

**JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN
(AUTONOMOUS), AFFILIATED TO MOTHER TERESA
WOMEN'S UNIVERSITY, KODAIKANAL,
PERIYAKULAM, THENI.**



UNIT XI

NATIONAL SERVICE SCHEME



ANNUAL REPORT 2022 -2023

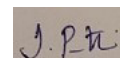
PROFORMA FOR NSS PROGRAMME OFFICER

S. No	Particulars	Details
1.	Name of Programme Officer	Dr. J.Preethi
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni Dt-625601.
5.	College Email Address	principal@annejac.ac.in
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	11
8.	Mobile No (NSS PO)	6380135067
9.	Email ID (NSS PO)	preethieng@annejac.ac.in
10.	Whether attended NSS 7 days ETI Training	No
11.	Number of year Experience as NSS P.O	2
12.	Name of the Village Adopted	E.Pudukottai
Social Media Account Details of the NSS Unit		
1.	Twitter ID	@nssunit11jac
2.	Instagram ID	nss_jacunit11
3.	Face book ID	Preethi Jebasingh

Name: Dr. J.Preethi

Designation: Assistant Professor

Signature:



PROFORMA FOR NSS STAFF ADVISOR'S DETAILS

S. No	Particulars	Details
1.	Name of Staff Advisor	Mrs. S. Karthiyayini
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni District – 625 601.
5.	College Email Address	principal@annejac.ac.in
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	11
8.	Mobile No (NSS staff advisor)	6369550049
9.	Email ID	karthiyayinica@annejac.ac.in
10.	Department	Commerce with Computer Application
11.	Number of year Experience	2
12.	Name of the Village Adopted	E.Pudukottai

Name: Mrs. S. Karthiyayini

Designation: Assistant Professor

Signature:



NATIONAL SERVICE SCHEME

Action Plan 2022 – 2023

On 6th Day – 1 Hour

On Saturday – 3 Hours

Regular Activities	Special Activities
<ul style="list-style-type: none">✓ NSS Classes covering Text Book✓ Awareness Programmes✓ Celebrating Commemorative Days✓ Cleaning Work✓ Watering Vitamin C – Fruit Trees Garden✓ Solid Waste Management – Waste leaves✓ Providing vocational training to girl students and women in adopted villages	<ul style="list-style-type: none">➤ 7 Days Special Camp➤ Observance of<ul style="list-style-type: none">• Swachh Bharat Mission• Fit India➤ One day Programme - seminar➤ Awareness Programme on Fit India (15.9.2021)➤ Celebrating the 75th Independence Day in J.A. College and adopted villages.➤ Conducting Street plays and various Awareness Programmes through Rally➤ Planting tree saplings in adopted villages➤ Conducting meeting with panchayat officers in our college / Convene Advisory Meeting➤ Preparing the girl students to participate in the Gram Sabha meeting.➤ Attending the refresher training for Professors.➤ Undertaking Projects related to NSS
<p>Total Hours for a Year = 60 Total Hours for Two Years = 120</p>	

IMPORTANT DAYS & DATES

Date	Day	Remarks
Jan 12	National Youth Day	Birthday of Swami Vivekananda
Jan 15	Army Day	Field Marshall K.M. Cariappa took over the command of the Army on this day in 1949 from the British.
Jan 27	International Holocaust Day	The largest Nazi death camp, Auschwitz-Birkenau, was liberated by Soviet troops on Jan 27, 1945.
Jan 30	Martyr's Day	Martyrdom day of Mahatma Gandhi
Feb 28	National Science Day	Marks the discovery of the Raman Effect in 1928 by C.V. Raman
Mar 8	International Women's Day	-
Mar 15	World Consumer Day	President John F Kennedy formally addressed the issue of consumer rights on this day in 1963.
Apr 7	World Health Day	WHO was formed on this day in 1948, but the first World Health Day was observed in 1950.
Apr 12	International Day of Human Space Flight	Yuri Gagarin, the Soviet Cosmonaut made the first space flight on this day in 1961.
May 1	International Worker's Day	-
May 8	International Red Cross Day	JH Dunant, the man behind Red Cross was born on this day in 1828.
May 11	National Technology Day	Nuclear tests at Pokhran were carried out in 1998 on this day.
May 21	Anti-terrorism Day	Former PM Shri Rajiv Gandhi was assassinated on this day in 1991.
Jun 5	World Environment Day	-
Jun 21	International Yoga Day	-

Date	Day	Remarks
Jul 1	National Doctors Day (India)	Birthday of Dr Bidhan Chandra Ray
Jul 11	World Population Day	Inspired by 5 billion Day in 1987
Jul 12	Malala Day	Birthday of Malala Yousafzai
Jul 20	International Moon Day	Landing of Apollo 11 on the moon in 1969.
Jul 20	World Chess Day	Establishment of the International Chess Federation (FIDE) in Paris in 1924.
Aug 6	Hiroshima Day	The bombing of Hiroshima on 6 Aug 1945
Aug 7	National Handloom Day	Launching of the Swadeshi Movement on 7 Aug 1905
Aug 9	August Kranti Diwas	Launch of the Quit India Movement in 1942
Aug 19	World Humanitarian Day	Commemorates the day when 22 aid workers were killed in a bombing at the UN headquarters in Baghdad in 2003
Aug 20	Sadbhawna Diwas	Birthday of Shri Rajiv Gandhi (1944)
Aug 29	National Sports Day	Birthday of Shri Dhyanchand (1905)
Sep 5	Teacher's Day	Birthday of Dr Radhakrishnan (1888)
Sep 8	International Literacy Day	-
Sep 14	Hindi Diwas	Hindi was accorded Official language status by the Constituent Assembly on this day in 1949.
Sep 15	Engineers' Day	Birthday of Sri M Visvesvaraya.
Sep 27	World Tourism Day	Statutes of the United Nations World Tourism Organisation were adopted on this day in 1980.
Oct 2	International Non-violence Day	Birthday of Mahatma Gandhi (1869)
Oct 8	Indian Air Force Day	IAF was officially established on this day in 1932.
Oct 16	World Food Day	Food and Agricultural Organisation was founded on this day in 1945.

Date	Day	Remarks
Oct 24	United Nations Day	The Charter of the United Nations came into force on this day in 1945.
Oct 31	Rashtriya Ekta Diwas	Birth Anniversary of Sardar Vallabhbhai Patel
Nov 11	National Education Day	Birthday of Shri Maulana Abul Kalam Azad (1888), the first Education Minister of India.
Nov 14	Children's Day	Birthday of Shri Jawaharlal Nehru (1889)
Nov 19	National Integration Day	Birthday of Smt Indira Gandhi (1984)
Nov 26	Constitution Day (India)	The Constitution of India was adopted on this day (1949)
Nov 26	National Milk Day (India)	Birthday of Shri Verghese Kurien, Father of the White Revolution in India
Dec 1	World AIDS Day	-
Dec 4	Navy Day	Commemorates the courageous attack on the Karachi harbour during the Indo-Pakistan war of 1971 in Operation Trident.
Dec 7	Armed Forces Flag Day	-
Dec 10	Human Rights Day	The Universal Declaration of Human Rights was proclaimed and adopted on this day in 1948.
Dec 16	Vijay Diwas	Marks India's victory over Pakistan in the Indo-Pak war in 1971.
Dec 18	Minorities Rights Day	United Nations adopted and promulgated the Declaration on the Rights of Persons belonging to National or Ethnic, Religious and Linguistic Minorities on this day in 1992.
Dec 24	National Consumers' Day	-
Dec 25	Good Governance Day	Birthday of Shri Atal Bihari Vajpayee

U. G. PROGRAMME OUTCOMES

UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE ABLE TO

PO. NO.	UPON COMPLETION OF THIS PROGRAM THE STUDENTS WILL BE ABLE TO
1.	Gain theoretical knowledge and apply the expertise in different fields. .
2.	Acquire industry specific skills and can emerge as entrepreneurs. .
3.	Develop critical and rational thinking to solve societal issues.
4.	Explore the knowledge and acclimatize it in the ever changing work environment.
5.	Evolve theories and develop innovative discipline specific ideas.
6.	Comprehend the nuances and develop innovative, discipline-specific ideas.

U. G. PROGRAMME SPECIFIC OUTCOMES

UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE ABLE TO

PSO. NO.	UPON COMPLETION OF THE PROGRAM THE STUDENTS WILL BE ABLE TO	PO MAPPED
PSO-1	Get knowledge about National Service Scheme.	PO-1
PSO-2	Acquire leadership skills and readiness to serve the society.	PO -2
PSO-3	Enhance perspectives of social issues in different point of views Think and act effectively in a critical situation.	PO-3
PSO-4	Develop positive attitude towards betterment of the society through voluntary service.	PO-4
PSO-5	Preserve nature, ethos and traditions and practices of the society.	PO-1

NATIONAL SERVICE SCHEME

Semester: I

Hours :2

Code: 23STPNS01

Credits:2

COURSE OUTCOMES:

CO. NO.	UPON COMPLETION OF THIS COURSE THE STUDENTS WILL BE ABLE TO	PSO ADDRESSED	COGNITIVE LEVEL
CO – 1	Acquire the basic knowledge about NSS	PSO-1	K1, K2
CO – 2	Uphold the value system based on the social, political and moral bases	PSO-1, PSO-2	K3
CO – 3	Understand and identify the needs of the society	PSO-1, PSO-2, PSO - 4	K2, K4
CO – 4	Develop the capacity to meet emergencies and attain knowledge to concentrate on personal health and hygiene	PSO2-, PSO-4 PSO-5	K5, K6
CO – 5	Face the challenges particularly to become women entrepreneurs	PSO-1	K3, K6

RELATIONSHIP MATRIX FOR COURSE OUTCOMES, PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOMES

Semester : I – IV		NATIONAL SERVICE SCHEME										Hours: 240
Code : 23STPNS01												Credits: 2
Course Outcomes	Programme Outcomes (PO)						Programme Specific Outcomes (PSO)					Mean Score of CO's
	1	2	3	4	5	6	1	2	3	4	5	
CO1	1	2	3	4	5	6	1	2	3	4	5	3.81
CO2	4	5	4	3	4	3	4	3	4	4	4	3.90
CO3	5	4	4	4	4	4	4	3	4	4	3	3.90
CO4	4	4	5	3	4	4	5	4	3	3	4	4.00
CO5	5	4	4	3	4	4	4	5	4	3	4	3.90
Overall Mean Score											3.90	

Result: The Score for this Course is 3.90 (High Relationship)

Note:

Mapping	1 - 20%	21 - 40%	41 - 60%	61 - 80%	81 - 100%
Scale	1	2	3	4	5
Relation	0.0 - 1.0	1.1 - 2.0	2.1 - 3.0	3.1 - 4.0	4.1 - 5.0
Quality	Very Poor	Poor	Moderate	High	Very High

Values Scaling

Mean Score of Cos = $\frac{\text{Total of Values}}{\text{Total No. of Pos \& PSOs}}$	Mean Overall Score for Cos = $\frac{\text{Total of Mean Scores}}{\text{Total No. of Cos}}$
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UNIT I: BASICS OF NSS

Introduction –History and Growth – Aim and Objectives – NSS Motto – NSS Symbol - NSS Badge–NSS Day- Code of Conduct- NSS Regular Activities & Special Camp.

UNIT II: PERSONALITY DEVELOPMENT

Personality Development – Know Thyself- Body Language- Forming Values Etiquette and Manner - Team Building and Team Work – Problems of Youth – Drug abuse - Drug Dependence /Addiction –Alcoholism – Suicide - Sexual Problems – Diseases.

UNIT III: SOCIAL SERVICE

Aim of Social Service – Social Service Organizations - Social Problems - Need for Social Service - Scope of Social Services - Functions of Social Services - Principles of First Aid - Important things kept in the First Aid Box- Snake Bite - Dog Bite - Insect Bite - Heat Stroke - Drowning - Electric Shock - Artificial Respiration – Hemorrhage – Stroke - Heart Attack – Symptoms – Fainting.

UNIT IV: NUTRITIOUS FOOD AND WOMEN'S HEALTH

Nutrition - Adequacy – Balance - Calorie Management - Dietary Density – Moderation – Variety - Calculation of Calorie Permittance - Calculation of Protein Percentages - Food Sources - Vitamins the Importance of Dietary Nutrition Women's Health

UNIT V: ECOLOGY AND ROLE OF WOMEN IN SOCIETY

Environment - Environmental Elements - Environmental concerns - Changing Climate–Global warming – Women achievers - Women's Place in Society -

Social Issues against Women - The Ways to Empower Women.

COURSE BOOK:

Arul Sunila.J, Flora Pauline Mary.V, Preethi.J, Padmasree. A. D, Girija Bai. T, Arul Irudaya Jeyanthi.J, Abinaya. D, *NOT ME BUT YOU*, Acca Printing Press, 2022.

Internal Assessment

Components	Marks
Attendance	20
Assesment (Involvement in activities)	50
Test	30
Total	100

QUESTION PATTERN

NATIONAL SERVICE SCHEME-23STPNS01

Class : II UG

Time : 2 Hours

Date :

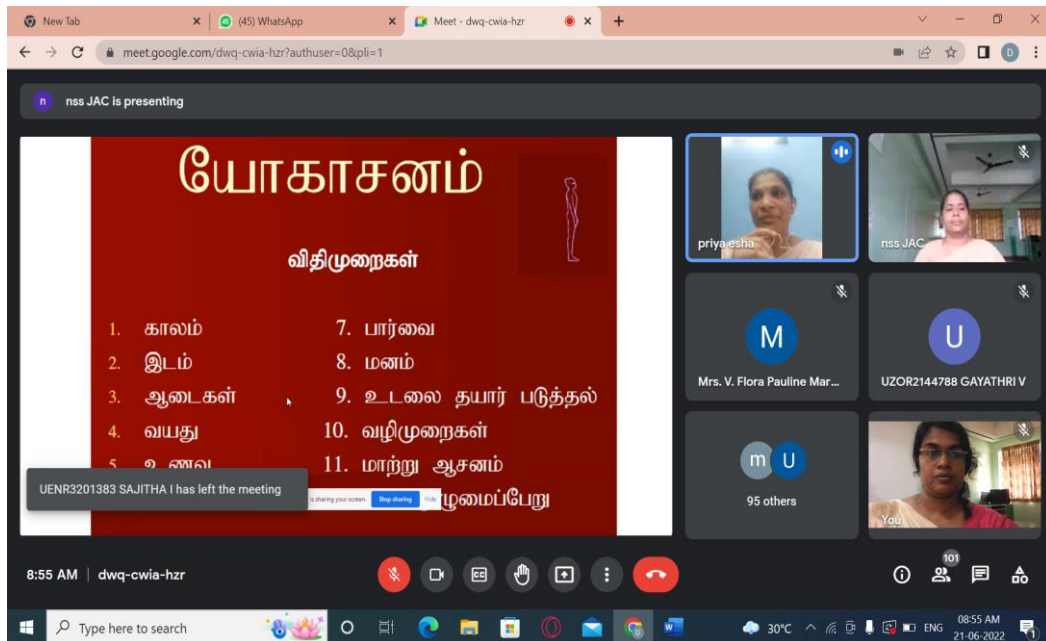
Max. Marks: 30

Course Outcome	Bloom's K-level	Q. No	SECTION – A Answer All Questions Internal choice	2x5=10
			SECTION – B Answer any TWO of the following	2x10=20

Month of June 2022

International Yoga Day Celebration - 21.6.2022

On 21.06.2022, National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organized a google meet to celebrate the International Day of Yoga at 8:30 a.m. This meet was begun with Prayer Song and Bible Reading. Dr.J.Preethi, Assistant Professor of English, Jayaraj Annapackiam College For Women, welcomed the gathering. The Felicitation Address was given by Rev. Sr. Dr.S.Jesurani, Principal, Jayaraj Annapackiam College for Women, Periyakulam. Mrs. R. Ms. R. Shanmuga Priya, Professor in Yoga, World Community Service Centre, Dindigul, served as the resource person. She delivered a talk on 'Benefits of Yoga with Demonstration'. She clearly explained the method and uses of doing yoga. The Vote of Thanks was delivered by Dr.Sr.Fatima Mary Sylvia, the Librarian & the NSS Coordinator of J.A College, Periyakulam. 164 students participated and were benefitted by this meet. The students have started doing Yoga as a result of this Yoga Programme and their photos were attached for evidence. https://docs.google.com/forms/d/e/1FAIpOLScLRaKkjHAYz-RQ2vZybhc7qK9XCH6kuo_6r0fOgT7zXs2Ilg/viewform



Month of July 2022

75th Independence Day Celebration - 22.07.2022

22.07.2022 In Connection with 75th Independence Day Celebration under “Azadi Ka Amrut Mahatsav” 13th Unit of NSS JAC showed film of “Veeramangai Velunatchiyar”



Month of August - 2022

NSS Orientation Programme - 04.08.2022

On 04.08.2022 NSS Co- Ordinator and all the Programme Officers addressed the first years and informed them the history of NSS and its aim and goals. Each PO delivered a brief talk on the importance of joining in NSS and the purpose of NSS. Everyone motivated to do service to the society voluntarily and it is our duty to understand the community in which they live and work. They encouraged the first years to understand themselves in relation to their community and suggested that this is the platform to acquire leadership qualities and identify the needs and problems of the community and involve them in problem solving process. The students made a decision to help the society on the voluntary basis after the Orientation Programme.

Campus Cleaning and Napkin Distribution 03.09.2022

On 3.09.2022, under the guidance of Dr.Mrs.J.Preethi, PO and Ms.S.Karthiyayini.,Staff Advisor, the Unit 11 volunteers cleaned the places in and around Research Block, and the Right side of JAC Campus. It was followed by the distribution of Napkins for II Year NSS volunteers.



Cleaning Activity 14.09.2022

On 14.09.2022, I year NSS volunteers involved in cleaning work from 3.00 p.m to 4.00 p.m . They cut the unwanted grass and swept the twigs and dry leaves inside the college campus.



Cloth Bags /Jute Bags Activity (மீண்டும் மஞ்சப்பை) – 14.09.2022

On 14.09.2022 , Unit – 11 , II years NSS volunteers attended a Skill enhancement Programme on " மீண்டும் மஞ்சப்பை" at 3.00 p.m to enhance their skill to make cloth bags, Jute bags and paper bags. Dr. Sr.S.Sangeetha, SARWODEEP. Director gave training for our students and 48 students were benefitted. II years of NSS Unit 11 involved in the activity of making paper bags and Jute bags.



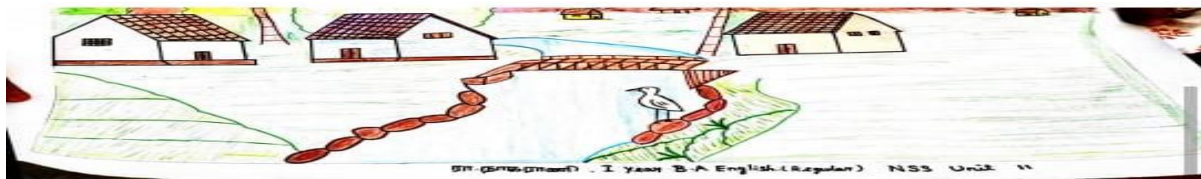
World Literacy Day 17.09.2022

In connection the World Literacy Day, NSS Unit XI of JayarajAnnapackiam College for Women (Autonomus), Periyakulam, motivated the students to donate books for the adopted village children on 17th September 2022. For this, the staff and students of the college voluntarily donated their used books and new books to be useful for the children in the adopted village.



Extracurricular Activity 16.09.2022

Our NSS students participated in drawing competition and sent their drawings in Kabilar Tamil Sangam. The students will be able to showcase their skills and receiving Certificates also.



Pledge Taking Activity- 17.09.2022

As per the instruction of Tamilnadu Government, Unit 11 volunteers paid tribute to the social reformer Periyar E.V.Ramasamy on his 143rd birth anniversary by taking pledge to commemorate 'Day of Social Justice' on 17.09.2022 in the campus of JAC.



Cleaning activity – 17.09.2022

On 17.09.2022, NSS Volunteers of Jayaraj Annapackiam College for Women carried out Cleaning activity inside college campus. NSS Program Officer, Dr. J.Preethi, Assistant professor of English and the NSS Staff Advisor, Ms.S. Karthigayini, Assistant professor of Commerce CA monitored the volunteers and encouraged them to do it successfully. The NSS volunteers understood the importance of keeping the place tidy under the theme Swaach Bharat.



World Peace Day – 21.09.2022

On 21.09. 2022 Unit 11 volunteers observed World Peace Day and conducted Rangoli competition on the theme **End Racism and Build Peace** at 3:00 p.m today. It was judged by Ms.Sahaya Merlin, Assistant professor of English and the prizes will be given to the winners on NSS day celebration of our college. This was organised by Dr.J.Preethi, Programme officer and Assistant Professor of English, and Ms.S.Karthigayini, Staff Advisor and Assistant Professor of Commerce CA , Jayaraj Annapackiam College for Women,. Periyakulam

I Prize

R.Sunandha Jasmine - II B.A ENGLISH (R)

M. Rathi sakthi - II B.A ENGLISH (R)

V.Abirami - II B.A ENGLISH (R)

II Prize

N. Rithika sri - II B.Com(CA)

M. Shifreen - II B.Com(CA)

P. Sarumathi - II B.Com(CA)



NSS Day Celebration 23.09.2022

On 23.09.2022, NSS of Jayaraj Annapackiam College for Women (Autonomous) Periyakulam, celebrated the NSS Day on 23.09.2022 at 2.00 p.m in the Indoor Auditorium. The programme began with prayer song. Rev.Sr. S.Jesurani, Principal, JAC delivered the inaugural speech. Rev.Sr.B.J. Queensly Jeyanthi, Secretary, JAC delivered the felicitation address. The chief guest Dr.Jeyakodi, Associate Professor & Head, PG & Research Department of Commerce, Saraswati Narayanan College delivered a special talk and motivated the students to involve in the voluntary work based on the motto “Not me but you”. He distributed for Rangoli competition winners. Our volunteers performed a skit based on “Amrita Devi’s Life – Save Trees” enacted like dance drama.



Grandparents Day Celebration -24.09.2022

Unit 11 NSS of Jayaraj Annapackiam College for Women, Periyakulam had celebrated the International grand parents day on 24.09.2022. Dr. J.Preethi, Assistant professor of English & PO, Ms. S . Karthigayini, Assistant professor of Commerce CA, and volunteers visited St.Anne's Old Age Home for sisters to inculcate the habit of respecting elders. The students engaged them with cultural programmes. They interacted with them and received blessings. We gave them sweets and Amla juice. All the volunteers learnt lessons from them also. It was a wonderful experience for students and sister



Report for the month of October 2022

12.10.2022 – Aerobics Fitness Programme

In connection with Fit India Activity, Unit 11 organised Aerobics Fitness Programme on 12.10.2022 at 3:00 p.m. Mr.Asai Gandhi, Manager, Jazz Fitness Centre motivated the students to do exercises regularly as a habit. Mr.Ajay Raj, Assistant Manager, Jazz Fitness Centre, Theni, delivered a special talk on ‘Benefits of Aeroics and Flexibility of Body’. They trained the students to do exercises through Lady Trainers.



17.10.2022- Meeting Panchayat officer

On behalf of all Units of Jayaraj Annapackiam College for Women, the Programme Officers had a meeting with Panchayat Officer Mr.Cinna Pandi in Endapuli Panchayat office.

We had asked his support to visit the adopted villages for taking our NSS volunteers into the village for cleaning on Saturdays and organising camp. We discussed their needs and received suggestions to organise further meetings.



18.10.2022 - Campus Cleaning Activity

On 18.10.2022, Unit 11 volunteers cleaned the places in and around Research Block, and the Right side of JAC Campus.



21.10.2022 – Health and Hygiene Awareness Programme

Unit 11 organised a special lecture on ‘Awareness on Health and Hygiene’ to nurture the students to be healthy and hygienic. Dr. G.J.Senthil Selvan B.D.S, Jeya Dental Clinic, served as resource person and insisted the students to maintain hygiene by brushing twice a day. He guided the students to eat healthy food to protect enamel to have healthy teeth. He suggested to take cheese, carrots apples, pears and fibre content vegetables. Further he showed how to clean smoothly after having meat and fish. He mentioned the reason for bad breath and gave tips to get

rid of bad breath. Unit 9 and Unit 11 volunteers attended the programme and 200 students were benefitted.



31.10.2022 – The birth anniversary of Sardar Vallabhbhai Patel

On 31.10.2022, with reference to the letter from Regional Directorate of NSS, Unit 11 organised UNITY PLEDGE to commemorate the birth anniversary of Sardar Vallabhbhai Patel with zeal fervour, the architect of National Integration of Independent India. Our JAC college students were all involved in Unity pledge taking activity.



26.10.2022- Meeting Panchayat officer

On behalf of all Units of Jayaraj Annapackiam College for Women, all the Programme Officers had a meeting with Panchayat Officer Mr.Cinna Pandi, Panchayat officer, Dr. Selva Raj,MBBS, Doctor in PH and Headmistress in Government schools in Endapuli Panchayat. We had a discussion to receive their help whenever we enter into the adopted villages and having camp over there in December.



29.10.2022 – Mega Cleaning Activity – E.Pudhukottai

On 29.10.2022, II year NSS volunteers involved in Mega cleaning work from 1.30 p.m to 5.30 p.m in the adopted village called E.Pudhukottai. In connection with Swachh Bharat the NSS of Unit 11 had done the cleaning work with the collaboration of Nehru Yuvakendra, Theni. This Mega cleaning activity was begun with a motivational message by Dr.Sr.S.Iruthaya Kalai Selvam, Vice-Principal, Jayaraj Annapackiam College. She created awareness on the young minds to avoid the usage of plastic bags and its harmfulness. Plastic items and polythene bags were collected in bags and weighed it and handed those over to the Municipality. It weighed 130 Kg. The village people were benefitted through our volunteer service.



Report for the month of November 2022

Cleaning the campus-04.11.2022

On 04.11.2022, Unit 11 volunteers cleaned the places in and around Research Block, and the right side of JAC Campus.



Celebrating National Education Day and Children's Day in Collaboration with Schools in adopted villages of Endapuli Panchayat -- 10.11.2022

Unit 11 of NSS had celebrated the Children's Day as well as National Education Day on 10.11.2022 in Govindan Mayilthayammal Meeting Hall from 10:30 a.m to 12:30 a.m with the school children of Endapuli Panchayat. Thiru.M.Pandian, President Endapuli Panchayat welcomed the gathering. The chief guest Thiru. A.Natarajan, Indian Foreign Service (Rtd), Former Director in Passport and Visa, delivered a special talk.



Preliminary Visit to Panchayat Union Middle School in E.Pudhukottai.-17.11.2022

On 17.11.2022, in order to conduct a Special Camp in E.Pudhukottai, a preliminary survey was conducted and had discussion with the panchayat officer and the school Headmistress. Village students were benefited and enjoyed the visit of us.



Cleaning the campus-19.11.2022

On 19.11.2022, Unit 11 volunteers cleaned the places in and around Research Block, and the right side of JAC Campus.



28.11.2022 – Vanavil Kalai Nikalchi Vizha - Collaboration with Panchayat Union Middle School, E.Pudhukottai

Unit-11 celebrated ‘Vanavil Kalai Nikalchi Vizha’ (Rainbow Cultural Festival) with the school children in Panchayat Union Middle School, E.Pudhukottai and Dr.J.Preethi, Programme Officer and Ms.S.Karthiyayini, Staff Advisor served as Resource Person. Village students performed cultural programmes.



Report for the month of January 2023

Cleaning the campus-07.01.2023

On 07.01.2023, Unit 11 volunteers cleaned the places in and around Research Block, and the right side of JAC Campus.



Pongal Celebration -13.01.2023

On 13.01.2023, Pongal was celebrated in advance with the NSS volunteers and the college students inside the campus.



A One – Day Skill Development Programme on "*Women Empowerment*" – 18.01.2023 in the adopted village

Venue : E.Pudhukottai

On 18.01.2023, NSS Unit-11 and Institution's Innovation Council of Jayaraj Annapackiam College for Women in collaboration with National Board For Workers Education and Development, Ministry of Labour and Employment organized a One Day Skill Development Programme on "*Women Empowerment*" to the adopted village Women in Samudhayakudam, E.Pudhukottai. Dr. J.Preethi, Programme officer -Unit 11 welcomed the gathering. It was inaugurated by Mrs. Selvi Annaprakash, Panchayat Union Officer, Endapuli Panchayat at 10:30 a.m. Mr.G.Appukuttan, Education Officer, Ministry of Labour Employment gave a talk to create awareness on the various schemes which will be useful for the women from the Central Government. Dr.C.Mary Anbarasi, Associate Professor of Chemistry and the Co-ordinator of Institution's Innovation Council demonstrated washing powder making to start a business among their community and Dr.V.Jemima Florence Borgia, Assistant Professor of Zoology practically explained how to do mushroom cultivation at home and Dr.N.Lavanyalakshmi, Head and Assistant Professor or Commerce (CA) showed how to make door mat with waste clothes. 98 village women were benefitted. They were given Rs. 250/ per head to meet today's expenses and for spending their valuable time. Ms.S.Karthiyayini, Assistant Professor or Commerce (CA) and Staff advisor delivered the vote of thanks.

Asset : Worth Rs. 24500/- was given to the village women.

Rs. 1000/- was given to the Trainers.



Pledge taking - 25.01.2023

National Voters Day pledge was taken on 25.01.2023 at 11.30 a.m inside the class room in Jayaraj Annapackiam College for Women,100 NSS Volunteers participated.



Pledge taking- 30.01.2023

Unit 11 volunteers paid tribute and homage to Martyrs of our Nation by silence observance for two minutes .



Cleaning the Campus - 30.01.2023

Our NSS I year volunteers cleaned the college campus from 3:00 to 4:00 p.m. It helps to create awareness to protect the nature.



Kurunji kabilar Tamil sangam competition

Our volunteers participated in various competitions and the winners received prizes and certificates and other participated students received Participation Certificates.

Prize winners' name list

Essay competition

S.Kabila - III B.A(Eng)

Drawing competition

R.Sunandha Jasmine - II B.A(Eng)(R)

P.Abirami- II B.A(Eng)(R)

K.Rathi Sakthi- II B.A(Eng)(R)

A.S.Sameera Thaskin- II B.A(Eng)(R)

B.Aishwarya shree-- II B.A(Eng)(sf)



குறிஞ்சிக் கபிலா
குமிழ்ச் சங்கம்

2 / 147-ஏ, சீனிக்கல்பாளையம், காமக்கல் - 637 213.
(க.கா.க. தொழில்நுட்ப அமைச்சு, உதவல், திருவாரூர் - 6.267 / 20190)
www.kaviyarasarkalaitanitsangam.com

76-வது ஆண்டு (ஆண்டு விழா)
தேசிய சிவசிகலா வுழியர் போரடி

ஓவியக் கலையுரக் விருது-2022

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பிரதமபாங்கியம்...
கல்முனைகள் சார்ந்த சிறுமையாண்கள்...
மாணவன் / மாணவி...
வகுப்பு...
வகுப்பு எண்...
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Report for the month of February 2023

Exposure Visit - 27.02.2022

Under Naan mudhalvan scheme, the School students were taken into the campus of Jayaraj Annapackiam College for Women, Periyakulam according to the plan of Tamil Nadu Government. The students from Govt. Girls HSS, Aundipatti, Govt. HSS, Kanniappapillaipatti, Govt. Girls HSS, Okkaraipatti, Govt. HSS, Okkaraipatti, Govt. HSS, Palacombai, Govt. HSS, Rengasamudram, Govt. HSS, T. Subbulapuram, Govt. Kallar HSS, Ethakovil, Govt. Kallar HSS, Muthunampatty, Govt. Kallar HSS, Rajadhani.

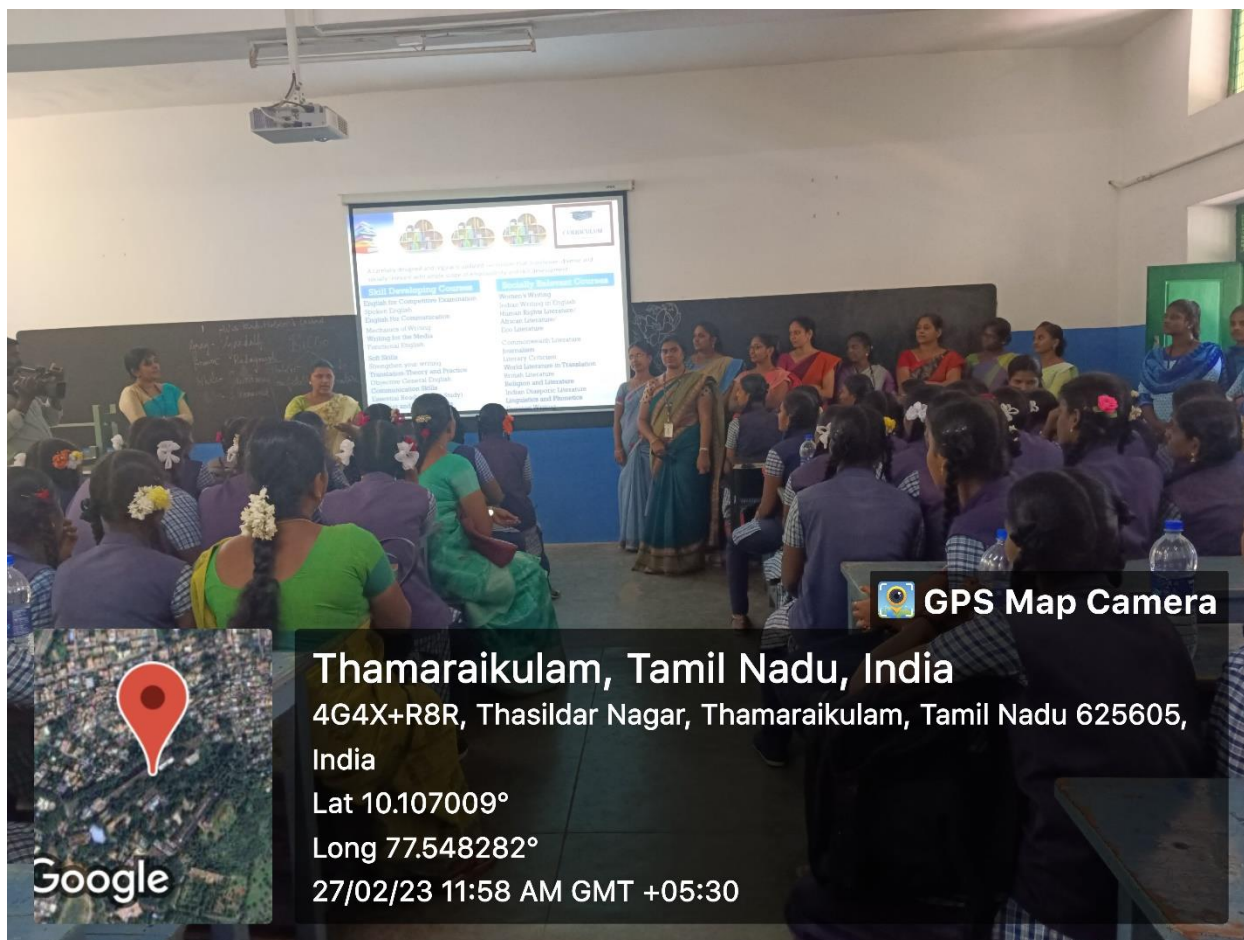
They were welcomed by our Principal Dr.S.Jesurani and our Secretary Dr. B.J. Queensly Jeyanthi, at the entrance and were taken into Principal 's room as well as Secretary 's room , then we showed them office .

We started the Exposure Visit at 10:30 a.m and the students were taken to the library where the students enjoyed looking at the library which has many books in all fields. Unit 11 and Unit 9 took in-charge for taking the students to all the departments. They were taken to the zoology lab which helped them to create interest to join the course and professors explained cheerfully about the advantages of the course. Next the students were taken to the department of Mathematics where they elaborated with PPT about the various activities of the department. Then the students moved to Physics , Chemistry, History, English, Tamil, Computer Science. We gave them a break to have a cup of coffee and snacks. Refreshment was taken care by Unit 13. Then we showed them B.Voc , Health care, B. Com , B .Com CA , BBA departments and Gym. They received an exposure on the benefits of doing higher education in these departments. We organised cultural events for making them cool after visiting the departments in the indoor auditorium. The students enjoyed the programmes. Our N.S.S Unit 10 students gave a special performance on Silambam and they were given a good farewell. Totally 50 Higher Secondary School students were participated in this exposure visit and they received tendering plant. Unit 12 took in-charge for providing lunch to the students as well as teachers of schools. We fed them with sumptuous food.

Feedback was recorded in collaboration with Theni Music channel and finally, a toast was given by Unit 7. Principal and Secretary gave them a Jute purse for each student which contained pen, pencils, and chocolates inside as gifts. We also gave them saplings of Teak.

The students left the campus fully satisfied and had got a clear idea on various courses offered by various departments which are functioning in Jayaraj Annapackiam College for Women, Periyakulam. It really gave them an exposure to pursue their higher education. It is a good step to make the first generation to enter into college without fear.

Totally 50 students were benefitted. Our Unit 11 students and Dr.J.Preethi, PO and Mrs. Karthiyayini, Staff Advisor took them college tour enthusiastically and motivated the students to continue their studies.



Skill Development Programme -18.02.2023

Unit 11 organised a skill development programme on 'Career guidance and enhancing Employability skills' on 18.2.2023 from 2 p.m to 3 p.m. Mr. B. Balanagarajan, Entrepreneur of CENDEK - KVK, from Uthamapalayam delivered a special lecture to motive the students to choose their career. Further, he encouraged the students to develop their skill to make use of

employment opportunities. He encouraged them to enhance their skills by doing some business at home by using milk which is available in all houses. He demonstrated how to make Paneer at home. Around 100 students watched carefully and eagerly involved in it. NSS volunteers were benefitted.



Report For the month of March 2023

Women's Day Celebration-08.03.2023

On the celebration of International Women's day, Mrs. Pallavi Natarajan, Mrs. Pallavi Natarajan, Manager, PMO and Operations Wipro Limited, Chennai was the chief guest. She was given a warm welcome by Dr.J.Preethi, Programme Officer. Mrs. Pallvai Natarajan gave a motivational speech on this occasion and stressed to be involved in finding out their potentialities and skills to be empowered. She highlighted the value of being financially independent. She motivated the students to do part -time job which can be started as per their wish and passion. The meeting was winded up with vote of thanks by Mrs.S. Karthiyayini. Staff – Advisor. Nearly 200 students voluntarily participated and got benefitted.



Creating Awareness on Consumer Rights for Women -18.03.2023

In connection with World Consumer Day which falls on 15th March, on 18.03.2023, NSS Unit 11 organized a programme on 'Creating Awareness on Consumer Rights for Women' at 2.00 p.m. Mr. Murugesan, Director, Arockiya Akam, Aundipatti, delivered the importance of knowing the rights of a consumer. He highlighted the fundamental rights of all consumers which are Right to safety, Right to be informed, Right to choose, Right to be heard. He stressed that women should not fall prey to fraudulent products and companies. Our NSS volunteers around 50 were benefitted.



Cleaning Activity - 30.03.2023

On 30.03.2023, I year NSS volunteers involved in cleaning work from 3.00 p.m to 4.00 p.m . They cut the unwanted grass and swept the twigs and dry leaves inside the college campus.



Report For the month of April 2023

World Health Day Celebration - 11.04.2023

NSS Unit 11 organised a Fitness Programme on “Positive Effects on Exercise on Mental Health” to raise awareness of mental health issues. Dr.M.Preetha Nila, Ayush Medical Officer, PHC, Melmangalam served as the chief guest. She shared the importance of keeping mind healthy to prevent most of the diseases. She encouraged the students on ‘self-care’ and ‘societal -care’. She helped them to think of friends and parents and the people who are in need. These will be acquired only if we know to take care of yourself first. 96 students were benefitted. They gave feed back which was useful to rethink of their life.



Cleaning Activity -19.04.2023

On 19.04.2023, I year NSS volunteers involved in cleaning work from 3.00 p.m to 4.00 p.m . They cut the unwanted grass and swept the twigs and dry leaves inside the college campus.



Report For the month of May 2023

Career guidance - 02.05.2023

On 02.05.2023, four volunteers from Unit 13 participated in the career guidance programme, which was organized by the Naan Mudhalvan Scheme at the Government Higher Secondary School, Vadukapatti. The programme started with Tamilthai vazhthu followed by a welcome speech. Mr. Sanmugavel, District Coordinator explained the Naan Mudhalvan Scheme and the purpose of counselling. The first graduates of the Naan Mudhalvan Scheme are motivated the volunteers by their experiences. The volunteers take a pledge against uneducation. The programme end with the National Anthem.

