

JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN (AUTONOMOUS)
AFFILIATED TO MOTHER TERESA WOMEN'S UNIVERSITY KODAIKANAL,
PERIYAKULAM, THENI



NATIONAL SERVICE SCHEME

UNIT XIII



ANNUAL REPORT (2025-2026)

SPECIAL CAMP

SPECIAL CAMP

12.11.2025 to 18.11.2026

DAY -1: INAUGURATION - 12.11.2025

The National Service Scheme of JAC, organized a 7 days Special Camp titled “A Beautiful India in the Hands of Youth” from 12th to 18th November, 2025 at Melmangalam Village. 330 NSS volunteers were part of this camp. Inauguration Ceremony commenced on 12th November, 2025 with the prayer followed by the Welcome Address of Sr. Dr. Johny Dathees, NSS Coordinator. Sr. Dr. Iruthaya Kalai Selvam, the Principal, Sr. Dr. Shantha Mary Joshitta, Secretary, Sr. Dr. Rajinal, Mother Superior, delivered Inaugural Address and encouraged all the NSS Volunteers. Ms. Seethalakshmi, ADSP of Theni District felicitated the gathering with her provoking thoughts of appreciation. Mrs. Jeyarani, Inspector of Women’s Station, Periyakulam emphasised on Women’s Role in Society. Mr. Ragavan, BDO of Melmangalam Panchayat, Mr. R. Murugan, Melmangalam Panchayat Secretary were present at the event. To initiate the benevolent acts among the students, the “Wall of Love” was installed where the volunteers contributed their shares. NSS volunteers from various units exhibited their talents through Cultural Programme. Dr. B. Amala Jasmine, NSS Programme Officer, thanked the august gathering.



DAY-1: VILLAGE PEOPLE VISITATION - 12.11.2025

National Service Scheme Unit XIII of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, conducted a community outreach programme like **village people visitation** on 12th November 2025 in Ward 12, Melmangalam village. A total of 41 NSS volunteers personally visited households and extended formal invitations to local residents to actively participate in the upcoming NSS Special Camp activities. The volunteers encouraged community

members to join and benefit from the various service initiatives planned during the camp. The local people expressed their happiness and appreciation for the students' efforts and assured their active participation in all camp programmes. This outreach strengthened community bonds and ensured enthusiastic local involvement in NSS initiatives. Dr. T. Johny Dathees, NSS Coordinator, and Mrs. S. Mariasteffi, NSS Staff Advisor, accompanied the volunteers, guiding and supervising the invitation drive.



DAY 1: WALL OF LOVE - 12.11.2025

The National Service Scheme Unit 13 of Jayaraj Annapackiam College for Women (Autonomous) organized an awareness programme on “Wall of Love” on 12 November 2025 at 3.00 p.m. at Maya Pandeewari Middle School, Melmangalam. Dr. S. Rejina, Assistant Professor of Tamil, served as the resource person for the session. Her talk was highly informative and inspiring, and helped the students understand that love and kindness are powerful means to bring about positive change in society. A total of 45 NSS volunteers actively participated in the programme. The event was well organized by Dr. T. Johny Dathees, NSS coordinator, and Ms. Mariasteffi, Staff Advisor.



DAY -2: WOMEN IN SOCIAL SERVICE - 13.11.2025

The National Service Scheme Unit 13 of JAC organized a special session on “Women in Social Service” on 13.11.2025 at 9:30 a.m. Rev. Sr. D. Nirmal Rosy from SARWODEEP, J.A. College campus was the resource person. She explained clearly how women play an important role in improving society through their social service by supporting education, caring for the needy, promoting health and hygiene, and standing up for justice and equality. She also emphasized that women are powerful change-makers because of their compassion, leadership, resilience, and ability to inspire others to work for the welfare of the community. 45 NSS volunteers took part in the programme. The session was organized by Dr.Sr. T.Johny Dathees, NSS Coordinator, and Ms.S.Mariasteffi, Staff Advisor.



DAY - 2: YOU ARE THE SEEDS THAT SHAPE MINDS- 13.11.2025

The National Service Scheme of JAC, Unit 13 organized a programme, “**You are the seeds that shape minds**” on 13.11.2025 at 2.00 pm at Maya Pandeewari Middle School, Melmangalam. Mr. N. Savarinathan, Past National Vice President of

the Indian Junior Chamber. He spoke about how small actions can create major positive changes in society. The talk encouraged participants to become responsible citizens, develop leadership qualities, and contribute meaningfully to community development. 42 NSS volunteers actively participated in the programme. Dr. Sr. T. Johny Dathees, NSS Coordinator and Ms. S. Mariasteffi, Staff Advisor organized the programme.



DAY -3: CAMPUS CLEANLINESS DRIVE - 14.11.2025

The National Service Scheme Unit 13 of Jayaraj Annapackiam College conducted a special cleanliness drive on 14th November 2025 at Sri Mayapandeewari School, Melmangalam, along with the surrounding areas. NSS volunteers cleaned the school premises and nearby surroundings with great dedication and service mindset. Their efforts ensured a clean and healthy environment for the school children and community. This initiative demonstrated the volunteers' commitment to community service and environmental cleanliness.





DAY - 3: MEDICINAL TREE SAPLINGS DISTRIBUTION - 14.11.2025

JAC NSS Unit XIII organized the distribution of 500 medicinal tree saplings to Melmangalam village people during the NSS Special Camp on 14th November 2025.

The saplings included valuable medicinal plants such as:

- Vilvam: Fruit pulp and leaves treat diarrhea, dysentery, and reduce body heat
- Murungai (Drumstick): Leaves and bark treat wounds, infections, and snake bites
- Pungai: Bark and leaves used for cattle digestive problems
- Nochi: Leaves relieve headaches, sinusitis, and joint pain
- Naval (Jamun): Seeds control diabetes
- Eucalyptus: Leaf vapor treats body pain

The saplings were generously donated by Lions Club members, Periyakulam. Melmangalam residents were delighted and started planting them around their homes for health benefits and environmental care.



DAY -3: NURTURING NATURE AND READING HABITS – 14.11.2025

The National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous) organized a programme titled "**Nurturing Nature and Reading Habits**" on 14th November 2025 at Maya Pandeewari Middle School, Melmangalam. Rev. Sr. Dr. Arputha Sahayam served as the resource person. She conducted a practical demonstration on tree plantation techniques and clearly explained the importance of developing good reading habits. She also shared insights on how successful people improve their reading habits through daily practice, choosing meaningful books, and maintaining consistency. 40 NSS volunteers participated and benefited from the programme. The event was arranged by Dr. T. Johny Dathees, NSS Coordinator, and Ms. Mariasteffi, Staff Advisor.

DAY -3: CHILDRENS' DAY CELEBRATION - 14.11.2025

The National Service Scheme Unit 13 of Jayaraj Annapackiam College JAC organized **Children's Day** celebrations on 14th November 2025 at 2:00 p.m. for Melmangalam Village children. Various competitions including drawing, elocution, fancy dress, and sports were conducted for all the four school children in Melmangalam village. Around 80 students actively participated in the competitions and received prizes as winners. Mr. Ramanathan, District Head of Gold Lions Club, Theni District, served as the chief guest and resource person. Members from Gold Lions Club, along with NSS volunteers, distributed school kits (containing pencil, eraser, scale, and sharpener) to 495 students from Shri Maya Pandeewari Kids School, Shri Maya Pandeewari Middle School, and Muthya School. The Lions Club also gifted 500 plant saplings to the schools and community members. Students from all schools performed dance and skit programmes, making the event truly inspirational for everyone.



DAY - 4: HEALTH AWARENESS PROGRAMME – 15.11.2025

JAC NSS Unit 13 organized a **Health Awareness Programme** at Maya Pandeewari Middle School, Melmangalam. **Rev. Sr. Selva Mary**, a nurse, served as the resource person for the session. She explained the importance of a healthy balanced diet and shared practical tips on protecting ourselves from common health issues. She highlighted nutritious food and emphasized eating fresh fruits, vegetables, whole grains, and avoiding junk food. Volunteers learned simple ways to stay healthy through proper nutrition and hygiene practices. The programme inspired all participants to adopt healthier lifestyles for better well-being. 45 NSS volunteers and 10 village people participated and benefited. And they clarified their doubt about the health issues with Rev. Sr. Selva Mary.



**DAY - 4: SKILL DEVELOPMENT PROGRAMME ON MUSHROOM
CULTIVATION AND CAKE MAKING – 15.11.2025**

The National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous) organized a Skill Development Programme on Mushroom Cultivation and Cake Making on 15th November 2025 at Sri Maya Pandeewari Middle School. Rev. Sr. Velankanny, Assistant Professor of Zoology, served as the resource person. She provided hands-on training on mushroom culture techniques, including substrate preparation, spawn inoculation, incubation, and harvesting methods. She also demonstrated practical cake-making skills, sharing simple recipes, baking techniques, and decoration tips suitable for beginners. The programme equipped participants with entrepreneurial skills for sustainable mushroom farming and home-based bakery ventures, promoting self-employment opportunities. 45 NSS volunteers participated and benefited greatly from this interactive session.



DAY - 5: CANDLE MAKING - 16.11.2025

Jayaraj Annapackiam College – NSS Unit XIII conducted a candle making training workshop at Sri Maya Pandeewari School on 16 November 2025, with Rev. Sr. Dr. Sahaya Leenus, Assistant Professor of Chemistry, serving as the resource person. The programme aimed to impart practical candle making skills, promote sustainable and eco-friendly craft practices, and create awareness on entrepreneurship and income generation among school students, parents, teachers, and community members. Through demonstrations and hands-on sessions covering materials, techniques, quality control and simple business

aspects, participants gained confidence in producing candles and understanding their commercial potential. Students participated very well, showing enthusiasm, collaboration, and curiosity, while community members and school stakeholders responded positively, recognizing the value of practical skill training for youth empowerment and livelihood support. The initiative strengthened the partnership between JAC and Sri Maya Pandeewari School, aligned with NSS goals of community service and empowerment, and highlighted the need for follow-up support, documentation of success stories, and further advanced training to help participants translate their skills into sustainable micro-entrepreneurial ventures.



DAY - 5: DISABLED CHILDREN AWARENESS - 16.11.2025

JAC – NSS Unit XIII organized a disabled children awareness programme on 16.11.2025 at Sri Maya Pandeewari School, with Rev. Sr. Merlin Jenifer serving as the resource person. The session focused on sensitizing students and villagers about the rights, needs, and abilities of children with disabilities, highlighting the importance of inclusion, empathy, and supportive educational environments. Rev. Sr. Merlin Jenifer explained different types of disabilities, available support systems, and the need to treat every child with dignity and respect, using simple and relatable examples suitable for school children and rural audiences. Students actively participated through interactive sessions, role plays, and awareness messages, and later carried disability awareness messages to the surrounding village people, thus extending the impact beyond the school campus. The programme strengthened social responsibility among students, promoted inclusive attitudes in the local community, and aligned with the NSS motto of “Not Me but You” by encouraging service to and solidarity with persons with disabilities.



DAY - 4: PAPER RECYCLING AWARENESS AND TRAINING PROGRAMME

16.11.2025

Jayaraj Annapackiam College – NSS Unit XIII organized a “Paper Recycling and Its Uses” awareness and training programme on 16.11.2025 at Sri Maya Pandeewari School, with Mrs. S. Thavamani, Assistant Director of Paper Recycling Center, SARWODEEP, serving as the resource person. The programme was organised by Dr. Sr. T. Johny Dathees, NSS Coordinator, and Ms. Mariasteffi, Staff

Advisor, who coordinated planning, logistics and student mobilisation. Mrs. Thavamani explained in detail how wastepaper can be collected, sorted, pulped, cleaned and converted into new sheets, demonstrating the step-by-step procedure of paper recycling and the process of preparing recycled paper in a simple and practical manner. She also highlighted the importance of recycling paper for environmental protection, conservation of trees, waste reduction and sustainable campus practices, motivating participants to adopt the 3R principles—Reduce, Reuse and Recycle—in their daily life. A total of 45 NSS volunteers from JAC and 30 school students of Sri Maya Pandeewari School enthusiastically participated in the programme, interacted with the resource person and later carried the key messages on paper recycling and its benefits to the village people, thereby spreading environmental awareness beyond the school campus and strengthening the outreach mission of SARWODEEP and JAC – NSS Unit XIII.

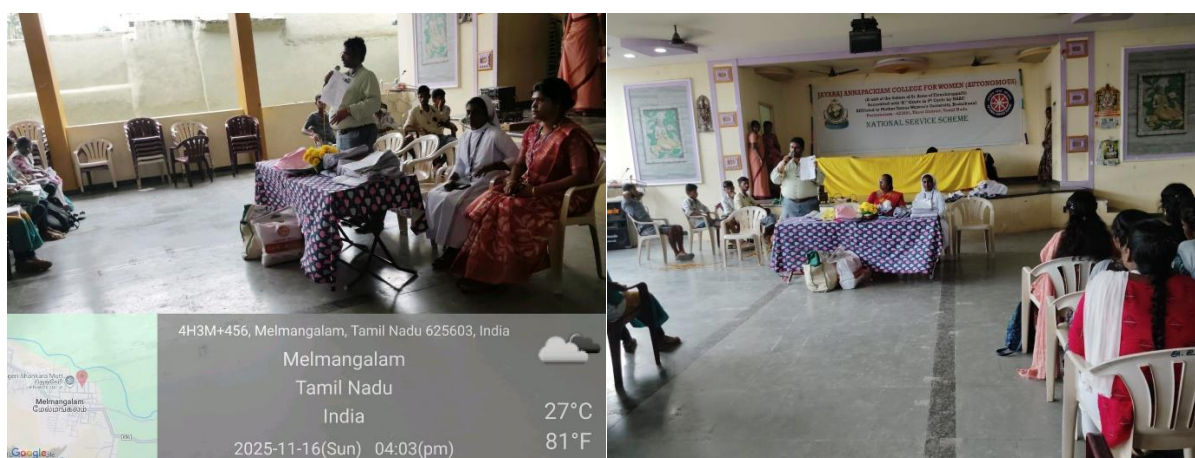


DAY - 5: NSS Special Camp - SIR Form Filling Awareness Programme

16.11.2025

The National Service Scheme Unit XIII of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, organized a "SIR Form Filling Awareness Programme" on 16th November 2025 from 4:00 p.m. to 5:00 p.m. at Melmangalam village during the NSS Special Camp. The Thasildhar, Theni, served as the resource person and provided comprehensive guidance on SIR (Special Intensive Revision) form filling procedures. The session covered eligibility criteria, required documents, step-by-step form completion process, and the importance of accurate information submission for availing government welfare

schemes and certificates. All second-year NSS volunteers - a total of 309 students - participated with full involvement and enthusiasm, actively engaging in the practical demonstration and clarification of doubts. The hands-on training empowered students to assist community members with SIR form filling and access government services effectively. The programme was meticulously arranged by Dr. Sr. T. Johny Dathees, NSS Coordinator, and Ms. S. Mariasteffi, Staff Advisor. This initiative enhanced digital literacy, administrative awareness, and community service capabilities among NSS volunteers, enabling them to serve as bridges between government schemes and rural beneficiaries.



DAY - 6: WOMEN SAFETY AND WOMEN EDUCATION AWARENESS

17.11.2025

A '**Women Safety and Women Education Awareness**' Programme was organized by JAC – NSS unit XIII for its volunteers on 17.11.2025 at Melmangalam village, coordinated by Dr. Sr. T. Johny Dathees, NSS Coordinator, and Ms. Mariasteffi, Staff Advisor. Mrs. N. Aranganayagi, Police Inspector, Jayamangalam, served as the resource person and sensitized the students on personal safety, legal protections for women, cyber safety, and the importance of timely reporting and seeking help through police and helpline mechanisms. She also explained the major government rules and legal provisions related to women's safety and women empowerment, including laws against domestic violence, sexual harassment, and exploitation, and highlighted how women can effectively use these protections to safeguard their rights. A total of 309 NSS volunteers actively participated and benefited from the programme through interactive discussions, question-answer sessions, and practical guidance, strengthening their awareness, confidence, and

responsibility towards promoting women's safety, education, and empowerment in society.



DAY -6: WOMEN'S RIGHTS IN THE POLITICAL SYSTEM AND CONSTITUTIONAL LAW – 17.11.2025

The National Service Scheme Unit 13 of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, organized an awareness programme on “**Women's Rights in the Political System and Constitutional Law**” on 17.11.2025 at the Maravar Samuthaya Koodam Mahal, Melmangalam village. **Mr. G. K. Manikarthik, Advocate and President**, Vetri, Tamil Paravai, Theni District, served as the resource person and explained the fundamental rights of women guaranteed by the Constitution, women's political participation, reservation in elected bodies, and the legal provisions that protect women from discrimination and violence. He also highlighted the importance of legal awareness, voting rights, and active involvement of women in democratic processes to ensure equality, justice, and dignity in society. A total of 310 NSS volunteers participated and benefited from the session, gaining clarity and confidence to speak about women's constitutional rights and political empowerment in their communities. In addition, 15 women from Melmangalam village attended the programme, making

it a meaningful community outreach effort that combined student learning with grassroots legal literacy for village women.



DAY - 6: SIR Form Upload Support Activity Report – 17.11.2025

During the ongoing election period, the **Periyakulam Tahsildar Office** requested assistance to upload **SIR (Special Intensive Revision) filled forms** of residents under their jurisdiction to the official election website. **10 dedicated students** from **NSS Unit XIII**, Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, volunteered to support this critical election-related activity. The students visited the **Periyakulam Tahsildar Office** for **four consecutive days** and worked with **utmost sincerity** to upload approximately **2000 SIR forms** onto the election portal. This technical support initiative ensured timely submission of voter information, facilitating accurate electoral roll updates and enabling residents to exercise their democratic rights smoothly. The students' diligent efforts were highly appreciated by the Tahsildar Office staff, showcasing NSS volunteers' commitment to civic responsibilities and digital literacy during the election process. The activity exemplified the NSS motto "**Not Me, But You**" by supporting community members through efficient government service delivery and election preparedness.



DAY-7: VALEDICTORY FUNCTION – 18.11.2025

The National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, successfully concluded its **7-day Special Camp** titled "**Prosperous India in the Hands of Youth**" held from 12th to 18th November 2025 at Melmangalam village, with active participation from 330 NSS volunteers. The valedictory ceremony on 18th November 2025 at 10:00 a.m. commenced with a prayer song, followed by the Welcome Address by Dr. Anitha Mary, NSS Programme Officer. Esteemed invitees were duly honoured during the function. Rev.Sr. Dr. Rajinal, Mother Superior, delivered the **inaugural address**, inspiring all NSS volunteers to continue their selfless service. Rev. Sr. Dr. Iruthaya Kalai Selvam, Principal, and Rev. Sr. Dr. Shantha Mary Joshitta, Secretary, offered **felicitation addresses** appreciating the volunteers' dedication. **Mr. Saravana Kumar, MLA**, Periyakulam, graced the occasion as Chief Guest and delivered the **presidential address**, commending the volunteers' commitment to nation-building. **Mr. Kalaikathiravan, ADSP**, Theni District, shared valuable insights on **cybercrime prevention**, while **Mrs. N. Aranganayagi**, Police Inspector, Periyakulam, motivated the gathering with her encouraging words. **Mr. R. Murugan**, Melmangalam Panchayat Leader, also participated in the event. The NSS Special Camp activities report was presented by **Dr. Mrs. Charlet Sharmili** and **Mrs. Sahaya Merlin**, Programme Officers. All NSS volunteers and Staff Advisors were honoured with **shawls** for their diligent efforts. The programme concluded with cultural performances by NSS volunteers from various units, followed by vote of thanks by Mrs. E. Sahaya Merlin, Programme Officer. The camp exemplified the NSS motto "**Not Me, But You**", fostering youth leadership, community service, and social responsibility among participants.



ஜெயராஜ் அன்னாயக்கியம் மகளிர் தன்னாட்சிக் கல்லூரி
வாரியகமும், தேனி மாவட்டம்
அணி எண் - 13

இணைப்பு சந்திப்பு முன்பேற்பாடு!

இடம் : மேல்மங்கலம் ஊராட்சி, பெரியகுளம், தேனி மாவட்டம்
நாள் : 12.11.2025 முதல் 18.11.2025 வரை
நேரம் : காலை 9.00 மணி முதல் மாலை 5.00 மணி வரை

பேரவையினர், நாட்டு நலப்பணித்திட்ட முகாமில் துவக்கம் முதல் இறுதி வரை தரங்கள் அனைத்து நிகழ்ச்சிகளிலும் கலந்து கொண்டு பயனுடையபுற தங்களை அன்புடன் அழைக்கின்றோம்.

12.11.2025 புதன்கிழமை

09.00 a.m : தொடக்க விழா
02.00 p.m : ஊர் மக்களைச் சந்தித்தல்
03.00 p.m : நாட்டுநலப்பணித்திட்ட மாணவியருக்கு வழிநடத்தலை, திருமதி S. புலனேஸ்வர், தாளாளர், ஸ்ரீ மாயா பாண்டலிங்கம் நடுநிலையம், மேல்மங்கலம். அன்புக்கரம் பற்றிய விழிப்புணர்வு, முனைவர் S. ரெஜினா, உதவி பேராசிரியர் தமிழ்த்துறை, ஜெ.அ.மகளிர் கல்லூரி, பெரியகுளம்.
04.30 p.m : அன்பின் கரம் நிறுவுதல்

13.11.2025 வியாழக்கிழமை

09.00 a.m : சமூக சேவையில் சிறந்த பெண்கள், அருட்சகோதரி D. நிர்மல் ரோசு, சர்வோத்ப் பெரியகுளம்.
11.00 a.m : ஊர் தூய்மைப்படுத்தித்தல்,
02.00 p.m : மாற்றத்தை உருவாக்கும் விதைகள் நீங்கள், திரு. N. சுவாமிநாதன், Past National Vice President, Indian Junior Chamber.
04.00 p.m : சிறுவர்களுக்கான விளையாட்டுப்போட்டிகள்
04.30 p.m : கலை நிகழ்ச்சிகள்

14.11.2025 வெள்ளிக்கிழமை

09.00 a.m : வாசுப்பி பற்றிச் மற்றும் சஷு வளர்ப்பு பற்றிச் முனைவர் அருட்சகோ. Y. அற்புத சகாய ராணி, நூலக மேலாளர், ஜெ.அ.மகளிர் கல்லூரி, பெரியகுளம்.
11.00 a.m : குழந்தைகள் தின விளையாட்டு போட்டிகள்
02.00 p.m : ஊர் தூய்மைப்படுத்தித்தல்
03.00 p.m : குழந்தைகள் தின விழா கலைநிகழ்ச்சி

04.00 p.m : விடுகளுக்கு மரம் வழங்குதல்
M.J.F. Ln. Er. T. ராமநாதன், மாவட்ட தலைவர், பெரியகுளம் கோல்டு வயஸ் சங்கம், தேனி.
முனைவர் M. பாலு, M.E., Ph.D. அண்ணா பல்கலைக்கழகம், மதுரை.

15.11.2025 சனிக்கிழமை

09.00 a.m : மருத்துவ முகாம்
11.00 a.m : காளான் வளர்ப்பு பற்றிச் மற்றும் கேக் தயாரித்தல் பற்றிச் முனைவர் அருட்சகோ. M. வேளாங்கண்ணி, விவங்கியல் துறை, ஜெ.அ.மகளிர் கல்லூரி, பெரியகுளம்.
02.00 p.m : விடுகளுக்கு மரம் வழங்குதல்
L.n.M. லூர்தி சந்தியாரு, மாவட்ட தலைவர், பெரியகுளம் கோல்டு வயஸ் சங்கம், தேனி.
04.30 p.m : கலைநிகழ்ச்சிகள்

16.11.2025 ஞாயிற்றுக்கிழமை

09.00 a.m : வழிநடத்தல் தயாரித்தல் பற்றிச் முனைவர் அருட்சகோ. S. சகாய லீனஸ், உதவி பேராசிரியர், வேதியியல் துறை, ஜெ.அ.மகளிர் கல்லூரி, பெரியகுளம்.
11.00 a.m : மாற்றுத்திறானர்கள் பற்றிய விழிப்புணர்வு அருட்சகோ. J.மார்லின் ஜெனீப்பர், Day Star, ஜெ.அ.மகளிர் கல்லூரி, பெரியகுளம்.
02.00 p.m : காக்கை மறுசுழற்சி மற்றும் பயன்பாடு, திருமதி S.தவமணி, உதவி இயக்குநர், காக்கை மறுசுழற்சி மையம், சர்வோத்ப்.
04.30 p.m : காக்கை மற்றும் அட்டைப் பொருட்களை சேகரித்தல்

17.11.2025 திங்கட்கிழமை

09.00 a.m : ஊர் மக்களை சந்தித்தல்
10.00 a.m : பெண்கள் பாதுகாப்பு மற்றும் பெண் கல்வி விழிப்புணர்வு திருமதி, N. அரங்கநாயகி, காவல் ஆய்வாளர், ஜெயமங்கலம்.
11.00 a.m : அரசியல் அமைப்பு சட்டத்தில் பெண்களின் உரிமைகள் திரு. G.K. மணிக்காரத்தி, Advocate President Vetri, Tamil Paravai, Theni District. திரு. M. அன்புக்கரசன், செயலாளர், நகர் நலசங்கம், பெரியகுளம்.
02.00 p.m : ஊர் தூய்மைப்படுத்தித்தல்,
04.30 p.m : கலை நிகழ்ச்சிகள்

18.11.2025 செவ்வாய்க்கிழமை

10.00 a.m : நிறைவு விழா
பொறுப்பாளர்கள் : முனைவர், அருட்சகோ. T. ஜானி டீஸ் பேராசிரியர், S. மரியன்டெட்