

**JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN (AUTONOMOUS),
AFFILIATED TO MOTHER TERESA WOMEN'S UNIVERSITY, KODAIKANAL,
PERIYAKULAM, THENI**



**UNIT-X
NATIONAL SERVICE SCHEME**



**ANNUAL REPORT
2024 - 2025**

PROFORMA FOR NSS PROGRAMME OFFICERS

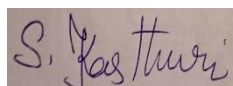
S.No	Particulars	Details
1.	Name of Programme Officer	Dr. S.Kasthuri
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal
4.	Name of the College with Address	Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni
5.	College Email Address	principal@annejac.ac.in
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	Unit - 10
8.	Mobile No (NSS PO)	9655428171
9.	Email ID (NSS PO)	kasthurihis@annejac.ac.in
10.	Whether attended NSS 7 days ETI Training	No
11.	Number of year Experience as NSS P.O	One year
12.	Name of the Village Adopted	JK Colony
Social Media Account Details of the NSS Unit		
1.	Twitter ID	@UNIT10NSSJAC
2.	Instagram ID	Unit10nssjac
3.	Face book ID	Kasthuri thuri

Name: Dr. S.Kasthuri

Designation: Assistant Professor of Political Science

Date: 07.04.2025

Signature:



PROFORMA FOR NSS STAFF ADVISORS DETAILS


S.No	Particulars	Details
1.	Name of Staff Advisor	Miss.R.Srileka
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni Dt- 625601.
5.	College Email Address	principal@annejac.ac.in
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	10
8.	Mobile No (NSS staff advisor)	9360195226
9.	Email ID	srilekaca@annejac.ac.in
10.	Department	B.Com.CA(Commerce with ComputerApplications)
11.	Number of year Experience	4 months
12.	Name of the Village Adopted	J.K. Colony

Name: Miss.R.SriLeka

Designation: Assistant Professor

Date:07.04.2025

Signature:



NATIONAL SERVICE SCHEME

Action Plan 2024 – 2025

<p style="text-align: center;">On 6th Day – 1 Hour</p> <p style="text-align: center;">On Saturday – 3 Hours</p>	
Regular Activities	Special Activities
<ul style="list-style-type: none"> ✓ Conducting NSS Theory Classes ✓ Conducting Awareness Programmes ✓ Celebrating Commemorative Days ✓ Cleaning activities inside the campus and adopted villages ✓ Watering Vitamin C – Fruit Trees Garden ✓ Discarding Waste leaves and ensuring plastic free campus (Solid Waste Management) ✓ Providing vocational training to female children and women in the adopted villages 	<ul style="list-style-type: none"> ❖ 7 Days Special Camp ❖ Observance of <ul style="list-style-type: none"> • Swachh Bharat Mission • Fit India ❖ Seminars ❖ Awareness Programmes related to the observance days mentioned in the academic calendar. ❖ Celebrating Independence Day inside the College campus and the adopted villages. ❖ Raising awareness among students about societal concerns by conducting street plays, rallies, and other activities, and by organizing competitions on topics like World Population Day etc. ❖ Tree Saplings Plantation in the adopted villages. ❖ Conducting meetings with the panchayat officials in our college and convene Advisory Meetings. ❖ Attending Refresher Training Programmes for Professors. ❖ Undertaking Projects related to NSS. ❖ Organizing free medical camps that includes general health check -up, dental check-up, etc in the adopted villages.

	<ul style="list-style-type: none"> ❖ Cleaning the public toilets. ❖ Installing dustbins in the adopted villages. ❖ Constructing toilets in the adopted villages. ❖ Connecting the rural women with self-help groups. ❖ Identifying the dropout students around the villages and helping them continue their education. ❖ Providing awareness about the Employment Schemes offered by the government and helping the villagers benefit out of them. ❖ Boost village livelihoods by expanding goat donations comparing to last year donation for greater impact. ❖ Providing language skills training for the adopted village children. ❖ Offering life skill training for the adopted villagers. ❖ Celebrating festivals, organizing cultural events, sports activity and community gathering in the adopted villages to ensure communal harmony. ❖ Providing vocational training for the women in the adopted villages like foot-mat preparation, mushroom cultivation, candle making, phenyl, cleaning and washing powder preparation, Soap making, pickle making etc. ❖ Carrying out the responsibilities allotted under Naan Muthalvan Scheme. ❖ Elevating Higher Education Prospects for Secondary Students through the Naan Muthalvan Scheme
--	--

	<ul style="list-style-type: none"> ❖ Helping the elders in the adopted villages by providing essentials like soaps, blankets etc ❖ To plant more trees in the college campus and preserve the trees planted last year. ❖ To empower younger generation for sustainable growth.
<p style="text-align: right;">Total Hours for a Year = 60 Total Hours for Two Years = 120</p>	

U. G. PROGRAMME OUTCOMES
UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE ABLE
TO

PO. NO.	UPON COMPLETION OF THIS PROGRAM THE STUDENTS WILL BE ABLE TO
1.	Gain theoretical knowledge and apply the expertise in different fields
2.	Acquire industry specific skills and can emerge as entrepreneurs.
3.	Develop critical and rational thinking to solve societal issues.
4.	Explore the knowledge and acclimatize it in the ever-changing work environment.
5.	Evolve theories and develop innovative discipline specific ideas.
6.	Comprehend the nuances and develop innovative, discipline-specific ideas.

U. G. PROGRAMME SPECIFIC OUTCOMES
UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE ABLE
TO

PSO. NO.	UPON COMPLETION OF THE PROGRAM THE STUDENTS WILL BE ABLE TO	PO MAPPED
PSO-1	Get knowledge about National Service Scheme.	PO-1
PSO-2	Acquire leadership skills and readiness to serve the society.	PO -2
PSO-3	Enhance perspectives of social issues in different point of views Think and act effectively in a critical situation.	PO-3
PSO-4	Develop positive attitude towards betterment of the society through voluntary service.	PO-4
PSO-5	Preserve nature, ethos and traditions and practices of the society.	PO-1

NATIONAL SERVICE SCHEME

Semester: I

Hours :2

Code: 23STPNS01

Credits:2

COURSE OUTCOMES:

CO. NO.	UPON COMPLETION OF THIS COURSE THE STUDENTS WILL BE ABLE TO	PSO ADDRESSED	COGNITIVE LEVEL
CO – 1	Acquire the basic knowledge about NSS	PSO-1	K1, K2
CO – 2	Uphold the value system based on the social, political and moral bases	PSO-1, PSO-2	K3
CO – 3	Understand and identify the needs of the society	PSO-1, PSO-2, PSO - 4	K2, K4
CO – 4	Develop the capacity to meet emergencies and attain knowledge to concentrate on personal health and hygiene	PSO2-, PSO-4 PSO-5	K5, K6
CO – 5	Face the challenges particularly to become women entrepreneurs	PSO-1	K3, K6

**RELATIONSHIP MATRIX FOR COURSE OUTCOMES,
PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC
OUTCOMES**

Semester : I – IV		NATIONAL SERVICE SCHEME										Hours: 240
Code : 23STPNS01												Credits: 2
Course Outcome s	Programme Outcomes (PO)						Programme Specific Outcomes (PSO)					Mean Score of CO's
	1	2	3	4	5	6	1	2	3	4	5	
CO1	1	2	3	4	5	6	1	2	3	4	5	3.81
CO2	4	5	4	3	4	3	4	3	4	4	4	3.90
CO3	5	4	4	4	4	4	4	3	4	4	3	3.90
CO4	4	4	5	3	4	4	5	4	3	3	4	4.00
CO5	5	4	4	3	4	4	4	5	4	3	4	3.90
Overall Mean Score												3.90

Result: The Score for this Course is 3.90 (High Relationship)

Note:

Mapping	1 - 20%	21 - 40%	41 - 60%	61 - 80%	81 - 100%
Scale	1	2	3	4	5
Relation	0.0 - 1.0	1.1 - 2.0	2.1 - 3.0	3.1 - 4.0	4.1 - 5.0
Quality	Very Poor	Poor	Moderate	High	Very High

Values Scaling

Mean Score of Cos = $\frac{\text{Total of Values}}{\text{Total No. of Pos \& PSOs}}$	Mean Overall Score for Cos = $\frac{\text{Total of Mean Scores}}{\text{Total No. of Cos}}$
--	--

UNIT I: BASICS OF NSS

Introduction –History and Growth – Aim and Objectives – NSS Motto – NSS Symbol - NSS Badge –NSS Day - Code of Conduct- NSS Regular Activities & Special Camp.

UNIT II: PERSONALITY DEVELOPMENT

Personality Development – Know Thyself- Body Language- Forming Values Etiquette and Manner - Team Building and Team Work – Problems of Youth – Drug abuse - Drug Dependence /Addiction –Alcoholism – Suicide - Sexual Problems – Diseases.

UNIT III: SOCIAL SERVICE

Aim of Social Service – Social Service Organizations - Social Problems - Need for Social Service - Scope of Social Services - Functions of Social Services - Principles of First Aid - Important things kept in the First Aid Box - Snake Bite - Dog Bite - Insect Bite - Heat Stroke - Drowning - Electric Shock - Artificial Respiration – Hemorrhage – Stroke - Heart Attack – Symptoms – Fainting.

UNIT IV: NUTRITIOUS FOOD AND WOMEN'S HEALTH

Nutrition - Adequacy – Balance - Calorie Management - Dietary Density – Moderation – Variety - Calculation of Calorie Permittance - Calculation of Protein Percentages - Food Sources - Vitamins the Importance of Dietary Nutrition Women's Health

UNIT V: ECOLOGY AND ROLE OF WOMEN IN SOCIETY

Environment - Environmental Elements - Environmental concerns - Changing Climate – Global warming – Women achievers - Women's Place in Society - Social Issues against Women - The Ways to Empower Women.

COURSE BOOK:

Arul Sunila.J, Flora Pauline Mary.V, Preethi.J, Padmasree. A. D, Girija Bai. T, Arul Irudaya Jeyanthi.J, Abinaya. D, *NOT ME BUT YOU*, Acca Printing Press, 2022.

Internal Assessment

Components	Marks
Attendance	20
Assessment (Involvement in activities)	50
Test	30
Total	100

QUESTION PATTERN

Class : II UG

Time : 2 Hours

Date :

Max. Marks: 30

Course Outcome	Bloom's K-level	Q. No	SECTION – A 2x5=10 Answer All Questions Internal choice
			SECTION – B 2x10=20 Answer any TWO of the following

Unit -X

Report on International Yoga Day - 24.06.2024

In connection with International Yoga Day NSS Unit - X of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organized a guest lecture on "Yoga: Pathway to Wellness and Inner Peace" on 24.06.2024 at 3.00pm in Room no.1. Mr. Vasu Devan, Yoga Trainer, Mahirishi Manavalakalai Centre, Periyakulam and Mr. Paramasivan, Mahirishi Manavalakalai Centre, Theni served as the resource persons. They explained the importance of yoga and demonstrated yogasanas to the NSS volunteers. Totally 51 second year NSS volunteers actively participated and benefitted. Dr. A.D. Padmasree, Assistant Professor of History and Programme officer organized the programme.



Report on Anti-Drug Oath - 26.6.2024

NSS Unit X of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, volunteers pledged an Oath against drug usage. Totally, 49 NSS volunteers and Programme Officer Dr. A.D. Padmasree actively participated.



Report on Tree Plantation & Cleanliness activity - 29.06.2024

National Service Scheme Unit X of JAC conducted the Tree plantation & Campus cleaning activity on 29.06.2024 from 2.00pm - 3.30pm. The second year NSS volunteers Cleaned the area, planted tree saplings and watering the tree saplings. Totally 46 NSS volunteers actively participated. Dr. A.D. Padmasree, Assistant Professor of History and NSS Programme Officer supervised the activities.



NSS Report - July-2024

Report on cleaning activity-06.07.2024

National Service Scheme of JAC Unit 10 conducted the tree plantation and cleaning programme on 06.07.2024 from 2.00 - 3.00 pm. The second year NSS volunteers cleaned the tree sapling area, planted tree saplings and watering tree saplings. Totally 34 NSS volunteers actively participated. Dr . A.D. Padmasree, Assistant Professor of History supervised the cleaning activity.



Report on cleaning activity-20.07.2024

National Service Scheme of JAC Unit X conducted the tree plantation and cleaning programme on 20.07.2024 from 2.00 - 3.00 pm. The second year NSS volunteers cleaned the tree sapling area, planted tree saplings and watering tree saplings. Totally 34 NSS volunteers actively participated. Miss.D.Vedha Jothika, Assistant Professor of B.Com.CA has supervised the cleaning activity.



Report on world population Day activity on 24.7.2024

In connection with world population day NSS unit X Jayaraj Annapackiam college for women (Autonomous) Periyakulam conducted Pencil sketching Competition Entitled "Over Population affect Sustainability" to raise awareness on global population issues among the students. The Competition was held on 24.7.2024 at 3.pm-4p.m.Dr.S.Kasthuri Programme officer and miss D.Vedha Jothika staff advisor conducted this event 18 studens were actively participated.



Report on Union Budget - 2024 Special Emphasis on Youth Welfare Schemes- on 29.07.2024

NSS Unit - X of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organized a lecture on Union Budget - 2024: A special emphasis on Youth Welfare Schemes on 29.07.2024 at 3.00p.m. in room No.1 Dr..S,Kasthuri, Assistant Professor of Political Science, Department of History , Programme Officer and Miss. D.Vedha jothika, Assistant Professor of B.com.CA , Staff Adviser both of them clearly explained about the Youth Welfare schemes implemented by the Government of India in the union budget in the context of education and skill development, special education initiatives, education loan, women empowerment, scholarships and grants. The Purpose of this lecture is to give awareness to the NSS volunteers. 40 NSS volunteers were actively participated.



Kargil Vijay Dewas Programme report on 30.07.2024

The national service scheme unit: X Jayaraj Annapackiam college for women(Autonomous) conducted Kargil Vijay Diwas programme on the occasion of the 25th anniversary of the Kargil war (July 26) being celebrated nationally as "Vijay Diwas (India's victory) is an important punctuation to reflect the Tributes were paid to the soldiers who lost their lives in the army and many diverse stands that are still relevant to the management of India's composite national security. In order to create awareness among the college students.



NSS Report - AUGUST-2024

Report on cleaning activity-03.08.2024

National Service Scheme of JAC Unit 10 conducted the tree plantation and cleaning programme on 03.08.2024 from 2.00 - 3.30 pm. The second year NSS volunteers cleaned the tree sapling area, planted tree saplings and watering tree saplings. Totally 34 NSS volunteers actively participated. Dr . S.Kasthuri, Assistant Professor of Political Science, Department of History, and Staff Advisor Miss ,Vetha Jothika has supervised the cleaning activity.



Report on clean activity-09.08.2024

National Service Scheme of JAC Unit 10 conducted the tree plantation and cleaning programme on 09.08.2024 from 2.00 - 3.30 pm. The second year NSS volunteers cleaned the tree sapling area, planted tree saplings and watering tree saplings. Totally 30 NSS volunteers actively participated. Dr . S.Kasthuri, Assistant Professor of Political Science, Department of History, and Staff Advisor Miss ,Vetha Jothika has supervised the cleaning activity.



Pledge against "Drugs" on 12.08.2024

The NSS of Jayaraj Annapackiam College for women (Autonomous) Periyakulam Theni. Unit X Volunteers took Pledge against "Drugs Free Campuses on 12th August 2024. As we are aware ,Nasha Mukta Bharat Abhiyaan is entering its 5th year since the launch on this occasion Honble Minister for social justice& Empowerment Dr.Virendra Kumar is conducting a mass Pledge against Drugs in the Campus.



78th Independence day Celebration 15.08.2024

The NSS of Jayaraj Annapackiam College for women (Autonomous) Periyakulam Theni. Unit X Volunteers Celebrated the 78th Independence day at J.K. Colony on 15.08.2024 at 9.00.a.m. Unit X Conducted National leaders Picture identification Competition to the school going student in the village several students answered those questions . Unit X, Programme officer Dr.S.Kasthuri and Staff Advisor D.Vedha jothika gave the Prize to the

Children. At the end of the programme our NSS volunteers distributed sweets to all the villagers.



Report on cleaning activity-31.08.2024

National Service Scheme of JAC Unit 10 conducted the tree plantation and cleaning programme on 31.08.2024 from 2.00 - 3.30 pm. The second year NSS volunteers cleaned the tree sapling area, planted tree saplings and watering tree saplings. Totally 34 NSS volunteers actively participated. Dr . S.Kasthuri, Assistant Professor of Political Science, Department of History, and Staff Advisor Miss ,Vetha Jothika has supervised the cleaning.



Report on cleaning activity-03.09.2024

National Service Scheme of JAC Unit 10 conducted the tree plantation and cleaning programme on 03.08.2024 from 2.00 - 3.30 pm. The second year NSS volunteers cleaned the tree sapling area, planted tree saplings and watering tree saplings. Totally 84 NSS volunteers actively participated in Various places of the Jayaraj Annapackiam College Campus .Programme officer Dr . S.Kasthuri, Assistant Professor of Political Science, Department of History, and Staff Advisor Miss.B.Vetha Jothika has supervised the cleaning activity.



NSS Report - September-2024

Report on Tree plantation - 18.09.2024

In connection with World Environment Day, under the guidance of the Ministry of Environment, Forest and Climate change JAC NSS Unit 10 has organized a one-day special plantation drive at JAC campus. NSS volunteers planted saplings for a greener and sustainable environment. Programme was organised by Programme officer D.rS.Kasthuri



Report on Swachhata Cleanliness Activities - 25.09.2024

The National Service Scheme Unit X of Jayaraj Annapackiam College for Women, Periyakulam has organised an Awareness Programme on 25.09.2024 at 2.30 pm to 3.30 pm in the adopted village of J.K Colony , NSS volunteers visited every household to collect plastic waste, they cleaned the village and removed plastics there , totally 25 kg plastic wastes were collected and handed over to Mr. Murugan and Mr. Ravichandiran of Nesam Trust, Periyakulam, for recycling purposes. 42 Volunteers were participated in this cleanliness activity and Manjappai were issued to the people of J.K Colony village to reduce plastic usage and gave awareness to protect the environment. Dr. S. Kasthuri , Programme Officer has organized the Programme.



NSS DAY 25.09.2024

National Service Scheme of JAC Unit 10 celebrated the NSS Day on 25.9.2024. Programme Officers Dr S.Kasthuri , Assistant Professor and staff advisor Ms. D. Vedha Jothika JA College For Women, was the Chief Guest felicitated the function. Our NSS volunteers shared their experiences with the new volunteers. NSS Volunteers MS.Abarna II HTM gave the Vote of Thanks. 50 NSS Volunteers attended the programme.



OCTOBER MONTH REPORT

Dr.S.Kasthuri, Unit X Programme officer has attended a Social awareness programme on 10.10.2024 at Theni Collector office from 4.30 pm to 6.45 p. m organised by the department of Social welfare board.



“Free Clothes Distribution Campaign”-16.10.2024

The National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, in collaboration with Jeevanathi Charitable Trust, Bangalore organised a “Free Clothes Distribution Campaign” surrounding the villages of Endapulli Panchayat which includes E. Pudukottai, Anna Nagar, Nehru Nagar, Arockiya Matha Nagar, Kakanji Colony, J.K Colony and Murugamalai on 16.10.2024. The beneficiaries include the poor and destitute, widows, physically challenged and senior citizens from the villages. The programme was presided by the Principal Rev. Sr. Dr. S. Jesurani, the Secretary, Rev. Sr. Dr. R. Shantha Mary Joshitta, Mother Superior, Rev. Sr. Dr. Fathima Mary Sylvia and Panchayat President, Mr. Pandian. Along side, Bro. Augustin, Founder of Jeevanathi Charitable Trust and its members, Mrs.chema pernandis, Mrs. Rosy, Mrs. Rohini Sunitha, Mr. John Anitic Harry and Mr. Renny Thomas served as the Guests of Honour and offered free woollen blankets to the needy people. Also, they donated Rs,

15,000 worth goats to three students' families from JAC who lost their fathers. 250 NSS volunteers, Programme Officers, and Staff Advisors participated in the event.



Free Clothes Distribution Campaign 17.10.2024

The National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, in collaboration with Jeevanathi Charitable Trust, Bangalore organised a “Free Clothes Distribution Campaign” at St. Anne’s Marriage Hall, Tamaraikulam to the needy people from T. Kalipatti and Tamaraikulam village on 17.10.2024. Around 500 woollen blankets and sarees were provided for the poor people. Financial assistance for a widow woman to run a petty shop and for a college student to pay her fee was also offered. Moreover, free dresses were also provided for the Government Primary School, Tamaraikulam with the aid of the Jeevanathi Charitable Trust, Bangalore. The college also signed an Memorandum of Understanding with the Trust on the same day. The programme was presided by the Principal Rev. Sr. Dr. S. Jesurani, the Secretary, Rev. Sr. Dr. R. Shantha Mary Joshitta, Mother Superior, Rev. Sr. Dr. Fathima Mary Sylvia and Panchayat Head, Mr. Paul Pandi and Kalipatti Panchayat Head, Mr. Nagaraj. Along side, Bro. Augustin, Founder of Jeevanathi Charitable Trust and its members, Mr. James, Mrs. Rosy, Mrs. Rohini Sunitha, Mr. John Anitic Harry and Mr. Renny Thomas served as the Guests of Honour. 150 NSS volunteers, Programme Officers, and Staff Advisors of Unit VII, VIII, IX, X, XI, and XII participated in the event.

NSS Report - December-2024

Christmas Celebration Report - 20.12.2024

As part of Christmas celebrations, the National Service Scheme Units IX and X of JAC organized a visit to Kallipatti village to spread joy and goodwill. During the visit, dresses were donated to the children of the village. A total of 10 NSS volunteers actively

participated in the program, making it a memorable event. The program was organized by Dr. L. R. Charlet Sharmili, Assistant Professor of History and Programme Officer, Miss. R. Sivasakthi, Assistant Professor of Commerce and Staff Adviser, and Dr. S. Kasthuri, Assistant Professor of Political Science and Programme Officer. The event not only brought smiles to the faces of the children but also reinforced the spirit of sharing and community service among the volunteers.



Christmas Celebration Report - 20.12.2024

As part of the Christmas festivities, the National Service Scheme (NSS) Units IX and X of JAC organized an outreach visit to Kallipatti village, aimed at spreading happiness and fostering goodwill. During the visit, clothing was gifted to the children, bringing joy and warmth to their hearts while enhancing the festive spirit. Ten NSS volunteers participated wholeheartedly, contributing to the success of this meaningful initiative. The event was coordinated under the leadership of Dr. S. Kasthuri, Assistant Professor of Political Science and Programme Officer. This endeavours not only delighted the children but also inspired the volunteers with a deeper sense of generosity and social responsibility. It was a celebration that truly reflected the essence Christmas.



NSS Report - January-2025

CAMPUS CLEANING ACTIVITY ON JANUARY 10, 2025.

Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, known for its commitment to academic excellence and social responsibility, organized a campus cleaning activity on January 10, 2025. The initiative was conducted under the aegis of the National Service Scheme (NSS), with the enthusiastic participation of NSS Unit X volunteers. The primary objective of this activity was to promote cleanliness, environmental awareness, and a sense of responsibility among students.



Traditional Pongal Preparation :11.01.2025

National Service Scheme (NSS) Unit X of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, organized a grand celebration of Pongal on January 11, 2025, within the college campus. The event was conducted with great enthusiasm, fostering cultural heritage and community bonding among students, faculty, and staff.



Republic Day Celebration at Thendral Nagar, Narikuravar Colony, on 26.1.2025

The National Service Scheme of JAC celebrated Republic Day at Thendral Nagar, Narikuravar Colony, on 26.1.2025. The celebration was held in the presence of Rev. Sr. Dr. S. Jesurani, the Principal, Rev. Sr. Dr. Shanta Mary Joshitta, the Secretary, Rev. Sr. Saroja, and Rev. Sr. Vimala from the college administration. They were joined by Mr. Chelladurai, the Village Head, Mr. Ragu Padma Soori, Ward Counsellor, and Social Workers Mr. Kaviyarasan and Mr. Jeyam. Rev. Sr. Dr. Jesurani and Rev. Sr. Shanta Mary Joshitta addressed the gathering, highlighting the significance of Republic Day and the collective responsibility we share in serving our fellow citizens. Their words resonated deeply with the local residents, fostering a sense of unity and pride. Around 100 local residents, along with the NSS volunteers, Programme Officers, and Staff Advisors participated in the celebration.



FREE CLOTHES DISTRIBUTION at Thendral Nagar, Narikuravar Colony, on 26.1.2025

The National Service Scheme of JAC, Units- VII, X, XII, and XIII, in collaboration with Jeevanadhi Charitable Trust, Bengaluru, organized a remarkable FREE CLOTHES DISTRIBUTION program on 26th January 2025, at Thendral Nagar, Narikuravar Colony, Allinagaram, Theni. This compassionate initiative reached out to the underprivileged members of the community, providing them with much-needed clothing. The event was graced by Rev. Sr. Dr. S. Jesurani, the Principal of the college, Rev. Sr. Dr. Shanta Mary Joshitta, Rev. Sr. Saroja, and Rev. Sr. Vimala from the college administration. They were joined by Mr. Chelladurai, the Village Head, Mr. Ragu Padma Soori, Ward Counselor, and social workers Mr. Kaviyarasan and Mr. Jeyan, who were actively involved in ensuring the

event's success. The event saw the active participation of around 100 local residents, who not only received clothes but were also uplifted by the warmth and support of the volunteers and organizers. The distribution included clothing for children, students, and elders, with a total value of approximately three lakh rupees. This generous gesture made a tangible difference in the lives of many. Special recognition is due to Rev. Brother Augustine, the founder of Jeevanadhi Charitable Trust, for his unwavering dedication to serving the underprivileged, along with the selfless contributions of the trust's members. Their efforts in organizing and executing such a large-scale event exemplify the spirit of social responsibility and compassion. A total of 150 NSS volunteers, along with Programme Officers and Staff Advisors, worked diligently to make this event a success, reflecting the strength of community collaboration and the true meaning of service to humanity. This initiative not only provided essential resources but also reinforced the importance of solidarity and kindness in today's world. Programme Officers, Dr. Sr. Arul Sunila, Dr. Amala Jasmine, Ms. E. Sahaya Merlin, and Dr. Kasturi, Staff Advisor, Dr. Jeyabarathi, organized the event.



Martyr's Day-30.1.2025

The National Service Scheme (NSS) of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, solemnly observed Martyrs' Day on January 30, 2025, to pay homage to the brave individuals who sacrificed their lives for India's freedom. The event was marked by a two-minute silence and a pledge against untouchability, reaffirming the institution's commitment to social harmony and national unity.



Cleaning Activities:

On 12.02.2025 Unit X of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam participated in the Campus cleaning activities. On 06.02.2025 Unit X of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam distributed Deworming tablets to the student it was given by Health department of Tamil Nadu Government.



Hygienic awareness programme

On 24.02.2025 Unit X of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam participated in the hygienic awareness programme and sanitary napkin also distributed to the girls, nearly 97 students are benefited.



Drawing Competition on Women's Day Celebration

On 10.03.2025, NSS Unit X of Jayaraj Annapackiam College for Women, Periyakulam conducted a Drawing Competition on the topic, "Women Achievers" in India to all the NSS volunteers History and B. Com. C. A students.



Cleaning Activity- 11.3.2025

The National Service Scheme of JAC Unit X conducted the campus cleaning activity on 11.03.2025 from 3.00pm 4.00 pm. The NSS volunteers cleaned the tree sapling planted area and watering the tree saplings. Totally 50 first year NSS volunteers actively participated. Dr. MrsS.Kasthuri, Assistant professor , Programme Officer.



Mass Awareness Rally-22.03.2025

The National Service Scheme of JAC, collaborated with the National Cadet Corps of JAC and Theni District Police for Social Justice and Human Rights Division, conducted an awareness rally under the title, “To Unify for Equality”. 10 NSS volunteers from Unit X participated in the rally and cultural activity. The students performed a mime, which aims to promote an awareness on social justice and equality.



April Month Report

In Connection with Dr.B.R.AMBEDKAR's Birth Day Celebration The jayaraj Annapackiam college for women Autonomous , Periyakulam NSS Unit X Conducted An Essay competition.20 Nss students were participated in this event.



RURAL IMMERSION PROGRAMME REPORT 2024-2025

The National Service Scheme (NSS) special camp was organized by Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, from November 14, 2024, to November 20, 2024. During this program, P. Munkila, a volunteer from II HTM, selected an elderly widow from the adopted village as my focus her name is mrs.Azhakammal. This woman, who lived in J.K. Colony, Endapulli Village Panchayat in Theni District, led a simple yet challenging life. Over the course of seven days, I had the privilege of spending time with her and offering support while engaging in meaningful activities that fostered a strong connection with her and the local community. On the first day, November 14, 2024, we began the program with an introductory visit to the elderly woman's home. As a team, the volunteers engaged in conversations and observed her daily routine. This initial interaction helped build rapport, and we spent time assisting her with household chores. In the evening, we visited some of her relatives in the local area, which further strengthened our bond and gave us a glimpse into her family's dynamics and challenges.



The second day, November 15, 2024, was focused on contributing to her living environment. I brought plant saplings to cultivate in her home and her relatives' homes. The act of planting not only symbolized growth and positivity but also provided her with a small source of greenery and potential sustenance. This day also allowed me to interact closely with her relatives, who expressed gratitude for our efforts and kindness.



On November 16, 2024, the third day, I spent more time working alongside her. Despite her advanced age, she remained dedicated to her profession as a dhobi (laundry worker). Watching her diligently earn Rs. 30 for washing a blanket was a humbling experience. It highlighted the strength and resilience of individuals like her, who rely on hard work for their livelihood despite limited resources.



The fourth day, November 17, 2024, was particularly enriching. I stayed with the elderly woman throughout the day and night. Her dedication and perseverance inspired me deeply. The community's warmth and hospitality were evident when one of her relatives, another elderly woman, came to stay with us for the night. This brief gathering reinforced the importance of relationships and community support in their lives.

On November 18, 2024, the fifth day, I continued to assist her with various household tasks. She appreciated the help and expressed her happiness. These small moments of shared labor and conversation allowed me to understand her struggles and joys better. The satisfaction of knowing that my presence was making a positive impact motivated me further.



The sixth day, November 19, 2024, saw her returning to her daily routine as a dhobi. She earned a modest income for her work and showed her generosity by purchasing vegetables and fruits for me with her earnings. This thoughtful gesture deeply moved me, reflecting the kindness and gratitude that exists even in the face of adversity.

On the final day, November 20, 2024, I wanted to leave a meaningful token of appreciation for her. As a gesture of gratitude and care, I gifted her a few sarees. Her joy and gratitude upon receiving them were heartwarming. This moment marked the conclusion of my time with her during the camp, leaving me with a profound sense of fulfillment and connection.

The Rural Immersion Programme was an invaluable experience, offering an opportunity to understand the challenges faced by rural communities and contribute meaningfully to their lives. The bonds formed, the lessons learned, and the moments shared will remain etched in my memory, inspiring me to continue serving others with compassion and dedication.