

CURRICULUM VITAE

REV. SR. DR. BALA MARY AMIRTHAM

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Designation : ASSISTANT PROFESSOR

Department : HISTORY

Specialization : MODERN HISTORY

PROFILE SUMMARY



Dedicated and self-driven educator with over 10 years of experience in teaching and academic development. Committed to fostering student growth through collaborative learning, personalized instruction, and alignment with educational standards. Proficient in creating engaging, innovative activities that encourage creativity, critical thinking, and holistic development. Eager to contribute dynamic, enthusiastic solutions to support the institution's mission and academic excellence.

SKILLS & COMPETENCE

- Skilled in teaching & promoting individual talents.
- Team player with leadership qualities and a willingness to learn.
- Flexible, pleasant, hardworking, loyal, and patient.
- Confident, friendly, persuasive, and professionally presentable
- Capable of observing students and maintaining classroom discipline.
- Strong logical and critical thinking with quick problem-solving ability.

PROFESSIONAL PROFILE

- Bachelor Degree in Arts (History) - Jayaraj Annapackiam College for Women (A), Periyakulam, Affiliated to Mother Teresa Women's University, Kodaikanal, Tamil Nadu in 2007, was in First Class.
- Master's Degree in Arts (History) - Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Affiliated to Mother Teresa Women's University, Kodaikanal, Tamil Nadu in 2009 in Distinction.
- Bachelor Degree in Education (History) - St. Anne's College of Education, Periyakulam, Affiliated to Mother Teresa Women's University, Kodaikanal, in 2012 in First Class.

- Master Degree in Philosophy (History) - Madras Christian College, Chennai, Affiliated to University of Madras, Chennai, Tamil Nadu, in 2013 in First Class.
- Course in Gandhian Thought - Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Affiliated to Mother Teresa Women's University, Kodaikanal in 2007.
- Course in Spoken English – Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Affiliated to Mother Teresa Women's University, Kodaikanal in 2005.
- Diploma Course in Bible Study (Correspondence) - St. Paul's Bible Institute, Poonamallee, Chennai in 2000.
- Diploma Course in Theology and Spirituality from October 2020 to March 2021- Lumen Institute, Tindivanam, Tamil Nadu, India.
- Pursued Doctorate in Philosophy (History) at Presidency College, Chennai, affiliated to the University of Madras, Tamil Nadu, from 2020. Research topic: Administration and Society under the Sethupathis of Ramnad, 1603 – 1967 A.D.
- Attended a one-month Counsellors Training Programme - CTP organized by Anugraha counselling Psychotherapy Research Centre Dindigul, from 05.05.2025 to 31.05.2025,

Professional Experience

- Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Tamil Nadu. (Managed and maintained by The Sisters of St. Anne's of Tiruchirapalli and affiliated to Mother Teresa Women's University, Kodaikanal, Tamil Nadu, with a strength of around 2630 students, 12 Departments and 135 well-qualified, dedicated professional teachers).
- Infant Jesus Nursery and Primary School, Thiruthuvapuram, Kanyakumari District, Tamil Nadu. (Managed and maintained by The Sisters of St. Anne's of Tiruchirapalli, Tamil Nadu, with strength of around 400 students, 15 well qualified dedicated professional teachers)

PRINCIPAL 2009 – 2010

- Designated as Principal established and maintained a learning environment with teachers and students, reviewed, evaluated processes and frameworks of school's administration.
- Reported the management of the performance of the teachers, students, school's various activities, preparing budget, meetings and engagements while maintaining objectivity.

TEACHER 2010 – 2011

- Designated as Teacher and taught History and Social Science from 1st to 5th grade students and created a daily programme of two sets of rigorous, objective-driven lessons.
- Implemented instructional and skill development plan conforming school's curriculum, coordinated extra-curricular activities, and managed documentation for a variety of programs.

ASSISTANT PROFESSOR 2013 – 2018

- Designated as Assistant Professor Specialisation in teaching Modern History of India, Tamil Nadu, and Europe for the undergraduate and postgraduate students.
- Conversant with modern trends and methodologies to achieve students' success by strengthening to secure 100% results in the examinations.
- Develop; implement creative techniques for the college's curriculum and empower students in the targeted competencies and skills.
- Supervised 2 postgraduate students to complete their projects in History.
- Served as Assistant Professor under the Faculty Development Programme (FDP) 2015-2017.

RESEARCH PUBLICATIONS**INTERNATIONAL JOURNAL PUBLICATIONS**

- Role and Impact of Peasant Movements in The Freedom Struggle - UGC Approved an International Journal of Management and Social Science Research Review. Vol: 1, Issue-44, Impact Factor.4.695, February 2018 pp. 40-41.
- Social-based activities towards the marginalized by Annai Annammal in the 19th Century - UGC Approved an International Journal of Multi-Disciplinary

Research as a Peer Review. Vol. 4, Special Issue 3, Impact Factor 3.487, ISSN: 2349-8684, March 2018.

- Dalits and The National Movement - The Issue of Power - UGC Approved An International Journal of Management and Social Science Research Review. Vol-6, Issue-2, Impact Factor: 5.483, February-2019, pp.48-53.
- An overview of factors causing the problems faced by Dalit Christians with special reference to Tamil Nadu - UGC Approved an International Journal of Emerging Technologies and Innovative Research Review. ISSN:2349-5162, Vol-6, Issue-3, Impact Factor:5.87, March-2019, pp.32-39.
- The Role of Sethupathis for the Protection of Water Bodies in Ramanathapuram District – A Study - UGC Approved an International Journal for all Subjects Review. ISSN: 2249-894x, Vol-8, Issue-9, Impact Factor: 5.7631(UIF), June 2019, pp.1-4.
- Women in Politics – A Gandhian Perspective – UGC - CARE Approved Group – II, An ISO:7021-2008 Certified an International Journal of Analytical and Experimental Model Analysis ISSN NO: 0886 – 93671, Vol –XI, Issue – XII, Impact Factor: 6.3, December 2019.
- ‘Involvement of Bhaskara Sethupathi for the Evolution of Senthamizh’ – UGC Care listed (Group-1) Journal- Journal of Modern Thamizh Research (A Quality International Multilingual Thamizh Journal) ISSN: 2321-984X, Vol 9 No.1, Issue- January – March 2021.
- ‘A Society is Nothing Without women’ in the Modern Thamizh Research (A Quarterly International Multilateral Thamizh Journal) 22 December 2021- Special Issue, ISSN: 2321-984X, pages:42- 47.
- ‘Secularism in the land of Sethu Nadu of Sethupathis of Ramnad’ Review of Research, Journal of All subjects, ISSN: 2249-894X, Impact Factor: 5.7631 (UIF), Vol. 11, Issue- 5, February 2022, Pages: 1-5
- ‘Towards Gender Equality: Self Respect Movement in Rananathapuram District’ Review of Research, Journal of All subjects, ISSN: 2249-894X, Impact Factor: 5.7631 (UIF), Vol. 11, Issue - 6, March- 2022, Pages: 1-5
- ‘Devasahayam Pillai: A Fervent Catholic Lay Missionary and Patron of Subaltern Classes in Kanyakumari District’ Journal of All subjects, ISSN:

2249-894X, Impact Factor: 5.7631 (UIF), Vol. 11, Issue - 9, June - 2022, Pages: 1-5

- 'Religious Fundamentalism and the Massive Growth of Christianity in India' Journal of The Asiatic Society of Mumbai, ISSN: 0972-0766, Vol. XCIX, No.1, Sep 2023, pages:132-137.

PROCEEDINGS

- Social Inclusion and Community Sustainability - Presented a Paper on Socio-Economic Development of Women through Entrepreneurship in Theni District, Tamil Nadu - Organized by Social Work, Madras Christian College jointly with the Support of Directorate of Rural Development & Panchayat Raj, Government of Tamil Nadu from 9 – 11 October 2017.
- ICHR sponsored a National Seminar on Popular Movements in South India during 19 – 20th centuries and presented a Topic on Role and Impact of the Peasant Movements in the Freedom Struggle at the Department of History, Jayaraj Annapackiam College, Periyakulam, Tamil Nadu from 7 – 8 February 2018.
- The South Indian History Congress 40th Annual Session and presented a Paper on Velu Nachiyar: A Symbol of Bravery in the Struggle Against British Power in Sivaganga organized by The History Wing, DDE & The Department of History, Annamalai University, Chidambaram, Tamil Nadu from 31 January – 2 February 2020. This paper was Published in UGC care Listed Journal, ISSN 2229-3671, pages 52-55.
- Tamil Nadu History Congress 29th Annual Session and presented a paper on 'The Reign of Thiruvudaiyathevar Alias Muthu Vijaya Reghunatha Sethupathi in Ramnad Kingdom, 1713-1725' Organized by VVM Sri Pushpam College in Thanjavur, 14th – 16th October, 2022, pages:55-58.

PAPER PRESENTATION

- Two days International Women's Conference and presented a Topic on Development of Women in Society via St. Anne's Congregation organized by Mother Teresa Women's University, Kodaikanal, Tamil Nadu from 14 – 16 July 2015

- Two days International Women's Conference and presented a Topic on Women Empowerment – Issues and Challenges organized by Mother Teresa Women's University, Kodaikanal, Tamil Nadu from 14 – 16 July 2015
- Participated in The National Study Conference on Social Inclusion and Community Sustainability and presented a Paper on Socio-Economic Development of Women through Entrepreneurship in Theni District, Tamil Nadu organized by Social Work, Madras Christian College jointly with the support of The Directorate of Rural Development and Panchayat Raj, Government of Tamil Nadu from 9 – 11 October 2017
- UGC sponsored Two Days National Seminar on Water Conflicts - A Historical Perspective and presented a Topic on Water Scarcity with Special Reference to Ramanathapuram at The Department of History, Jayaraj Annapackiam College, Periyakulam, Tamil Nadu from 8 – 9 February 2017.
- ICHR sponsored two days National Seminar on Popular Movements in South India during 19th & 20th centuries and presented a Topic on Role and Impact of the Peasant Movements in the Freedom Struggle at Department of History, Jayaraj Annapackiam College, Periyakulam, Tamil Nadu from 7 – 8 February 2018.
- ICHR sponsored Two Days National Seminar on Popular Movements in South India during 19th & 20th Centuries and presented a Topic on Social Based Activities towards the marginalized by Annai Annammal in 19th Century at The Department of History, Jayaraj Annapackiam College, Periyakulam, Tamil Nadu from 7 – 8 February 2018.
- Participated in The Tamil Nadu History Congress 25th Silver Jubilee Conference and presented a Paper on Contribution of St. Anne's Congregation in the Promotion of Women Empowerment Through Education organized by The Department of Indian History, University of Madras, Chennai, Tamil Nadu from 5 – 7 October 2018.
- Participated in One Day National Conference on Women's Participation and Social Transformation in South India, 20th Century presented a Paper on Contribution of Women's Voluntary Organization in Ramanathapuram

with Special Reference to Kamuthi Taluk - a Study at Jayaraj Annapackiam College for Women, Periyakulam, Tamil Nadu on 20 February 2019.

- Presented a Paper entitled Women in Politics – A Gandhian Perspective in The International Conference on Gandhi and Women Empowerment, organized by Post Graduate & Research Department of History, Jayaraj Annapackiam College for Women, Periyakulam, Tamil Nadu on 3 December 2019.
- Participated in The South Indian History Congress 40th Annual Session and presented a Paper on Velu Nachiyar: A Symbol of Bravery in the Struggle Against British Power in Sivaganga organized by The History Wing, DDE & The Department of History, Annamalai University, Chidambaram, Tamil Nadu from 31 January – 2 February 2020.

PARTICIPATION IN INTERNATIONAL LEVEL CONFERENCE

- Participated in the Two Days International Women's Conference – Bridging Rural & Global organized by Mother Teresa Women's University, Kodaikanal, Tamil Nadu from 14– 16 July 2015.
- Participated in the one-day International Conference on 'Gandhi and Women Empowerment' Organized by Department of History, Jayaraj Annapackiam College, Periyakulam, Tamil Nadu On 3rd December, 2019.

PARTICIPATION OF NATIONAL LEVEL CONFERENCES

- Participated in UGC sponsored Two Days National Conference on Human Rights, Social Security and Women Identity in India at The Department of History, Jayaraj Annapackiam College, Periyakulam, Tamil Nadu from 22 – 23 March 2007.
- Two days National Seminar on Participative and Responsive Organizational Dynamics for Quality Important in Autonomous Colleges at Jayaraj Annapackiam College for Women, Periyakulam, Tamil Nadu from 19 – 20 December 2007.
- Inter-University Seminar on Human Rights organized by The Post Graduate Department of History, Jayaraj Annapackiam College for Women, Periyakulam on 5 March, 2005.
- One-day State Level Seminar on National Movement in Tamil Region: Divergence and Convergence organized by The Research Department of

History, S. Vellaichamy Nadar College, Nagamalai, Madurai, Tamil Nadu on 24 March 2008.

- NAAC sponsored Two Days National Seminar on Quality and Relevance in Higher Education – New Challenges organized by IQAC at Jayaraj Annapackiam College, Periyakulam, Tamil Nadu from 2 - 3 March 2009.
- One-day National Seminar on Integration of ICT and Pedagogy in Education organized by St. Anne's College of Education for Women, Periyakulam, Tamil Nadu on 12 November 2011.
- UGC sponsored Two Days National Seminar on Ranking the Research Publications: Citation Analysis, Citation Databases and Anti-Plagiarism Organized by The Central Library, Jayaraj Annapackiam College, Periyakulam, Tamil Nadu from 27 - 28 January 2016.
- One-day National Seminar on Socio – Political Trends in Tamilnadu in The Early 20th Century organized by The Research Department of History, Jayaraj Annapackiam College, Periyakulam, Tamilnadu on 12 February 2016.
- NAAC sponsored Two Days National Seminar on Quality Assurance and Quality Sustenance in Higher Educational Institutions: Challenges and Solutions organized by IQAC at Jayaraj Annapackiam College, Periyakulam, Tamil Nadu from 29 – 30 September 2016.
- UGC Sponsored One Day National Conference on Human Rights – Past and Present, Organized by The Post Graduate Department of Historical Studies, Government Arts College for Men (Autonomous), Nandanam, Chennai, Tamil Nadu on 20 March 2019.
- Participated in The ICSSR Sponsored Two Days National Conference on Empowerment of Women through Micro Finance, organized by The Research Department of Commerce, Jayaraj Annapackiam College, Periyakulam, Tamil Nadu from 4 – 5 December 2019.
- Participated in The UGC Autonomous Funded One Day National Conference on Socio – Cultural and Religious Movements in Modern South India (SCRMSI – 2020), organized by The Research Department of History, Abdul Hakeem College, Melvisharam, Tamil Nadu, conducted on 27 February 2020.

STATE LEVEL

- Participated in One Day State Level Seminar on The Socio - Religious Reform Movements in Tamil Nadu at The Department of History, Jayaraj Annapackiam College, Periyakulam, Tamil Nadu on 21 February 2014.
- Participated in Tamil Nadu History Congress 26th Session - 2019, presented a Paper on Ramanathapuram in The Past: Contribution of Jesuit Missionaries, held at GTN Arts College Autonomous, Dindigul, TamilNadu from 11 - 13 October 2019.

WORKSHOP

- One-day State Level Workshop on Reforms in Curriculum Development and Examination System Sponsored by Mother Teresa Women's University, Kodaikanal, Tamil Nadu and organized by Curriculum Development Cell at Jayaraj Annapackiam College, Periyakulam, Tamil Nadu on 13 November 2013.
- UGC sponsored Three Days E-Content Development for Effective Teaching and Learning Organized by The Department of Physics & IQAC at Jayaraj Annapackiam College, Periyakulam, Tamil Nadu from 11 – 13 February 2014.
- Two days National Level Workshop on Teaching, Research Methodology Organized by Xavier Board of Higher Education in India, Bengaluru, Karnataka in collaboration with Christ University, Bengaluru, Karnataka from 28 – 29 April 2015.
- One-day National Level Workshop on Historical Research Methodology sponsored by ICHR at The Department of History, Bishop Heber College, Thiruchirappalli, Tamil Nadu on 23 February 2018.

SYMPOSIUM

- Participated in The ICHR Sponsored Two Days Symposium on Art and Culture of Tamil Nadu Reflected Through Excavations Organized by Meenakshi College, Chennai, Tamil Nadu from 29 - 30 August 2019.

RESOURCE PERSON

- Served as a Resource Person on the Topic: A Society is nothing without Women - The Orientation Programme for the Students Organized by The

Jayaraj Annapackiam College, Periyakulam, Tamil Nadu from 22 – 24 November 2017.

CHAIRPERSON

- Served as a Chair Person on the Topic Major River Water Disputes in South India - UGC sponsored National Conference on Water Conflicts – A Historical Perspective organized by The Research Centre and The Post Graduate Department of History, Jayaraj Annapackiam College, Periyakulam, Tamil Nadu from 8 - 9 February 2017.

EXTRA CURRICULAR ACTIVITIES

- Participated in South Zone Youth Festival 2006 organized by The Department of Youth Welfare and Physical Education, Madurai Kamaraj University, Madurai, Tamil Nadu on 31 December 2006.
