

**JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN (AUTONOMOUS),  
AFFILIATED TO MOTHER TERESA WOMEN'S UNIVERSITY,  
KODAIKANAL, PERIYAKULAM, THENI.**



**UNIT IX**

**NATIONAL SERVICE SCHEME**



**ANNUAL REPORT 2024 -2025**

**PROFORMA FOR NSS PROGRAMME OFFICER**

S. No	Particulars	Details
1.	Name of the Programme Officer	Dr.L.R.Charlet Sharmili
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	JayarajAnnapackiam College for Women (Autonomous), Periyakulam, Theni Dt-625601.
5.	College Email Address	<a href="mailto:principal@annejac.ac.in">principal@annejac.ac.in</a>
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	9 <sup>th</sup>
8.	Mobile No (NSS PO)	9123537983
9.	Email ID (NSS PO)	<a href="mailto:charlethis@annejac.ac.in">charlethis@annejac.ac.in</a>
10.	Whether attended NSS 7 days ETI Training	<b>YES / No</b>
11.	Number of year Experience as NSS P.O	2
12.	Name of the Village Adopted	Kakkanji Nagar
<b>Social Media Account Details of the NSS Unit</b>		
1.	Twitter ID	@nssunit9jac
2.	Instagram ID	NSSunit9jac periyakulam
3.	Face book ID	NSS Unit No. Nine

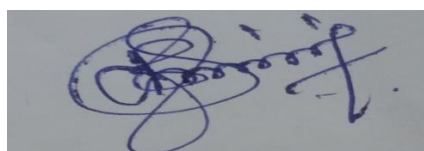
*L.R.Charlet Sharmili*

Name: Dr.L.R.Charlet Sharmili  
NSS Programme Officer -Unit IX  
J.A.College, Periyakulam.

**PROFORMA FOR NSS STAFF ADVISOR DETAILS**

S. No	Particulars	Details
1.	Name of the Staff Advisor	R.Sivasakthi
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	JayarajAnnapackiam College for Women (Autonomous), Periyakulam, Theni Dt-625601.
5.	College Email Address	<a href="mailto:principal@annejac.ac.in">principal@annejac.ac.in</a>
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	9 <sup>th</sup>
8.	Mobile No (NSS SA)	6385809546
9.	Email ID (NSS SA)	sivasakthib.com@annejac.ac.in
10.	Whether attended NSS 7 days ETI Training	Yes / <b>No</b>
11.	Number of year Experience as NSS Staff Advisor	<b>1</b>
12.	Name of the Village Adopted	Kakkanji Nagar
<b>Social Media Account Details of the NSS Unit</b>		
1.	Twitter ID	@nssunit9jac
2.	Instagram ID	NSSunit9jac periyakulam
3.	Face book ID	NSS Unit No. Nine

Name: R.Sivasakthi  
NSS Staff Advisor -Unit IX



## NATIONAL SERVICE SCHEME

### Action Plan 2024 – 2025

<p style="text-align: center;"><b>On 6<sup>th</sup> Day – 1 Hour</b></p> <p style="text-align: center;"><b>On Saturday – 3 Hours</b></p>	
<b>Regular Activities</b>	<b>Special Activities</b>
<ul style="list-style-type: none"> <li>✓ Conducting NSS Theory Classes</li> <li>✓ Conducting Awareness Programmes</li> <li>✓ Celebrating Commemorative Days</li> <li>✓ Cleaning activities inside the campus and adopted villages</li> <li>✓ Watering Vitamin C – Fruit Trees Garden</li> <li>✓ Discarding Waste leaves and ensuring plastic free campus (Solid Waste Management)</li> <li>✓ Providing vocational training to female children and women in the adopted villages</li> </ul>	<ul style="list-style-type: none"> <li>❖ 7 Days Special Camp</li> <li>❖ Observance of               <ul style="list-style-type: none"> <li>• Swachh Bharat Mission</li> <li>• Fit India</li> </ul> </li> <li>❖ Seminars</li> <li>❖ Awareness Programmes related to the observance days mentioned in the academic calendar.</li> <li>❖ Celebrating Independence Day inside the College campus and the adopted villages.</li> <li>❖ Raising awareness among students about societal concerns by conducting street plays, rallies, and other activities, and by organizing competitions on topics like World Population Day etc.</li> <li>❖ Tree Saplings Plantation in the adopted villages.</li> <li>❖ Conducting meetings with the panchayat officials in our college and convene Advisory Meetings.</li> <li>❖ Attending Refresher Training Programmes for Professors.</li> <li>❖ Undertaking Projects related to NSS.</li> <li>❖ Organizing free medical camps that includes general health check -up, dental check-up, etc in the adopted villages.</li> <li>❖ Cleaning the public toilets.</li> <li>❖ Installing dustbins in the adopted villages.</li> <li>❖ Constructing toilets in the adopted villages.</li> <li>❖ Connecting the rural women with self-help groups.</li> <li>❖ Identifying the dropout students around the villages and helping them continue their education.</li> </ul>

	<ul style="list-style-type: none"> <li>❖ Providing awareness about the Employment Schemes offered by the government and helping the villagers benefit out of them.</li> <li>❖ Boost village livelihoods by expanding goat donations comparing to last year donation for greater impact.</li> <li>❖ Providing language skills training for the adopted village children.</li> <li>❖ Offering life skill training for the adopted villagers.</li> <li>❖ Celebrating festivals, organizing cultural events, sports activity and community gathering in the adopted villages to ensure communal harmony.</li> <li>❖ Providing vocational training for the women in the adopted villages like foot-mat preparation, mushroom cultivation, candle making, phenyl, cleaning and washing powder preparation, Soap making, pickle making etc.</li> <li>❖ Carrying out the responsibilities allotted under Naan Muthalvan Scheme.</li> <li>❖ Elevating Higher Education Prospects for Secondary Students through the Naan Muthalvan Scheme</li> <li>❖ Helping the elders in the adopted villages by providing essentials like soaps, blankets etc</li> <li>❖ To plant more trees in the college campus and preserve the trees planted last year.</li> <li>❖ To empower younger generation for sustainable growth.</li> </ul>
<p style="text-align: right;"><b>Total Hours for a Year = 60</b>  <b>Total Hours for Two Years = 120</b></p>	

### **U. G. PROGRAMME OUTCOMES**

**UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE  
ABLE TO**

<b>PO. NO.</b>	<b>UPON COMPLETION OF THIS PROGRAM THE STUDENTS WILL BE ABLE TO</b>
1.	Gain theoretical knowledge and apply the expertise in different fields
2.	Acquire industry specific skills and can emerge as entrepreneurs.
3.	Develop critical and rational thinking to solve societal issues.
4.	Explore the knowledge and acclimatize it in the ever-changing work environment.
5.	Evolve theories and develop innovative discipline specific ideas.
6.	Comprehend the nuances and develop innovative, discipline-specific ideas.

### **U. G. PROGRAMME SPECIFIC OUTCOMES**

**UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE  
ABLE TO**

<b>PSO. NO.</b>	<b>UPON COMPLETION OF THE PROGRAM THE STUDENTS WILL BE ABLE TO</b>	<b>PO MAPPED</b>
PSO-1	Get knowledge about National Service Scheme.	PO-1
PSO-2	Acquire leadership skills and readiness to serve the society.	PO -2
PSO-3	Enhance perspectives of social issues in different point of views Think and act effectively in a critical situation.	PO-3
PSO-4	Develop positive attitude towards betterment of the society through voluntary service.	PO-4
PSO-5	Preserve nature, ethos and traditions and practices of the society.	PO-1

### **NATIONAL SERVICE SCHEME**

**Semester: I**

**Hours :2**

**Code: 23STPNS01**

**Credits:2**

### **COURSE OUTCOMES:**

<b>CO. NO.</b>	<b>UPON COMPLETION OF THIS COURSE THE STUDENTS WILL BE ABLE TO</b>	<b>PSO ADDRESSED</b>	<b>COGNITIVE LEVEL</b>
CO – 1	Acquire the basic knowledge about NSS	PSO-1	K1, K2

CO – 2	Uphold the value system based on the social, political and moral bases	PSO-1, PSO-2	K3
CO – 3	Understand and identify the needs of the society	PSO-1, PSO-2, PSO - 4	K2, K4
CO – 4	Develop the capacity to meet emergencies and attain knowledge to concentrate on personal health and hygiene	PSO2-, PSO-4 PSO-5	K5, K6
CO – 5	Face the challenges particularly to become women entrepreneurs	PSO-1	K3, K6

**RELATIONSHIP MATRIX FOR COURSE OUTCOMES,  
PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC  
OUTCOMES**

Semester : I – IV				NATIONAL SERVICE SCHEME								Hours: 240	
Code : 23STPNS01												Credits: 2	
Course Outcomes	Programme Outcomes(PO)						Programme Specific Outcomes (PSO)					Mean Score ofCO's	
	1	2	3	4	5	6	1	2	3	4	5		
CO1	1	2	3	4	5	6	1	2	3	4	5	3.81	
CO2	4	5	4	3	4	3	4	3	4	4	4	3.90	
CO3	5	4	4	4	4	4	4	3	4	4	3	3.90	
CO4	4	4	5	3	4	4	5	4	3	3	4	4.00	
CO5	5	4	4	3	4	4	4	5	4	3	4	3.90	
Overall Mean Score												3.90	

**Result:** The Score for this Course is 3.90 (High Relationship)

**Note:**

Mapping	1 - 20%	21 - 40%	41 - 60%	61 - 80%	81 - 100%
Scale	1	2	3	4	5
Relation	0.0 - 1.0	1.1 - 2.0	2.1 - 3.0	3.1 - 4.0	4.1 - 5.0
Quality	Very Poor	Poor	Moderate	High	Very High

**Values Scaling**

Mean Score of Cos = $\frac{\text{Total of Values}}{\text{Total No. of Pos \& PSOs}}$	Mean Overall Score for Cos = $\frac{\text{Total of Mean Scores}}{\text{Total No. of Cos}}$
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**UNIT I: BASICS OF NSS**

Introduction –History and Growth – Aim and Objectives – NSS Motto – NSS Symbol - NSS Badge –NSS Day -Code of Conduct- NSS Regular Activities & Special Camp.

**UNIT II: PERSONALITY DEVELOPMENT**

Personality Development – Know Thyself- Body Language- Forming Values  
Etiquette and Manner - Team Building and Team Work – Problems of Youth – Drug  
abuse - Drug Dependence /Addiction –Alcoholism – Suicide - Sexual Problems –  
Diseases.

### **UNIT III: SOCIAL SERVICE**

Aim of Social Service – Social Service Organizations - Social Problems - Need  
for Social Service - Scope of Social Services - Functions of Social Services -Principles  
of First Aid - Important things kept in the First Aid Box - Snake Bite - Dog Bite - Insect  
Bite - Heat Stroke - Drowning - Electric Shock - Artificial Respiration – Hemorrhage –  
Stroke - Heart Attack – Symptoms – Fainting.

### **UNIT IV: NUTRITIOUS FOOD AND WOMEN'S HEALTH**

Nutrition - Adequacy – Balance - Calorie Management - Dietary Density –  
Moderation – Variety - Calculation of Calorie Permittance - Calculation of Protein  
Percentages - Food Sources - Vitamins the Importance of Dietary Nutrition Women's  
Health

### **UNIT V: ECOLOGY AND ROLE OF WOMEN IN SOCIETY**

Environment - Environmental Elements - Environmental concerns -  
Changing Climate–Global warming – Women achievers - Women's Place in Society -  
Social Issues against Women - The Ways to Empower Women.

### **COURSE BOOK:**

Arul Sunila.J, Flora Pauline Mary.V, Preethi.J, Padmasree. A. D, Girija Bai. T, Arul  
Irudaya Jeyanthi.J, Abinaya. D, *NOT ME BUT YOU*, Acca Printing Press, 2022.

#### **Internal Assessment**

<b>Components</b>	<b>Marks</b>
Attendance	20
Assessment (Involvement in activities)	50
Test	30
<b>Total</b>	<b>100</b>



## QUESTION PATTERN

**Class : II UG**

**Time : 2 Hours**

**Date :**

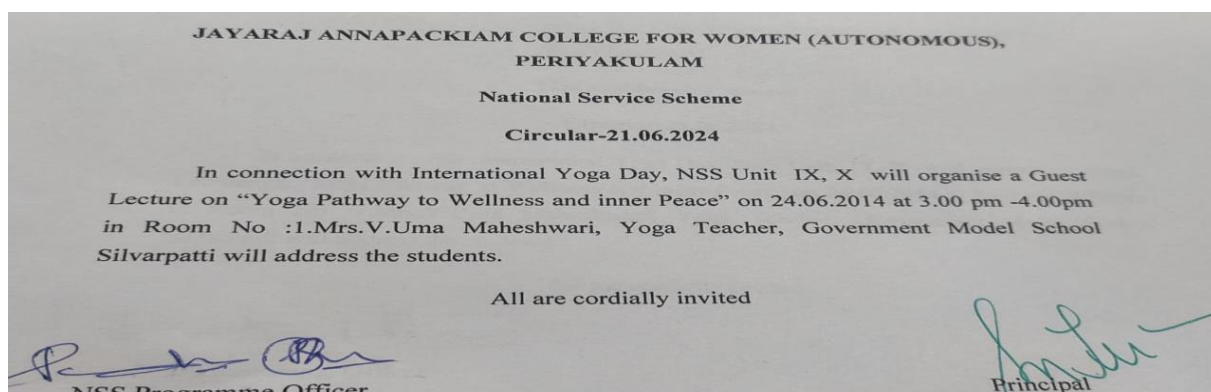
**Max. Marks: 30**

<b>Course Outcome</b>	<b>Bloom's K-level</b>	<b>Q. No</b>	<b>SECTION – A</b>  <b>2x5=10</b>  <b>Answer All Questions</b>  <b>Internal choice</b>
			<b>SECTION – B</b>  <b>2x10=20</b>  <b>Answer any TWO of the following</b>

## **JUNE MONTH REPORT- 2024**

### **Yoga Day Celebration :24.06.2024**

In connection with international Yoga day NSS unit IX of Jayaraj Annapackiam College for women, Periyakulam organized a guest Lecture on "Yoga Pathway to Wellness and inner Peace" On 24.06.24 at 3.00pm - 4.00pm in room no 1.NSS programme officer welcomed the gatherings. The Yoga instructor Mr P. Paramasivam explained the importance of Yoga. Mr. Vasudevan Yoga instructor gave yoga training to the students. NSS volunteers enthusiastically attended in this training programme.55 students participated.



### **Report on Anti-Drug Oath- 26.6.2024**

NSS Unit IX volunteers from Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, pledged an oath against drug usage. A total of 30 NSS volunteers actively participated and made the pledge.



### **Report on Cleanliness Activity-29.06.2024**

National Service Scheme of JAC Unit IX conducted the campus cleaning activity on 29.06.2024 from 2.00pm -3.00pm. The second year NSS volunteers cleaned the Vitamin C Garden .Totally 39 NSS volunteers actively participated. Dr. L.R.Charlet Sharmili, Assistant Professor of History, Programme Officer supervised the cleaning activity.



### **JULY MONTH REPORT- 2024**

### **Report on cleanliness activity-06.07.2024**

National Service Scheme of JAC Unit IX conducted the campus cleaning activity on 06.07.2024 from 2.00pm -3.00pm. The second year NSS volunteers cleaned the tree sapling planted area and also planted new saplings. Totally 30



NSS volunteers actively participated. Dr. L. R. Charlet Sharmili, Assistant Professor of History and Programme Officer supervised the cleaning activity.



### **06.07.2024 - NSS Orientation Programme**

On 06.07.2024 NSS Programme Officers addressed the first years and informed them of the history of NSS and its aim and goals. Each PO delivered a brief talk on the importance of joining NSS and the purpose of NSS. Everyone is motivated to do service to society voluntarily and it is our duty to understand the community in which they live and work. They encouraged the first years to understand themselves in relation to their community and suggested that this is the platform to acquire leadership qualities and identify the needs and problems of the community and involve them in the problem-solving process. The students made a decision to help society on a voluntary basis after the orientation program.



### **Report on cleanliness activity-20.07.2024**

National Service Scheme of JAC Unit IX conducted the campus cleaning activity on 20.07.2024 from 2.00pm - 3.00 pm. The second year NSS volunteers cleaned the tree sapling planted area and watering the tree saplings. Totally 45 NSS volunteers actively participated. L. R. Charlet Sharmili, Assistant professor of



History and Programme Officer, Miss. R. Sivasakthi, Assistant Professor of Commerce and Staff Adviser supervised the cleaning activity.



### **Enrolment form register activity: 20.07.2024**

On 20.07.2024, Jayaraj Annapackiam College NSS UNIT IX Conducted the Enrolment form register activity at 02.00 p.m - 03.00. p.m. All the I Year NSS Volunteers registered their enrolment form. Totally 35 Volunteers were participated in the registration work. Dr.L.R.Charlet Sharmili, Programme Officer and Miss R.Sivasakthi , Staff Advisor of IX Unit guided to this activity.



### **Report on cleanliness activity-24.07.2024**

National Service Scheme of JAC Unit IX conducted the campus cleaning activity on 24.07.2024 from 3.00 pm - 4.00 pm. The second year NSS volunteers cleaned the tree sapling planted area and watering the tree saplings. Totally 30 NSS volunteers actively participated. Dr. L. R. Charlet Sharmili, Assistant professor

of History and Programme Officer , Miss R.Sivasakthi, Assistant Professor of Commerce and Staff Adviser supervised the cleaning activity.



### **Report on A Sustainable Future – 25.07.2024**

On 25.07.2024, NSS Unit IX of Jayaraj Annapackiam College for Women, Periyakulam organized a Video making competition themed "Balancing our future nurturing sustainable population growth". This event featured innovative artworks as videos. 15 NSS volunteers participated. Students explored virtually, showcasing renewable energy solutions, eco-friendly designs, and conservation efforts. This event fostered awareness and creativity, underscoring the importance of sustainability in shaping a better future. Dr. LR. Charlet Sharmili, Assistant professor of History, Programme Officer and Miss. R. Sivasakthi, Assistant professor of commerce, Staff Advisor supervised the activity.

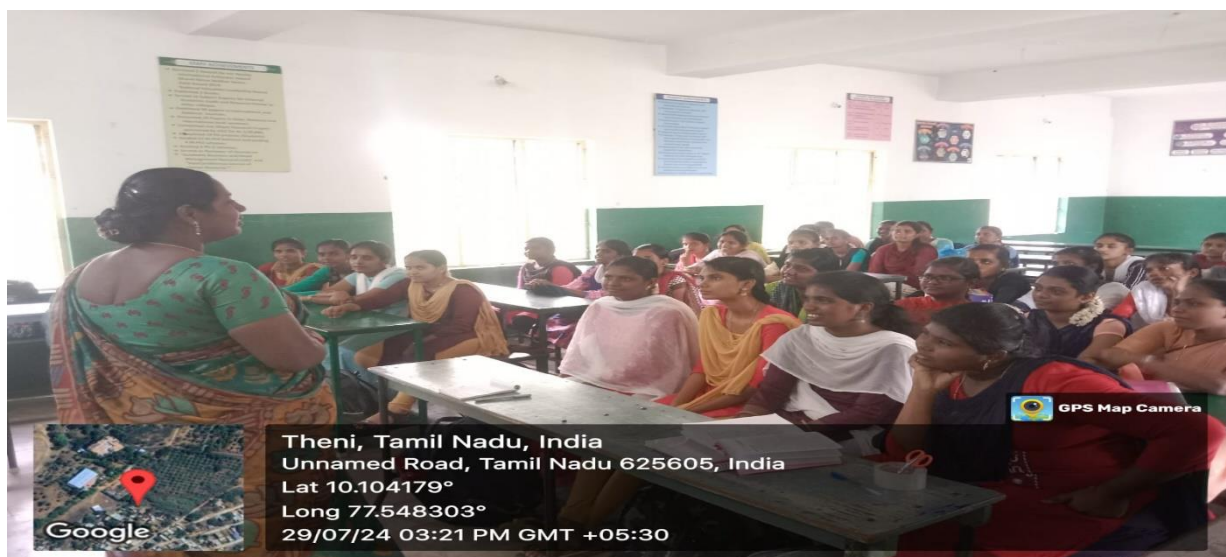


### **Report on Union Budget - 2024 special emphasis on youth welfare schemes & Scholarship-29.07.2024**

NSS Unit - IX of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam) organized a lecture on Union Budget - 2024: A special emphasis on Youth Welfare Schemes on 29.07.2024 at 3.00p.m. in room No:17 .



Miss.R.Sivasakthi, Assistant Professor of Commerce, and Staff Adviser clearly explained about the Youth Welfare schemes announced in union budget in the context of education and skill development, education loan, women empowerment, paid internship schemes, scholarships. Total of 40 NSS volunteers were actively participated and benefited.



**\* Kargil Vijay Diwas - 2024 \* - 30.07.2024**

In honor of Kargil Vijay Diwas, Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, conducted a commemorative event under the auspices of the National Service Scheme (NSS). This event was organized to pay homage to the heroic sacrifices of our soldiers and to foster a sense of national pride among the students. The event saw participation from NSS program officers and a large number of NSS students. The program commenced with an enlightening session where students were educated about the extraordinary bravery and sacrifices of our soldiers during the Kargil War. The college professors delivered detailed presentations, highlighting the significant contributions of our soldiers to the national freedom struggle, thus providing the students with a deeper understanding of their valor and dedication.

In a heartfelt tribute, students created various exhibits and visual representations, showcasing their artistic talents to honor the martyrs. These exhibits served as powerful reminders of the courage and sacrifice of the soldiers, instilling a profound sense of respect and gratitude among the attendees. The event also emphasized the importance of education and community service. Through inspiring speeches and interactive discussions, students were encouraged to recognize the value of learning and the impact of their contributions to society. This initiative aimed to motivate them to actively engage in community service and contribute to nation-building.

The program concluded with a poignant moment of silence, observed to remember and honor the sacrifices of our soldiers. This act of remembrance was a solemn reminder of the cost of freedom and the enduring legacy of the brave hearts who laid down their lives for the nation. The students took a pledge to uphold the values of patriotism and to keep the memories of the soldiers' sacrifices alive in their hearts. Such events play a crucial role in nurturing a sense of patriotism among students and underscore the significance of community service. The event successfully inspired the 300 NSS students in attendance, reinforcing their commitment to serving the nation and honoring its heroes.



## August- 2024 Report

### Report on cleanliness activity-03.08.2024

National Service Scheme of JAC Unit IX conducted the campus cleaning activity on 03.08.2024 from 2.00pm 3.00 pm. The second year & first year NSS volunteers cleaned the tree sapling planted area and watering the tree saplings.



Totally 65 NSS volunteers actively participated. Dr. L. R. Charlet Sharmili, Assistant professor of History and Programme Officer , Miss R.Sivasakthi, Assistant Professor of Commerce and Staff Adviser supervised the cleaning activity.



### **Report on Mass Pledge Against Drugs: 12.08.2024:**

NSS Unit IX volunteers from Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, organised a pledge against drugs under the theme for this year's "Viksit Bharat ka Mantra, Bharat ho nahe se Swatantra" on 12.08.2024 at 9.15 am. A total of 30 NSS volunteers actively participated and made the pledge.



## Independence day Celebration 15.08.2024

A great day and a proud moment for every Indian. The NSS Volunteers of Unit IX organized a patriotic celebration on the occasion of the 78th Independence Day at Kakkanjinagar. The program began with a prayer followed by that Miss R.Ragath Juvairiya (II B.Com) gave a speech that how India got Independence ;it is the day when we got freedom from the British rule after many years of hard struggle by the great freedom fighters of India. After the speech the NSS volunteers asked simple questions to the village people related Freedom struggle and distributed the small gifts as a token of love. To conclude the celebration, the NSS volunteers distributed sweets to all the participants.



## September Month Report

### Cleaning Activity - 13.09.2024

National Service Scheme of JAC Unit IX conducted the campus cleaning activity on 13.09.2024 from 2.00pm 3.00 pm. The NSS volunteers cleaned the tree sapling planted area and watering the tree saplings. Totally 75 first and second year NSS volunteers actively participated. Dr. L.R. Charlet Sharmili, Programme Officer and Ms. R. Siva Sakthi, Staff Advisor supervised the cleaning activity.





### **Report on the Tree Plantation Drive:**

Ministry of Environment asked to organize a tree plantation Drive, the National Service Scheme of Jayaraj Annapackiam College for Women, Periyakulam has organised an Awareness Programme “A one day special plantation drive on 18.09.2024 within the college campus, commencing at 3:00 PM. The initiative witnessed the active participation of dedicated NSS volunteers who enthusiastically planted saplings. Trees are the foremost source of producing oxygen in the environment, they help to reduce the level of carbon dioxide. As we all know that the whole world is facing the problem of global warming and to recover from such problem tree plantation has become one of the most important aspects today. A total of 350 NSS volunteers participated. All the NSS programme Officers and Staff Advisers organised the programme.



### **Road Safety Awareness Programme 24.09.2024**

NSS Unit IX of Jayaraj Annapackiam College for Women, Periyakulam has organised an Awareness Programme “ Road Safety ” on 24.09.2024 in the Ave Maria Hall at 2.30 pm . Mr. R. Ramesh Inspector of Police, Periyakulam served as a Resource Person. He delivered a talk on the importance of Road Safety. With increasing road traffic accidents, it is crucial to promote safe driving practices and raise awareness among young people. Finally, pamphlets were distributed. Participants expressed appreciation for the informative sessions. Totally 50 NSS Volunteers actively participated and benefited out of the programme.

Mr,Prabakaran, Police, Periyakulam also participated. Dr. L.R. Charlet Sharmili, Assistant Professor of History and Programme Officer organised the programme.



### **Report on Swachata Cleanliness Activity :25.09.2024**

The National Service Scheme of Jayaraj Annapackiam College for Women, Periyakulam, Unit IX organized a Swachata Cleanliness activity in the adopted Village Kakkanginagar on 25.09.2024. Volunteers met the people of the area, went door to door and engaged in the work of removing plastic from the places. At the end of the event, 25 kg of plastic was collected and given to Mr. Murugan and Mr. Ravichandran Nesam Charitable Organization, T.Kallipatti for plastic recycling. Manjapai awareness and the pledge was taken. 35 NSS volunteers participated in this event. National Service Scheme programme officers also participated.





### **NSS DAY CELEBRATION (25.09.2024)**

In connection with the NSS Day-2024, the National Service Scheme of JAC Unit IX organized a cultural Programme on 25.09.2024, 3.00 PM in Room No 17. All the NSS volunteers learnt about the importance of NSS. II-B.Com NSS Volunteers gave the energetic dance performance. A total of nearly 50 NSS volunteers participated in this programme. Dr.L.R.Charlet Sharmili, NSS Programme Officer and MS. Sivasakthi, Staff Advisor conducted this Programme.





## **OCTOBER MONTH REPORT**

### **“Free Clothes Distribution Campaign”-16.10.2024**

The National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, in collaboration with Jeevanathi Charitable Trust, Bangalore organised a “Free Clothes Distribution Campaign” surrounding the villages of Endapulli Panchayat which includes E. Pudukottai, Anna Nagar, Nehru Nagar, Arockiya Matha Nagar, Kakanji Colony, J.K Colony and Murugamalai on 16.10.2024. The beneficiaries include the poor and destitute, widows, physically challenged and senior citizens from the villages. The programme was presided by the Principal Rev. Sr. Dr. S. Jesurani, the Secretary, Rev. Sr. Dr. R. Shantha Mary Joshitta, Mother Superior, Rev. Sr. Dr. Fathima Mary Sylvia and Panchayat President, Mr. Pandian. Along side, Bro. Augustin, Founder of Jeevanathi Charitable Trust and its members, Mrs.chema pernandis, Mrs. Rosy, Mrs. Rohini Sunitha, Mr. John Anitic Harry and Mr. Renny Thomas served as the Guests of Honour and offered free woollen blankets to the needy people. Also, they donated Rs, 15,000 worth goats to three students’ families from JAC who lost their fathers. 250 NSS volunteers, Programme Officers, and Staff Advisors participated in the event.





### **“Free Clothes Distribution Campaign” 17.10.2024**

The National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, in collaboration with Jeevanathi Charitable Trust, Bangalore organised a “Free Clothes Distribution Campaign” at St. Anne’s Marriage Hall, Tamaraikulam to the needy people from T. Kalipatti and Tamaraikulam village on 17.10.2024. Around 500 woollen blankets and sarees were provided for the poor people. Financial assistance for a widow woman to run a petty shop and for a college student to pay her fee was also offered. Moreover, free dresses were also provided for the Government Primary School, Tamaraikulam with the aid of the Jeevanathi Charitable Trust, Bangalore. The college also signed an Memorandum of Understanding with the Trust on the same day. The programme was presided by the Principal Rev. Sr. Dr. S. Jesurani, the Secretary, Rev. Sr. Dr. R. Shantha Mary Joshitta, Mother Superior, Rev. Sr. Dr. Fathima Mary Sylvia and Panchayat Head, Mr. Paul Pandi and Kalipatti Panchayat Head, Mr. Nagaraj. Along side, Bro. Augustin, Founder of Jeevanathi Charitable Trust and its members, Mr. James, Mrs. Rosy, Mrs. Rohini Sunitha, Mr. John Anitic Harry and Mr. Renny Thomas served as the Guests of Honour. 150 NSS volunteers, Programme Officers, and Staff Advisors of Unit VII, VIII, IX, X, XI, and XII participated in the event.



### **December Month Report**

#### **Report on Cleanliness Activity-18.12.2024**

National Service Scheme of JAC Unit IX conducted the campus cleaning activity on 18.12.2024 from 3.00pm 4.00 pm. The NSS volunteers cleaned the tree sapling planted area and watering the tree saplings. Totally 50 first year NSS volunteers actively participated. Dr. Mrs.L.R.Charlet Sharmili, Assistant

professor of History, Programme Officer and Miss.R.Sivasakthi, Assistant Professor of Commerce, Staff adviser supervised the cleaning activity.



### **Christmas Celebration Report - 20.12.2024**

As part of Christmas celebrations, the National Service Scheme Units IX and X of JAC organized a visit to Kallipatti village to spread joy and goodwill. During the visit, dresses were donated to the children of the village. A total of 10 NSS volunteers actively participated in the program, making it a memorable event. The program was organized by Dr. L. R. Charlet Sharmili, Assistant Professor of History and Programme Officer, Miss. R. Sivasakthi, Assistant Professor of Commerce and Staff Adviser, and Dr. S. Kasthuri, Assistant Professor of Political Science and Programme Officer. The event not only brought smiles to the faces of the children but also reinforced the spirit of sharing and community service among the volunteers.

### **January Month Report-2025**

#### **Report on Cleanliness Activity-10.01.2025**

National Service Scheme of JAC Unit IX conducted the campus cleaning activity on 10.01.2025 from 3.00pm 4.00 pm. The NSS volunteers cleaned the tree sapling planted area and watering the tree saplings. Totally 50 first year NSS volunteers actively participated. Dr. Mrs.L.R.Charlet Sharmili, Assistant



professor of History, Programme Officer and Miss.R.Sivasakthi, Assistant Professor of Commerce, Staff adviser supervised the cleaning activity.



### **Pongal Celebration 11.01.2025**

On 11.01.2025 at 9:30 am, JAC's NSS Unit IX hosted a Pongal Celebration in the college campus. Rev.Sr. Dr. S. Jesurani Principal, Rev.Sr. Dr.R.Shantha Mary Joshita Secretary and Rev.Sr.Dr.Silviya Mother Superior graced the event. Totally 100 volunteers were participated. Dr.L.R.Charlet Sharmili, Programme Officer and Miss.R.SivaSakthi , Staff Advisor participated this joyful event.



### **Report on Free Clothes Distribution Campaign - 25.01.2025**

The National Service Scheme Unit – VIII, IX,XI of Jayaraj Annapackiam College for Women, Periyakulam, in collaboration with the Jeevanadhi Charitable Trust, Bangalore, organized a free clothes distribution campaign at Nayagam Middle School, Kallipatti. Clothes were distributed to the students of the school,



benefited 147 School students through this event. Dr.J.Arul Irudaya Jeyanthi, Assistant Professor of Tamil, Programme Officer, Dr. L. R. Charlet Sharmili, Assistant Professor of History , Programme Officer, Dr.A.Anitha Mary,Assistant Professor of Zoology, Programme Officer and Miss R. Sivasakthi, Assistant Professor of Commerce, Staff Adviser organized the programme.



### **Republic Day Celebration -26.01.2025**

The National Service Scheme of Jayaraj Annapackiam College was celebrated the Republic Day at College premises. It was a memorable event that highlighted the patriotic spirit and cultural diversity. The celebration was started with a parade and flag hoisting on 26.01.2025 at 7.30 am. Rev.Sr. Dr. S. Jesurani, Principal and Rev.Sr. Dr. R.Shantha Mary Joshitta , Secretary, Rev.Sr.Dr.R.Fatima Mary Silvia, Mother Superior of the College presided over the Programme. .



Rev.Sr. Dr. S. Jesurani, Principal of Jayaraj Annapackiam served as the resource person. After the flag hoisting, She emphasized the importance of the Republic day. The National Song filled the air with a sense of national pride and unity. NSS Programme Officers and students actively participated in the celebration.



### **Special Awareness programme-27.01.2025**

National Service Scheme, unit-VIII,IX,XIII of Jayaraj Annapackiam College for Women, Periyakulam, in collaboration with Tamilnadu State Rural Livelihoods Mission organize an Awareness programme on “Menstrual Hygiene Training” on 27.01.2025. The resource person Mrs. Nandhini, TNSRLM, Periyakulam, and Mr.A. Arivalagan, Assistance Program Officer, Theni, deliver the talk on importance of maintaining proper hygiene during menstruation. The session covered essential topics such as the menstrual cycle,

the use of sanitary products, and the prevention of infections through proper hygiene practices. The lecture emphasized the significance of regular hygiene routines, access to clean facilities, and the use of eco-friendly and sustainable menstrual products. Totally 90 NSS Volunteers are benefited.



### **A pledge against untouchability 30.01.2025**

In connection with Martyr's Day, National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam paid homage to Martyr's, who laid down their lives in the struggle for India's freedom. Silence was observed for 2 minutes and a pledge against untouchability was taken by the UNIT IX at 11 a.m. on 30.01.2025.







## February Month Report-2025

### Report on Cleanliness Activity-12.02.2025

National Service Scheme of JAC Unit IX conducted the campus cleaning activity on 12.02.2025 from 3.00pm 4.00 pm. The NSS volunteers cleaned the tree sapling planted area and watering the tree saplings. Totally 50 first year NSS volunteers actively participated. Dr. Mrs.L.R.Charlet Sharmili, Assistant professor of History, Programme Officer and Miss.R.Sivasakthi, Assistant Professor of Commerce, Staff adviser supervised the cleaning activity.







### **Free Napkins Distribution On 18.02.2025**

The National Service Scheme (NSS) Unit IX successfully organized a Free Napkins Distribution Event on 18th February 2025. This initiative aimed to promote menstrual hygiene and create awareness among students about the importance of personal health and cleanliness. Totally 260 students benefited from the events



### **NSS Examination : 20.02.2025**

On 20.02.2025, Jayaraj Annapackiam College NSS UNIT IX Conducted the NSS Examination at 03.00 p.m - 05.00. p.m. All the II Year NSS Volunteers wrote their Examination. Totally 42 Volunteers were wrote the Examination .

Dr.L.R.Charlet Sharmili, Programme Officer and Miss R.Sivesakthi , Staff Advisor of IX Unit supervised the examinations.



### March Month Report-2025

#### Report on Women's Day Celebration – 10.03.2025

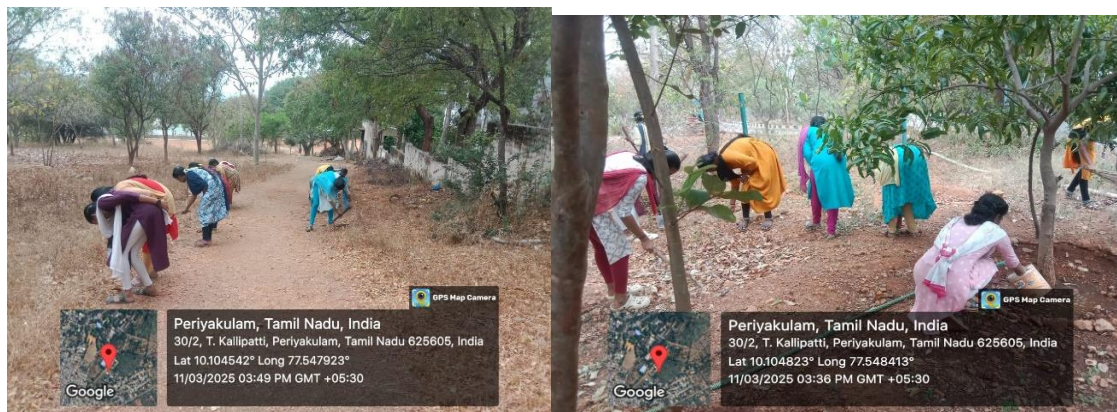
On 10.03.2025 from 3.00 pm to 4.00 pm NSS Unit IX of Jayaraj Annapackiam College for Women, Periyakulam organized a speech competition on the topic of "சரித்திரப் பெண்கள்" on International Women's Day to celebrate and honor the achievements of women in various fields. 43 NSS volunteers actively participated. "Three students spoke about many women who have achieved great success and overcome their struggles through courage, education, and hard work. This event fostered an understanding of the importance of women's education, empowerment, and resilience and aimed to promote gender equality among NSS volunteers". Dr. Mrs.L.R.Charlet Sharmili, Assistant professor of History, Programme Officer and Miss. R. Sivasakthi, Assistant professor of commerce and Staff Advisor conducted and supervised this activity.



#### Report on Cleanliness Activity-11.03.2025



National Service Scheme of JAC Unit IX conducted the campus cleaning activity on 11.03.2025 from 3.00pm 4.00 pm. The NSS volunteers cleaned the tree sapling planted area and watering the tree saplings. Totally 50 first year NSS volunteers actively participated. Dr. Mrs.L.R.Charlet Sharmili, Assistant professor of History, Programme Officer and Miss.R.Sivasakthi, Assistant Professor of Commerce, Staff adviser



### **Report on Rally and Awareness Programme 22.03.2025**

National Service Scheme of Jayaraj Annapackiam College for Women ( Autonomous), Periyakulam collaborated with National Cadet Corps of JAC and Theni District Police for Social Justice and Human Rights Division, conducted a rally and awareness programme on human rights on 22nd March,2025. The event titled “To Unify for Equality” 300 NSS Volunteers and NCC Cadets actively participated in rally from JAC campus to Periyakulam. N.Sugumar.,Superintendent of Police, Women and Child Care Division, Theni District welcomed the gathering. The event was headed by the special talks of Rev.Sr. Dr.S. Jesurani., the Principal, JAC and Honourable. Shiva Prasad, IPS., Theni district. NSS Volunteers query session is a remarkable note with the Honourable Swarnam. J. Natarajan, M.L., Principal District Judge of Theni. The NSS Volunteers and NCC Cadets theme based cultural performances kindled the spirit of equality and human rights.

Thiru. C.Nallu, Superintendent of Police, Periyakulam. Thirumathi.G.Anuradha ., LLM., MLS, Judge at Court Session, Division for Scheduled Caste and Scheduled Tribes. Thiru.K.Kamalanadhan., B.Sc., BL., Criminal Justice Magistrate., Periyakulam., Thirumathi. S. Sameena., B.A., LLB., Additional District Judge., Periyakulam.t Thiru.G.N. Saravana Kumar., M.A., BL., Judicial Magistrate, Theni. Thiru. R.Ezakivel., B.B.E., B.L., Special Public Prosecutor., Theni District honoured this programme with much social responsibility.



Thiru.P.Kanagaraj., Deputy Superintendent of Police., Social Justice and Human Rights Division., Theni District delivered a note of thanks. Equitable food was served at the end of the event for the public participants as well the NSS Volunteers and NCC cadets.



### April Month Report - 2025

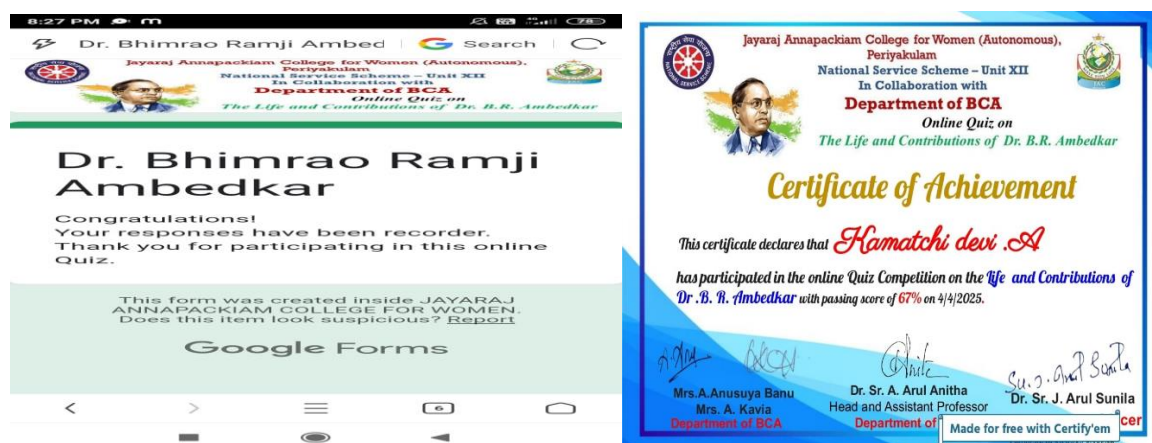
#### GOAT REARING (04.04.2025)

National Service Scheme of JAC unit IX gave one goat worth 5,000 to Elizapath for their livelihood development in the academic year 2023-2024. The first lamb of that goat was provided to Ms.C.Nallakkal, who is studying in II B.A. History and her mother **Mrs. K. Mohanavalli** on 04.04.2025. A total of 7 NSS volunteers actively participated in this programme. Dr. L.R.Charlet Sharmili , NSS Programme Officer and MS.R.Sivasakthi , Staff Advisor organised this programme.



## Participated on line Quiz 04.04.2025

In connection with Dr.B.R. Ambedkar's birthday Celebration the National Service Scheme of JAC - Unit IX participated in the online Quiz Competition organized by NSS Unit XIII, in collaboration with the department of BCA on 04.04.2025. The aim of the program is to raise awareness to know about the exemplary life history and contribution of Dr.B.R.Ambedkar. A total of 24 NSS volunteers actively participated in this activity with much enthusiasm and Got the E – Certificates on 05.04.2025. Dr.L.R.Charlet Sharmili, NSS Programme Officer and MS.R.Sivasakthi, Staff Advisor encouraged the students to participate the competition.



## RURAL IMMERSION PROGRAMME REPORT

Student Name :A.Kamatchi Devi, II B.com

The National Service Scheme (NSS) special camp was organized by Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, from 14th November 2024 to 20th November 2024. I went to Kakkanji Nagar and found the poor family in the village. I got the history about them and spend some time with them As part of the rural immersion programme, the NSS volunteers were involved in various activities aimed at understanding rural life and contributing to the well-being of the local communities. On 14th November, I visited our adopted village, Kakanji Nagar, and encountered a poor family. I took the time to understand their situation and spend some time with them. The family consists of V. Kaleeswari, a widow who lost her husband six years ago due to an Asthma-related health issue. She has two children: V. Preetha, who is in the 7th standard, and V. Balamurugan, who is in the 5th standard. Both children studying school in Endapulli, which is located nearby. Kaleeswari earns a daily wage of ₹200 by working at the Growright

Mill in Murugamalai. Kaleeswari's daughter receives a yearly scholarship of ₹500 from the school. Her late husband used to work in the rice mill. Now, the family is receiving ₹500 for each child to support their education.



I spent the day with the family, learning about their lives and struggles. The family was incredibly warm and welcoming, and they appreciated our visit. In the evening, I helped them with various household tasks. During our time together, they taught us the importance of working with what we have and doing so with happiness and contentment. I also helped clean the area around their house, contributing to the cleanliness of the environment. Her family's dedication to agriculture and their love for nature inspired us to take greater responsibility for the environment. This visit was a valuable lesson in sustainability and environmental care.





## **Kaleeswari's Livelihood and Skills**

I also learned that Kaleeswari is skilled in stitching clothes and provides tailoring services to her neighbors as part of her livelihood. She sews blouses and other garments to earn additional income, which helps sustain her family.



## **20th November 2024: Valedictory Programme and Support**

On the final day of the NSS camp, 20th November 2024, during the valedictory programme, Kaleeswari was presented with a cot by the National Service Scheme as a token of appreciation for her hard work and resilience. This small gesture was aimed at providing her with some comfort and showing our gratitude for her hospitality and lessons in humility.



## **Conclusion**

The Rural Immersion Programme was an eye-opening and enriching experience. It not only allowed us to connect with and support a struggling family but also taught us valuable lessons in resilience, nature conservation, and community bonding. The interaction with Kaleeswari and her family was truly inspiring, and we are grateful for the opportunity to contribute to their lives, however small, and learn from their strength and perseverance.