation drive has also played a crucial role in encouraging students to actively engage in environmental conservation and instilled in them a sense of responsibility towards nature.



Cleaning Activity - 15.07.2023

On 15.07.2023, NSS UNIT VII of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam conducted cleaning activity in the campus around the foyer and in front of the controller office from 02.00 p.m. to 03.45. p.m. 58 NSS Volunteers cleaned the area

with full involvement. Mrs. D. Abinaya, Programme Officer and Mrs. Amala Jasmine, Staff Advisor of Unit VII supervised the cleaning work.



Cleaning Activity - 17.07.2023

On 17.07.2023, NSS UNIT VII of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam cleaned the campus around the foyer and in front of the controller office from 03.00 p.m. to 04.00. p.m. 50 NSS Volunteers cleaned the area with full involvement. Mrs. D. Abinaya, Programme Officer and Mrs. Amala Jasmine, Staff Advisor of Unit VII supervised the cleaning work.



Cleaning Activity - 28.07.2023

On 28.07.2023, Jayaraj Annapackiam College NSS UNIT VII Conducted a campus cleaning activity at 03.00 - 04.00. p.m. All the II Year and I Year NSS Volunteers cleaned the places around the foyer and left side controller office and removed all the plastics and twigs. Totally 100 Volunteers were activity participated in the cleaning work. Mrs. D. Abinaya, Programme Officer and Mrs. Amala Jasmine, Staff Advisor of Unit VII supervised the cleaning work.





Month of August 2023

Youth Festival Competition – 01.08.2023

On behalf of Tamil Nadu State NSS Cell, Youth welfare and Sports development Department organized State level Youth Festival – 2023 competitions. NSS Unit – VII of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, the following NSS volunteers actively participated in the Photographic event. R. Jasothara, II B. Sc., Mathematics (R), A. Arockiya Brindha, II B. Sc., Mathematics (R), D Nivethitha, II B. Sc., Mathematics (R), M. Yogapriya, II B. Sc., Mathematics (R), A. Yuvasri, II B. Sc., Mathematics (R).

தமிழ்நாடு மாநில நாட்டு நலப் பணித் திட்டம்

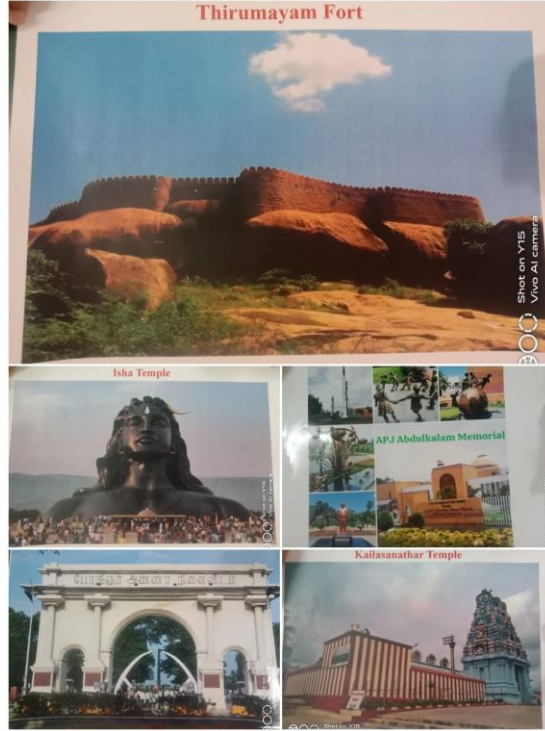
TAMILNADU STATE NSS CELL

இளைஞர் நலன் மற்றும் விளையாட்டு மேம்பாட்டுத் துறை
YOUTH WELFARE AND SPORTS DEVELOPMENT DEPARTMENT

மாநில அளவிலான இளைஞர் திருவிழா - 2023

STATE LEVEL YOUTH FESTIVAL- 2023
Competitions

Competition Name	Title of The Competition	Rules
Photographic (Individual Events)	Monument of Tamil Nadu	Specification: A3 Size / Photo Print out only/High resolution Eligibility: Only NSS volunteer Self-declaration of the Participant about author of the originality is required Min 2 - Max 5 Entries per University
Short Film	Power of Youth in Tamil Nadu	Duration: 3 to 5 Minutes Video in Tamil Language with High Resolution Eligibility: only NSS volunteer Self-declaration of the Participant about author of the originality is required Min 2 - Max 5 Entries per University
Documentary Film (Audio Visual)	Kalaaignar For Youth	Duration: 3 to 5 Minutes Video in Tamil Language with High Resolution Eligibility: only NSS volunteer Self-declaration of the Participant about author of the originality is required Min 2 - Max 5 Entries per University



Awareness Programme on Organ Donation and Transplantation – 05.08.2023

On 05.08.2023, The National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam and Transplant Authority of Tamil Nadu jointly organized an Awareness Programme on Organ Donation and Transplantation in the Indoor Auditorium at 2 p.m. Mr. S. Dileep Kumar, Senior Transplant Co-Ordinator, Government Theni Medical College, Theni, Mr. M. Ajith Pandi, Administration Officer, Office of the Member Parliament, Theni Constituency and Mr. Suresh, Programme Co-Ordinator, All the Children Trust, Theni were present to conduct the programme. Dr. Padmasree, Assistant Professor of History welcomed the gathering. Mr. S. Dileep Kumar, Senior Transplant Co-Ordinator gave an awareness talk on the importance of organ donation and encouraged the NSS volunteers to become registered donors. He focused on Organ Donation and Transplantation, the myths surrounding it and about Brain death also. Mrs. D. Abinaya, NSS Programme Officer and Dr. B. Amala Jasmine, Staff Advisor did master of ceremony of the programme. Ms. Vivetha, Assistsnt Professor of Commerce proposed the vote of thanks.

Overall, 700 students participated and benefitted out of it.



Sinthanai Sirppi Award-2023

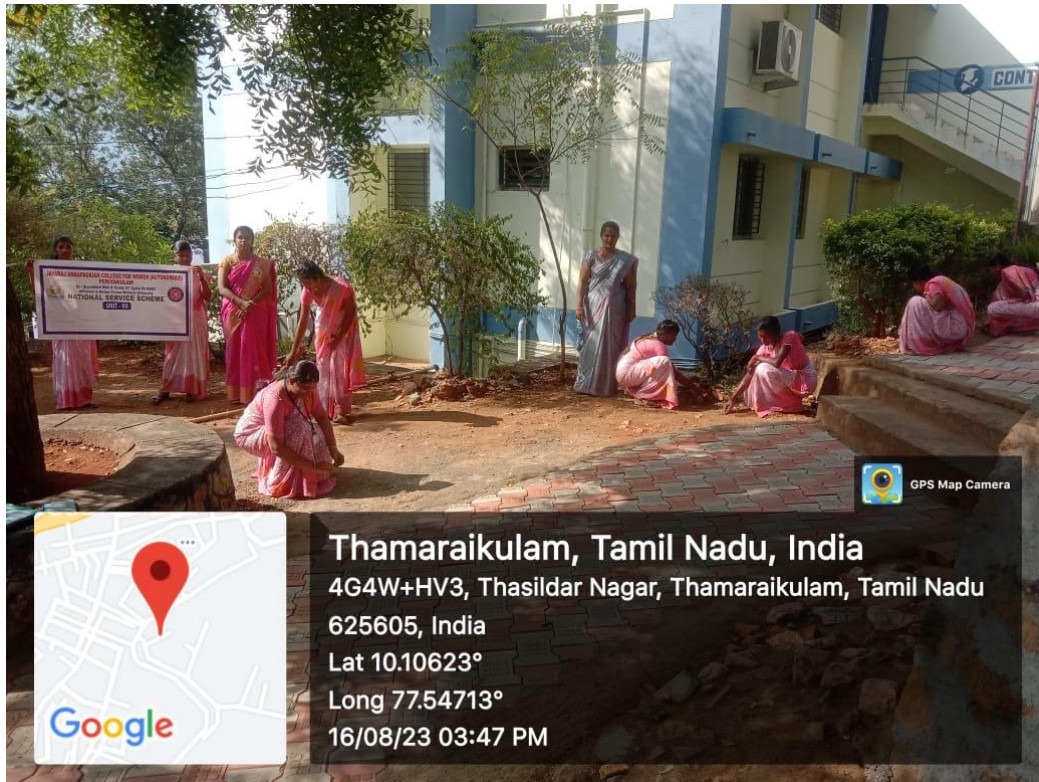
With regards to the 77th Independence Day celebration, the National Service Scheme Unit VII of Jayaraj Annapackiam College for Women (Autonomous) took part in an essay writing competition held

by Magizhchi FM on August 15, 2023. Selvi D. Nivethitha, II B.Sc. Maths (R), was honoured with the prestigious “Sinthanai Sirppi Award 2023” for her outstanding performance.



Cleaning Activity - 16.08.2023

On 16.08.2023, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam conducted a campus cleaning activity from 03.00 p.m. to 04.00 p.m. All the II year and I year NSS Volunteers cleaned the area in front of the Controller of Examination and backside of the Library. Totally 82 NSS Volunteers were actively participated in the cleaning work. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the cleaning work.



Independence Day Celebration - 16.08.2023

As part of the Independence Day celebrations, National Service Scheme Unit VII at Jayaraj Annapackiam College for Women (Autonomous) conducted a slogan writing competition under the theme "Celebrating Independence." Both second-year and first-year NSS volunteers enthusiastically joined and demonstrate their skills. Totally, 28 NSS volunteers actively participated in this competition. The competition was facilitated by Mrs. D. Abinaya, the Programme Officer, and Dr. B. Amala Jasmine, the Staff Advisor.

I Prize – S. Chandra, II B. Sc. Mathematics (R)

II Prize – A. Sivapriya, II B. Sc. Mathematics (R)

III Prize – R. Farhana Parveen, II B. Sc. Mathematics (R)

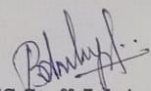


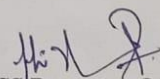
**Jayaraj Annapackiam College for Women (Autonomous),
Periyakulam**

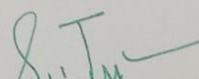
National Service Scheme

Circular – 14.08.2023

In connection with Independence Day Celebration, NSS Unit VII is going to conduct a slogan writing competition on the **CELEBRATING INDEPENDENCE** for all the NSS volunteers in Room No. 51 on 16.08.2023 at 03.00 p.m.


NSS Staff Advisor


NSS Program Officer


Principal

Enrollment Form Registration - 26.08.2023

On 26.08.2023, NSS UNIT VII of Jayaraj Annapackiam College, Periyakulam conducted the Enrollment form registration activity for I year NSS volunteers from 02.00 p.m to 03.00. p.m. All the I year NSS volunteers registered through enrollment form. Totally 41 volunteers were participated in the registration. Mrs. D. Abinaya ,Programme Officer and Dr. B. Amala Jasmine , Staff Advisor guided the activity.

Handloom Day Celebration - 28.08.2023



On the occasion of Handloom Day, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam, has launched a meaningful endeavor to support weavers and ensure a brighter future for them. Through direct purchases from weavers, the unit has acquired handloom sarees, which are being sold within the college community. This initiative aims to raise awareness about handloom sarees while also generating funds that will contribute to the education of NSS Volunteers. As a result, both weavers and students are reaping the benefits of this collaborative effort.





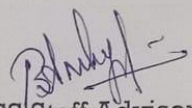
**Jayaraj Annapackiam College for Women (Autonomous),
Periyakulam**

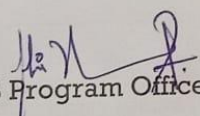
National Service Scheme

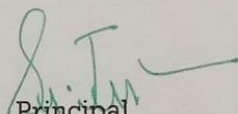
Circular – 17.08.2023

In connection with **Handloom Day and Elder's Day**, NSS Unit VII is celebrating the joy of happiness towards **BETTER FUTURE FOR WEAVERS AND CELEBRATING GRANDPARENTS** by all I year and II year NSS volunteers in St. Anne's Auditorium on 30.08.2023 at 03.00 p.m.

All are cordially invited.


NSS Staff Advisor


NSS Program Officer


Principal

not on Y15

Month of September 2023
Tree Plantation – 08.09.2023

On 08.09.2023, Unit VII of National Service Scheme, Jayaraj Annapackiam College for Women (Autonomous) orchestrated a tree plantation event titled 'Plantation of Indigenous Saplings' within the college campus, commencing at 3:00 p.m. The initiative witnessed the active participation of 76 dedicated NSS volunteers who enthusiastically planted saplings. Mrs. D. ABINAYA the Programme Officer and Dr. Mrs. Amala Jasmine the Staff Advisor, joined the event to support and oversee its success.



Watering the plants – 13.09.2023

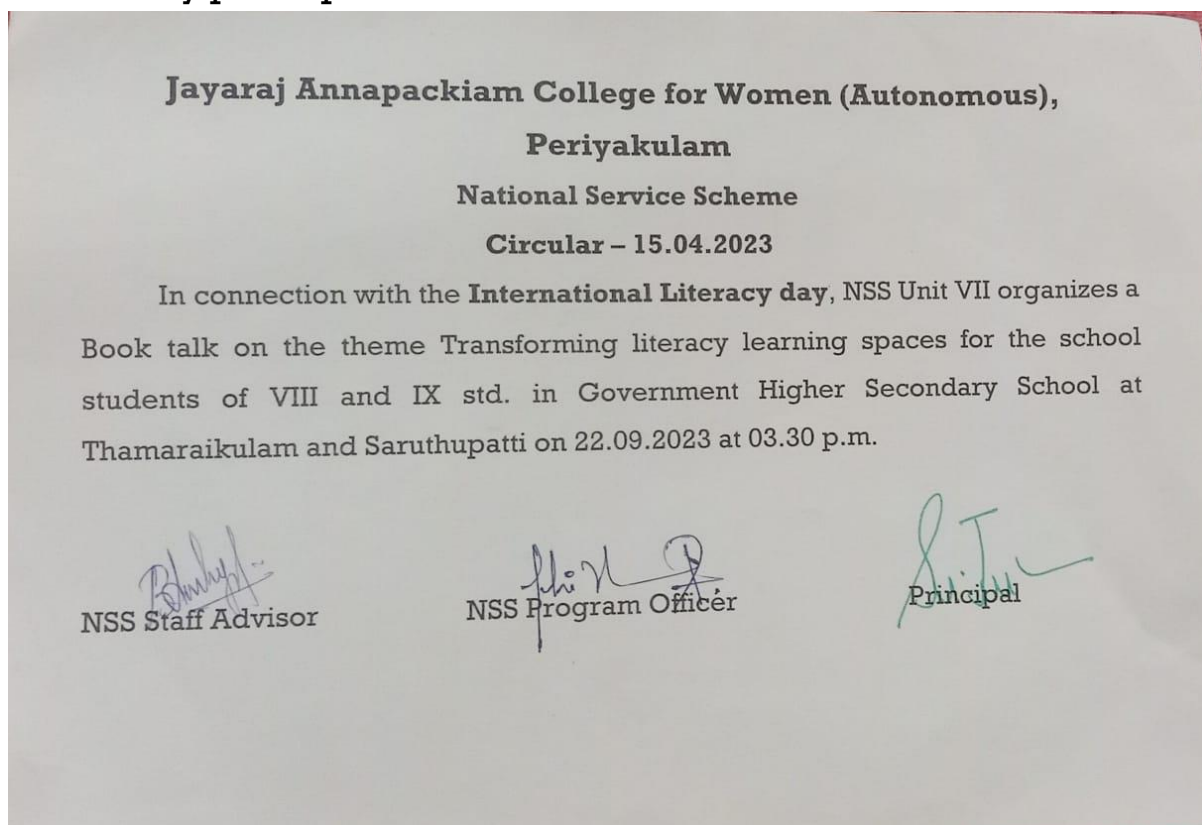
On 13.09.2023, Unit VII of National Service Scheme, Jayaraj Annapackiam College for Women (Autonomous) orchestrated a tree plantation event titled 'Plantation of Indigenous Saplings' within the college campus, to take care of those plants 52 NSS volunteers actively participated in watering the planted saplings. Mrs. D. ABINAYA the

Programme Officer and Dr. Mrs. Amala Jasmine the Staff Advisor supervised the activity.



World Literacy Day Celebration – 22.09.2023

On 22.09.2023, Unit VII of National Service Scheme, Jayaraj Annapackiam College for Women (Autonomous) organized a book talk to celebrate International Literacy day – 2023 on the theme transforming literacy learning spaces for the school students in government higher secondary school, Tamaraikulam. 23 school students actively participated in book talk.





National Service Day Celebration – 25.09.2023

In connection with the National Service Scheme Day celebration, Unit VII, VIII, IX, X, XI, XII & XIII conducted dance and skit competitions on 25.09.2023 at 3 pm in the Open Auditorium. Dr. Sr. A. Arul Anitha, Head & Assistant Professor in Computer Science, Dr. Mrs. G. Francis Catherin, Head & Associate Professor in Tamil and Dr. J.Preethi, Head I/C & Assistant Professor in English, Jayaraj Annapackiam College for Women (Autonomous), Periyakulam served as the guest of honours. The NSS volunteers from all the units exhibited their talents in the competition and performed on various themes including the importance of nature, agriculture, cleanliness and effects of pollution and plastics that affects the environment. In dance competition unit XII and unit XI volunteers won the first and second prize respectively and in skit competition unit XI and XII volunteers won the first and second prize. The cash generated from the Handloom Day fund was distributed

to inspire and motivate the volunteers. Totally 700 NSS volunteers actively participated and benefited out of the programme. All the NSS Programme Officers and staff advisors took part in the programme. As a part of NSS day celebration, Unit VII NSS volunteers participated in the dance and drama competition.



To commemorate Handloom Day, the NSS Unit VII at Jayaraj Annapackiam College for Women in Periyakulam embarked on a meaningful initiative to bolster the livelihoods of weavers and ensure a brighter future for them. The unit took a proactive approach by directly purchasing handloom sarees from local weavers and subsequently offering them for sale within the college community. This commendable endeavor not only seeks to raise awareness about the rich heritage of handloom sarees but also aims to generate funds to support the education of NSS Volunteers. On August 28, 2023, our team personally visited KMS Handloom Textiles and procured a collection of exquisite handloom sarees. These sarees were then made available for sale within our college community. Through our unwavering dedication and tireless efforts, we successfully generated a profit of Rs. 3,550. Out of this sum, a portion amounting to Rs. 1,200 will be allocated to support Selvi Lincy in her pursuit of a typewriting course—an investment in her future. Additionally, Rs. 800, earmarked as an examination fee, will be extended to Selvi Chandra, a member of a handloom-weaving family, as a token of our deep appreciation for their contributions to this craft. The remaining balance will be directed towards assisting NSS Volunteers of Unit 7 during challenging times, further strengthening our sense of community and solidarity. This initiative stands as a testament to the collaborative efforts of both weavers and students, demonstrating how together, we can create positive change and uplift those in need.



Meendum Manjapai Day – 29.09.2023

On 29.09.2023, Unit VII of National Service Scheme, Jayaraj Annapackiam College for Women (Autonomous) in account of Tamilnadu Scheme – Meendum Manjappai. NSS volunteers enthusiastically prepared paper bags and distributed in the shops near College campus to insist 6. This event could be an environmental protection and pollution free India.

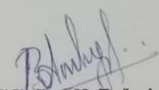


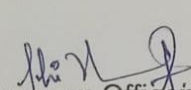


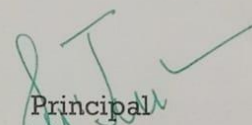
**Jayaraj Annapackiam College for Women (Autonomous),
Periyakulam
National Service Scheme
Circular – 15.09.2023**

In record of Tamil Nadu government **Meendum Manjappai** Scheme, NSS Unit VII planned to prepare cloth and paper bags and to distribute in the petti shops which aims at reducing the use of single-use plastic and switching back to traditional cloth and paper bags in benefit of economic and environmental realms.

All are Cordially Invited


NSS Staff Advisor


NSS Program Officer


Principal

Month of October 2023

Cleaning Activity - 07.10.2023

On 07.10.2023, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam conducted the campus cleaning activity from 2.00 p.m. to 4.00 p.m. NSS volunteers cleaned the area near controller office. Totally 67 NSS volunteers actively participated. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the cleaning activity.



National Voter's Day - 11.10.2023

In connection with Voter's Day, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam conducted a poster making competition on the topic "My Vote My Right". Both second-year and first-year NSS volunteers enthusiastically participated and showcased their talents. Totally, 30 NSS volunteers actively participated in this competition. The competition was facilitated by Mrs. D. Abinaya, Programme Officer, and Dr. B. Amala Jasmine, Staff Advisor. The following students won the prizes. I prize - Rs. 400, II Prize – Rs. 200 and III Prize – Rs. 100.

I Prize - R. Farhana Parveen, II B. Sc. Mathematics (R) (Unit VII)

II Prize – A. Sobana, II B. A. English (R) (Unit XI)

R. Priyadharshini, II B. Sc. Mathematics (R) (Unit VII)

III Prize – A. Harini, II B. Sc. Mathematics (R) (Unit VII)





**Jayaraj Annapackiam College for Women (Autonomous),
Periyakulam**

National Service Scheme

Circular – 09.10.2023

In connection with **Voter's Day**, NSS Unit VII will organize a poster making competition on the topic **My Vote My Right** for the I year and II year NSS volunteers to enhance and enrich the youth of India as one vote has the power to build a new India in Room No. 21 on 11.10.2023 at 03.00 p.m.


NSS Staff Advisor


NSS Program Officer


Principal

Government Welfare Scheme Programme - 16.10.2023

On 16.10.2023, National Service Scheme Unit VII of Jayaraj Annapackiam College for Women, Periyakulam has organized an Awareness Programme on Government Welfare Scheme in the St. Anne's Indoor Auditorium at 3.00 p.m. Dr. Sr. A. Sahaya Sangeetha, Sarwodeep Director, served as a Resource Person. This programme focused on promoting women as an income generator. She insists on the enrollment of minority for people welfare schemes through e-service and loan avail for education of students. Totally 70 NSS Volunteers actively participated and benefited out of the programme. Mrs. D. Abinaya, Assistant Professor of Mathematics and Programme Officer and Dr. B. Amala Jasmine, Assistant Professor of Mathematics and Staff Adviser organized the programme.





**Jayaraj Annapackiam College for Women (Autonomous),
Periyakulam**

National Service Scheme

Circular – 09.10.2023

National Service Scheme Unit VII of JAC, will organize a government welfare scheme programme for the I and II year NSS volunteers to promote and strengthen women in income generation activities in St. Anne's Auditorium on 16.10.2023 at 03.00 p.m. Dr. Sr. A. Sahaya Sangeetha, Director Sarwodeep, a unit of JAC, Periyakulam will address the students.

All are cordially invited

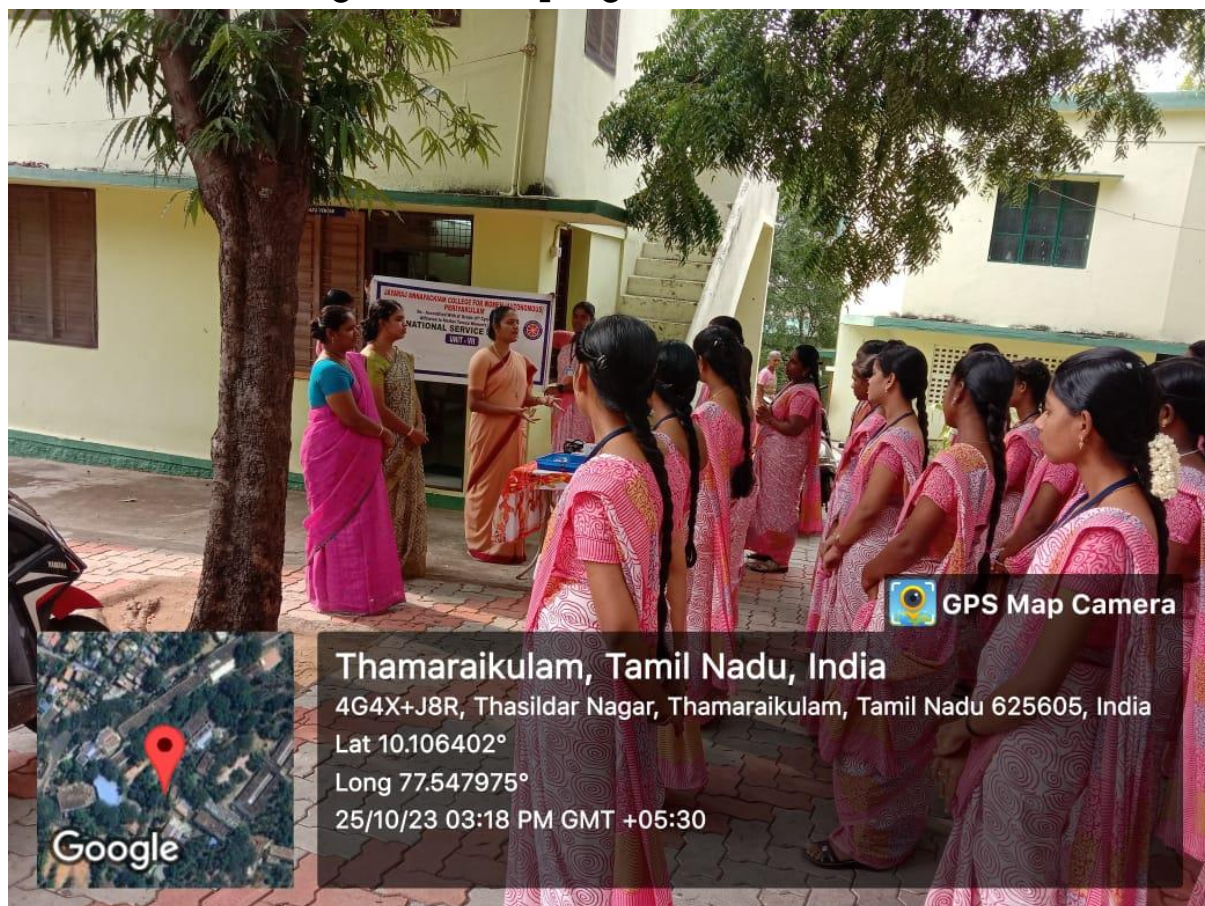

NSS Staff Advisor


NSS Program Officer


Principal

Report on Tablet Distribution - 25.10.2023

NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam organised a nutrition and health supplements distribution programme. The following tablets as Folic acid for healthy blood cells function and Albendazole for worm infestation were distributed to the NSS volunteers on 25.10.2023 at 3.00pm. Totally 68 NSS volunteers participated and benefited out of the programme. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor organized the programme.





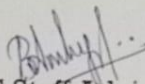
**Jayaraj Annapackiam College for Women (Autonomous),
Periyakulam**

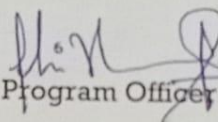
National Service Scheme

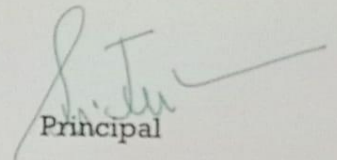
Circular – 20.10.2023

In connection with global nutrition and health supplements, NSS Unit VII planned to distribute worm infestation tablets to all I and II year NSS volunteers in Indoor Auditorium on 25.10.2023 at 3.00 p.m. Sr. Jenita Joshpine, RNRM will distribute the tablets.

All are Cordially Invited


NSS Staff Advisor


NSS Program Officer


Principal

Elder's Day Celebration – 17.10.2023

In connection with Elder's Day, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam collected clothes such as Saree, Shirt, T-Shirt, Pant, Dhoti, Bed sheet, Sweater and umbrella for worth Rs. 50,100/-. 85 NSS volunteers actively took part in collecting the clothes for old age people. This contribution will be an event of celebrating grandparents and hope for their life. Mrs. D. Abinaya,

Programme Officer, and Dr. B. Amala Jasmine, Staff Advisor organized the activity.





Month of December 2023

JAC Helping Hands - 05.12.2023

JAC NSS organized a donation programme in Endappulli panchayat on 05.12.2023. Jeevanathi Charitable Trust donated clothes worth Rs. 2,00,000/- (Two Lakhs), three goats worth Rs. 15,000/- (Fifteen Thousand) and note books worth Rs. 15,000/- (Fifteen Thousand) to the needy people and school children of E. Puthukottai, Arockia Matha Nagar and T. Kallipatti. Out of this JAC Helping Hands activity 500 people and children were benefited.



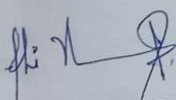
**Jayaraj Annapackiam College for Women (Autonomous),
Periyakulam**

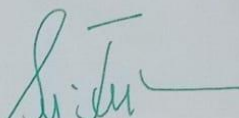
National Service Scheme

Circular – 04.12.2023

NSS Unit VII, XII and XIII organizes a donation programme on the topic **JAC Helping Hands** at Arockia Matha Nagar on 05.12.2023 at 3.30 p.m. Founder Bro. Augstin, Jeevanathi Charitable Trust will serve as a resource person, to donate cloths and two sheep for the Arockia Matha Nagar poor students and people.

All are Cordially Invited


NSS Program Officer


Principal

Cleaning Activity - 13.12.2023

On 13.12.2023, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam conducted the campus cleaning activity from 2.00 p.m. to 4.00 p.m. 42 NSS volunteers actively participated in watering the plants and cleaned the area around the planted saplings. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the cleaning activity.





Month of January 2024

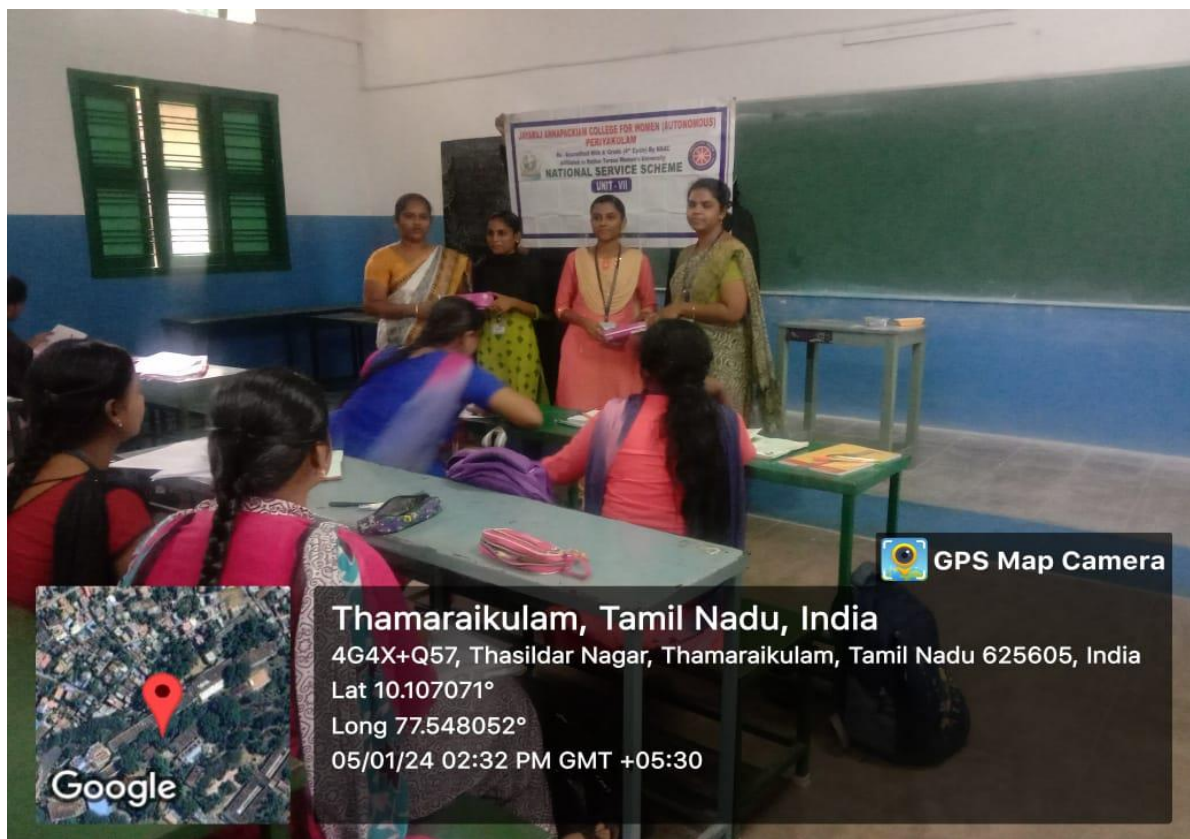
Watering Plants – 03.01.2024

On 03.01.2024, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam watered the plants from 3.30 p.m. to 4.00 p.m. Totally 31 volunteers were activity participated in the cleaning work. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the activity.



Napkin Distribution – 05.01.2024

On 05.01.2024, as per the instruction of Tamil Nadu State government NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam distributed Healthy Napkins to all the I year NSS volunteers which provides a healthy and hygiene life for female children during menstruation. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor conducted this activity.



Cleaning Activity - 12.01.2024

On 12.01.2024, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam conducted the campus cleaning activity from 3.30 p.m. to 4.30 p.m. NSS volunteers cleaned the places near Gym and removed all weeds around the planted saplings. Totally 42 volunteers were activity participated in the cleaning work. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the activity.





Pongal Celebration - 13.01.2024

On 13.01.2024 at 8:30 am, JAC's NSS Unit XII hosted a Pongal

Celebration in the college campus. Rev.Sr. Dr. S. Jesurani Principal, and Rev.Sr. Dr. B. J. Queensly Jeyanthi Secretary and Mother Superior graced the event. With 66 NSS volunteers and Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor celebrated as a time-honored festival which signifies the culmination of traditional farming season.





Cleaning Activity - 22.01.2024

On 22.01.2024, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam conducted the campus cleaning activity from 2.00 p.m. to 4.00 p.m. NSS volunteers cleaned the places near Gym and removed all weeds around the planted saplings. Totally 42 volunteers were activity participated in the cleaning work. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the activity.



Guest Lecture - "Citizenship of India" - 22.01.2024

On January 22, NSS Units 7, 11, 13 of Jayaraj Annapackiam College for Women (Autonomous) collaborated to host a guest lecture on "Citizenship of India." Dr. Mrs. R. Mary Mathelane, Associate Professor in Physics, delivered a comprehensive talk, highlighting the criteria for citizens to hold political administrative positions and providing a clear

explanation of the roles of NRI (Non-Resident Indian) and POI (Person of Indian Origin). The event aimed to enhance understanding and awareness of the diverse aspects of Indian citizenship among the participants.



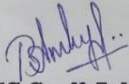
**Jayaraj Annapackiam College for Women (Autonomous),
Periyakulam**

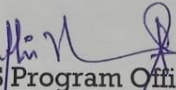
National Service Scheme

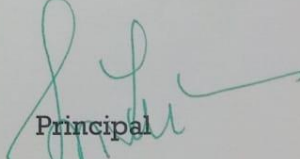
Circular – 20.01.2024

In connection with **Republic Day**, NSS Unit VII, XI and XIII organizes a Guest Lecture on the topic "CITIZENSHIP OF INDIA" for all I year NSS volunteers in Room No. 53 on 22.01.2024 at 03.00 p.m. Dr. Mrs. R. Mary Mathelane, Associate Professor of Physics will address the students.

All are cordially invited.


NSS Staff Advisor


NSS Program Officer


Principal

Republic Day Competition - 23.01.2024

In connection with Republic Day, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam conducted a Slogan writing competition on the topic "My INDIA". All the I year NSS volunteers enthusiastically participated and showcased their talents. Totally, 42 NSS volunteers actively participated in this competition. The competition was facilitated by Mrs. D. Abinaya, Programme Officer, and Dr. B. Amala Jasmine, Staff Advisor. The following students won the prizes.



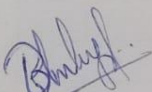
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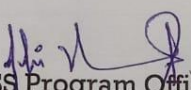
National Service Scheme

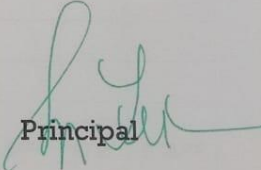
Circular – 20.01.2024

JAC NSS Unit VII is celebrating **Republic Day**, this day gives us the opportunity to commemorate the sacrifices of Indians during the struggle of freedom. Slogan writing competition will be conducted for all I year NSS volunteers in Room No. 21 on 23.01.2024 at 03.00 p.m.

All are cordially invited.


NSS Staff Advisor


NSS Program Officer


Principal

Republic Day Celebration - 26.01.2024

The National Service Scheme of Jayaraj Annapackiam College celebrated the Republic Day at College premises. It was a memorable event that highlighted the patriotic spirit and cultural diversity. The celebration was started with a parade and flag hoisting on 26.01.2024 at 7.30 am. Rev. Sr. Dr. S. Jesurani, Principal and Rev. Sr. Dr. B.J. Queensly Jeyanthi, Secretary & Mother Superior of the College presided over the Programme. Dr. P. Floras Mary, Head & Associate Professor of History served as the resource person. After the flag hoisting, she emphasized the importance of the Republic Day. The “Vande Mataram” song filled the air with a sense of national pride and unity. NSS UNIT VII Programme Officer Mrs. D. Abinaya and Staff Advisor Dr. B. Amala Jasmine and students are actively participated in the celebration.



**JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN
(AUTONOMOUS), PERIYAKULAM**

REPUBLIC DAY

CIRCULAR – 24.01.2024

Republic Day Celebration will be held in our College at 7:30 a.m. on 26th January, 2024. **Dr. Mrs. P. FLORAS MARY**, Head & Associate Professor of History, J.A. College for Women (Autonomous), Periyakulam, will unfurl the National Flag and deliver the Republic Day Message. All the N.C.C. and N.S.S. volunteers are expected to be in the College premises at 7:15 a.m. on 26.01.2024.

All are cordially invited.


PRINCIPAL

Certificate of Appreciation – 25.01.2024

On 25.01.2024, Mrs. D. Abinaya, NSS Programme Officer of Unit VII received appreciation award as Nodal Officer of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam from Theni district for successfully involving in the Electoral process and for their active participation in the enrolment of New eligible electors, felicitated in the State Level National Voter's Day function held at Kalaivanar Arangam, Chennai.



Month of February 2024

Cleaning Activity - 03.02.2024

On 03.02.2024, Jayaraj Annapackiam College NSS UNIT VII conducted cleaning activity from 02.00 p.m.- 04.00 p.m. All the I year NSS volunteers cleaned the weed plants in and around the saplings near the gym. Totally 42 volunteers were actively participated in the cleaning work. Mrs. D. Abinaya, NSS Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the cleaning activity.



Cleaning Activity - 17.02.2024

On 17.02.2024, Jayaraj Annapackiam College NSS UNIT VII conducted cleaning activity from 02.00 p.m.- 04.00 p.m. All the I year NSS volunteers cleaned the weed plants in and around the saplings near the gym. Totally 42 volunteers were actively participated in the cleaning work. Mrs. D. Abinaya, NSS Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the cleaning activity.



NSS Examination - 17.02.2024

On 17.02.2024, Jayaraj Annapackiam College NSS UNIT VII conducted NSS Examination from 02.00 p.m.- 04.00 p.m. Totally 53 NSS volunteers were attended. Mrs. D. Abinaya, NSS Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the examination.



Cleaning Activity - 24.02.2024

On 24.02.2024, Jayaraj Annapackiam College NSS UNIT VII conducted cleaning activity from 02.00 p.m.- 04.00 p.m. All the I year NSS volunteers cleaned the weed plants around the auditorium and near the controller office. Totally 42 volunteers were actively participated in the cleaning work. Mrs. D. Abinaya, NSS Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the cleaning

activity.



