

**JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN  
(AUTONOMOUS), AFFILIATED TO MOTHER TERESA  
WOMEN'S UNIVERSITY, KODAIKANAL,  
PERIYAKULAM, THENI.**



**UNIT IX**

**NATIONAL SERVICE SCHEME**



**ANNUAL REPORT 2022 -2023**

**PROFORMA FOR NSS PROGRAMME OFFICERS**

<b>S. No</b>	<b>Particulars</b>	<b>Details</b>
1.	Name of Programme Officer	Dr. T.GRIJA BAI
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	JayarajAnnapackiam College for Women (Autonomous), Periyakulam, Theni Dt-625601.
5.	College Email Address	<a href="mailto:principal@annejac.ac.in">principal@annejac.ac.in</a>
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	9 <sup>th</sup>
8.	Mobile No (NSS PO)	9487020885
9.	Email ID (NSS PO)	<a href="mailto:grijahis@annejac.ac.in">grijahis@annejac.ac.in</a>
10.	Whether attended NSS 7 days ETI Training	Yes / No
11.	Number of year Experience as NSS P.O	2
12.	Name of the Village Adopted	Kakkanji Nagar
<b>Social Media Account Details of the NSS Unit</b>		
1.	Twitter ID	@nssunit9jac
2.	Instagram ID	NSSunit9jac periyakulam
3.	Face book ID	Nss unit no nine

Name: Dr. T.Grija Bai  
Designation: Assistant Professor  
Signature:

**PROFORMA FOR NSS STAFF ADVISORS DETAILS**

<b>S. No</b>	<b>Particulars</b>	<b>Details</b>
1.	Name of Staff Advisor	Mrs.S. INBA SUBA LAKSHMI
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni District – 625 601.
5.	College Email Address	<a href="mailto:principal@annejac.ac.in">principal@annejac.ac.in</a>
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	9 <sup>th</sup>
8.	Mobile No (NSS staff advisor)	6381284127 9751621639
9.	Email ID	inbasubalakshmib.com@annejac.ac.in
10.	Department	Commerce
11.	Number of year Experience	2
12.	Name of the Village Adopted	Kakkanji Nagar

Name: Mrs. S. INBA SUBA LAKSHMI

Designation: Assistant Professor

Signature:

**NATIONAL SERVICE SCHEME  
Action Plan 2022 – 2023**

**On 6<sup>th</sup> Day – 1 Hour**

**On Saturday – 3 Hours**

<b>Regular Activities</b>	<b>Special Activities</b>
<ul style="list-style-type: none"> <li>✓ NSS Classes covering Text Book</li> <li>✓ Awareness Programmes</li> <li>✓ Celebrating Commemorative Days</li> <li>✓ Cleaning Work</li> <li>✓ Watering Vitamin C – Fruit Trees Garden</li> <li>✓ Solid Waste Management – Waste leaves</li> <li>✓ Providing vocational training to girl students and women in adopted villages</li> </ul>	<ul style="list-style-type: none"> <li>➤ 7 Days Special Camp</li> <li>➤ Observance of               <ul style="list-style-type: none"> <li>• Swachh Bharat Mission</li> <li>• Fit India</li> </ul> </li> <li>➤ One day Programme - seminar</li> <li>➤ Awareness Programme on Fit India (15.9.2021)</li> <li>➤ Celebrating the 75th Independence Day in J.A. College and adopted villages.</li> <li>➤ Conducting Street plays and various Awareness Programmes through Rally</li> <li>➤ Planting tree saplings in adopted villages</li> <li>➤ Conducting meeting with panchayat officers in our college / Convene Advisory Meeting</li> <li>➤ Preparing the girl students to participate in the Gram Sabha meeting.</li> <li>➤ Attending the refresher training for Professors.</li> <li>➤ Undertaking Projects related to NSS</li> </ul>
<p><b>Total Hours for a Year = 60</b></p> <p><b>Total Hours for Two Years = 120</b></p>	

## IMPORTANT DAYS & DATES

<b>Date</b>	<b>Day</b>	<b>Remarks</b>
Jan 12	National Youth Day	Birthday of Swami Vivekananda
Jan 15	Army Day	Field Marshall K.M. Cariappa took over the command of the Army on this day in 1949 from the British.
Jan 27	International Holocaust Day	The largest Nazi death camp, Auschwitz-Birkenau, was liberated by Soviet troops on Jan 27, 1945.
Jan 30	Martyr's Day	Martyrdom day of Mahatma Gandhi
Feb 28	National Science Day	Marks the discovery of the Raman Effect in 1928 by C.V. Raman
Mar 8	International Women's Day	-
Mar 15	World Consumer Day	President John F Kennedy formally addressed the issue of consumer rights on this day in 1963.
Apr 7	World Health Day	WHO was formed on this day in 1948, but the first World Health Day was observed in 1950.
Apr 12	International Day of Human Space Flight	Yuri Gagarin, the Soviet Cosmonaut made the first space flight on this day in 1961.
May 1	International Worker's Day	-
May 8	International Red Cross Day	JH Dunant, the man behind Red Cross was born on this day in 1828.
May 11	National Technology Day	Nuclear tests at Pokhran were carried out in 1998 on this day.

<b>Date</b>	<b>Day</b>	<b>Remarks</b>
May 21	Anti-terrorism Day	Former PM Shri Rajiv Gandhi was assassinated on this day in 1991.
Jun 5	World Environment Day	-
Jun 21	International Yoga Day	-
Jul 1	National Doctors Day (India)	Birthday of Dr Bidhan Chandra Ray
Jul 11	World Population Day	Inspired by 5 billion Day in 1987
Jul 12	Malala Day	Birthday of Malala Yousafzai
Jul 20	International Moon Day	Landing of Apollo 11 on the moon in 1969.
Jul 20	World Chess Day	Establishment of the International Chess Federation (FIDE) in Paris in 1924.
Aug 6	Hiroshima Day	The bombing of Hiroshima on 6 Aug 1945
Aug 7	National Handloom Day	Launching of the Swadeshi Movement on 7 Aug 1905
Aug 9	August Kranti Diwas	Launch of the Quit India Movement in 1942
Aug 19	World Humanitarian Day	Commemorates the day when 22 aid workers were killed in a bombing at the UN headquarters in Baghdad in 2003
Aug 20	Sadbhawna Diwas	Birthday of Shri Rajiv Gandhi (1944)
Aug 29	National Sports Day	Birthday of Shri Dhyanchand (1905)
Sep 5	Teacher's Day	Birthday of Dr Radhakrishnan (1888)
Sep 8	International Literacy Day	-
Sep 14	Hindi Diwas	Hindi was accorded Official language status by the Constituent Assembly on this day in 1949.
Sep 15	Engineers' Day	Birthday of Sri M Visvesvaraya.

<b>Date</b>	<b>Day</b>	<b>Remarks</b>
Sep 27	World Tourism Day	Statutes of the United Nations World Tourism Organisation were adopted on this day in 1980.
Oct 2	International Non-violence Day	Birthday of Mahatma Gandhi (1869)
Oct 8	Indian Air Force Day	IAF was officially established on this day in 1932.
Oct 16	World Food Day	Food and Agricultural Organisation was founded on this day in 1945.
Oct 24	United Nations Day	The Charter of the United Nations came into force on this day in 1945.
Oct 31	Rashtriya Ekta Diwas	Birth Anniversary of Sardar Vallabhbhai Patel
Nov 11	National Education Day	Birthday of Shri Maulana Abul Kalam Azad (1888), the first Education Minister of India.
Nov 14	Children's Day	Birthday of Shri Jawaharlal Nehru (1889)
Nov 19	National Integration Day	Birthday of Smt Indira Gandhi (1984)
Nov 26	Constitution Day (India)	The Constitution of India was adopted on this day (1949)
Nov 26	National Milk Day (India)	Birthday of Shri VergheseKurien, Father of the White Revolution in India
Dec 1	World AIDS Day	-
Dec 4	Navy Day	Commemorates the courageous attack on the Karachi harbour during the Indo-Pakistan war of 1971 in Operation Trident.
Dec 7	Armed Forces Flag Day	-

<b>Date</b>	<b>Day</b>	<b>Remarks</b>
Dec 10	Human Rights Day	The Universal Declaration of Human Rights was proclaimed and adopted on this day in 1948.
Dec 16	Vijay Diwas	Marks India's victory over Pakistan in the Indo-Pak war in 1971.
Dec 18	Minorities Rights Day	United Nations adopted and promulgated the Declaration on the Rights of Persons belonging to National or Ethnic, Religious and Linguistic Minorities on this day in 1992.
Dec 24	National Consumers' Day	-
Dec 25	Good Governance Day	Birthday of Shri Atal Bihari Vajpayee

### **U. G. PROGRAMME OUTCOMES**

**UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE ABLE TO**

<b>PO. NO.</b>	<b>UPON COMPLETION OF THIS PROGRAM THE STUDENTS WILL BE ABLE TO</b>
1.	Gain theoretical knowledge and apply the expertise in different fields.
2.	Acquire industry specific skills and can emerge as entrepreneurs..
3.	Develop critical and rational thinking to solve societal issues.
4.	Explore the knowledge and acclimatize it in the ever changing work environment.
5.	Evolve theories and develop innovative discipline specific ideas.
6.	Comprehend the nuances and develop innovative, discipline-specific ideas.



## U. G. PROGRAMME SPECIFIC OUTCOMES

UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE  
ABLE TO

<b>PSO. NO.</b>	<b>UPON COMPLETION OF THE PROGRAM THE STUDENTS WILL BE ABLE TO</b>	<b>PO MAPPED</b>
PSO-1	Get knowledge about National Service Scheme.	PO-1
PSO-2	Acquire leadership skills and readiness to serve the society.	PO -2
PSO-3	Enhance perspectives of social issues in different point of views Think and act effectively in a critical situation.	PO-3
PSO-4	Develop positive attitude towards betterment of the society through voluntary service.	PO-4
PSO-5	Preserve nature, ethos and traditions and practices of the society.	PO-1

## NATIONAL SERVICE SCHEME

**Semester: I**

**Hours :2**

**Code:23STPNS01**

**Credits:2**

### COURSE OUTCOMES:

<b>CO. NO.</b>	<b>UPON COMPLETION OF THIS COURSE THE STUDENTS WILL BE ABLE TO</b>	<b>PSO ADDRESSED</b>	<b>COGNITIVE LEVEL</b>
CO – 1	Acquire the basic knowledge about NSS	PSO-1	K1, K2
CO – 2	Uphold the value system based on the social, political and moral bases	PSO-1, PSO-2	K3
CO – 3	Understand and identify the needs of the society	PSO-1, PSO-2, PSO - 4	K2, K4
CO – 4	Develop the capacity to meet emergencies and attain knowledge to concentrate on personal health and hygiene	PSO2- PSO-4 PSO-5	K5, K6
CO – 5	Face the challenges particularly to become women entrepreneurs	PSO-1	K3, K6

**RELATIONSHIP MATRIX FOR COURSE OUTCOMES, PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOMES**

<b>Semester : I – IV</b>		<b>NATIONAL SERVICE SCHEME</b>										<b>Hours: 240</b>
<b>Code : 23STPNS01</b>												<b>Credits: 2</b>
<b>Course Outcomes</b>	<b>Programme Outcomes(PO)</b>						<b>Programme Specific Outcomes(PSO)</b>					<b>Mean Score of CO's</b>
	1	2	3	4	5	6	1	2	3	4	5	
CO1	1	2	3	4	5	6	1	2	3	4	5	3.81
CO2	4	5	4	3	4	3	4	3	4	4	4	3.90
CO3	5	4	4	4	4	4	4	3	4	4	3	3.90
CO4	4	4	5	3	4	4	5	4	3	3	4	4.00
CO5	5	4	4	3	4	4	4	5	4	3	4	3.90
<b>Over all Mean Score</b>												<b>3.90</b>

**Result:** The Score for this Course is 3.90 (High Relationship)

**Note:**

<b>Mapping</b>	1- 20%	21-40%	41-60%	61-80%	81-100%
<b>Scale</b>	1	2	3	4	5
<b>Relation</b>	0.0-1.0	1.1-2.0	2.1-3.0	3.1-4.0	4.1-5.0
<b>Quality</b>	Very Poor	Poor	Moderate	High	Very High

**Values Scaling**

Mean Score of Cos = $\frac{\text{Total of Values}}{\text{Total No. of Pos \& PSOs}}$	Mean Overall Score for Cos = $\frac{\text{Total of Mean Scores}}{\text{Total No. of Cos}}$
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**UNIT I: BASICS OF NSS**

Introduction – History and Growth – Aim and Objectives – NSS Motto – NSS Symbol - NSS Badge – NSS Day – Code of Conduct - NSS Regular Activities & Special Camp.

**UNIT II: PERSONALITY DEVELOPMENT**

Personality Development – Know Thyself – Body Language – Forming Values Etiquette and Manner – Team Building and Team Work – Problems of Youth – Drug abuse - Drug Dependence /Addiction – Alcoholism – Suicide - Sexual Problems – Diseases.

**UNIT III: SOCIAL SERVICE**

Aim of Social Service – Social Service Organizations - Social Problems - Need for Social Service - Scope of Social Services - Functions of Social Services - Principles of

First Aid - Important things kept in the First Aid Box-SnakeBite-DogBite-InsectBite-HeatStroke-Drowning-ElectricShock-ArtificialRespiration-Hemorrhage-Stroke-HeartAttack-Symptoms-Fainting.

#### **UNIT IV:NUTRITIOUS FOOD ANDWOMEN'S HEALTH**

Nutrition- Adequacy – Balance - Calorie Management –Dietary Density–Moderation–Variety-Calculation of Calorie Permittance-Calculation of Protein Percentages- Food Sources- Vitamins the Importance of Dietary Nutrition Women's Health

#### **UNIT V: ECOLOGY AND ROLE OFWOMENINSOCIETY**

Environment-Environmental Elements-Environmental concerns-Changing Climate–Global warming– Women achievers-Women's Place in Society –SocialIs sues against Women-The Ways to Empower Women.

#### **COURSE BOOK:**

**Arul Sunila.J, Flora Pauline Mary.V, Preethi.J, Padmasree. A. D, Girija Bai. T, Arul IrudayaJeyanthi.J, Abinaya. D, *NOT ME BUT YOU*, Acca Printing Press, 2022.**

#### **Internal Assessment**

<b>Components</b>	<b>Marks</b>
Attendance	20
Assesment (Involvement in activities)	50
Test	30
<b>Total</b>	<b>100</b>

## QUESTION PATTERN

### NATIONAL SERVICE SCHEME-23STPNS01

**Class : II UG**

**Time : 2 Hours**

**Date :**

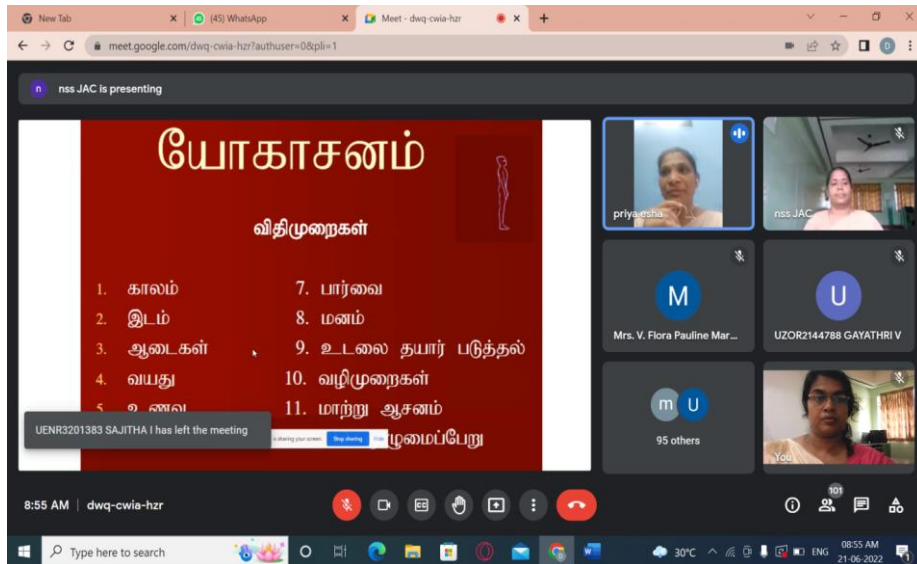
**Max. Marks: 30**

<b>Course Outcome</b>	<b>Bloom's K-level</b>	<b>Q. No</b>	<b>SECTION – A</b> <b>Answer All Questions</b> <b>Internal choice</b> <b>2x5=10</b>
			<b>SECTION – B</b> <b>Answer any TWO of the following</b> <b>2x10=20</b>

**MONTH OF JUNE**

## International Yoga Day Celebration - 21.6.2022

On 21.06.2022, National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organized a google meet to celebrate the International Day of Yoga at 8:30 a.m. This meet was begun with Prayer Song and Bible Reading. Dr.J.Preethi, Assistant Professor of English, Jayaraj Annapackiam College For Women, welcomed the gathering. The Felicitation Address was given by Rev. Sr. Dr.S.Jesurani, Principal, Jayaraj Annapackiam College for Women, Periyakulam. Mrs. R. Ms. R. Shanmuga Priya, Professor in Yoga, World Community Service Centre, Dindigul, served as the resource person. She delivered a talk on 'Benefits of Yoga with Demonstration'. She clearly explained the method and uses of doing yoga. The Vote of Thanks was delivered by Dr.Sr.Fatima Mary Sylvia, the Librarian & the NSS Coordinator of J.A College, Periyakulam. 164 students participated and were benefitted by this meet. The students have started doing Yoga as a result of this Yoga Programme and their photos were attached for evidence. [https://docs.google.com/forms/d/e/1FAIpOLScLRaKkjHAYz-RQ2vZybhc7qK9XCH6kuo\\_6r0fQgT7zXs2I1g/viewform](https://docs.google.com/forms/d/e/1FAIpOLScLRaKkjHAYz-RQ2vZybhc7qK9XCH6kuo_6r0fQgT7zXs2I1g/viewform)



MONTH OF JULY

## 75<sup>th</sup> year Independence Day of India – Celebration

Unit – 9 of NSS conducted Essay competition on the topic “Great Indian freedom fighters” on 25<sup>th</sup> July 2022. NSS Volunteers from Unit – 9 participated and the following students won the prizes

I Prize –R. Nishadevi - II- B.Com ( R)

II Prize –A. Reshma - II- B.Com ( R)



## MONTH OF AUGUST

### Cleanliness activities in Vitamin C garden -01.08.2022

On 01.08.2022 in accordance with **Swachh Bharat Mission** the Cleanliness activities was done in Vitamin – C garden at Jayaraj Annapackiam College for Women (Autonomous), Periyakulam. 50 NSS second year volunteers of unit 9 of Jayaraj Annapackiam College for Women (Autonomous) cleaned the vitamin – C garden under the guidance of Program officer and staff advisor.



### **NSS Orientation Programme – 04.08.2022**

On 04.08.2022 NSS Co- Ordinator and all the Programme Officers addressed the first years and informed them the history of NSS and its aim and goals. Each PO delivered a brief talk on the importance of joining in NSS and the purpose of NSS. Everyone motivated to do service to the society voluntarily and it is our duty to understand the community in which they live and work. They encouraged the first years to understand themselves in relation to their community and suggested that this is the platform to acquire leadership qualities and identify the needs and problems of the community and involve them in problem solving process. The students made a decision to help the society on the voluntary basis after the Orientation Programme.



### **Activity on Cleanliness-06.08.2022**

On 06.08.2022 in accordance with **Swachh Bharat Mission** the Cleanliness activity was done inside the campus of Jayaraj Annapackiam College for Women (Autonomous). 50 NSS volunteers of unit 9 of Jayaraj Annapackiam College for Women (Autonomous) cleaned the campus.



### **75<sup>th</sup> Independence Day Celebration -15.08.2022**

The National Service Scheme (NSS) of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, celebrated the 75th Independence Day on 15th August 2022 at T. Kamakkapatti Government Primary School at 8. 45 AM. As the part of the Independence Day celebration, the Village Panchayat Councilor of Kamakkapatti hoisted the National Flag and gave due respect to it. The school Head Master welcomed the gathering. Following that, Dr. T. Girija Bai, Assistant Professor of Economics, Jayaraj Annapackiam College for Women (Autonomous), Periyakulam and the Programme Officer of NSS UNIT- IX gave a motivational talk about the need of celebrating the Independence day. 10 volunteers from the Unit - IX gave a visual treat to the students in the form of a cultural programme. In order to inculcate the patriotic spirit among the school students our unit students conducted various competitions. Those who performed well in the competitions were rewarded by Prizes. Following that, our students distributed sweets to the students. Ultimately, Ms. A. Reshma of II B. Com (R) thanked all the participants through her kind words. The programme came to an end with the national anthem.





### Harmony Day – Sadhbhavana Diwas -18.08.2022

On the occasion of Harmony Day (Sadhbhavana Diwas), the faculty members and students of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni took the Harmony Day pledge in Tamil in their respective classrooms on 18.08.2022 at 11 a.m. The staff and students of the National Service Scheme participated in this event.



### Linking Voter ID with Aadhar -22.08.2022

The National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organised a Training Programme on **Linking Voter ID with Aadhar** on 22.08.2022 at 2.00 p.m. under the presidentship of **Dr. Sr. Jesu Rani**, the Principal for the POs of JAC NSS team. **Mr. Maruthupandi**, Thasildhar, Periyakulam explained the faculty members about the process of linking the Voter ID with Aadhar Card. Then the faculty members of the NSS team gave training to the NSS students of their respective units. The Aadhaar cards of 100 people were linked with their Voter's ID by this programme.



## MONTH OF SEPTEMBER 2022

### World Literacy Day-08.09.2022

In connection with the World Literacy Day, NSS Unit 9 conducted a book donation programme on 9<sup>th</sup> September 2022. In this programme the staff and students of the college voluntarily donated their used and new books in order to inspire the village people and lead them in to the path of knowledge.



## **Back To Cloth Bag-14.09.2022**

As per the direction of the Honorable Chief Minister of Tamil Nadu, Dr. M.K. Stalin, Unit 9 has launched the 'MeendumManjappai' scheme in the premises of the JayarajAnnapackiam College for Women on 14<sup>th</sup> September 2022. Mrs. C. Aatheeswari, An Active Social Worker addressed the students on reducing single-use plastic, which causes irreparable damage to the environment and motivated to promote the use of cloth bags by the public and discouraged the use of plastic bags, which have become rampant in the State over the years.

In order to promote the use of cloth bags among the public and discourage the use of plastic bags, this programme was arranged by showing 'yellow' cloth bag or 'manjapai' to encourage our students to return to the use of this eco-friendly bag. The session ended with an activity on "paper bag making" and 50 students got benefited.



## **Social Justice Day Oath-17.09.2022**

As per the instruction of Tamilnadu Government, September 17 was declared as a "Day of Social Justice" to pay tribute to E.V Periyar Ramasamy, a social reformer, rationalist and father of the Dravidian Movement on his 143<sup>rd</sup> birth anniversary. To commemorate this day, the students and the faculty had taken oath to keep social justice.



### **Gardening Activity-17.09.2022**

On 17.09.2022, Unit 9 NSS volunteers involved in activities like cleaning, weeding and pruning works. A. Mary Sherlin and M. Veera Yogeswari of II B.Com (R) watered the plants and trees in the NSS Garden in connection with Conservation of Environment.



### **Drawing Competition-21.09.2022**

On 21.09.2022, a Drawing competition was conducted on the topic 'Clean India' at 3.00 pm in Room No 2, in connection with NSS Day celebration. Fifteen NSS Volunteers from unit 9 participated in the Competition. The following students won the prizes.

I prize - K.Nandhini II B.com(R)

II prize S.FathimaParween II B.com(R).



### **National Colloquium - 22.09.2022**

N.S.S Unit 9 and 10 had organized a National Colloquium titled “Understanding on Healthy and Happy Marriage among the Youth” in collaboration with Department of Sociology and Centre for Women’s Studies, Mother Teresa Women’s University, Kodaikanal and SCPS-DCPU Project Funded Capacity Building Programme on the theme of Situational Analysis of Child Marriage in Theni District on 22<sup>nd</sup> September 2022 at Jayaraj Annapackiam College for Women, Periyakulam. The objective of the conference was to raise awareness about the existing legislations prohibiting child marriage and understanding impediments in the effective implementation thereof to suggest the course correction. The most reverent Dr.Vaidehi Vijayakumar, Vice Chancellor, Mother Teresa Women’s University lit the lamp along with other guests of honour.

Mrs. Hilda Devi, Former Professor and Head, Department of Sociology, Mother Teresa Women’s University, Kodaikanal welcomed all the participants and outlined the objectives of the meeting. Rev. Sr. Dr. S. Jesurani, Principal and Rev. Sr. Dr. B.J Queensly Jeyanthi, Secretary and Mother Superior and Dr.V. Rajeshwari, Former Professor and Head, Department of Education, Mother Teresa Women’s University, Kodaikanal offered their felicitation and expressed their deep sense of appreciation for the success of the colloquium. The most respectful Vice chancellor presided over the function, and gave the Presidential Address. In her Presidential address she instructed us to revisit the issue of child marriage from a human rights perspective at the national level and to eliminate all forms of gender discrimination and which enable them to realize their full potential. Financial,

emotional, social, professional, and personal independence provide a sense of success that transforms how women judge themselves and how others see them.

Dr. Clara Thenmozhi, Controller of Examinations, Mother Teresa Women's University, Kodaikanal explained the ways that lead the students for the successful marriage life.

The Conference, besides the inaugural session, is divided into three thematic sessions, which review existing legal and policy frameworks and their application, identify gaps and distil out strategic interventions to end child marriage. Two hundred students from various disciplines participated in this colloquium. Dr. S. Meenapriyadharshini, Head/i/c and Director, i/c, Department and centre for Women's Studies, Mother Teresa Women's University, Kodaikanal proposed the Vote of Thanks.



### **NSS Day Celebration-23.09.2022**

Unit 9 had commemorated NSS Day celebration at 2.00 p.m in the Indoor Auditorium. On 23.09.2022, NSS Unit 9 and 10 volunteers performed "Aware Walker do" in order to portrait National issues. As part of this celebration, Unit 9 conducted Drawing competition. The chief guest Dr.Jeyakodi, Associate Professor & Head, PG & Research Department of Commerce, Saraswathi Narayanan College distributed the prizes for the winners in Drawing competition. The following volunteers won the prizes.

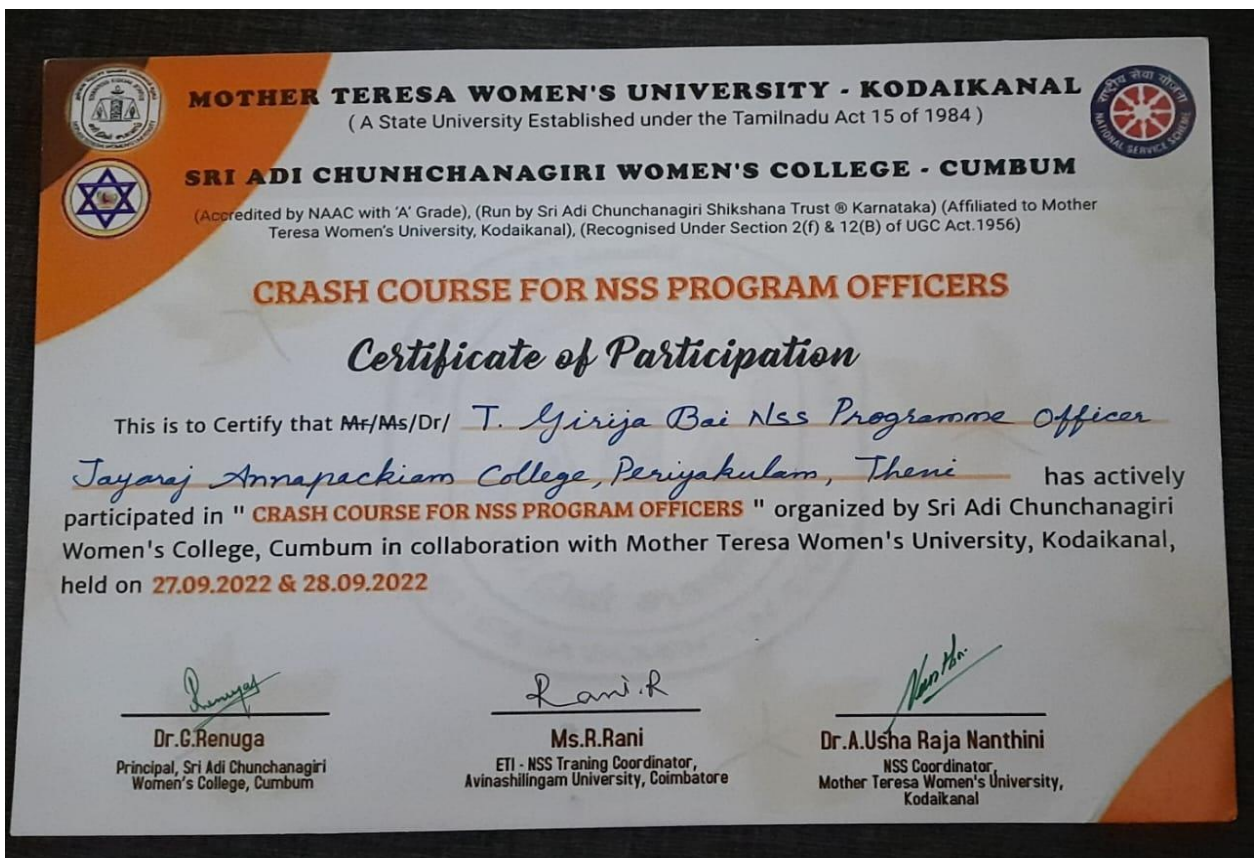
I Prize - K. Nandhini - II B.com(R)

II Prize to S. Fathima Parween - II B.Com(R)



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**27.09.2022&28.09.2022-Crash Course**



## MONTH OF OCTOBER

### Cleaning Activity-07.10.2022

On 07.10.2022, Unit 9 volunteers carried out cleaning activity inside the college campus to maintain the college campus is clean and tidy.90 volunteers involved in this activity.



### Elder's Day Celebration – 18.10.2022

Unit 9 volunteers celebrated International Elder's Day on 18.10.2022 by visiting Anbullam, Vadaputhurpatti Old Age Home for inculcating the habit of respecting and helping elders. The students engaged the elders of the home through various cultural programs, interacted with them by providing snacks. At the end of the day, it was really a wonderful experience for all the volunteers.





### **Youth Awakening Day - 19.10.2022**

In connection with National Youth Awakening Day, Unit 9 volunteers organized a speech competition on the title “Life Achievements of Dr.A.P.J.Abdul Kalam” at 3.00 pm on 19.10.2022. 20 NSS volunteers participated in the competition. It was judged by Mrs. Pushparani, Assistant Professor of History and Dr.Jeniffer, Assistant Professor of History. The following students won the prizes.

K.Rashma I B.Com (R) -I prize

R.Yajaa I B.Com (R) - II prize.



### **Clean India 2.0 - 27.10.2022**

Unit 9 Volunteers conducted an activity titled “Clean India – 2.0” at Theerthathotti, Periyakulam on 27.10.2022 between 12.30 pm and 2 pm in order to clean the surroundings mainly focussed on collecting plastic wastes. Dr.Rev.Sr. S. Jesurani, Principal, Jayaraj Annapackiam College for Women lead the activity. 55 kilograms of plastic wastes were collected by the NSS volunteers and those were handed over to the municipality.



### **Health & Hygiene Awareness Program - 28.10.2022**

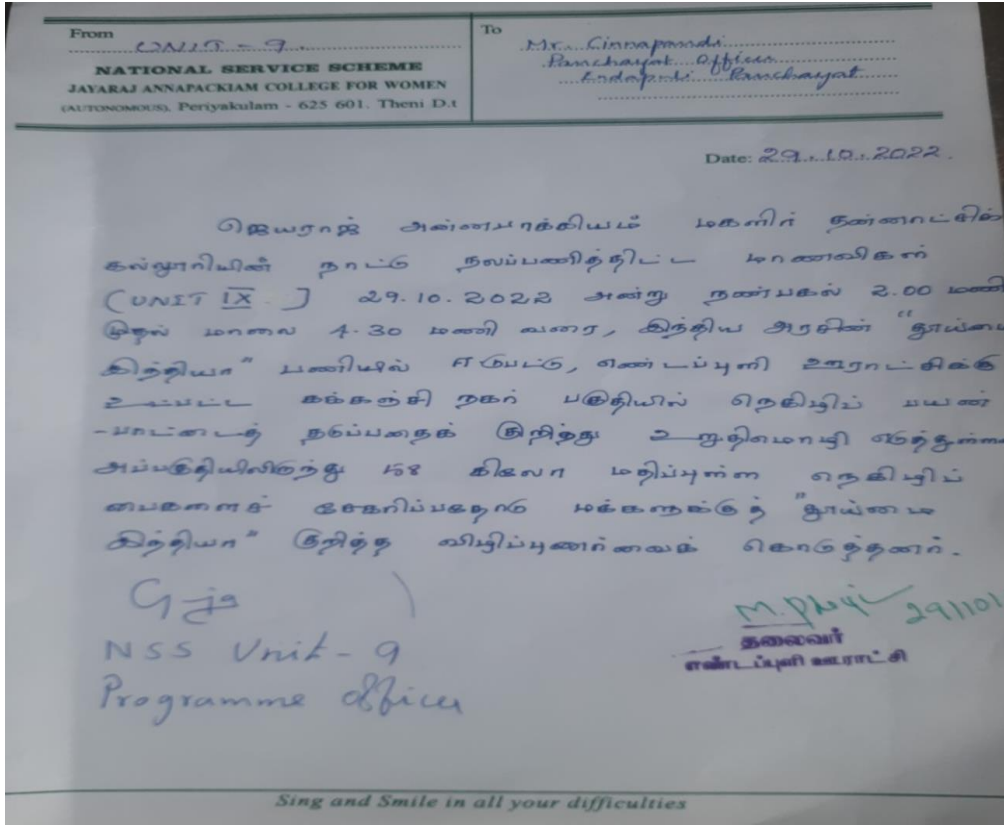
NSS volunteers of unit 9 (II Year) of Jayaraj Annapackiam College for Women participated an awareness program on “Health & Hygiene” at JAC open auditorium dated 28.10.2022 between 3 pm and 4 pm. Chief guest Dr. G. J. Senthil Selvan, Jeya Dental Clinic, Theni gave a detailed speech on the dental health awareness and stated the importance of maintaining teeth clean and healthy. The lecture also contained information on the consequences of poor oral hygiene and poor food choices. 51 NSS volunteers got benefitted.



**Clean India 2.0 - 29.10.2022**

Unit 9 volunteers conducted an activity “Clean India – 2.0” at Kakkanji Nagar on 29.10.2022 between 1.30 pm and 5 pm. A pledge was undertaken by all the volunteers to avoid usage of plastics. Kakanji Nagar ward counselor guided and assisted in completing the activity successfully. 58 kilograms of plastic wastes were collected and handed over for disposal.





### Rashtriya Ekta Diwas Pledge-31.10.2022

As per the instruction of the Government of India, Unit 9 volunteers paid tribute to the social reformer Sardar Vallabhbhai Patel, the architect of national integration of independent of India on his birth anniversary by taking pledge to commemorate National Unity Day on 31.10.2022.



## MONTH OF NOVEMBER

### Anticorruption Pledge-03.11.2022

On 03.11.2022, NSS volunteers of Unit 9 of Jayaraj Annapackiam College for Women took a pledge on “Anti-corruption and monitoring commitment’.



### Lecture on Importance of Blood Donation-04.11.2011

UNIT - 9 organized a guest lecture on 04.11.2022 at 11 am in the JAC indoor auditorium. The program was inaugurated by the principal Rev. Sr. S. Jesurani and was organized by NSS program officer Dr. T. Girija Bai, Assistant Professor of Economics. The program was started with a prayer song and Bible reading. Dr. T. Girija Bai, NSS program officer welcomed the gathering. Resource person Dr. Bharathi, MDRJ Blood Centre Medical Officer, Government Headquarters Hospital, Periyakulam, Theni delivered a special speech on “Importance of Blood Donation”. Finally, Mrs. S.InbaSubalakshmi, Assistant Professor of Commerce proposed vote of thanks. Nearly 300 NSS volunteers participated the program and got benefitted.



### **Gardening Activity -04.11.2022**

On 04.11.2022, NSS Volunteers of Jayaraj Annapackiam College for Women carried out gardening activities in the NSS Garden of the college premise. Volunteers involved in activities like cleaning, weeding and pruning works. NSS Volunteers watered the trees and plants found in the NSS Garden in connection with Conservation of Environment.



### **Cleaning Activity-05.11.2022**

On 05.11.2022, NSS Unit -9 carried out cleaning activity inside the college campus to make sure that the college campus is clean and tidy with a healthy environment. The volunteers understood the quality of life through cleanliness and personal hygiene.



### **MONTH OF JANUARY**

#### **Cleanliness Activity - 09.01.2023**

Cleanliness activity was done in the college campus on 07.01.2023 from 2.00 to 4 p.m. All the I year NSS volunteers of unit 9 cleaned the campus from GARDEN to Gym



### **Pongal Celebration - 13.01.2023**

Unit 9 celebrated Pongal on 13.01.2023 at 10 a.m. All the I and II-year NSS volunteers of unit 9 participated in the event and prepared Sweet Pongal.



### **National Voters Day Pledge - 25.01.2023**

On 25.01.2023 at 11.30 a.m. the volunteers of Unit 9, took pledge in accordance with the National Voters' Day. All the I year NSS volunteers of unit 9 participated and took pledge.





## Republic Day Celebration - 26.01.2023

On 26.01.2023 at 7.15 a.m. the volunteers and staff members of NSS Scheme of Unit 9 celebrated 75<sup>th</sup> Republic Day in Jayaraj Annapackiam College for Women (Autonomous), Periyakulam. Dr. Mrs. J. Mary Suganthi Bhai, Associate Professor of Commerce hoisted the national flag and delivered the Presidential Address. In her speech, she explained the sacrifice of our leaders in detail. Dr. Sr. S. Jesurani, Principal, Dr. Sr. B.J. Queenslyjeyanthi, Dr. Sr. Arul Sunila, Programme Officer, Ms.Manju, Staff Advisor and I year NSS volunteers of unit 9 participated. At the end of the program sweets were distributed.



### **Martyrs Day Pledge - 30.01.2023**

On 30.01.2023, Unit 9 volunteers and staff paid Homage to Martyrs of their sacrifice by Silence Observance at 11.00 a.m. 59 students participated and took pledge



### **Cleaning Activity - 30.01.2023**

Cleaning activities were performed by the volunteers of unit 9 in college campus on 30.01.2023 at 3 p.m. All the I year NSS volunteers of unit 9 cleaned the area behind the convent.



### **Drawing Competition - 31.01.2023**

On 31.01.2023, Unit IX conducted a drawing competition in connection with Youth Day celebration on the topic "India through the eyes of Youth" at 3.00 pm in Room No 18. 20 Volunteers participated in the Competition. Mrs. S. Inba Subalakshmi, Assistant Professor of Commerce conducted the Competition. The following students won prizes. First prize K.Ramya, I B.com(R) Second price K.Jayasree, I B.com(R).



### **Month of February**

#### **Cleaning Activity- 06.02.2023**

On 06.02.2023, Unit IX organized a campus cleaning activity. All the first year NSS volunteers cleaned the Garden and collected the plastic wastes in and around Commerce Department. Totally 49 volunteers actively participated in the cleaning activity.



### **Skill Development Programme -18.02.2023**

NSS Unit 9 organized a skill development programme on 'Career Guidance and Enhancing Employability Skill' on 18.02.2023 from 3.00pm to 4.00pm. The session was handled by Mr. B. Balanagarajan, Entrepreneur of CENDEK-KVT, Uthamalpalayam aiming to motivate and help the students to choose the best career option. Further, he encouraged the students to get equipped with new skills and gave valuable ideas to make use of employment opportunities. The lecture also included ideas on starting and running home business especially milk product. Paneer making demonstration was carried out as part of the programme. Around 350 students participated in the programme and got positive feedback from them. The session was found to be worthy and was able to clear all the doubts and questions regarding the topics.



### **Exposure Visit Under Naan Mudhalvan Scheme -27.02.2023**

On 27.02.2023, NSS unit 9 organized exposure visit Under Naan Mudhalvan Scheme, the school students were taken into the campus of Jayaraj Annapackiam College for women, Periyakulam. They were welcomed by our Principal and our Secretary. The exposure visit to the library was made at 10.30 a.m. where the students enjoyed reading different books. Further, the students visited all the departments. Then we gave them a jute purse as a gift. We also gave them saplings of teak. The students left the campus fully satisfied. It really gave them an exposure to pursue their higher education. Nearly 50 students were benefitted.



### Month of March

### Cleaning Activity - 06.03.2023

On 09.03.2023, Unit IX organized a campus cleaning activity. All the first year NSS volunteers cleaned the Garden and collected the plastic wastes in and around Commerce Department. Totally 45 volunteers actively participated in the cleaning activity.



### **Awareness Program On Kayakalpa Yoga For Woman -10.03.2023**

In connection with International Women's day celebration, NSS Unit 9 organised Yoga Demonstration and Awareness programme on 10.03.2023 at 3.00 pm. The Resource person Mrs.V.Umamaheswari, Yoga Programme Officer, Silvarpatti demonstrated Yoga to the Students and explained about 'Kayakalpa Yoga for Women'. She explained how yoga is significant for women and making them as a regular activity will help women to lead a healthy and happy life. She also conducted live yoga session for the better understanding of the students. The NSS first year volunteers interacted with the resource person. Nearly 50 students were benefitted.



## **World Consumer Rights Day – 16.03.2023**

In connection with the World Consumer Rights Day, NSS Unit 9 conducted essay writing competition on the topic “Consumer Buyers Behavior” on 16<sup>th</sup> march 2023. NSS volunteers participated and the following students won the prizes.

I Prize – K.Reshma            I B. Com(R)

II Prize –V. Jayavarthini I B.Com (R)



## **Orientation Program on Women Education-18.03.2023**

On 18.03.2023, Unit 9 NSS volunteers attended an Orientation program on the topic “Women Education” at 2.00p.m in the indoor auditorium. The resource person Mrs. A. Subbulakshmi, Convener, Arokiya Akam, Aundipatti explained about women power in house as well as society. And also explained that creative women are highly imaginative and see the World in different ways. Nearly 50 students got benefitted.





### **Cleaning Vitamin C Garden - 30.03.2023**

Vitamin C garden cleaning program was conducted by NSS Unit 9 on 30.03.2023 at the college campus .A total of 25 NSS volunteers participated in the cleaning activity. The volunteers cleaned entire vitamin c garden. The program officer and the staff advisor initiated cleaning activity among volunteers.





## Month of April

### Cleaning Activity -11.04.2023

On 11.04.2023, Unit IX organized a campus cleaning activity. All the first year NSS volunteers cleaned the Garden and collected the plastic wastes in and around Commerce Department. Totally 40 volunteers actively participated in the cleaning activity.



### Awareness Program on Anaemia- 15.04.2023

In connection with International World Health day celebration, NSS Unit 9 organized an awareness programme on 15.04.2023 at 2.00 pm. The Resource person Dr. S. Sudha Ravathy, Assistant Professor and Dr. R. Shanmuga Priya, Public Health Specialist, National Institute of Sidh, Chennai, gave a lecture on “The Effects of Anaemia”. The topic covered the level of awareness about causes, prevention and treatment of iron deficiency anaemia among women. First year NSS volunteers had a great session.



## Month of May 2023

### Career guidance - 02.05.2023

On 02.05.2023, Three volunteers from Unit 9 participated in the career guidance programme, which was organized by the Naan Mudhalvan Scheme at the Government Higher Secondary School, Vadukapatti. The programme started with Tamilthai vazhthu followed by a welcome speech. Mr. Sanmugavel, District Coordinatiior explained the Naan Mudhalvan Scheme and the purpose of counselling. The first graduates of the Naan Mudhalvan Scheme are motivated the volunteers by their experiences. The volunteers take a pledge against uneducation.

