# JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN (AUTONOMOUS), AFFILIATED TO MOTHER TERESA WOMEN'S UNIVERSITY, KODAIKANAL, PERIYAKULAM, THENI.



## UNIT VII NATIONAL SERVICE SCHEME



SPECIAL CAMP REPORT 2024 -2025

14.11.2024 - 20.11.2024

### **INAGURATION**

The National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, inaugurated a special camp in J.K.Colony at 10 a.m. in Endapuli panchayat, Periyakulam, Theni district on 14th November, 2024 titled "Youth Arise". The seven-day camp was organized from 14.11.2024 to 20.11.2024 in seven different villages of Endapuli panchayat which include E. Pudhukottai, Anna Nagar Colony, Arockiya Matha Nagar, Nehru Nagar, Kakkangi Nagar, J.K. Colony and Murugamalai. The ceremony started with a prayer. Dr. L. R. Charlet Sharmile, Assistant Professor of History and Programme Officer welcomed the gathering. All the dignitaries on the dais were honoured with a shawl. Mr. Nallu, the District Superintend of Police, Periyakulam felicitated the programme. He emphasized on the responsibility to serve the society. Mr. M. Pandian, Panchayat President, Endapuli delivered the presidential address expressing his gratitude for choosing his panchayat. Rev. Sr. Dr. S. Jesurani, Principal, Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, introduced Rev. Sr. Sunila, the NSS Co-ordinator and Assistant Professor of Tamil and all the programme officers and staff Advisors of the National Service Scheme. Rev. Sr. Fathima Mary Sylvia, Mother Superior and Librarian, Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, delivered the felicitation. She insisted the students to make use of the opportunities. Dr. Mr. Abbas Maideen, Social Worker, Youth Leader and Owner of Bismilal Proteins offered a felicitation through motivating the volunteers to render their service to the society. The volunteers from Unit -VII, X, XI and XII of National Service Scheme performed various cultural programmes. Ms. Sivasakthi, Assistant Professor of Commerce and Staff Advisor delivered the vote of thanks. Mr. M. Pandiyan, Endapulli, Panchayat President, Periyakulam provided lunch to all the 350 NSS volunteers.



### CHILDRENS' DAY CELEBRATION

In remembrance Jawaharlal Nehru's birthday, Children's Day program at Panchayat Union Primary School, Nehru Nagar. A quiz competition on "Celebrating Nehru" was conducted for the 5th standard students. 20 students participate in the competition. Mrs. Thamayandhi, Head Master of the school served as guest for the event.



### **CLEANING ACTIVITY**

On 14.11.2024, National Service Scheme Unit 7 of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam conducted cleaning activity at the Community Hall, Nehru Nagar. 30 NSS volunteers actively participated in the cleaning activity. Dr. B. Amala Jasmine, Programme Officer and Mrs. N. Jeyabharathi, Staff Advisor supervised the activity.



### **CULTURALS**

NSS Unit 7 volunteers captivated and enlightened thought-provoking and engaging performance on Children's Day celebration. The students performed a group song on the theme Happy Life of Childhood.



### **DAY 2 - 15.11.2024**

### IMPORTANCE OF HEALTH AND HYGIENE

On 14.11.2024, National Service Scheme Unit 7 of Jayaraj Annapackiam College for Women (Autonomous), a session on "Importance of Health and Hygiene" was organized. Dr. Srilakshmi, B.N.Y.S, Assistant Medical Officer, Periyakulam served as the resource person. She explained about the natural remedies for diabetes through yoga and natural medicines, menstrual health and fibroids for women. Yoga demonstrations for relieving pain and curing ailments were provided.



### **ELDER'S EDUCATION**

On 14.11.2024, National Service Scheme Unit 7 of Jayaraj Annapackiam College for Women (Autonomous), an event on Elderly Education was conducted to empower senior citizens to enhance their contributions to society, to engage in social activities and to develop self-confidence. As a part of this initiative, training in basic literacy, including writing and reading was provided by NSS volunteers. Information about programs offered by the Central and State Governments for elderly education was insisted during the event.



### **CLEANING ACTIVITY**

On 15.11.2024, National Service Scheme Unit 7 of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam conducted CLEANING activity at the Community Hall, Nehru Nagar. 30 NSS volunteers actively participated in the cleaning activity. Dr. B. Amala Jasmine, Programme Officer and Mrs. N. Jeyabharathi, Staff Advisor supervised the activity.



### CULTURAL

NSS Unit 7 volunteers enacted a drama on the importance of protecting the environment as a crucial part of our ecosystem was emphasized, students highlighted the consequences of deforestation, landslides, soil erosion, and drought and to take responsibility for safeguarding nature.



Day 3 - 16.11.2024

### **ANTI-DRUG AWARENESS PROGRAMME**

On 16.11.2024, NSS Unit 7 of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organized Anti-drug awareness programme at J.K. Colony, Endapuli Panchayat. Mrs. G. Selvakumari, Inspector of Prohibition Enforcement Wing, Theni District was served as the special guest and delivered a keynote address. Mr. Amanullah and Mr. Praveen Kumar from the De-addiction and Rehabilitation Centre also participated in the event. All the participants took an anti-drug pledge. The speaker emphasized the dangers of drug abuse and its severe impact on the future of youth. She insisted the youth to act with awareness and responsibility. The importance of creating a healthy society free from drugs was highlighted. Additionally, the adverse effects of drug usage such as mental stress and health deterioration was explained.



### FORMATION FOR WIDOWS' GROUP

On 16.11.2024, NSS Unit 7 of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organized an event on formation of widows' group at Nehru Nagar. The program was led by Dr. Sr. Scarlet, Head and Assistant Professor, Department of Commerce, Jayaraj Annapackiam College for Women, Periyakulam. A survey was conducted among the women to identify Widows, abandoned women, differently abled. Awareness was created on welfare schemes available for all the above categorized women. Guidance was provided to enroll as members in welfare boards and access government welfare programs. Additionally, a special self-help group was established to support their empowerment and development for the women in Nehru Nagar.



### **CLEANING ACTIVITY**

On 16.11.2024, National Service Scheme Unit 7 of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam conducted cleaning activity at the Community Hall, Nehru Nagar. 30 NSS volunteers actively participated in the cleaning activity. Dr. B. Amala Jasmine, Programme Officer and Mrs. N. Jeyabharathi, Staff Advisor supervised the activity.



### CULTURAL

NSS Unit 7 volunteers performed cultural, the aim of the programme was to bring the voices and perspectives of women to the forefront of society. The students conveyed this message through dance performances.



### Day 4 - 17.11.2024

### YOGA PRACTICE

On 17.11.2024, NSS Unit 7 of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam conducted Yoga practice at the community hall at Nehru Nagar. Mr. Thirunavukkarasu, Yoga Instructor, Ayus Health Wellness Centre, Lakshmipuram explained the benefits of yoga. He explained that yoga is an ancient form of exercise to increase physical strength and improve memory.



### FREE MEDICAL CAMP

On 17.11.2024, NSS Unit 7 of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organized a free medical camp at Nehru Nagar. Dr. C. Selvaraj, Shankar Clinic, Vadugapatti, Mr. Satak Abdullah, President of Rotary Association, Mr. Thirunavukarasu, Yoga Practitioner of AYUS Health and Wellness Centre conducted the medical camp. 120 people benefited from this camp. Injections and tablets worth Rs.10,000/- were provided free of cost. Dr. Amala Jasmine, NSS Programme Officer and Mrs. N. Jeyabharathi, Staff Advisor coordinated this camp.











### TREE PLANTATION

On 17.11.2024, National Service Scheme Unit 7 of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam planted 10 tree saplings near the Community Hall, Nehru Nagar.



### **CLEANING ACTIVITY**

On 17.11.2024, National Service Scheme Unit 7 of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam conducted cleaning activity at the Community Hall, Nehru Nagar. 30 NSS volunteers actively participated in the cleaning activity. Dr. B. Amala Jasmine, Programme Officer and Mrs. N. Jeyabharathi, Staff Advisor supervised the activity.



### **PLASTIC WASTE AWARENESS**

On 17.11.2024, NSS Unit 7 of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organized a awareness programme on plastic usage in Nehru Nagar, Periyakulam. In this event, Mr. Murugan, Nesam Trust, NGO, Periyakulam, was the special guest who explained in detail about the harmful effects of using plastic. He emphasized the importance of avoiding plastic products and using alternatives such as paper bags, cloth bags, and items made from wood. As students, we created awareness among the public about the need to eliminate plastic use.





### SELF-RELIANT INDIA SELF-RELIANT AGRICULTURE

On 17.11.2024, NSS Unit 7 of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organized a demonstration on Self-Reliant Agriculture, Periyakulum, Endapuli Panchayat. The event, titled "Self-Reliant India, Self-Reliant Agriculture," was graced by Mr. Murugan from the Nesam Trust, Periyakulum, and Mrs. Eswari, a member of the Women's Group, Lakshmipuram were the guest. Additionally, a practical demonstration on how to use fertilizers through IFFCO KISAN drone was provided. The procedures for obtaining drones through central government grants were also explained.











### PAPER BAG PREPARATION TRAINING

On 17.11.2024, NSS Unit 7 of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam conducted paper bags preparation at Nehru Nagar. It is well known that the use of plastic adversely affects the environment. To prevent this and encourage the use of paper bags, the students learned the process of making paper bags. The students distributed the paper bags they prepared to the public, thereby raising awareness about the elimination of plastic.



## **CLOTHES DISTRIBUTION**

NSS volunteers Unit 7 of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam distributed clothes to the needy and poor people at Nehru Nagar. This event took a major role in the life of young children and old people those are in need of clothes.



### **CLEANING ACTIVITY**

On 18.11.2024, National Service Scheme Unit 7 of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam conducted cleaning activity at the Community Hall, Nehru Nagar. 30 NSS volunteers actively participated in the cleaning activity. Dr. B. Amala Jasmine, Programme Officer and Mrs. N. Jeyabharathi, Staff Advisor supervised the activity.



### **CULTURAL**

NSS Unit 7 volunteers performed cultural, the aim of the programme was to bring the voices awareness on using plastics that affect the environment for the next generation. The students conveyed this message through dance performances.



### **TNPSC COACHING**

On 19.11.2024, NSS Unit 7 of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam conducted a training session for government TNPSC competitive exams. Mr. Vijay, Kalam Academy was the resource person. He explained the procedures and strategies for preparing for exams. Through this initiative, students benefited by gaining insights into various recruitment exams conducted by the Tamil Nadu government for public sector jobs. The session emphasized the importance and objectives of these exams and highlighted the multiple opportunities available for students. It aimed to prepare students for various government job exams and raise awareness about the potential career paths within the state government.



## MUSHROOM CULTIVATION DEMONSTRATION

A mushroom farming training session was conducted at Periakulam Endapuli Panchayat Nehru Nagar, under the National Welfare Scheme of Jayaraj Annabakkam Women's Autonomous College. Dr. Sherin Rebecca, Assistant Professor in the Department of Zoology at JAC Periakulam, visited the village to provide training on mushroom farming. Mushroom farming is an important agricultural practice that helps improve the livelihoods of many people. In Tamil Nadu, especially, the significance of mushroom farming is very high, as it serves as a major source of income for farmers and rural communities. Dr. Sherin Rebecca explained the various aspects of mushroom farming, including cultivation techniques, benefits, and its potential as a sustainable and profitable agricultural venture. This training aimed at empowering the local community with valuable skills in mushroom cultivation.



### INDIAN NATIONAL EDUCATION DAY EVENT & PRIZE DISTRIBUTION

On 19.11.2024, NSS Unit 7 of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam celebrated The Indian National Education Day at Endapuli Union Primary School, Nehru Nagar. The aim of commemorating the birth anniversary of the education minister and celebrating National Education Day. A speech competition was held for the students, focusing on the importance of education. The event was attended by the Head mistress Mrs. Thamayanthi, Dr. B. Amala Jasmine, NSS Programme Officer and Mrs. N. Jeyabharathi, Staff Advisor. The prizes was distributed to the winners (10 students) of the competition and added significance to the event.





### **VALEDICTION**

The valedictory function of the seven days special camp organized by the National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam was held on 20.11.2024 at JK Colony, Endapuli Panchayat. The camp was conducted from 14.11.2024 to 20.11.2024. The event was presided over by Rev. Fr. Antony Palsamy, OFM, Chairman Director, RTU, G. Kallupatti along with Mr. Amos, Manager, RTU Rural Development Division, G. Kallupatti delivered keynote addresses. Mr. M. Pandiyan chaired the session. Rev. Dr. Sr. Jesurani, Principal delivered a blessing speech, Rev. Dr. Sr. Shantha Mary Jositta, Secretary gave a special address. Mr. Murukkodai Ramar, ADMK East District Secretary of Theni and Mr. Jayakumar, State Joint Secretary conveyed their greetings. Additionally, Mr. V. Annaprakash, Union Secretary of Periyakulam West and President of Vadapudupatti Panchayat participated in the event. Dr. J. Arul Irudaya Jeyanthi, NSS Programme Officer delivered the welcome address. Dr. B. Amala Jasmine and Dr. J. Immaculate Rani, NSS Programme Officers, presented the camp report. As a part of the programme NSS officers provided six cots, four iron boxes, and 24 chairs worth ₹34,000 to support poor and needy people. Mr. Abbas Maideen contributed ₹14,000 and sponsored meals for the NSS volunteers, demonstrating his generosity and commitment to social welfare. Cultural programs were performed by the NSS volunteers during the event. Dr. S. Kasthuri and Prof. E. Sahaya Merlin expressed gratitude on behalf of the NSS team. The event was coordinated by Rev. Dr. Sr. Arul Sunila, NSS Coordinator along with programme officers, Advisors, local residents, NSS volunteers and Panchayat members who actively participated.









### ஜெயராஜ் அன்னயாக்கியம் மகளிர் தன்னாப்சிக் கல்லூரி பெரியகுளம், தேனி மாவட்டம்.

அணி என் – 7 இளைஞர்வு எழுச்ச் தாட்டிவு அவர்ச்ச் இடம் : நேரு நகர், எண்டப்புளி ஊராட்சி, பெரியகுளம், தேனி மாவட்டம். நாள் : 14.11.2024 முதல் 20.11.2024 வரை

நேரம் : காலை 9.00 மணி முதல் மாலை 6.30 மணி வரை

பேரன்புடையிர், நாட்டு நலப்பணித்திட்ட முகரலின் துவக்கம் முதல் இறுதி எளிகள் அணைத்து நிகழ்ச்சிகளிலும் கலந்து எகாண்டு பயனடையுமாறு ஏ அன்புடன் அமைத்தில் நோர்க்

14.11.2024 வியாழக்கிழமை : தொடக்க விழா

10.00 a.m தொடக்க வழா ஊர் மக்களைச் சந்த்த்து முகாமனை அற்வத்தல் குழந்தைகள் தனம் நகழ்ச்சி சுத்தம் செய்தல் – சமுதாயக்கூடம் 02.00 p.m

03.00 p.m

04.00 p.m

04.30 p.m கலை நிகழ்ச்சிகள்

15.11.2024 வெள்ளிக்கிழமை

ஆரோக்கியம் மற்றும் சுகாதாரத்தின் முக்கியத்துவம் Dr. ஸ்ரீஸ்ட்சும், BNYS, உதவி மறத்துவ அலுவலர். அமை மற்றத்துவமணை விரியத்சம், 09.00 a.m

11.00 a.m <sup>அரசு மருத்துவமணை, பொய்களம்.</sup> <mark>பெண்களுக்கான தொழ்ற் பயிற்சிக்கு கணக்கெடுப்</mark>பு

02.00 p.m 03.00 p.m **மக்யோர் கல்**வி

சுதீதம் செய்தல் – முதல் தெரு

04.00 p.m கலை நிகழ்ச்சிகள்

16.11.2024 சனிக்கிழமை

9.00 a.m

onக்க பிரிவு, தேனி. 10.00 a.m

போதைப் பொருள் ஒழிப்பு விழிப்புணர்வு டெ செல்வகுமார். சுவல் ஆய்வாளர். மதுவிலக்கு அமலா இளையோரின் எதர்கால வாழிவும் கனவும் தரு. அப்பாஸ் மைதீன், அதிமுக இரைகுர் இளம்படி மாவட்டச் செயலாளர். பிசையில்லால் புதோடங்கள் உரிமைபாள நாட்டின் வளர்ச்சியில் இளையோரின் பங்கு

12.00 p.m

**தரு.** N. முகமது வாஜ்த், TVK, கரிழக வற்றிக் கழகம் (நகர சையலாளர்), பெரியக

02.00 p.m

த்திழக வெற்றிக்குமை (நிர உடல்கள்ளி), பயிடிகளம். கையிடியண் களுக்கு குழு அமைத்தல் முனைவர். அஞ்சக்கோ. ஸ்கார்வெட், உதன் பேராசிரியர். வணிகளியல் துறை, JAC, பெரியகளம். தீஞ்மத், நேலுயல்சுரும், கைமியண்கள் திட்ட இயக்குறர். தேனி.

04.00 p.m : சுத்தம் செய்தல் – இரண்டாவது தெரு

04.30 p.m : கலை நிகழ்ச்சிகள்

17.11.2024 ஞாயிற்றுக்கிழமை

09.00 a.m : யோகா பயிற்சி

**தீரு. தீருநாவுக்கரசு,** ஆயுஸ் சுகாதார நலவாழ்வு மையம்,

10.00 a.m : இலவச பொது மருத்துவ முகாம்

Dr. **செல்வராஜ்,** சங்கர் கீளினிக், வடுகபட்டி.

02.00 p.m : முத்யோரைச் சந்தத்தல்

03.00 p.m : சுத்தம் செய்தல் – மூன்றாம் தெரு

04.00 p.m : கலை நிகழ்ச்சிகள் 18.11.2024 தீங்கடகிழமை

09.00 a.m : ப்ளாஸ்ழக் ஒழிப்பு விழிப்புணர்வு

**தீரு. முருகன்,** நேசம் தொண்டு நிறுவனம், பெரியகுளம்.

10.00 a.m : தற்சார்பு இந்தியா சுயசார்பு விவசாயம்

IFFCO, KISSAN DRONE, லட்சுமிபாம். பேப்பர் பை தயார்ப்பு பயிற்சி

02.00 p.m: 03.00 p.m : சுத்தம் செய்தல் – நான்காம் தெரு

04.00 p.m : கலை நகழ்ச்சிகள்

19.11.2024 செவ்வாய்க்கிழமை

09.00 a.m : அரசு போட்டித் தேர்வுக்கான பயிற்சி **தீரு. வீஜய்**, சிறகுகள் இயக்கம், வத்தலக்குண்டு.

11.00 a.m : இந்திய தேசிய கல்வி தினம் நிகழ்ச்சி

02.00 p.m : காளான் வளர்ப்பு பயிற்சி

**முனைவர். ஷைர்ன் ஹபேக்கா** , உதவி பேராசிரியர்,

விலங்கியல் துறை. JAC, வரியகுளம்.

04.00 p.m : கலை நிகழ்ச்சிகள்

20.11.2024 புதன்கிழமை

09.00 a.m : நிறைவு வீழா

பொறுப்பாளாகள் : முனைவா். பா. அமலா ஐாஸ்மின்

பேராசீர்யா நா. ஜெயபாரத்