

**JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN (AUTONOMOUS),
AFFILIATED TO MOTHER TERESA WOMEN'S UNIVERSITY, KODAIKANAL,
PERIYAKULAM, THENI.**



UNIT XII

NATIONAL SERVICE SCHEME



ANNUAL REPORT 2022 -2023



PROFORMA FOR NSS PROGRAMME OFFICERS

S.No	Particulars	Details
1.	Name of Programme Officer	Dr.V.Flora Pauline Mary
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	<i>Jayaraj Annapackiam College</i> for Women (Autonomous), Periyakulam, Theni Dt- 625601.
5.	College Email Address	principal@annejac.ac.in
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	12 th
8.	Mobile No (NSS PO)	9791807404
9.	Email ID (NSS PO)	floratamjac@annejac.ac.in
10.	Whether attended NSS 7 days ETI Training	Yes / No
11.	Number of year Experience as NSS P.O	2
12.	Name of the Village Adopted	Arokiya Matha Nagar
Social Media Account Details of the NSS Unit		
1.	Twitter ID	@nss12jacperiya2
2.	Instagram ID	nss12jacperiyakulam
3.	Face book ID	nssxiijacperiyakulam

Name: Dr. V.Flora Pauline Mary
Designation: Assistant Professor
Signature:

PROFORMA FOR NSS STAFF ADVISORS DETAILS

S.No	Particulars	Details
1.	Name of Staff Advisor	Ms.J.Jansi Prema
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni Dt-625601.
5.	College Email Address	principal@annejac.ac.in
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	12 th
8.	Mobile No (NSS staff advisor)	8754776388
9.	Email ID	jpremacs@annejac.ac.in
10.	Department	Computer Science
11.	Number of year Experience	2
12.	Name of the Village Adopted	Arokiya Matha Nagar

Name: Ms.J.Jansi Prema

Designation: Assistant Professor

Signature:

NATIONAL SERVICE SCHEME
Action Plan 2022 – 2023

On 6th Day – 1 Hour

On Saturday – 3 Hours

Regular Activities	Special Activities
<ul style="list-style-type: none"> ✓ NSS Classes covering Text Book ✓ Awareness Programmes ✓ Celebrating Commemorative Days ✓ Cleaning Work ✓ Watering Vitamin C – Fruit Trees Garden ✓ Solid Waste Management – Waste leaves ✓ Providing vocational training to girl students and women in adopted villages 	<ul style="list-style-type: none"> ➤ 7 Days Special Camp ➤ Observance of <ul style="list-style-type: none"> • Swachh Bharat Mission • Fit India ➤ One day Programme - seminar ➤ Awareness Programme on Fit India (15.9.2021) ➤ Celebrating the 75th Independence Day in J.A. College and adopted villages. ➤ Conducting Street plays and various Awareness Programmes through Rally ➤ Planting tree saplings in adopted villages ➤ Conducting meeting with panchayat officers in our college / Convene Advisory Meeting ➤ Preparing the girl students to participate in the Gram Sabha meeting. ➤ Attending the refresher training for Professors. ➤ Undertaking Projects related to NSS
<p>Total Hours for a Year = 60 Total Hours for Two Years = 120</p>	

IMPORTANT DAYS & DATES

Date	Day	Remarks
Jan 12	National Youth Day	Birthday of Swami Vivekananda
Jan 15	Army Day	Field Marshall K.M. Cariappa took over the command of the Army on this day in 1949 from the British.
Jan 27	International Holocaust Day	The largest Nazi death camp, Auschwitz-Birkenau, was liberated by Soviet troops on Jan 27, 1945.
Jan 30	Martyr's Day	Martyrdom day of Mahatma Gandhi
Feb 28	National Science Day	Marks the discovery of the Raman Effect in 1928 by C.V. Raman
Mar 8	International Women's Day	-
Mar 15	World Consumer Day	President John F Kennedy formally addressed the issue of consumer rights on this day in 1963.
Apr 7	World Health Day	WHO was formed on this day in 1948, but the first World Health Day was observed in 1950.
Apr 12	International Day of Human Space Flight	Yuri Gagarin, the Soviet Cosmonaut made the first space flight on this day in 1961.
May 1	International Worker's Day	-
May 8	International Red Cross Day	JH Dunant, the man behind Red Cross was born on this day in 1828.
May 11	National Technology Day	Nuclear tests at Pokhran were carried out in 1998 on this day.
May 21	Anti-terrorism Day	Former PM Shri Rajiv Gandhi was assassinated on this day in 1991.
Jun 5	World Environment Day	-
Jun 21	International Yoga Day	-
Jul 1	National Doctors Day (India)	Birthday of Dr Bidhan Chandra Ray

Date	Day	Remarks
Jul 11	World Population Day	Inspired by 5 billion Day in 1987
Jul 12	Malala Day	Birthday of Malala Yousafzai
Jul 20	International Moon Day	Landing of Apollo 11 on the moon in 1969.
Jul 20	World Chess Day	Establishment of the International Chess Federation (FIDE) in Paris in 1924.
Aug 6	Hiroshima Day	The bombing of Hiroshima on 6 Aug 1945
Aug 7	National Handloom Day	Launching of the Swadeshi Movement on 7 Aug 1905
Aug 9	August Kranti Diwas	Launch of the Quit India Movement in 1942
Aug 19	World Humanitarian Day	Commemorates the day when 22 aid workers were killed in a bombing at the UN headquarters in Baghdad in 2003
Aug 20	Sadbhawna Diwas	Birthday of Shri Rajiv Gandhi (1944)
Aug 29	National Sports Day	Birthday of Shri Dhyanchand (1905)
Sep 5	Teacher's Day	Birthday of Dr Radhakrishnan (1888)
Sep 8	International Literacy Day	-
Sep 14	Hindi Diwas	Hindi was accorded Official language status by the Constituent Assembly on this day in 1949.
Sep 15	Engineers' Day	Birthday of Sri M Visvesvaraya.
Sep 27	World Tourism Day	Statutes of the United Nations World Tourism Organisation were adopted on this day in 1980.
Oct 2	International Non-violence Day	Birthday of Mahatma Gandhi (1869)
Oct 8	Indian Air Force Day	IAF was officially established on this day in 1932.
Oct 16	World Food Day	Food and Agricultural Organisation was founded on this day in 1945.
Oct 24	United Nations Day	The Charter of the United Nations came into force on this day in 1945.

Date	Day	Remarks
Oct 31	Rashtriya Ekta Diwas	Birth Anniversary of Sardar Vallabhbhai Patel
Nov 11	National Education Day	Birthday of Shri Maulana Abul Kalam Azad (1888), the first Education Minister of India.
Nov 14	Children's Day	Birthday of Shri Jawaharlal Nehru (1889)
Nov 19	National Integration Day	Birthday of Smt Indira Gandhi (1984)
Nov 26	Constitution Day (India)	The Constitution of India was adopted on this day (1949)
Nov 26	National Milk Day (India)	Birthday of Shri Verghese Kurien, Father of the White Revolution in India
Dec 1	World AIDS Day	-
Dec 4	Navy Day	Commemorates the courageous attack on the Karachi harbour during the Indo-Pakistan war of 1971 in Operation Trident.
Dec 7	Armed Forces Flag Day	-
Dec 10	Human Rights Day	The Universal Declaration of Human Rights was proclaimed and adopted on this day in 1948.
Dec 16	Vijay Diwas	Marks India's victory over Pakistan in the Indo-Pak war in 1971.
Dec 18	Minorities Rights Day	United Nations adopted and promulgated the Declaration on the Rights of Persons belonging to National or Ethnic, Religious and Linguistic Minorities on this day in 1992.
Dec 24	National Consumers' Day	-
Dec 25	Good Governance Day	Birthday of Shri Atal Bihari Vajpayee

U. G. PROGRAMME OUTCOMES

UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE ABLE TO

PO. NO.	UPON COMPLETION OF THIS PROGRAM THE STUDENTS WILL BE ABLE TO
1.	Gain theoretical knowledge and apply the expertise in different fields.
2.	Acquire industry specific skills and can emerge as entrepreneurs.
3.	Develop critical and rational thinking to solve societal issues.
4.	Explore the knowledge and acclimatize it in the ever changing work environment.
5.	Evolve theories and develop innovative discipline specific ideas.
6.	Comprehend the nuances and develop innovative, discipline-specific ideas.

U. G. PROGRAMME SPECIFIC OUTCOMES

UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE ABLE TO

PSO. NO.	UPON COMPLETION OF THE PROGRAM THE STUDENTS WILL BE ABLE TO	PO MAPPED
PSO-1	Get knowledge about National Service Scheme.	PO-1
PSO-2	Acquire leadership skills and readiness to serve the society.	PO -2
PSO-3	Enhance perspectives of social issues in different point of views Think and act effectively in a critical situation.	PO-3
PSO-4	Develop positive attitude towards betterment of the society through voluntary service.	PO-4
PSO-5	Preserve nature, ethos and traditions and practices of the society.	PO-1

NATIONAL SERVICE SCHEME

Semester: I

Hours :2

Code: 23STPNS01

Credits:2

COURSE OUTCOMES:

CO. NO.	UPON COMPLETION OF THIS COURSE THE STUDENTS WILL BE ABLE TO	PSO ADDRESSED	COGNITIVE LEVEL
CO – 1	Acquire the basic knowledge about NSS	PSO-1	K1, K2
CO – 2	Uphold the value system based on the social, political and moral bases	PSO-1, PSO-2	K3
CO – 3	Understand and identify the needs of the society	PSO-1, PSO-2, PSO - 4	K2, K4
CO – 4	Develop the capacity to meet emergencies and attain knowledge to concentrate on personal health and hygiene	PSO2-, PSO-4 PSO-5	K5, K6
CO – 5	Face the challenges particularly to become women entrepreneurs	PSO-1	K3, K6

RELATIONSHIP MATRIX FOR COURSE OUTCOMES, PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOMES

Semester : I – IV		NATIONAL SERVICE SCHEME										Hours: 240
Code : 23STPNS01												Credits: 2
Course Outcomes	Programme Outcomes(PO)						Programme Specific Outcomes (PSO)					Mean Score of CO's
	1	2	3	4	5	6	1	2	3	4	5	
CO1	1	2	3	4	5	6	1	2	3	4	5	3.81
CO2	4	5	4	3	4	3	4	3	4	4	4	3.90
CO3	5	4	4	4	4	4	4	3	4	4	3	3.90
CO4	4	4	5	3	4	4	5	4	3	3	4	4.00
CO5	5	4	4	3	4	4	4	5	4	3	4	3.90
Overall Mean Score											3.90	

Result: The Score for this Course is 3.90 (High Relationship)

Note:

Mapping	1 - 20%	21 - 40%	41 - 60%	61 - 80%	81 - 100%
Scale	1	2	3	4	5
Relation	0.0 - 1.0	1.1 - 2.0	2.1 - 3.0	3.1 - 4.0	4.1 - 5.0
Quality	Very Poor	Poor	Moderate	High	Very High

Values Scaling

Mean Score of Cos = $\frac{\text{Total of Values}}{\text{Total No. of Pos \& PSOs}}$	Mean Overall Score for Cos = $\frac{\text{Total of Mean Scores}}{\text{Total No. of Cos}}$
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UNIT I: BASICS OF NSS

Introduction –History and Growth – Aim and Objectives – NSS Motto – NSS Symbol - NSS Badge –NSS Day - Code of Conduct- NSS Regular Activities & Special Camp.

UNIT II: PERSONALITY DEVELOPMENT

Personality Development – Know Thyself- Body Language- Forming Values Etiquette and Manner - Team Building and Team Work – Problems of Youth – Drug abuse - Drug Dependence /Addiction –Alcoholism – Suicide - Sexual Problems – Diseases.

UNIT III: SOCIAL SERVICE

Aim of Social Service – Social Service Organizations - Social Problems - Need for Social Service - Scope of Social Services - Functions of Social Services - Principles of First Aid - Important things kept in the First Aid Box - Snake Bite - Dog Bite - Insect Bite - Heat Stroke - Drowning - Electric Shock - Artificial Respiration – Hemorrhage – Stroke - Heart Attack – Symptoms – Fainting.

UNIT IV: NUTRITIOUS FOOD AND WOMEN'S HEALTH

Nutrition - Adequacy – Balance - Calorie Management - Dietary Density – Moderation – Variety - Calculation of Calorie Permittance - Calculation of Protein Percentages - Food Sources - Vitamins the Importance of Dietary Nutrition Women's Health

UNIT V: ECOLOGY AND ROLE OF WOMEN IN SOCIETY

Environment - Environmental Elements - Environmental concerns - Changing Climate – Global warming – Women achievers - Women's Place in Society - Social Issues against Women - The Ways to Empower Women.

COURSE BOOK:

Arul Sunila.J, Flora Pauline Mary.V, Preethi.J, Padmasree. A. D, Girija Bai. T, Arul Irudaya Jeyanthi.J, Abinaya. D, *NOT ME BUT YOU*, Acca Printing Press, 2022.

Internal Assessment

Components	Marks
Attendance	20
Assesment (Involvement in activities)	50
Test	30
Total	100

QUESTION PATTERN

NATIONAL SERVICE SCHEME-23STPNS01

Class : II UG

Time : 2 Hours

Date :

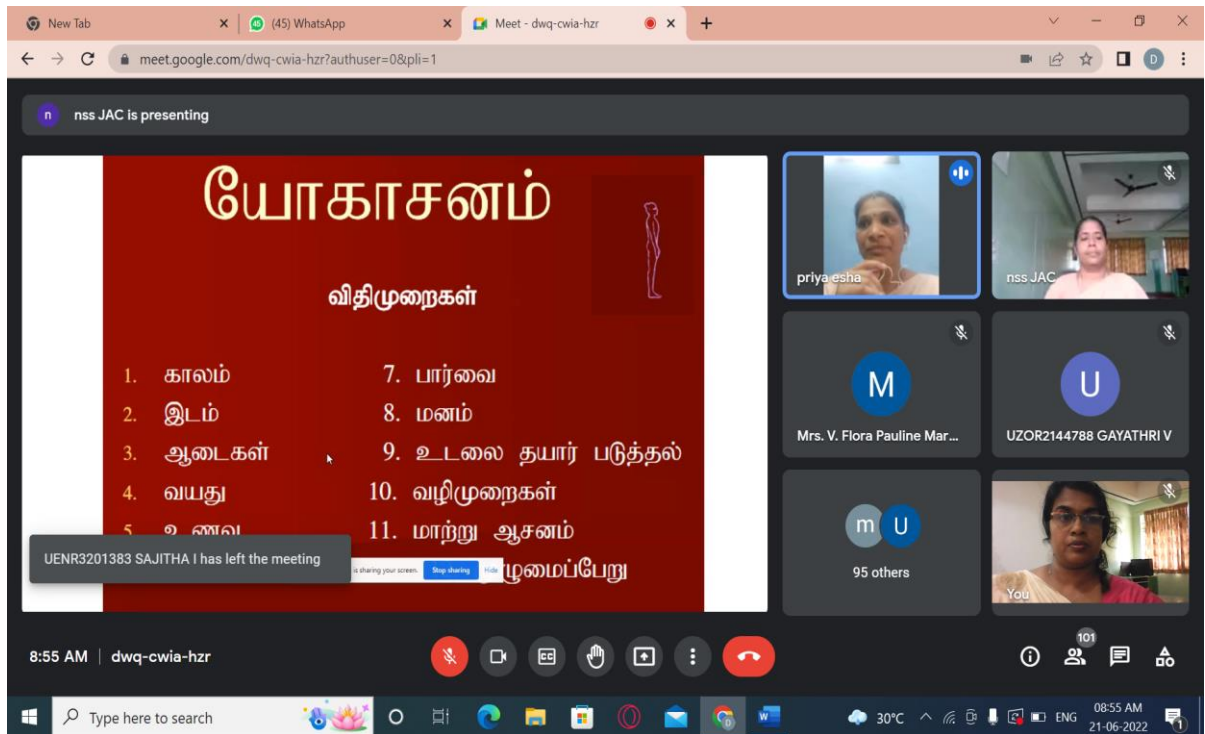
Max. Marks: 30

Course Outcome	Bloom's K-level	Q. No	SECTION – A Answer All Questions Internal choice 2x5=10
			SECTION – B Answer any TWO of the following 2x10=20

Month of June 2022

International Yoga Day Celebration - 21.6.2022

On 21.06.2022, National Service Scheme of Jayaraj Annapackiam College for Women(Autonomous), Periyakulam organized a google meet to celebrate the International Day of Yoga at 8:30 a.m. This meet was begun with Prayer Song and Bible Reading. Dr.J.Preethi, Assistant Professor of English, Jayaraj Annapackiam College For Women, welcomed the gathering. The Felicitation Address was given by Rev. Sr. Dr.S.Jesurani, Principal, Jayaraj Annapackiam College for Women, Periyakulam. Mrs. R. Ms. R. Shanmuga Priya, Professor in Yoga, World Community Service Centre, Dindigul, served as the resource person. She delivered a talk on 'Benefits of Yoga with Demonstration'. She clearly explained the method and uses of doing yoga. The Vote of Thanks was delivered by Dr.Sr.Fatima Mary Sylvia, the Librarian & the NSS Coordinator of J.A College, Periyakulam. 164 students participated and were benefitted by this meet. The students have started doing Yoga as a result of this Yoga Programme and their photos were attached for evidence.https://docs.google.com/forms/d/e/1FAIpQLScLRaKkjHAyz-RQ2vZybhc7qK9XCH6kuo_6r0fOgT7zXs2I1g/viewform



Report for the Month of July (2022-2023)

Speech Competition

Unit-12 of NSS conducted the Speech Competition under the topic “Creating Awareness among Youth on India’s Freedom ”on 25th July 2022. NSS volunteers from Unit 12 actively participated and the following students won the prizes. It was conducted by Dr.V.Flora Pauline Mary, Assistant Professor & Programme Officer, Department of Tamil and Dr.J. Arullirudaya Jeyanthi, Assistant Professor & Programme Officer, Department of Tamil and judged the students.

I Prize - G.NAGADHARSHINI – IIB.COMC.A

II Prize - C.SARANYA - IIB.ATAMIL



Report for the Month of August (2022-2023)

75th Independence Day Celebration

National Service Scheme, Jayaraj Annapackiam College for Women (Autonomous), Periyakulam , Theni District celebrated the 75th Independence Day Celebration which was held in our adopted village namely Sakkarapatti, Periyakulam with great joy and pomp. Our 12th Unit NSS volunteers gathered for celebration along with the students of Government Middle School and Villagers of Sakkarapatti. The program started with prayer song. The Headmistress of the school hoisted the flag and everyone sang the National Anthem. After that, different types of programs like speech, Group song were presented by our NSS XII Unit volunteers. This was followed by a prize Distribution program. The Program Officer of XII unit Dr. Mrs. Flora Pauline , Assistant Professor in Tamil and staff advisor Dr. M. Tamilselvi, Assistant Professor in History organized this programme.



Report for the Month of September

03.09.2022 - Campus Cleaning and Napkin Distribution

Unit 12 volunteers cleaned the places in and around Auditorium, Chapel and the left side of JAC Campus. It was followed by the distribution of Napkins for II Year NSS volunteers.



09.09.2022 - World Literacy Day

In connection with the World Literacy Day, NSS Unit 12 conducted a book donation programme for the adopted village on 9th September 2022. The students donated their books in order to enlighten the village people.





12.09.2022 - Disaster Management Awareness Programme

Unit 12 conducted awareness programme on 'Disaster Management' at 3.pm on 12.09.2022. 100 NSS volunteers participated and benefited through this programme.





14.09.2022 - Speech Competition

UNIT 12 conducted a speech competition on "மீண்டும் மஞ்சப்பை" at 3.00 pm in Room no 33 on 14.09.2022. Rev.Sr.Dr. I. Alphonsal and Dr.K.Sakaya Gracy, Assistant Professors of Tamil Department were the Judges of the competition.





17.09.2022 - Campus Cleaning

Unit 12 conducted a campus cleaning activity on 17.09.2022 at 03.00 p.m. All the I & II Year NSS Volunteers cleaned the places in and around Auditorium and left side of ACCA building removed the plastics. Totally 100 Volunteers participated in the cleaning work. It was followed by the distribution of Napkins.



21.09.2022 - Campus Cleaning

Unit 12 conducted a campus cleaning activity on 21.09.2022 at 03.00 - 04.00. p.m. All the I & II Year NSS Volunteers cleaned the places in and around Auditorium and left side of ACCA building removed all the plastics. Totally 100 Volunteers were activity participated in the cleaning work of XII Unit supervised the cleaning work.



23.09.2022 - NSS Day Celebration Dance

Unit 12 celebrated the NSS Day on 23.09.2022 at 2.00 p.m in the Indoor Auditorium. As a part of this celebration, NSS Unit XII & VIII Unit NSS Volunteers performed the Women's Awareness Dance with great joy and pleasure. The chief guest Dr.Jeyakodi, Associate Professor & Head, PG & Research Department of Commerce, Saraswati Narayanan College distributed I Prize to C.Saranya - II B.A Tamil, II Prize to A.Preethi - II B.Com (C.A) who won prizes in the Speech competition on 'IMPORTANCE OF NSS'.



Report for the Month of October

Awareness programme on Health and Hygiene - 07.10.2022

On 07.10.2022, Unit 12 organized an awareness programme on 'Health and Hygiene' at 3.00 p.m in Room no.58. As a part of this programme, NSS Unit XII 100 Volunteers participated. The chief guest Dr. V.Santhi, Associate Professor, PG & Research Department of Zoology, JA College, addressed the importance of health.



Awareness Programme on Hand washes Demonstration -18.10.2022

On 18.10.2022, Unit 12 organized an awareness programme on Hand wash Demonstration at 3.00 p.m in Room no. 33. As a part of this programme, 100 Volunteers participated. The chief guest Mrs.S.Nithya, Assistant Professor of Health Care, JA Community college, addressed the importance of hand wash.



Cleaning College Campus Activity - 28.10.2022

On 28.10.2022, Unit 12 conducted a Campus Cleaning activity from 3.00p.m to 4.00. p.m. All the I & II Year NSS Volunteers cleaned the places in and around Auditorium and left side of ACCA building and removed all the plastics. Totally 100 Volunteers were activity participated in the cleaning work.



Mega Cleaning Activity - 29.10.2022

On 29.10.2022, Unit 12 conducted Mega Cleaning Activity in Arockia Matha Nagar at Enndapuli Panchayat from 02.00p.m to 04.00. p.m. All the II Year NSS Volunteers cleaned the places in and around Arockia Matha Nagar. Plastics were collected in bags and weighed it and handed those over to the Municipality. It weighed 50 kgs. Totally 66 Volunteers were participated in the cleaning work.



5. National Unity Day Pledge – 31.10.2022

On 31.10.2022 ,Unit 12 organized Pledge Taking Activity to commemorate National Unity Day at 9.25 a.m - 9.30. a.m inside college campus. 100 Volunteers were participated.



From <u>UNIT - XII</u> NATIONAL SERVICE SCHEME JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN (AUTONOMOUS), Periyakulam - 625 601. Theni D.t	To <u>Mrs. Vinayapandi</u> <u>Panchayat Officer</u> <u>Endrapuli Panchayat</u>
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Date: 31.10.2022

ஜெயராஜ் அண்ணாபக்கியம் ஐக்கணிர் கணினி அலுவலகத்தில் கல்யாணியன் நடைநிறுத்தப்பட்டதில் மாராணிகர் (பல்துறை) 29.10.2022 அன்று நண்பகல் 02.00 மணி முதல் மூன்று மணி வரை, இந்திய அறிவிப்பு 'தாய்மை இந்து' பணியில் ஈடுபட்டு அண்டிபுளி உறுப்பினர் குழுக்கு உட்பட்ட 'அறிவுக்கூர் மாதா நகர்' பகுதியில் நடைநிறுத்தப்பட்டதில் தடுப்பகத்தை நிறுத்த உறுதிமொழி வாங்கினார்கள். அப்பகுதியிலிருந்து 50 கிலோ மீட்டர்கள் நடைநிறுத்தி வைக்கப்பட்டு சேகரிக்கப்பட்டு மக்களுக்குத் 'தாய்மை இந்து' இனத்தின் விழிப்புணர்வைக் கொடுத்தனர்.

Dr. V. G. [Signature]
Nss Unit - XII.
Nss Programme officer

M. P. [Signature] 29/10/22
தலைவர்
எண்டிபுளி ஊராட்சி

Sing and Smile in all your difficulties

Report for the Month of November Month

CAMPUS CLEANING ACTIVITY - 04.11.2022

On 04.11.2022, NSS UNIT XII conducted a campus cleaning activity at 03.00 - 04.00 p.m. All the I & II Year NSS Volunteers cleaned the place on the sides of JAC Gym and removed all the plastics. Totally 100 Volunteers activity participated in the cleaning work.



Skill Enhancement Workshop on "ENVELOPE COVER MAKING AND FILE MAKING" - 18.11.2022

On 18.11.2022, Unit – 12, II years NSS volunteers attended a Skill enhancement Workshop on "Envelope Cover Making and File Making" at 3.00 p.m to enhance their skill. Rev .Sr.Sharmila, Press In-charge, ACCA Printing Press, JA College gave training for our students and 20 students were benefitted.

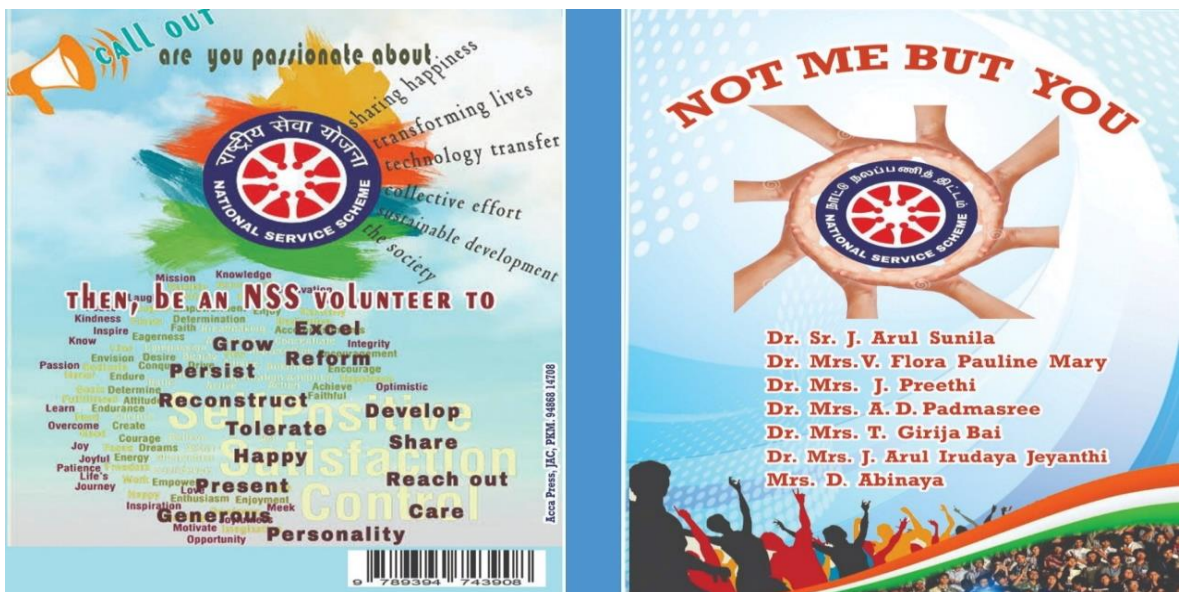




Report for the month of January – 2023

Book Publication

NSS Book titled “NOT ME BUT YOU”, published by the Programme officers of NSS with ISSN number 9789394 743908 in 2023 through ACCA Press.



Kurinji Tamil Sangam Competition – Skill Development Activity

In connection with the 75th Independence Day Celebration, Kurinji Tamil Sangam steered various competitions for the students. 100 NSS Volunteers actively participated in drawing, verse, and essay writing competition. For organizing and encouraging the students to participate in many numbers in various the competitions, the NSS PO’s and Staff advisors worked enthusiastically. And as a reward for their efforts, they too received awards titled “Kalvi Sevagar Award – 2022”

Cleanliness activities - 07.01.2023

On 07.01.2023, NSS UNIT XII Conducted a campus cleaning activity at 02.00 - 04.00. p.m. All the I Year NSS Volunteers cleaned the places in and around Auditorium and left side of ACCA building and removed all the plastics. Totally 34 Volunteers participated in the cleaning work.



National Youth Day - 13.01.2023

On 13.01.2023, NSS UNIT XII organized National Youth Day celebration at 10.00 a.m - 12.00 p.m. All the I and II Year NSS Volunteers eagerly participated in Rangoli event in JAC. Totally 96 Volunteers participated in the celebration.



Pongal celebration - 13.01.2023

On 13.01.2023, NSS UNIT XII organized Pongal celebration at 9.30 a.m - 11.30 a.m. All the I and II Year NSS Volunteers eagerly participated in Pongal celebration in JAC. Totally 96 Volunteers participated in the celebration.



Eye Camp - 20.01.2023

On 20.01.2023, NSS UNIT XII organized Eye Camp in the indoor auditorium at 10.00 a.m - 4.00 p.m. Totally 100 NSS Volunteers were participated in the eye camp. 200 people were benefited through the eye camp.



பெரியகுளம் அருகே
கல்லூரியில் இலவச கண் சிகிச்சை முகாம்!
 பெரியகுளம், ஜன. 24-
 உள்ள ஜெயராஜ் அன்னபாக்
 கியம் மகளிர் தன்னாட்சி
 கல்லூரியில் நடைபெற்ற
 இலவச கண் சிகிச்சை
 முகாமை கல்லூரி முதல்வர்
 சேகராணி துவக்கி
 வைத்தார்.
 இந்த நிகழ்ச்சியில் தமிழ்
 துறை உதவி பேராசிரியர்
 புளோரா பவுலின் மேரி வர
 வேற்புரை ஆற்றினார். இந்
 நிகழ்ச்சியில் இக்கல்லூரி
 யில் படிக்கும் 1000க்கும்
 மேற்பட்ட மாணவிகளும்,
 ஆசிரியர் பெரும் மக்களும்
 தங்கள் கண்களில் உள்ள
 குறைகளை நடைபெற்ற
 இலவச கண் சிகிச்சை முகா
 மில் கலந்துகொண்டுகண்
 கள் உள்ள
 குறைகள்
 தூரப்பார்வை
 கிட்ட
 பார்வை மற்
 றும் கண்க
 ளில் குறை
 யுள்ள
 அனைத்தை
 யும் பயன
 டைந்தார்கள்.
 இந்நிகழ்ச்சி
 யில் கல்லூரி
 முதல்வர் சே
 கராணி,
 செயல்துயின்சிலிஜெயந்தி
 மற்றும் இந்தியன் ஓவர்ஸ்
 வங்கி மேலாளராகுமார்
 வைகை ஆப்டிகல்ஸ்
 மருத்துவ குழுவினர், கல்
 லூரி மாணவிகள், ஆசிரியர்
 கள் கலந்துகொண்டனர்.
 இந்த இலவச கண் சிகிச்சை
 முகாமில் கலந்து
 கொண்ட அனைவருக்கும்
 துணை அலுவலர்
 ஜான்சி ப்ரேமா நன்றி
 கூறினார்.

National Voters Day pledge – 25.01.2023

On 25.01.2023, Unit 12 organized Pledge Taking Activity for National Voters Day at 11.30 a.m inside college campus. 100 Volunteers participated.



Republic Day Celebration - 26.01.2023

On 26.01.2023, Unit XII celebrated Republic Day in the College premises at 07.00 A.M. The celebration was started with the flag hoist by Dr. Mrs. J. Mary Suganthi Bai, Associate Professor of Commerce. She also glorified the efforts of the martyrs who had dedicated their lives for making our country free from foreign yoke. The program ended with the message to create a great nation through collective efforts from all individual.



Homage to Martyrs by Silence observance: 30.01.2023

On 30.01.2023, Unit XII volunteers and Staff had observed Silence to pay homage for the sacrifice of our freedom fighters at 11.00a.m and taken pledge to abolish the system of untouchability. 50 students participated in this pledge taken programme.



Cleanliness activities - 30.01.2023

On 30.01.2023, NSS UNIT XII Conducted a campus cleaning activity. All the I Year NSS Volunteers cleaned the places near gym and removed all the plastics. Totally 34 Volunteers were activity participated in the cleaning work.



Youth Day Programme – 30.01.2023

On 30.01.2023, In Connection with National Youth Day Programme, NSS UNIT XII organized guest lecture & Certificate Distribution of Mega Cleaning activity in open Auditorium at 3.00 pm. 29 students received certificates.



NSS Report for the month of February 2023

Cleanliness activity - 06.02.2023

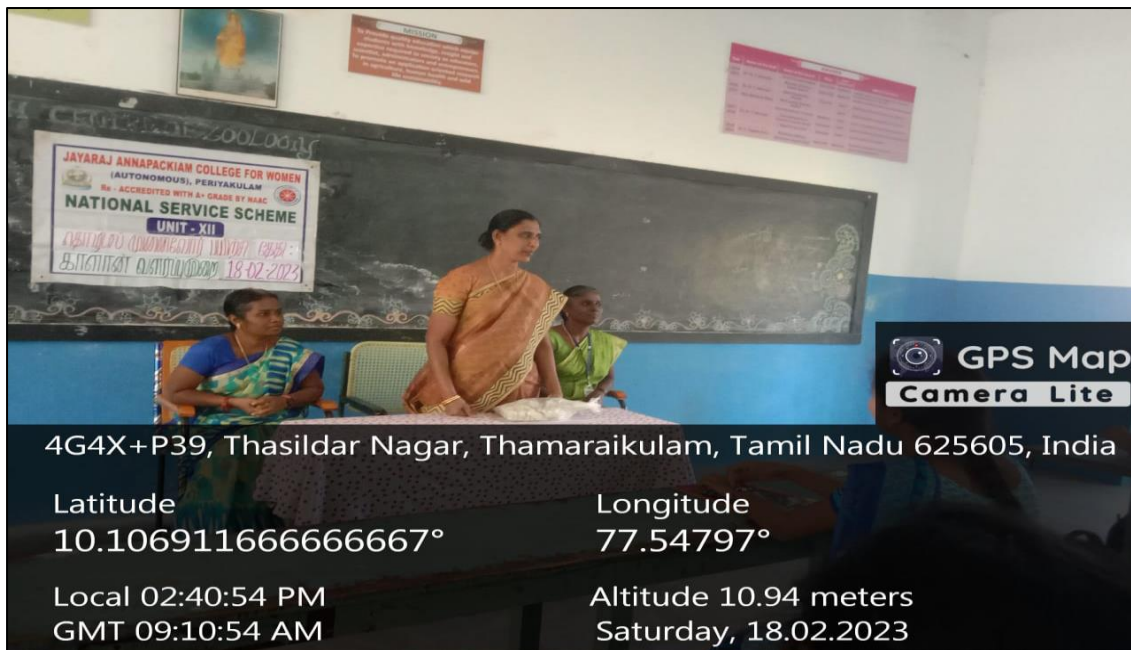
On 06.02.2023, UNIT XII volunteers cleaned the NSS room. Totally 34 Volunteers were participated in the cleaning work. It helped them to learn the habit of keeping the room tidy.



Mushroom Cultivation - 18.02.2023

On 18.02.2023, NSS Unit XII organized a Hands on Training Programme on Mushroom cultivation in Room No. 58 at 2.00 p.m. Dr.Mrs. V. Jemima Florence Borgia, Assistant Professor of Zoology demonstrated how to cultivate Mushroom. 75 students were benefited in the mushroom cultivation programme.





Report for the Month March 2023

World Consumer Day - 10.03.2023

On 10.03.2023, NSS Unit – XII conducted a verse competition on "Consumer and their Rights" at 3.45 pm in Room no 33. 34 NSS volunteers participated. The following students received the prizes.

First Prize - R. Nadhiya from I year B.A Tamil.

Second Prize got Nicytha Anitha Mary from I year – B.Sc Mathematics.





International Women’s Day - 18.03.2023

On 18.03.2023 , Unit XII organized an orientation programme on the Topic “Women’s Education” at 2.00 p.m in the indoor Auditorium. Mr. Dr. Sabusimon, Director, Arockiya Akam, Aundipatti, Mrs. A Subbulakshmi, Convener, Arockiya Akam, Aundipatti, enlightened the audience with his speech. He explained Creative women are highly imaginative and see the world in a different way. They have the ability to think outside the box and to see things from a new perspective. Totally 100 students participated in the orientation programme.



Report For the month of April 2023

Pranic Healing - 11.04.2023

On 11.04.2023, Unit XII organized a 'PRANIC HEALING' Programme at 02.00 p.m in Room No:58. Sr. Elizabeth, Typist, Jayaraj Annapackiam College for women(Autonomous) Periyakulam addressed the students. It really helped to know how to bring down the temperature in children when they have fever. Coughs and colds can be alleviated, quickly, in a day. The lecture helped the students to reduce stress and negative thoughts, being happy, maintaining inner peace, self - esteem and spiritual growth.



Report For the month of May 2023

Kalvi Kanavu – 02.05.2023

On 02/05/2023, 3 NSS Volunteers from unit 12 attended an orientation program on Kalvi Kanavu - 2023 organized by the way School Education Department, Theni District at Block Resource Centre, Periyakulam under the Carrer Guidance cell of Naan Mudhalvan Scheme. The purpose of the program was to provide students with an overview of the services offered by the Career Guidance Cell and to familiarize them with the resources available for career development and exploration, The head of the Career Guidance Cell, provided a comprehensive overview of the various programs and services available to students. Dr.V.Flora Pauline Programme Officer and Ms.J.Jansi Prema Staff advisor, from Unit 7 accompanied the Students.



