

**JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN (AUTONOMOUS),
AFFILIATED TO MOTHER TERESA WOMEN'S UNIVERSITY,
KODAIKANAL, PERIYAKULAM, THENI.**



UNIT VII

NATIONAL SERVICE SCHEME

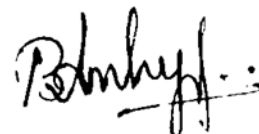


ANNUAL REPORT 2024 -2025

PROFORMA FOR NSS PROGRAMME OFFICER

S. No	Particulars	Details
1.	Name of Programme Officer	Dr. B. Amala Jasmine
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni Dt- 625601.
5.	College Email Address	principal@annejac.ac.in
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	Unit 7
8.	Mobile No (NSS PO)	9585261230
9.	Email ID (NSS PO)	amalamat@annejac.ac.in
10.	Whether attended NSS 7 days ETI Training	No
11.	Number of year Experience as NSS P.O	-
12.	Name of the Village Adopted	Nehru Nagar
Social Media Account Details of the NSS Unit		
1.	Twitter ID	@nssunit7jac
2.	Instagram ID	Unit7nss@annejac
3.	Face book ID	Unit7jac

Name: Dr. B. Amala Jasmine
Designation: Assistant Professor
Signature:



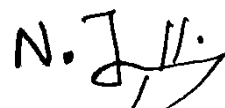
PROFORMA FOR NSS STAFF ADVISOR DETAILS

S. No	Particulars	Details
1.	Name of Staff Advisor	Mrs. N. Jeyabharathi
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni Dt-625601.
5.	College Email Address	principal@annejac.ac.in
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	Unit 7
8.	Mobile No (NSS staff advisor)	9514348215
9.	Email ID	jeyabharathicom@annejac.ac.in
10.	Department	Commerce
11.	Number of year Experience	-
12.	Name of the Village Adopted	Nehru Nagar

Name: Mrs. N. Jeyabharathi

Designation: Assistant Professor

Signature:



NATIONAL SERVICE SCHEME
Action Plan 2024 – 2025

<p style="text-align: center;">On 6th Day – 1 Hour On Saturday – 3 Hours</p>	
Regular Activities	Special Activities
<ul style="list-style-type: none"> ✓ Conducting NSS Theory Classes ✓ Conducting Awareness Programmes ✓ Celebrating Commemorative Days ✓ Cleaning activities inside the campus and adopted villages ✓ Watering Vitamin C – Fruit Trees Garden ✓ Discarding Waste leaves and ensuring plastic free campus (Solid Waste Management) ✓ Providing vocational training to female children and women in the adopted villages 	<ul style="list-style-type: none"> ❖ 7 Days Special Camp ❖ Observance of <ul style="list-style-type: none"> ● Swachh Bharat Mission ● Fit India ❖ Seminars ❖ Awareness Programmes related to the observance days mentioned in the academic calendar. ❖ Celebrating Independence Day inside the College campus and the adopted villages. ❖ Raising awareness among students about societal concerns by conducting street plays, rallies, and other activities, and by organizing competitions on topics like World Population Day etc. ❖ Tree Saplings Plantation in the adopted villages. ❖ Conducting meetings with the panchayat officials in our college and convene Advisory Meetings. ❖ Attending Refresher Training Programmes for Professors. ❖ Undertaking Projects related to NSS. ❖ Organizing free medical camps that includes general health check -up, dental check-up, etc in the adopted villages. ❖ Cleaning the public toilets. ❖ Installing dustbins in the adopted villages. ❖ Constructing toilets in the adopted villages.

	<ul style="list-style-type: none"> ❖ Connecting the rural women with self-help groups. ❖ Identifying the dropout students around the villages and helping them continue their education. ❖ Providing awareness about the Employment Schemes offered by the government and helping the villagers benefit out of them. ❖ Boost village livelihoods by expanding goat donations comparing to last year donation for greater impact. ❖ Providing language skills training for the adopted village children. ❖ Offering life skill training for the adopted villagers. ❖ Celebrating festivals, organizing cultural events, sports activity and community gathering in the adopted villages to ensure communal harmony. ❖ Providing vocational training for the women in the adopted villages like foot-mat preparation, mushroom cultivation, candle making, phenyl, cleaning and washing powder preparation, Soap making, pickle making etc. ❖ Carrying out the responsibilities allotted under Naan Muthalvan Scheme. ❖ Elevating Higher Education Prospects for Secondary Students through the Naan Muthalvan Scheme ❖ Helping the elders in the adopted villages by providing essentials like soaps, blankets etc ❖ To plant more trees in the college campus and preserve the trees planted last year.
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	❖ To empower younger generation for sustainable growth.
<p style="text-align: right;">Total Hours for a Year = 60 Total Hours for Two Years = 120</p>	

IMPORTANT DAYS & DATES

Date	Day	Remarks
Jan 12	National Youth Day	Birthday of Swami Vivekananda
Jan 15	Army Day	Field Marshall K.M. Cariappa took over the command of the Army on this day in 1949 from the British.
Jan 27	International Holocaust Day	The largest Nazi death camp, Auschwitz-Birkenau, was liberated by Soviet troops on Jan 27, 1945.
Jan 30	Martyr's Day	Martyrdom day of Mahatma Gandhi
Feb 28	National Science Day	Marks the discovery of the Raman Effect in 1928 by C.V. Raman
Mar 8	International Women's Day	-
Mar 15	World Consumer Day	President John F Kennedy formally addressed the issue of consumer rights on this day in 1963.

Date	Day	Remarks
Apr 7	World Health Day	WHO was formed on this day in 1948, but the first World Health Day was observed in 1950.
Apr 12	International Day of Human Space Flight	Yuri Gagarin, the Soviet Cosmonaut made the first space flight on this day in 1961.
May 1	International Worker's Day	-
May 8	International Red Cross Day	JH Dunant, the man behind Red Cross was born on this day in 1828.
May 11	National Technology Day	Nuclear tests at Pokhran were carried out in 1998 on this day.
May 21	Anti-terrorism Day	Former PM Shri Rajiv Gandhi was assassinated on this day in 1991.
Jun 5	World Environment Day	-
Jun 21	International Yoga Day	-
Jul 1	National Doctors Day (India)	Birthday of Dr Bidhan Chandra Ray
Jul 11	World Population Day	Inspired by 5 billion Day in 1987
Jul 12	Malala Day	Birthday of Malala Yousafzai
Jul 20	International Moon Day	Landing of Apollo 11 on the moon in 1969.
Jul 20	World Chess Day	Establishment of the International Chess Federation (FIDE) in Paris in 1924.
Aug 6	Hiroshima Day	The bombing of Hiroshima on 6 Aug 1945
Aug 7	National Handloom Day	Launching of the Swadeshi Movement on 7 Aug 1905
Aug 9	August Kranti Diwas	Launch of the Quit India Movement in 1942

Date	Day	Remarks
Aug 19	World Humanitarian Day	Commemorates the day when 22 aid workers were killed in a bombing at the UN headquarters in Baghdad in 2003
Aug 20	Sadbhawna Diwas	Birthday of Shri Rajiv Gandhi (1944)
Aug 29	National Sports Day	Birthday of Shri Dhyanchand (1905)
Sep 5	Teacher's Day	Birthday of Dr Radhakrishnan (1888)
Sep 8	International Literacy Day	-
Sep 14	Hindi Diwas	Hindi was accorded Official language status by the Constituent Assembly on this day in 1949.
Sep 15	Engineers' Day	Birthday of Sri M Visvesvaraya.
Sep 27	World Tourism Day	Statutes of the United Nations World Tourism Organisation were adopted on this day in 1980.
Oct 2	International Non-violence Day	Birthday of Mahatma Gandhi (1869)
Oct 8	Indian Air Force Day	IAF was officially established on this day in 1932.
Oct 16	World Food Day	Food and Agricultural Organisation was founded on this day in 1945.
Oct 24	United Nations Day	The Charter of the United Nations came into force on this day in 1945.
Oct 31	Rashtriya Ekta Diwas	Birth Anniversary of Sardar Vallabhbhai Patel
Nov 11	National Education Day	Birthday of Shri Maulana Abul Kalam Azad (1888), the first Education Minister of India.
Nov 14	Children's Day	Birthday of Shri Jawaharlal Nehru (1889)

Date	Day	Remarks
Nov 19	National Integration Day	Birthday of Smt Indira Gandhi (1984)
Nov 26	Constitution Day (India)	The Constitution of India was adopted on this day (1949)
Nov 26	National Milk Day (India)	Birthday of Shri Verghese Kurien, Father of the White Revolution in India
Dec 1	World AIDS Day	-
Dec 4	Navy Day	Commemorates the courageous attack on the Karachi harbour during the Indo-Pakistan war of 1971 in Operation Trident.
Dec 7	Armed Forces Flag Day	-
Dec 10	Human Rights Day	The Universal Declaration of Human Rights was proclaimed and adopted on this day in 1948.
Dec 16	Vijay Diwas	Marks India's victory over Pakistan in the Indo-Pak war in 1971.
Dec 18	Minorities Rights Day	United Nations adopted and promulgated the Declaration on the Rights of Persons belonging to National or Ethnic, Religious and Linguistic Minorities on this day in 1992.
Dec 24	National Consumers' Day	-
Dec 25	Good Governance Day	Birthday of Shri Atal Bihari Vajpayee

U. G. PROGRAMME OUTCOMES

UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE ABLE TO

PO. NO.	UPON COMPLETION OF THIS PROGRAM THE STUDENTS WILL BE ABLE TO
1.	Gain theoretical knowledge and apply the expertise in different fields. .
2.	Acquire industry specific skills and can emerge as entrepreneurs. .
3.	Develop critical and rational thinking to solve societal issues.
4.	Explore the knowledge and acclimatize it in the ever changing work environment.
5.	Evolve theories and develop innovative discipline specific ideas.
6.	Comprehend the nuances and develop innovative, discipline-specific ideas.

PSO. NO.	UPON COMPLETION OF THE PROGRAM THE STUDENTS WILL BE ABLE TO	PO MAPPED
PSO-1	Get knowledge about National Service Scheme.	PO-1
PSO-2	Acquire leadership skills and readiness to serve the society.	PO -2
PSO-3	Enhance perspectives of social issues in different point of views Think and act effectively in a critical situation.	PO-3
PSO-4	Develop positive attitude towards betterment of the society through voluntary service.	PO-4
PSO-5	Preserve nature, ethos and traditions and practices of the society.	PO-1

NATIONAL SERVICE SCHEME

Semester: I

Hours :2

Code: 23STPNS01

Credits:2

COURSE OUTCOMES:

CO. NO.	UPON COMPLETION OF THIS COURSE THE STUDENTS WILL BE ABLE TO	PSO ADDRESSED	COGNITIVE LEVEL
CO – 1	Acquire the basic knowledge about NSS	PSO-1	K1, K2
CO – 2	Uphold the value system based on the social, political and moral bases	PSO-1, PSO-2	K3
CO – 3	Understand and identify the needs of the society	PSO-1, PSO-2, PSO - 4	K2, K4
CO – 4	Develop the capacity to meet emergencies and attain knowledge to concentrate on personal health and hygiene	PSO2-, PSO-4 PSO-5	K5, K6
CO – 5	Face the challenges particularly to become women entrepreneurs	PSO-1	K3, K6

RELATIONSHIP MATRIX FOR COURSE OUTCOMES, PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOMES

Semester : I – IV		NATIONAL SERVICE SCHEME										Hours: 240
Code : 23STPNS01												Credits: 2
Course Outcomes	Programme Outcomes (PO)						Programme Specific Outcomes (PSO)					Mean Score of CO's
	1	2	3	4	5	6	1	2	3	4	5	
CO1	1	2	3	4	5	6	1	2	3	4	5	3.81
CO2	4	5	4	3	4	3	4	3	4	4	4	3.90
CO3	5	4	4	4	4	4	4	3	4	4	3	3.90
CO4	4	4	5	3	4	4	5	4	3	3	4	4.00
CO5	5	4	4	3	4	4	4	5	4	3	4	3.90
Overall Mean Score												3.90

Result: The Score for this Course is 3.90 (High Relationship)

Note:

Mapping	1 - 20%	21 - 40%	41 - 60%	61 - 80%	81 - 100%
Scale	1	2	3	4	5
Relation	0.0 - 1.0	1.1 - 2.0	2.1 - 3.0	3.1 - 4.0	4.1 - 5.0
Quality	Very Poor	Poor	Moderate	High	Very High

Values Scaling

Mean Score of Cos = $\frac{\text{Total of Values}}{\text{Total No. of Pos \& PSOs}}$	Mean Overall Score for Cos = $\frac{\text{Total of Mean Scores}}{\text{Total No. of Cos}}$
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UNIT I: BASICS OF NSS

Introduction –History and Growth – Aim and Objectives – NSS Motto – NSS Symbol - NSS Badge –NSS Day - Code of Conduct- NSS Regular Activities & Special Camp.

UNIT II: PERSONALITY DEVELOPMENT

Personality Development – Know Thyself- Body Language- Forming Values Etiquette and Manner - Team Building and Team Work – Problems of Youth – Drug abuse - Drug Dependence /Addiction –Alcoholism – Suicide - Sexual Problems – Diseases.

UNIT III: SOCIAL SERVICE

Aim of Social Service – Social Service Organizations - Social Problems - Need for Social Service - Scope of Social Services - Functions of Social Services - Principles of First Aid - Important things kept in the First Aid Box - Snake Bite - Dog Bite - Insect Bite - Heat Stroke - Drowning - Electric Shock - Artificial Respiration – Hemorrhage – Stroke - Heart Attack – Symptoms – Fainting.

UNIT IV: NUTRITIOUS FOOD AND WOMEN'S HEALTH

Nutrition - Adequacy – Balance - Calorie Management - Dietary Density – Moderation – Variety - Calculation of Calorie Permittance - Calculation of Protein Percentages - Food Sources - Vitamins the Importance of Dietary Nutrition Women's Health

UNIT V: ECOLOGY AND ROLE OF WOMEN IN SOCIETY

Environment - Environmental Elements - Environmental concerns - Changing Climate – Global warming – Women achievers - Women's Place in Society - Social Issues against Women - The Ways to Empower Women.

COURSE BOOK:

Arul Sunila.J, Flora Pauline Mary.V, Preethi.J, Padmasree. A. D, Girija Bai. T,
Arul Irudaya Jeyanthi.J, Abinaya. D, *NOT ME BUT YOU*, Acca Printing Press, 2022.

Internal Assessment

Components	Marks
Attendance	20
Assesment (Involvement in activities)	50
Test	30
Total	100

QUESTION PATTERN**NATIONAL SERVICE SCHEME-23STPNS01****Class : II UG****Time : 2 Hours****Date :****Max. Marks: 30**

Course Outcome	Bloom's K-level	Q. No	SECTION – A Answer All Questions Internal choice 2x5=10
			SECTION – B Answer any TWO of the following 2x10=20

Month of June 2024

Naan Mudhalvan Scheme – 11.06.2024

On 11.06.2024, NSS Unit - VII of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam worked under Naan Mudhalvan Scheme 2024. 2 NSS volunteers of Unit VII visited Government Higher Secondary School, Lakshmipuram, Theni district to enquire the status of 12th passed students. A peer motivation on Higher Education was given to XII completed school students of Lakshmipuram.



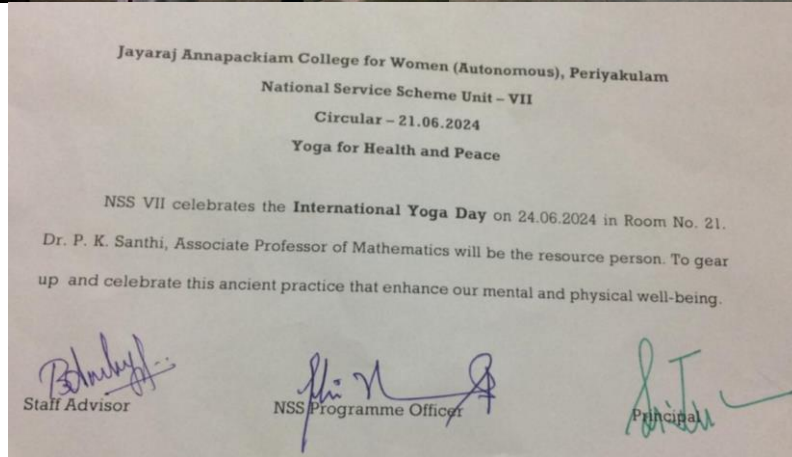
Naan Mudhalvan Scheme – 12.06.2024

On 12.06.2024, NSS Unit - VII of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam worked under Naan Mudhalvan Scheme 2024. 2 NSS volunteers of Unit VII visited Government Higher Secondary Model School, Silvarpatti, Theni district to enquired the status of 12th passed students. A peer motivation on Higher Education was given to XII completed school students of Silvarpatti.



International Yoga Day - 24.06.2024

On 24.06.2024, JAC NSS Unit 7 celebrated International Yoga Day with a dynamic demonstration on yoga asanas. 30 NSS volunteers participated in the programme, titled, "Yoga for Wellness." A skilled instructor, Dr. P. K. Santhi, Associate Professor of Mathematics led the demonstration, highlighting various asanas, pranayama, and a brief guided meditation. This event fostered a peaceful and united atmosphere, among participants expressing appreciation for the communal practice and the opportunity to enhance their well-being through yoga.



Report on Anti-Drug Oath - 26.06.2024

On 12.06.2024, JAC NSS Unit 7 pledged an oath against drug usage. Totally, 42 NSS volunteers actively participated to create awareness about the dangers of drug abuse, promotes prevention, and supports those seeking recovery and sobriety.



Cleaning Activity - 29.06.2024

On 29.06.2024, JAC NSS Unit 7 conducted the campus cleaning activity from 2.00 p.m. to 4.00 p.m. 42 NSS volunteers actively participated in watering the plants and cleaned the weeds around the planted saplings. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the cleaning activity.



Month of July 2024

NSS Orientation Programme - 06.07.2024

On 06.07.2024 NSS Programme Officers addressed the first years and informed them of the history of NSS and its aim and goals. Each PO delivered a brief talk on the importance of joining NSS and the purpose of NSS. Everyone is motivated to do service to society voluntarily and it is our duty to understand the community in which they live and work. They encouraged the first years to understand themselves in relation to their community and suggested that this is the platform to acquire leadership qualities and identify the needs and problems of the community and involve them in the problem-solving process. The students made a decision to help society on a voluntary basis after the orientation program.



Cleaning Activity - 22.07.2024

On 22.07.2024, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam conducted the campus cleaning activity from 2.00 p.m. to 4.00 p.m.

42 NSS volunteers actively participated in watering the plants and cleaned the weeds around the planted saplings. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the cleaning activity.



Tree Plantation - 22.07.2024

On 22.07.2024, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam conducted tree plantation activity from 2.00 p.m. to 4.00 p.m. 42 NSS volunteers actively participated in planting 10 saplings near gym. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the activity.



NSS Enrollment - 22.07.2024

On 22.07.2024, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam conducted NSS enrolment activity for all the I year NSS volunteers at 3 p.m. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the activity.



A Sustainable Future – 24.07.2024

On 24.07.2024, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam organized an impactful digital exhibition and virtual gallery themed "A Sustainable Future". This event featured innovative artworks as videos. 20 NSS volunteers participated highlighted sustainable practices and environmental conservation. Students explored virtually, showcasing renewable energy solutions, eco-friendly designs, and conservation efforts. This event fostered awareness and creativity, underscoring the importance of sustainability in shaping a better future. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the activity.



India's Budget - 2024 – 29.07.2024

On 29.07.2024, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam organized an awareness programme on India's Budget 2024. A significant emphasis on women's welfare, introducing various initiatives aimed at enhancing women's education, health, and economic independence. The budget focused on women's safety and rights through proposed legal reforms. 100 NSS volunteers were encouraged to participate in various programs that support women's development and empowerment. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor initiated this activity.



Kargil Vijaya Divas - 2024 – 30.07.2024

On 30.07.2024, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam organized a special programme on Kargil Victory Day 1999 in the College Campus at 3.00 pm. 35 NSS volunteers made salutation to honor the bravery activity of the Kargil war soldiers. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor initiated this activity.



Month of August 2024 **Cleaning Activity – 03.08.2024**

On 03.08.2024, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam conducted the campus cleaning activity from 2.00 p.m. to 3.00 p.m. 40 NSS volunteers actively participated in watering the plants and cleaned the weeds around the planted saplings near gym in the College campus. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the cleaning activity.



Meeting with Panchayat Officer – 09.08.2024

The NSS program officers of Jayaraj Annapackiam College met Mr. Chinnapandi, President of Endapuli Panchayat on 09.08.2024 in the panchayat office at 3:00 p.m. and discussed the situation of adopted villages and enquired about their support to conduct camp for the Second year NSS volunteers for the academic year 2024-2025 in the adopted villages.



Drug Abuse Pledge – 12.08.2024

On 12.08.2024, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam conducted a pledge against drugs usage among people. To celebrate the life and pledge to live a drug-free life, 21 INSS volunteers participated. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor participated.



Independence Day Celebration – 15.08.2024

The NSS Volunteers of Unit 7 organized a vibrant and patriotic celebration on the occasion of the 78th Independence Day at Panchayat Union Primary School, Arockia Matha Nagar. The event witnessed enthusiastic participation from nearly

300 students. The program began with a flag hoisting ceremony, followed by a series of activities that highlighted the spirit of independence. The school students, guided by the NSS volunteers, sang a collection of patriotic songs that stirred a sense of national pride among the audience. A notable highlight of the event was a display that portrayed the sacrifices made by the great leaders of India's independence struggle. The students, through their performances, paid tribute to the heroes who fought for the nation's freedom, making the day both educational and inspirational. To conclude the celebration, the NSS volunteers distributed sweets to all the participants.



Survey Report: Identification of Widows, Abandoned Women, and Individuals without Basic Housing Facilities in Nehru Nagar

A comprehensive survey was undertaken in Nehrunagar by Unit 7 Volunteers, under the direction of the RTO department and the leadership of the Panchayat President of Endapulli Panchayat, with guidance from Programme Officer Mrs. D. Abinaya and Staff Advisor Dr. B. Amala Jasmine. This initiative aimed to identify widows, abandoned women, and individuals without basic housing facilities. The survey uncovered a considerable number of vulnerable individuals who are in urgent need of financial aid, social and legal support, and housing assistance. The insights gained from this survey will be instrumental in directing targeted interventions to provide essential support to these disadvantaged groups within the village.

RTO Survey List – 15.08.2024

UNIT VII – நேரு நகர்

S. No.	Village	Name	Category	Address	Phone No.
1.	நேரு நகர்	திருமதி. தங்கமணி	ஏழை	நேரு நகர், எ. புதுப்பட்டி	9585072814
2.	நேரு நகர்	திருமதி. முனியம்மாள்	ஏழை	நேரு நகர், எ. புதுப்பட்டி	9654220874
3.	நேரு நகர்	திருமதி. பஞ்சவர்ணம்	ஏழை	நேரு நகர், எ. புதுப்பட்டி	8940953118
4.	நேரு நகர்	திருமதி. நந்தினி	ஏழை	நேரு நகர், எ. புதுப்பட்டி	8754298490
5.	நேரு நகர்	திருமதி. பாண்டியம்மாள்	ஏழை	நேரு நகர், எ. புதுப்பட்டி	7806866752
6.	நேரு நகர்	திருமதி. தங்கமணி	ஏழை	நேரு நகர், எ. புதுப்பட்டி	9585072814



Tablets Distribution - 29.08.2024

On 29.08.2024, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam distributed Ferrous Sulphate and Folic Acid Tablets and Albendazole

Tablets at 3.00 p.m. to all 100 NSS volunteers. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor distributed the tablets.



Cleaning Activity - 31.08.2024

On 31.08.2024, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam conducted the campus cleaning activity from 2.00 p.m. to 4.00 p.m. 35 NSS volunteers actively participated in watering the plants and cleaned the weeds around the planted saplings. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the cleaning activity.



Month of September 2024
Cleaning Activity – 03.09.2024

On 03.09.2024, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam conducted the campus cleaning activity from 2.00 p.m. to 3.00 p.m. 42 NSS volunteers actively participated in watering the plants and cleaned the weeds around the planted saplings near gym in the College campus. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the cleaning activity.



Cleaning Activity – 13.09.2024

On 13.09.2024, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam conducted the campus cleaning activity from 2.00 p.m. to 3.00 p.m. 85 NSS volunteers actively participated in watering the plants and cleaned the weeds around the planted saplings near gym in the College campus. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor supervised the cleaning activity.



Tree plantation - 18.09.2024

In connection with World Environment Day, under the guidance of the Ministry of Environment, Forest and Climate change JAC NSS Unit VII has organized a one-day special plantation drive at JAC campus on 18.09.2024. NSS

volunteers planted saplings for a greener and sustainable environment. This initiative has provided the significance for planting trees as a tribute to mothers and to promote environment conservation across the country. Mrs. D. Abinaya, Programme Officer and Dr. B. Amala Jasmine, Staff Advisor organized the activity.



Swachhata cleanliness drive - 25.09.2024

On 25.09.2024, JAC NSS Unit VII participated in cleanliness drive, a nationwide initiative to clean and sanitize public spaces, promoting hygiene and community involvement. A cleanliness drive was conducted in Nehru Nagar at Endapuli panchayat collected 25 kg of plastics and created awareness on proper waste segregation and disposal. The collected plastics were handed over to Nesham Trust recycling unit. About 35 NSS volunteers participated in the cleanliness drive. Swachhata Shapath Pledge of Cleanliness was taken by villagers and school students.



Meendum Manjapai campaign - 25.09.2024

On 25.09.2024, JAC NSS Unit VII organized Manjapai campaign, a plastic-free initiative, on at Nehru Nagar, Endapuli panchayat. 35 NSS volunteers participated in collecting 25 kg of plastic waste. 100 cloth bags to local vendors and shoppers. This initiative significantly reduced plastic usage in the area, fostering a sustainable environment and promote eco-friendly practices.



NSS Day Competition - 25.09.2024

On 25.09.2024, NSS Unit 7 celebrated a poster-making competition on the theme "Life of an NSS Volunteer". Participants creatively highlighted the values of service, leadership, and teamwork in their posters. The event successfully reflected the dedication of NSS volunteers to community service and nation-building. 50 NSS volunteers participated in the competition.



Month of October 2024
Blankets and Goat Distribution Event – 16.10.2024

On 16.10.2024, JAC NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam in collaboration with Jeevanadhi Social Service Trust, Bengaluru organized a blankets and goat distribution event in Nehru Nagar. The event provided 25 blankets and 3 goats to those in need. 10 NSS volunteers were actively participated in the event. Dr. B. Amala Jasmine, Programme Officer and N. Jeyabharathi, Staff Advisor organized the programme.



Blankets and Uniform Distribution Event – 17.10.2024

On 17.10.2024, JAC NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam in collaboration with Jeevanadhi Social Service Trust, Bengaluru organized a clothes distribution event on 17.10.2024 at the Holy Annai Community Hall in Thamarakulam. The event provided blankets and sarees to those in need in Thamarakulam and T. Kallipatti, Financial Assistance to Devi to support her small business and to Riswana Parveen to meet her educational expenses. Additionally, free clothes were distributed to school students. Approximately ₹5 lakhs worth of materials including 500 blankets and sarees and clothes for school students. 10 volunteers were actively participated. B. Amala Jasmine, Programme Officer and Mrs. N. Jeyabharathi, Staff Advisor organized the programme.



Youth Awakening Day – 19.10.2024

On 22.10.2024, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam celebrated Youth Awakening Day and conducted Essay writing competition in remembrance of Dr. A. P. J. Abdul Kalam's birthday whose contribution is remarkable to the development of India. 45 NSS volunteers actively participated in the competition. Dr. B. Amala Jasmine, Programme Officer and Mrs.

N. Jeyabharathi, Staff Advisor supervised the cleaning activity.



Voter's Day Awareness Competition – 24.10.2024

On 24.10.2024, JAC NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam in connection with Election Commission conducted Voter's Day Awareness Competition and handed over the participants sheets to Theni District Election Commission Officer. 25 NSS volunteers actively participated. The following students are the winners.

1. Unit 7 - S. Seema Shahin - I B. Sc. Mathematics (R)
2. Unit 10 - G. Gayathriya -II B. Com CA
3. Unit 7 - R. Lokeshwari - I B. Sc. Mathematics (R)



Tree Plantation – 25.10.2024

On 25.10.2024 Unit VII of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam participated in the tree planting event organized by Pasumai Vasal Foundation for the environmental drive at 3 pm in JAC Campus. Dr. B. Amala Jasmine, NSS Programme Officer and S. Shakthi Sri II B.Sc. Mathematics (R) actively participated in the event.



Month of December 2024

International Human Solidarity Day – 18.12.2024

On 18.12.2024, JAC NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam organized a meaningful celebration of International Human Solidarity Day at 3.00 pm. A slogan writing and skit witnessed enthusiastic participation from NSS volunteers. This event highlighted the importance of unity, solidarity and support for marginalized communities. The competition promoted awareness and encouraged students to uphold human values, fostering a sense of social responsibility and global citizenship among them. 70 NSS volunteers participated, Dr. B. Amala Jasmine, NSS Programme Officer and Mrs. N. Jeyabharathi, NSS Staff Advisor organized the programme.



Lecture on NSS – 21.12.2024

On 21.12.2024, JAC NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam conducted an impactful class for first-year students, which highlights the fundamentals and objectives of the National Service Scheme (NSS). The class

elaborated on the history, goals, and importance of NSS in fostering leadership and social responsibility among youth. Dr. B. Amala Jasmine, Programme Officer and N. Jeyabharathi, Staff Advisor supervised the activity.



Month of January 2025 **Cleaning Activity – 10.01.2025**

On 10.01.2025, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam conducted the campus cleaning activity from 3.00 p.m. to 4.00 p.m. 65 NSS volunteers actively participated in watering the plants and cleaned the weeds around the planted saplings near the Controller Office. Dr. B. Amala Jasmine, Programme Officer and N. Jeyabharathi, Staff Advisor supervised the cleaning activity.



Pongal Celebration – 11.01.2025

On 11.01.2025, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam organized a vibrant and culturally enriching Pongal celebration, showcasing the essence of Tamil heritage and tradition. The event symbolized prosperity and joy adorned by all I and II year NSS volunteers donned traditional attire, creating an authentic festive ambiance. A special highlight was the preparation of Pongal, the traditional dish, cooked with devotion and shared among all students as a gesture of unity and gratitude. The NSS volunteers' dedication and teamwork event, leaving everyone with cherished memories and a renewed appreciation for cultural traditions.



Republic Day Celebration – 26.01.2025

On 26.1.2025, NSS Unit VII of JAC celebrated Republic Day at Thendral Nagar, Narikuravar Colony. The celebration was held in the presence of Rev. Sr. Dr. S. Jesurani, the Principal, Rev. Sr. Dr. Shanta Mary Joshitta, the Secretary, Rev. Sr. Saroja, and Rev. Sr. Vimala from the college administration. They were joined by Mr. Chelladurai, the Village Head, Mr. Ragu Padma Soori, Ward Counsellor, and Social Workers Mr. Kaviyarasan and Mr. Jeyam. Rev. Sr. Dr. Jesurani and Rev. Sr. Shanta Mary Joshitta addressed the gathering, highlighting the significance of Republic Day and the collective responsibility we share in serving our fellow citizens. Their words resonated deeply with the local residents, fostering a sense of unity and pride. Around 100 local residents, along with the NSS volunteers, Programme Officers, and Staff Advisors participated in the celebration.



Free Clothes Distribution Campaign – 26.01.2025

On 26.01.2025, National Service Scheme of JAC, in collaboration with Jeevanadhi Charitable Trust, Bengaluru, organized a remarkable FREE CLOTHES DISTRIBUTION campaign at Thendral Nagar, Narikuravar Colony, Allinagaram, Theni. This compassionate initiative reached out to the underprivileged members of the community, providing them with much-needed clothing. The event was graced by Rev. Sr. Dr. S. Jesurani, the Principal of the college, Rev. Sr. Dr. Shanta Mary Joshitta, Rev. Sr. Saroja, and Rev. Sr. Vimala from the college administration. They were joined by Mr. Chelladurai, the Village Head, Mr. Ragu Padma Soori, Ward Counselor, and social workers Mr. Kaviyarasan and Mr. Jeyam, who were actively involved in ensuring the event's success. Rev. Sr. Dr. Jesurani and Rev. Sr. Shanta Mary Joshitta addressed the gathering, highlighting the significance of Republic Day and the collective responsibility we share in serving our fellow citizens. Their words resonated deeply with the local residents, fostering a sense of unity and pride. Adding to the celebration, the NSS volunteers' cultural performances brought joy and excitement to the participants. The event saw the active participation of around 100 local residents, who not only received clothes but were also uplifted by the warmth and support of the volunteers and organizers.

The distribution included clothing for children, students, and elders, with a total value of approximately three lakh rupees. This generous gesture made a tangible difference in the lives of many. Special recognition is due to Rev. Brother Augustine, the founder of Jeevanadhi Charitable Trust, for his unwavering dedication to serving the underprivileged, along with the selfless contributions of the trust's members. Their efforts in organizing and executing such a large-scale event exemplify the spirit of social responsibility and compassion. A total of 150 NSS volunteers, along with Programme Officers and Staff Advisors, worked diligently to make this event a success, reflecting the strength of community collaboration and the true meaning of service to humanity. This initiative not only provided essential resources but also reinforced the importance of solidarity and kindness in today's world.





Voter's Day Competition Prize Distribution - 22.01.2025

On 22.01.2025, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam in connection with Election Commission conducted Voter's Day Awareness Competition. The following winners were awarded with cash prize of total amount Rs. 900/-.

4. Unit 7 - S. Seema Shahin - I B. Sc. Mathematics (R) – Rs. 400/-
5. Unit 10 - G. Gayathriya -II B. Com CA – Rs. 300/-
6. Unit 7 - R. Lokeshwari - I B. Sc. Mathematics (R) – Rs. 200/-



Awareness Programme on Menstrual Hygiene - 28.01.2025

On 28.01.2025, National Service Scheme of JAC Unit 7 in collaboration with Tamilnadu State Rural Livelihoods Mission organized an Awareness Programme on “Menstrual Hygiene Training” at 3.00 p.m. in Room No: 53. Mrs. Nandhini, TNSRLM, Block Resource Person, Periyakulam served as the Resource Person and delivered a lecture on the importance of maintaining proper menstrual hygiene. She explained the menstrual process and how to take better care during menstruation. The lecture insisted on the usage of quality sanitary napkins to prevent infections

and how to stay healthy by consuming proper and healthy diet. About 70 NSS volunteers actively participated, Dr. B. Amala Jasmine, Programme Officer and Mrs. N. Jeyabharathi, Staff Advisor organized the programme.



Martyr's Day - 30.01.2025

On 30.01.2025, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam in connection with Martyr's Day paid homage to Martyr's, who laid down their lives in the struggle for India's freedom. Silence was observed for 2 minutes and a pledge against untouchability was taken by all the units at 11 a.m. in the College campus.



Month of February 2025
Mushroom Training – 04.02.2025-06.02.2025

NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam motivated women in the adopted village Nehru Nagar to participate in the Mushroom cultivation training organized by Research Department of Zoology, JAC in collaboration with Department of Science and Technology, India and Tamil Nadu State Council for Science and Technology for SC/ST women to upgrade their financial status. Ananthi, Prabha, Kanimozhi, Nivetha and Kammakkal from Nehru Nagar were participated in the training from 04.02.2025 to 06.02.2025.



Sanitary Napkin Distribution – 07.02.2025

On 07.02.2025, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam distributed Napkins to all the students of PG and Research

Department of Mathematics. 98 students benefited out of this distribution. Dr. B. Amala Jasmine, Programme Officer and N. Jeyabharathi, Staff Advisor organized the activity.



Tablet Distribution – 14.02.2025

On 14.02.2025, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam distributed Albendazole worm tablets to all the students of Mathematics department. 98 students benefited by consuming the tablet. Dr. B. Amala Jasmine, Programme Officer and N. Jeyabharathi, Staff Advisor organized the activity.



NSS Examination – 20.02.2025

On 20.02.2024, Jayaraj Annapackiam College NSS UNIT VII conducted NSS Examination from 03.00 p.m.- 05.00 p.m. Totally 30 NSS volunteers were attended. Dr. B. Amala Jasmine, NSS Programme Officer and Mrs. N. Jeyabharathi, Staff Advisor supervised the examination.



Month of March 2025

A Guest lecture on Youth Festival and International Women's Day Celebration - 11.03.2025

The National Service Scheme Unit VII of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organized a Guest lecture on the occasion of National Youth Day and International Women's Day. The event aimed to inspire and educate our students about the significance of these days. The guest lecture was delivered by Mr. Sakthivel, Pharmacist, Govt. Hospital, Silvarpatti and Mrs. S. Chellapandiyammal, Typist, District Court, Karur who emphasized the importance of National Youth Day, celebration which marks the birth anniversary of Swami Vivekananda. The speaker highlighted Swami Vivekananda's ideals and teachings, which continue to inspire the youth of our nation. The speaker also discussed the importance of Women's Day celebration which is a global day to recognize the achievements of women and promote gender equality. The need to empower women and create a society that values and respects are their contributions was emphasized. 65 NSS volunteers who were inspired by the speaker's words and motivated to become active participants in nation-building and promoters of gender equality. Dr. B. Amala Jasmine, Programme Officer and Mrs. N. Jeyabharathi, Staff Advisor expressed their gratitude to the guest speakers for sharing their valuable insights with us.



Women's Day Competition – 13.03.2025

On 13.03.2025, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam conducted a poster making competition on the topic Women Empowerment to all the NSS volunteers Mathematics, B. Com (SF) and B. Com CA. 18 students actively participated and exhibited their talents. Dr. B. Amala Jasmine, Programme Officer and N. Jeyabharathi, Staff Advisor conducted the competition.



Sanitary Napkin Distribution – 13.03.2025

On 13.03.2025, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam distributed Napkins to all the NSS volunteers Mathematics, B. Com (SF) and B. Com CA. 69 students benefited out of this distribution. Dr. B. Amala Jasmine, Programme Officer and N. Jeyabharathi, Staff Advisor organized the activity.



To Unify for Equality – 22.03.2025

On 22.03.2025, NSS of Jayaraj Annapackiam College for Women, Periyakulam collaborated with National Cadet Corps of JAC and Theni District Police for Social Justice and Human Rights Division, conducted a rally and awareness programme on human rights. The event titled “To Unify for Equality”. 300 NSS Volunteers and NCC Cadets actively participated in rally from JAC campus to Periyakulam. N. Sugumar., Superintendent of Police, Women and Child Care Division, Theni District welcomed the gathering. The event was headed by the special talks of Rev.Sr. Dr.S. Jesurani., the Principal, JAC and Honourable. Shiva Prasad, IPS., Theni district. NSS Volunteers query session is a remarkable note with the Honourable Swarnam. J. Natarajan, M.L., Principal District Judge of Theni. Unit VII 9 NSS Volunteers inacted a drama on the theme Unify for Equality which kindled the spirit of equality and human rights. Thiru. C.Nallu, Superintendent of Police, Periyakulam. Thirumathi.G.Anuradha., LLM., MLS, Judge at Court Session, Division for Scheduled Caste and Scheduled Tribes. Thiru.K.Kamalanadhan., B.Sc., BL., Criminal Justice Magistrate., Periyakulam., Thirumathi. S. Sameena., B.A., LLB., Additional District Judge., Periyakulam.t Thiru.G.N. Saravana Kumar., M.A., BL., Judicial Magistrate, Theni. Thiru. R.Ezakivel., B.B.E., B.L., Special Public Prosecutor., Theni District honoured this programme with much social responsibility. Thiru.P.Kanagaraj., Deputy Superintendent of Police., Social Justice and Human Rights Division., Theni District delivered a vote of thanks. Equitable food was served at the end of the event for the public participants as well the NSS Volunteers and NCC cadets.



Month of April 2025
Naan Mudhalvan Scheme Prize Distribution – 04.04.2025

On 05.04.2025, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam distributed prizes (book) for the active participation in admission for JAC. 3 NSS volunteers actively engaged in the admission process at JAC through Naan Mudhalvan Scheme.



World Autism Awareness Day – 05.04.2025

On 05.04.2025, NSS Unit VII of Jayaraj Annapackiam College for Women, Periyakulam organized a lecture on World Autism Awareness Day. 45 NSS volunteers enriched with awareness on autism and understood not to discriminate among autism individuals. This event was also showcased through tableau, students actively participated in this programme. Dr. B. Amala Jasmine, Programme Officer and N. Jeyabharathi, Staff Advisor participated in the programme.



Dr. B. R. Ambedkar's Birthday Celebration Competition - 05.04.2025

On 05.04.2025, In connection with Dr. B. R. Ambedkar's birthday celebration, NSS UNIT VII volunteers participated in an online Quiz Competition conducted by NSS Unit XIII. The students who scored above 50% of marks in the Quiz competition received certificates. The students came to know about the exemplary life history and contributions of Dr. B.R. Ambedkar.

Dr. B. R. Ambedkar's Jeyanthi - 05.04.2025

On 05.04.2025, NSS Unit VII organised a awareness lecture on Indian constitution to commemorate the birth anniversary of Dr.B.R.Ambedkar and took pledge by reading the Preamble of the Indian constitution. This event was organised by Dr. B. Amala Jasmine, Programme Officer and Mrs. N. Jeyabharathi, Staff Advisor.



RURAL IMMERSION PROGRAMME REPORT 2024-2025

National Service Scheme (NSS) special camp was organized by Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, during the period of 14.11.2024 to 20.11.2024. On 14.11.2024, Unit- 7 NSS volunteers went to adopted village Nehru Nagar at Endapulli panchayat. M. Janani (23JUBBS07), II BBA was selected for the RIP programme. On the first day, I collected the family details of the adopted family. Mrs. Mariyammal's husband passed away 20 years ago. She has two daughters, Murugeswari and Shanthi. They live in a very poor situation. Mariyammal works as a coolie and earns daily Rs. 200/- but her house rent is 1000 per month.



On 15.11.2024, I interacted with the family members to understand their needs. The family members were very happy to see me. I helped them clean vessels and tidied the house.



On 16.11.2024, I visited the family and with their family member, I went to the field to help them in farming. The family members felt happier.



On 17.11.2024, I went to see the family in Nehru Nagar which was adopted. We took the effort to plant saplings that would be helpful to the adopted family close to their home. Their grandsons planted trees to create a greener environment around their home, which might serve as a motivating activity for the green revolution.



On 18.11.2024, I visited the family and offered a small prayer. I gave them practice to read and write their names. I encouraged them to be involved in elder's education so that they can participate in all social activities.



On 19.11.2024, I visited the family with some clothes that will be helping their grandsons and other members of the family. I helped them to feed the cattle and graze them. The family was very happy with the work. She explained how to take care of cows.



On 20.11.2024, we provided a cot for the family on behalf of Unit VII.

