

**JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN
(AUTONOMOUS), AFFILIATED TO MOTHER TERESA
WOMEN'S UNIVERSITY, KODAIKANAL,
PERIYAKULAM, THENI.**



UNIT XII

NATIONAL SERVICE SCHEME



ANNUAL REPORT 2024 -2025

PROFORMA FOR NSS PROGRAMME OFFICERS

S. No	Particulars	Details
1.	Name of Programme Officer	Ms. E. Sahaya Merlin
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni Dt-625601.
5.	College Email Address	principal@annejac.ac.in
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	12 th
8.	Mobile No (NSS PO)	6369060821
9.	Email ID (NSS PO)	merlineng@annejac.ac.in
10.	Whether attended NSS 7 days ETI Training	Yes / No
11.	Number of year Experience as NSS P.O	1
12.	Name of the Village Adopted	Arokiya Matha Nagar
Social Media Account Details of the NSS Unit		
1.	Twitter ID	@nssunit12jac
2.	Instagram ID	nssunit12jacperiyakulam
3.	Face book ID	Jac Nss

Name: Ms. E. Sahaya Merlin
Designation: Assistant Professor
Signature:

E.S Merlin

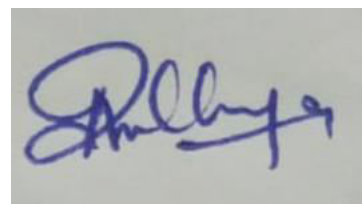
PROFORMA FOR NSS STAFF ADVISORS DETAILS

S. No	Particulars	Details
1.	Name of Staff Advisor	Ms. R. Aishwarya
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni District – 625 601.
5.	College Email Address	principal@annejac.ac.in
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	12 th
8.	Mobile No (NSS staff advisor)	7904392616
9.	Email ID	@annejac.ac.in
10.	Department	Computer Science
11.	Number of year Experience	1
12.	Name of the Village Adopted	Arokiya Matha Nagar

Name: Ms. R. Aishwarya

Designation: Assistant Professor

Signature:



NATIONAL SERVICE SCHEME
Action Plan 2024 – 2025

On 6th Day – 1 Hour

On Saturday – 3 Hours

Regular Activities	Special Activities
<ul style="list-style-type: none"> ✓ Conducting NSS Theory Classes ✓ Conducting Awareness Programmes ✓ Celebrating Commemorative Days ✓ Cleaning activities inside the campus and adopted villages ✓ Watering Vitamin C – Fruit Trees Garden ✓ Discarding Waste leaves and ensuring plastic free campus (Solid Waste Management) ✓ Providing vocational training to female children and women in the adopted villages 	<ul style="list-style-type: none"> ❖ 7 Days Special Camp ❖ Observance of <ul style="list-style-type: none"> ● Swachh Bharat Mission ● Fit India ❖ Seminars ❖ Awareness Programmes related to the observance days mentioned in the academic calendar. ❖ Celebrating Independence Day inside the College campus and the adopted villages. ❖ Raising awareness among students about societal concerns by conducting street plays, rallies, and other activities, and by organizing competitions on topics like World Population Day etc. ❖ Tree Saplings Plantation in the adopted villages. ❖ Conducting meetings with the panchayat officials in our college and convene Advisory Meetings. ❖ Attending Refresher Training Programmes for Professors. ❖ Undertaking Projects related to NSS. ❖ Organizing free medical camps that includes general health check -up, dental check-up, etc in the adopted villages. ❖ Cleaning the public toilets. ❖ Installing dustbins in the adopted villages. ❖ Constructing toilets in the adopted villages. ❖ Connecting the rural women with self-help groups. ❖ Identifying the dropout students around the villages and helping them continue their education.

	<ul style="list-style-type: none"> ❖ Providing awareness about the Employment Schemes offered by the government and helping the villagers benefit out of them. ❖ Boost village livelihoods by expanding goat donations comparing to last year donation for greater impact. ❖ Providing language skills training for the adopted village children. ❖ Offering life skill training for the adopted villagers. ❖ Celebrating festivals, organizing cultural events, sports activity and community gathering in the adopted villages to ensure communal harmony. ❖ Providing vocational training for the women in the adopted villages like foot-mat preparation, mushroom cultivation, candle making, phenyl, cleaning and washing powder preparation, Soap making, pickle making etc. ❖ Carrying out the responsibilities allotted under Naan Muthalvan Scheme. ❖ Elevating Higher Education Prospects for Secondary Students through the Naan Muthalvan Scheme ❖ Helping the elders in the adopted villages by providing essentials like soaps, blankets etc ❖ To plant more trees in the college campus and preserve the trees planted last year. ❖ To empower younger generation for sustainable growth.
<p style="text-align: right;">Total Hours for a Year = 60 Total Hours for Two Years = 120</p>	

JULY MONTH ACTIVITIES

20.7.2024

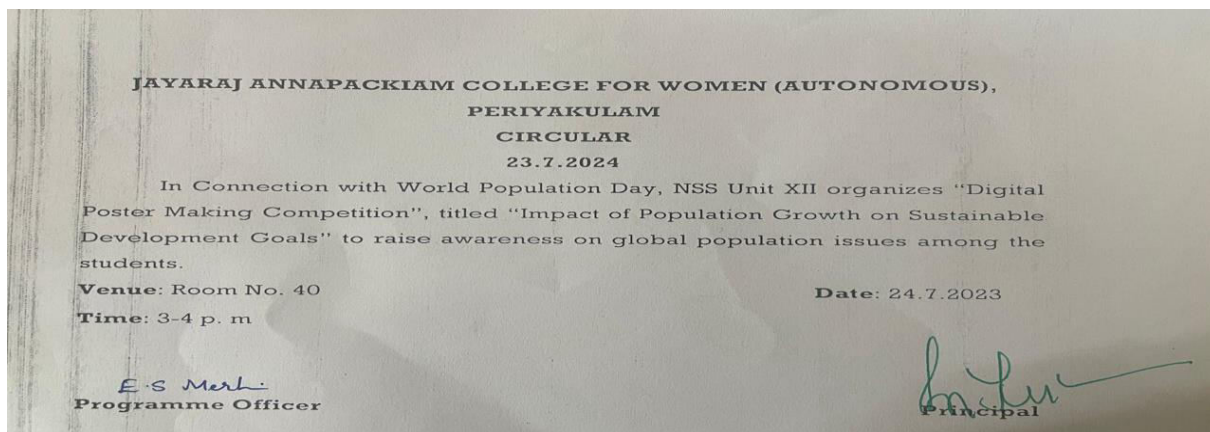
TREE PLANTATION AND CLEANLINESS ACTIVITY

The NSS volunteers of Unit XII planted trees and cleaned the areas surrounding the tree plantation area on 20.7.2024 from 2 to 3: 30 p.m. Ms. E. Sahaya Merlin, Programme Officer and Ms. Iswarya, Staff Advisor supervised the activities.



WORLD POPULATION DAY

24.7.2024



In connection with World Population Day, NSS, Unit XII of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organized a "Digital Poster Making Competition", titled "Impact of Population Growth on Sustainable Development Goals" to raise awareness on global population issues among the students. The competition was

held on 24.7.2024 at Room No. 40 from 3-4 p.m. Around 10 volunteers participated in the competition. Ms. E. Sahaya Merlin, Programme Officer and Ms. Iswarya, Staff Advisor supervised the event.



I YEAR NSS VOLUNTEERS ENROLMENT

24.7.2024

The first year NSS volunteers from I B.A English and I B. Sc. Computer Science, filled the enrolment forms, showing their willingness to render their service as NSS volunteers on 24.7.2024 in Room No. 40 at 3 p.m. The Programme Officer, Ms. E. Sahaya Merlin, Asst. Prof. of English and the Staff Advisor, Ms. Aishwarya, Asst. Prof. of Computer Science helped the volunteers fill the forms and collected them.

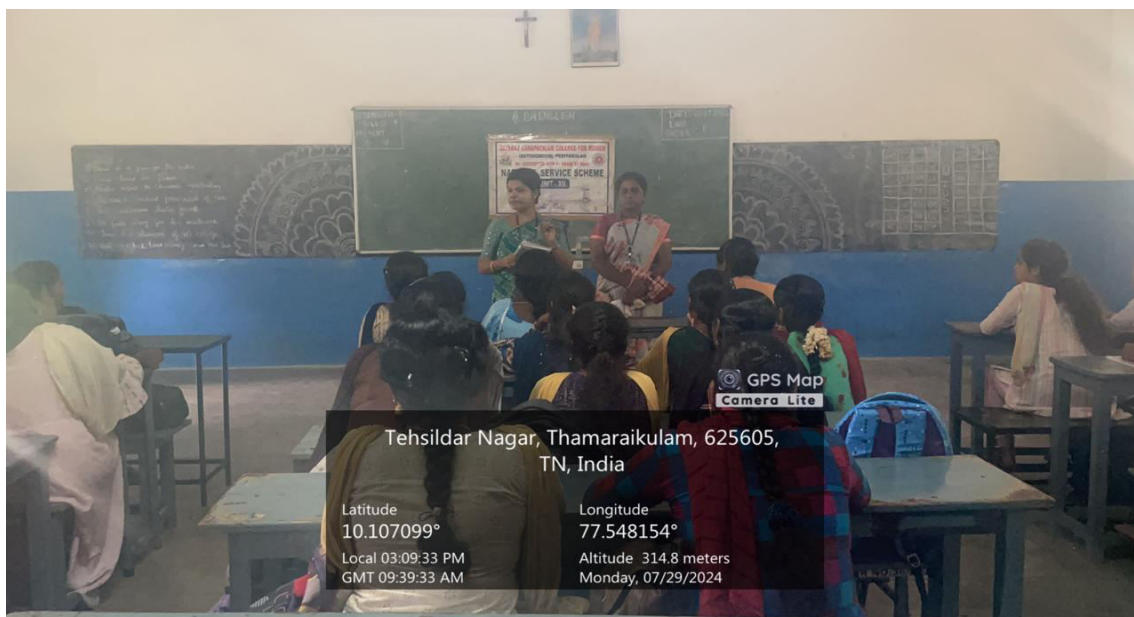


Awareness Talk on Union Budget - 2024 special emphasis on youth welfare schemes.

29.7.2024

NSS Unit - XII of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam) organized a lecture on **“Union Budget - 2024: A special emphasis on Youth Welfare Schemes”** on 29.07.2024 in Room No: 37 at 3 p.m. Ms. E.

Sahaya Merlin, Programme Officer, explained the various Youth Welfare Schemes launched by the government of India in the union budget. Ms. Aishwarya, Staff Advisor was also present. Overall, 70 NSS volunteers actively participated and got benefitted.



OBSERVATION OF KARGIL VIJAY DIWAS

30.7.2024

NSS Unit XII of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam observed the remembrance of Kargil Vijay Diwas on 30.07.2024 at 3.00pm in the college campus. 30 NSS volunteers hold placards which portrays the pictures of Kargil war and paid their tribute to the martyr soldier. Ms. E. Sahaya Merlin, Programme Officer and Ms. Aishwarya, Staff Advisor organized such an impactful programme.



SEPTEMBER MONTH ACTIVITIES

Tree Plantation and Cleaning Activity

3.8.2024

The NSS volunteers of Unit XII planted trees and cleaned the areas surrounding the tree plantation area on 3.8.2024 from 2 to 3: 30 p.m. Ms. E. Sahaya Merlin, Programme Officer and Ms. Iswarya, Staff Advisor supervised the activities.



Anti-Drug Oath

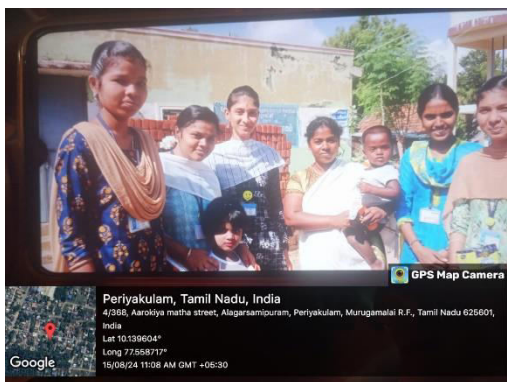
12.8.2024

In connection with the observance of Anti-Drug Day, the NSS volunteers of Unit XII, administered the oath on 12.8.2024. Ms. E. Sahaya Merlin, Programme Officer and Ms. Iswarya, Staff Advisor were also present.



Independence Day Celebration-15.8.2024

In connection with the Independence Day Celebration, 10 NSS volunteers along with the Programme Officer, Ms. E. Sahaya Merlin, Assistant Professor of English and Staff Advisor, Ms. R. Aishwarya, Assistant Professor of Computer Science visited the adopted village, Arockiya Matha Nagar and celebrated Independence day with the villagers.



Survey



Cleaning Activity- 31.8.2024

The NSS volunteers of Unit XII planted trees and cleaned the areas surrounding the tree plantation area on 31.8.2024 from 2 to 3: 30 p.m. Ms. E. Sahaya Merlin,

Programme Officer and Ms. R. Iswarya, Staff Advisor supervised the activity.



SEPTEMBER MONTH ACTIVITIES

Swachata Cleanliness Activity- 25.09.2024

The National Service Scheme of Jayaraj Annapackiam College for Women, Periyakulam, Endapuli Panchayat, involved in the removal of plastic waste in all the seven units including Nehru Nagar, Arokiya Matha Nagar, and Kakanji Nagar JK Colony, Murugamalai, E. Puthukkottai and Anna Nagar. They met the people of the area and involved in door-to-door work of removing plastics from these places. At the end of the event, 150 kg of plastic was collected and given to Mr. Murugan and Mr. Ravichandran Nesam Charitable Organization, T. Kallipatti for plastic recycling. Usage of Yellow Bags was insisted and an oath was administered. 50 NSS volunteers participated in this event along with the Programme Officer and Staff Advisor.



OCTOBER MONTH ACTIVITIES

Free Clothes Distribution on 17.10.2024

The National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, in collaboration with Jeevanathi Charitable Trust, Bangalore organised a “Free Clothes Distribution Campaign” at St. Anne’s Marriage Hall, Tamaraikulam to the needy people from T. Kalipatti and Tamaraikulam village on 17.10.2024. Around 500 woollen blankets and sarees were provided for the poor people. Financial assistance for a widow woman to run a petty shop and for a college student to pay her fee was also offered. Moreover, free dresses were also provided for the Government Primary School, Tamaraikulam with the aid of the Jeevanathi Charitable Trust, Bangalore. The college also signed an Memorandum of Understanding with the Trust on the same day. The programme was presided by the Principal Rev. Sr. Dr. S. Jesurani, the Secretary, Rev. Sr. Dr. R. Shantha Mary Joshitta, Mother Superior, Rev. Sr. Dr. Fathima Mary Sylvia and Panchayat Head, Mr. Paul Pandi and Kalipatti Panchayat Head, Mr. Nagaraj. Along side, Bro. Augustin, Founder of Jeevanathi Charitable Trust and its members, Mr. James, Mrs. Rosy, Mrs. Rohini Sunitha, Mr. John Anitic Harry and Mr. Renny Thomas served as the Guests of Honour. Around 30 NSS volunteers participated in the event along with the Programme Officer, Ms. E. Sahaya Merlin and Staff Advisor, Ms. R. Aishwarya.



DECEMBER MONTH ACTIVITIES

Peace Oath Administration-12.12.2024

The volunteers of NSS, Unit XII administered the Peace oath on 12.12.2014 in order to promote harmony in their personal and professional lives, resolve conflicts through dialogue and mutual understanding and advocate for non-violence and respect for diversity.



Cleaning Activity- 18.12.2024

The volunteers of Unit 12 cleaned the debris and dried leaves in the area near the auditorium on 18.12.1024 from 3 to 4 p.m. 50 volunteers took part in the cleaning activity. Ms. E. Sahaya Merlin, Programme Officer and Ms. R. Aishwarya, Staff Advisor supervised the activity.



JANUARY MONTH ACTIVITIES

Cleaning Activity-11.1.2025

The volunteers of the National Service Scheme, Unit XII cleaned the area around the auditorium on 10.1.2025 at 3 p.m. Ms. E. Sahaya Merlin, Programme Office supervised the cleaning activity. Around 25 volunteers actively participated and restored the tidiness of the place.



Pongal Celebration- 11.1.2025

The National Service Scheme of JAC, Unit XII celebrated Pongal, the Harvest Festival on 11.1.2025 inside the college premises with great enthusiasm by the NSS volunteers. The event aimed to promote cultural heritage, unity and the spirit of service among the volunteers and the community. Around 50 volunteers took part in the celebration. Ms. E. Sahaya Merlin, Programme Office and Ms. R. Aishwarya, Staff Advisor organized the celebration.



Republic Day Celebration at Thendral Nagar, Narikuravar Colony, Theni - 26.1.2025

The National Service Scheme of JAC celebrated Republic Day at Thendral Nagar, Narikuravar Colony, on 26.1.2025. The celebration was held in the presence of Rev. Sr. Dr. S. Jesurani, the Principal, Rev. Sr. Dr. Shanta Mary

Joshitta, the Secretary, Rev. Sr. Saroja, and Rev. Sr. Vimala from the college administration. They were joined by Mr. Chelladurai, the Village Head, Mr. Ragu Padma Soori, Ward Counsellor, and Social Workers Mr. Kaviyarasan and Mr. Jeyam. Rev. Sr. Dr. Jesurani and Rev. Sr. Shanta Mary Joshitta addressed the gathering, highlighting the significance of Republic Day and the collective responsibility we share in serving our fellow citizens.



FREE CLOTHES DISTRIBUTION at Thendral Nagar, Narikuravar Colony, on 26.1.2025

The National Service Scheme of JAC, in collaboration with Jeevanadhi Charitable Trust, Bengaluru, organized a remarkable FREE CLOTHES DISTRIBUTION program on 26th January 2025, at Thendral Nagar, Narikuravar Colony, Allinagaram, Theni. This compassionate initiative reached out to the underprivileged members of the community, providing them with much-needed clothing. The event was graced by Rev. Sr. Dr. S. Jesurani, the Principal of the college, Rev. Sr. Dr. Shanta Mary Joshitta, Rev. Sr. Saroja, and Rev. Sr. Vimala from the college administration. They were joined by Mr. Chelladurai, the Village Head, Mr. Ragu Padma Soori, Ward Counselor, and social workers Mr. Kaviyarasan and Mr. Jeyan, who were actively involved in ensuring the event's success. The event saw the active participation of around 100 local residents, who not only received clothes but were also uplifted by the warmth and support of the volunteers and organizers.

The distribution included clothing for children, students, and elders, with a total value of approximately three lakh rupees. This generous gesture made a tangible difference in the lives of many. Special recognition is due to Rev. Brother Augustine, the founder of Jeevanadhi Charitable Trust, for his unwavering dedication to serving the underprivileged, along with the selfless contributions of the trust's members. Their efforts in organizing and executing such a large-scale

event exemplify the spirit of social responsibility and compassion. A total of 25 NSS volunteers participated in the event.



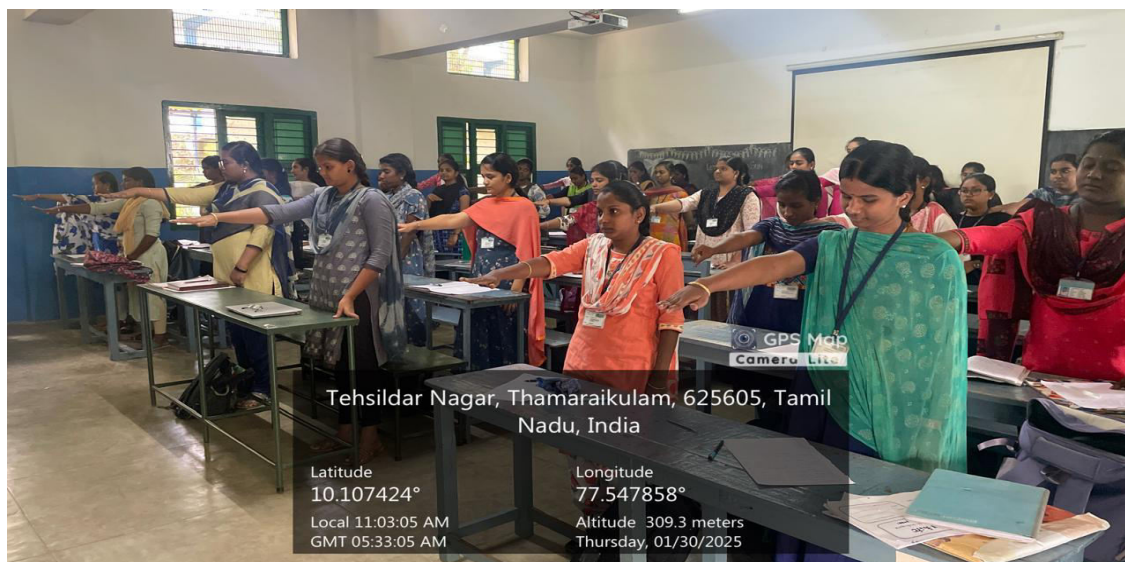
Special Awareness Programme on Menstrual Health and Hygiene-28.1.2025

The National Service Scheme of JAC, Units 12, and Tamilnadu State Rural Livelihoods Mission jointly organised an Awareness Programme on “Menstrual Hygiene Training” on 28.1.2025 from 3-4 p.m. at Room No: 53. Mrs. Nandhini, TNSRLM, Periyakulam, served as the resource person and delivered a lecture on the importance of maintaining proper menstrual hygiene. She also explained the menstrual process, and how to take better care during such times. The lecture insisted the usage of quality sanitary napkins to prevent infections and how to stay healthy by consuming proper diet. Overall, 50 NSS volunteers, Programme Officer and Staff Advisor participated in the programme and got benefitted.



Oath Administration- Martyr's Day-30.1.2025

In connection with Martyr's Day, the National Service Scheme of JAC, Unit XII administered an oath to remember and honour the sacrifice of national heroes, reaffirm commitment to the values of patriotism, peace and justice which inspires the citizens to contribute to the nation's progress.



MARCH MONTH ACTIVITIES

Napkin Distribution- 12.3.2025

The National Service Scheme of JAC, Unit XII distributed sanitary napkins to the volunteers on 12.3.2025. Around 30 I year volunteers received the napkins.



Short Story Writing Competition-24.3.2025

In connection with Women's Day, JAC NSS Unit XII conducted Short Story Writing Competition titled, "She Rises" on 24.3.2025. Around, 25 students participated in the competition and exhibited their talents and the following students won prizes:

1. R. Harini- I BA English
2. B. Subbulakshmi- I BA English
3. N. Dhanusha- I BA English



Mass Awareness Rally-22.03.2025

The National Service Scheme of JAC, collaborated with the National Cadet Corps of JAC and Theni District Police for Social Justice and Human Rights Division, conducted an awareness rally under the title, "To Unify for Equality". 10 NSS volunteers from Unit XII participated in the rally and cultural activity. The students performed a mime, which aims to promote an awareness on social justice and equality.





APRIL MONTH ACTIVITIES

E-Quiz on The Life and Contributions of Dr. B. R Ambedkar-4.5.2025

The volunteers of Unit XII attended an E-Quiz on 'The Life and Contributions of Dr. B. R Ambedkar' on 4.5.2025. Around 10 volunteers scored the highest score and received the e-certificates.





RURAL IMMERSION PROGRAMME REPORT 2024-2025

Day 1- 14.11.2024

Under the Rural Immersion Programme, I, Vigneswari from Unit XII visited our adopted village, Arockiya Matha Nagar on 14.11.2024. I found a poor family residing near the village church. I discovered that the family lived in a miserable condition. The house was too small for a family of five members. They cooked, slept and did all the household works under the single thatched roof. I learned that Mr. Antonyraj met with an accident and can't walk. His wife, Roselin is a coolie and the breadwinner of the family. Their daughter Fathima, dropped out from school due to poverty. She has two younger brothers, Jeeva and Augustine who also quit their education and put to work. Knowing their family history, I felt very sorry for their condition.



Day 2: 15.11.2024

Today I visited Mrs. Roselin's family. They are extremely kind towards me. They said that they are happy about me spending time with them. They welcomed me with great joy.



Day 3: 16.11.2024

Today Fathima's younger brother came home for a holiday. They are happy about his arrival. I spoke with the brother and came to know of his struggles as he is not going to school like other boys of his age.



On 17th and 18th, I visited their house and helped them cleaning their house. They were very reluctant to allow me initially but they allowed me later. I felt very happy to spend my time with the family and deep down my heart felt the pain of their sufferings and I wanted to help them.

19.11.2024

On 19th, I bought new sarees for Mrs. Roseline and the daughter Fathima. Their eyes teared up in gratitude. Though the kindness I showed to them is very small, it left a lasting impact in me. In all the days, I visited them, Mrs Roselin didn't expect any help from me, all she wanted was to sit with her, spend some time and listen to her.



Day 7: 20.11.2024

On the last day, we provided one cot for Mrs. Roselin's family and four chairs for two more families I saw at the village.



This Rural Immersion Programme helped me to realize how opportunities to serve the needy people lie around me. People are everywhere and they need service. As a responsible volunteer of NSS, I must make use of the opportunities to help people around me, no matter even if it's a least small one. The family I visited, all they wanted me was to lend my ears to them. Like this family, many people are suffering out there. I will help people as much as I can and inspire others like me also to help others. This programme also brought a sense of responsibility. It was hard to ignore the challenges the family faced—poor access to healthcare, inadequate infrastructure, and limited educational facilities. It made me question my own privileges and how I could contribute to bridging these gaps. By the end of the programme, I felt a profound sense of gratitude and a renewed perspective on life. The experience taught me that true happiness lies in relationships, community, and simplicity. It also strengthened my resolve to contribute to society meaningfully, no matter how small my efforts might be. I profoundly thank our college for providing me with this opportunity. Also, I thank our Programme Officer, Ms. E. Sahaya Merlin and Staff Advisor, Ms. R. Aishwarya for their assistance.