

**JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN (AUTONOMOUS),
AFFILIATED TO MOTHER TERESA WOMEN'S UNIVERSITY,
KODAIKANAL, PERIYAKULAM, THENI.**



UNIT IX

NATIONAL SERVICE SCHEME



ANNUAL REGULAR ACTIVITIES

2025 -2026

PROFORMA FOR NSS PROGRAMME OFFICERS

S. No	Particulars	Details
1.	Name of the Programme Officer	Dr.L.R.Charlet Sharmili
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni Dt-625601.
5.	College Email Address	principal@annejac.ac.in
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	9 th
8.	Mobile No (NSS PO)	9123537983
9.	Email ID (NSS PO)	charlethis@annejac.ac.in
10.	Whether attended NSS 7 days ETI Training	Yes / No
11.	Number of year Experience as NSS P.O	3
12.	Name of the Village Adopted	Melmangalam
Social Media Account Details of the NSS Unit		
1.	Twitter ID	nss@annejac.ac.in
2.	Instagram ID	nss@annejac.ac.in
3.	Face book ID	NSS Unit No. Nine

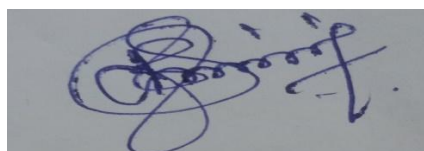
Name: Dr.L.R.Charlet Sharmili
Designation: Assistant Professor
Signature:

L.R.Charlet Sharmili

PROFORMA FOR NSS STAFF ADVISOR DETAILS

S. No	Particulars	Details
1.	Name of the Staff Advisor	Mrs. R. Sivasakthi
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	JayarajAnnapackiam College for Women (Autonomous), Periyakulam, Theni Dt-625601.
5.	College Email Address	principal@annejac.ac.in
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	9 th
8.	Mobile No (NSS SA)	6385809546
9.	Email ID (NSS SA)	sivasakthib.com@annejac.ac.in
10.	Whether attended NSS 7 days ETI Training	Yes / No
11.	Number of year Experience as NSS Staff Advisor	2
12.	Name of the Village Adopted	Melmagalam
Social Media Account Details of the NSS Unit		
1.	Twitter ID	@nssannejac.ac.in
2.	Instagram ID	NSSunit9jac periyakulam
3.	Face book ID	NSS Unit No. Nine

Name: Mrs. R. Sivasakthi
NSS Staff Advisor - Unit IX



**NATIONAL SERVICE SCHEME
Action Plan 2025 – 2026**

On 6th Day – 1 Hour

On Saturday – 3 Hours

Regular Activities	Special Activities
<ul style="list-style-type: none"> ✓ Conducting NSS Theory Classes ✓ Conducting Awareness Programmes ✓ Celebrating Commemorative Days ✓ Cleaning Work inside the campus and adopted villages ✓ Watering Vitamin C – Fruit Trees Garden ✓ Solid Waste Management – Discard Waste leaves and Ensuring plastic-free campus ✓ Providing vocational training to girl students and women in the adopted villages 	<ul style="list-style-type: none"> ❖ 7 Days Special Camp ❖ Observance of <ul style="list-style-type: none"> ● Swachh Bharat Mission ● Fit India ❖ Seminars ❖ Awareness Programmes related to the observance days mentioned in the academic calender. ❖ Celebrating Independence Day inside the College campus and the adopted villages. ❖ Conducting Awareness activities through Street Plays, Rally and others. ❖ Tree Saplings Plantation in the adopted villages. ❖ Conducting meetings with the panchayat officers in our college and convene Advisory Meetings. ❖ Attending the Refresher Training Programmes for Professors. ❖ Undertaking Projects related to NSS. ❖ Organizing free medical camps that includes general health check -up, dental check-up, etc in the adopted villages. ❖ Cleaning the public toilets. ❖ Installing dustbins in the adopted villages. ❖ Constructing toilets in the adopted villages.

	<ul style="list-style-type: none"> ❖ Connecting the rural women with self-help groups. ❖ Identifying the dropout students around the villages and helping them continue their education. ❖ Providing awareness about the Employment Schemes offered by the government and helping the villagers benefit out of them. ❖ Providing language skills training for the adopted village children. ❖ Offering life skill training for the adopted village. people. ❖ Celebrating festivals, organizing cultural events, sports activity and community gathering in the adopted villages to ensure communal harmony. ❖ Providing vocational training for the women in the adopted villages like foot-mat preparation, mushroom cultivation, candle making, phenyl, cleaning and washing powder preparation, Soap making, pickle making etc. ❖ Carrying out the responsibilities allotted under Naan Muthalvan Scheme. ❖ Helping the elders in the adopted villages by providing essentials like soaps, blankets etc.
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Total Hours for a Year = 60
Total Hours for Two Years = 120

U. G. PROGRAMME OUTCOMES

**UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE
ABLE TO**

PO. NO.	UPON COMPLETION OF THIS PROGRAM THE STUDENTS WILL BE ABLE TO
1.	Gain theoretical knowledge and apply the expertise in different fields
2.	Acquire industry specific skills and can emerge as entrepreneurs.
3.	Develop critical and rational thinking to solve societal issues.
4.	Explore the knowledge and acclimatize it in the ever-changing work environment.
5.	Evolve theories and develop innovative discipline specific ideas.
6.	Comprehend the nuances and develop innovative, discipline-specific ideas.

U. G. PROGRAMME SPECIFIC OUTCOMES

**UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE
ABLE TO**

PSO. NO.	UPON COMPLETION OF THE PROGRAM THE STUDENTS WILL BE ABLE TO	PO MAPPED
PSO-1	Get knowledge about National Service Scheme.	PO-1
PSO-2	Acquire leadership skills and readiness to serve the society.	PO -2
PSO-3	Enhance perspectives of social issues in different point of views Think and act effectively in a critical situation.	PO-3
PSO-4	Develop positive attitude towards betterment of the society through voluntary service.	PO-4
PSO-5	Preserve nature, ethos and traditions and practices of the society.	PO-1

NATIONAL SERVICE SCHEME

Semester: I

Hours

:2

Code: 23STPNS01

Credits:2

COURSE OUTCOMES:

CO. NO.	UPON COMPLETION OF THIS COURSE THE STUDENTS WILL BE ABLE TO	PSO ADDRESSED	COGNITIVE LEVEL
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CO – 1	Acquire the basic knowledge about NSS	PSO-1	K1, K2
CO – 2	Uphold the value system based on the social, political and moral bases	PSO-1, PSO-2	K3
CO – 3	Understand and identify the needs of the society	PSO-1, PSO-2, PSO - 4	K2, K4
CO – 4	Develop the capacity to meet emergencies and attain knowledge to concentrate on personal health and hygiene	PSO2-, PSO-4 PSO-5	K5, K6
CO – 5	Face the challenges particularly to become women entrepreneurs	PSO-1	K3, K6

**RELATIONSHIP MATRIX FOR COURSE OUTCOMES,
PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC
OUTCOMES**

Semester : I – IV		NATIONAL SERVICE SCHEME										Hours: 240
Code : 23STPNS01												Credits: 2
Course Outcomes	Programme Outcomes(PO)						Programme Specific Outcomes (PSO)					Mean Score of CO's
	1	2	3	4	5	6	1	2	3	4	5	
CO1	1	2	3	4	5	6	1	2	3	4	5	3.81
CO2	4	5	4	3	4	3	4	3	4	4	4	3.90
CO3	5	4	4	4	4	4	4	3	4	4	3	3.90
CO4	4	4	5	3	4	4	5	4	3	3	4	4.00
CO5	5	4	4	3	4	4	4	5	4	3	4	3.90
Overall Mean Score												3.90

Result: The Score for this Course is 3.90 (High Relationship)

Note:

Mapping	1 - 20%	21 - 40%	41 - 60%	61 - 80%	81 - 100%
Scale	1	2	3	4	5
Relation	0.0 - 1.0	1.1 - 2.0	2.1 - 3.0	3.1 - 4.0	4.1 - 5.0
Quality	Very Poor	Poor	Moderate	High	Very High

Values Scaling

Mean Score of Cos = $\frac{\text{Total of Values}}{\text{Total No. of Pos \& PSOs}}$	Mean Overall Score for Cos = $\frac{\text{Total of Mean Scores}}{\text{Total No. of Cos}}$
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UNIT I: BASICS OF NSS

Introduction –History and Growth – Aim and Objectives – NSS Motto – NSS Symbol - NSS Badge –NSS Day - Code of Conduct- NSS Regular Activities & Special Camp.

UNIT II: PERSONALITY DEVELOPMENT

Personality Development – Know Thyself- Body Language- Forming Values Etiquette and Manner - Team Building and Team Work – Problems of Youth – Drug abuse - Drug Dependence /Addiction –Alcoholism – Suicide - Sexual Problems – Diseases.

UNIT III: SOCIAL SERVICE

Aim of Social Service – Social Service Organizations - Social Problems - Need for Social Service - Scope of Social Services - Functions of Social Services -Principles of First Aid - Important things kept in the First Aid Box - Snake Bite - Dog Bite - Insect Bite - Heat Stroke - Drowning - Electric Shock - Artificial Respiration – Hemorrhage – Stroke - Heart Attack – Symptoms – Fainting.

UNIT IV: NUTRITIOUS FOOD ANDWOMEN’S HEALTH

Nutrition - Adequacy – Balance - Calorie Management - Dietary Density – Moderation – Variety - Calculation of Calorie Permittance - Calculation of Protein Percentages - Food Sources - Vitamins the Importance of Dietary Nutrition Women’s Health

UNIT V: ECOLOGY AND ROLE OF WOMEN IN SOCIETY

Environment - Environmental Elements - Environmental concerns - Changing Climate –Global warming – Women achievers - Women’s Place in Society - Social Issues against Women - The Ways to Empower Women.

COURSE BOOK:

Arul Sunila.J, Flora Pauline Mary.V, Preethi.J, Padmasree. A. D, Girija Bai. T, Arul Irudaya Jeyanthi.J, Abinaya. D, *NOT ME BUT YOU*, Acca Printing Press, 2022.

Internal Assessment

Components	Marks
Attendance	20
Assessment (Involvement in activities)	50
Test	30
Total	100

QUESTION PATTERN**Class : II UG****Time : 2 Hours****Date :****Max.****Marks: 30**

Course Outcome	Bloom's K-level	Q. No	SECTION - A
			2x5=10 Answer All Questions Internal choice
			SECTION - B 2x10=20 Answer any TWO of the following

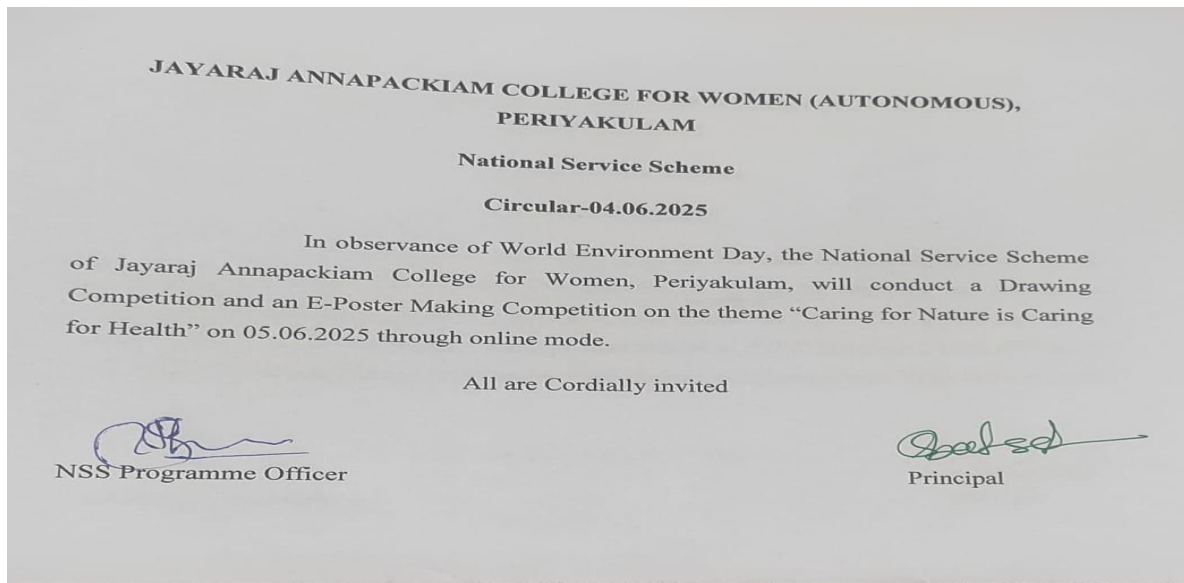
Jayaraj Annapackiam College for Women (Autonomous) Periyakulam

National Service Scheme

JUNE MONTH REPORT - 2025

UNIT IX

World Environment Day– 05.06.2025



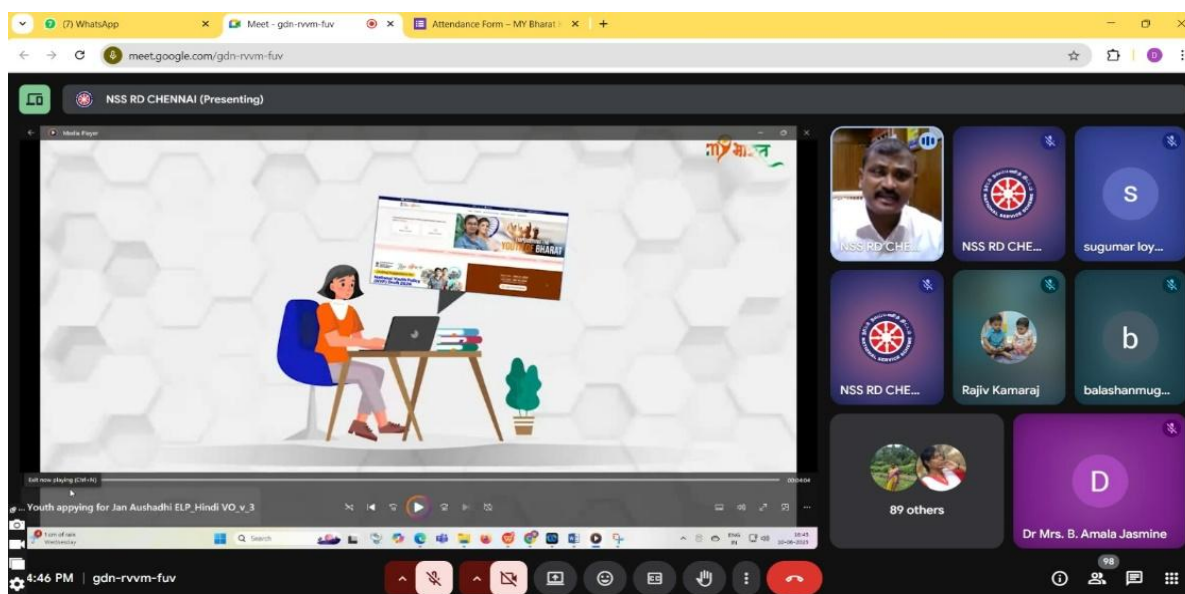
On 05.06.2025, NSS Unit - IX of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam conducted E-poster Competition celebrating World Environment Day on the theme, "End Plastic Pollution". 10 NSS volunteers actively participated in the competition based on the Environment Day theme. The winners are the following:

I Prize: Murugeshwari, II B.Com (R)



My Bharat KI registration – 10.06.2025

On 10.06.2025, NSS Unit- IX, Dr.L.R.Charlet Sharmili, Programme Officer of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam attended the online meeting on My Bharat Knowledge Registration demonstration process which was a detailed explanation about the Knowledge registration and Cyber Security registration portal.



Yoga Day Celebration – 23.06.2025


**JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN (AUTONOMOUS),
PERIYAKULAM**


National Service Scheme

Circular-20.06.2025

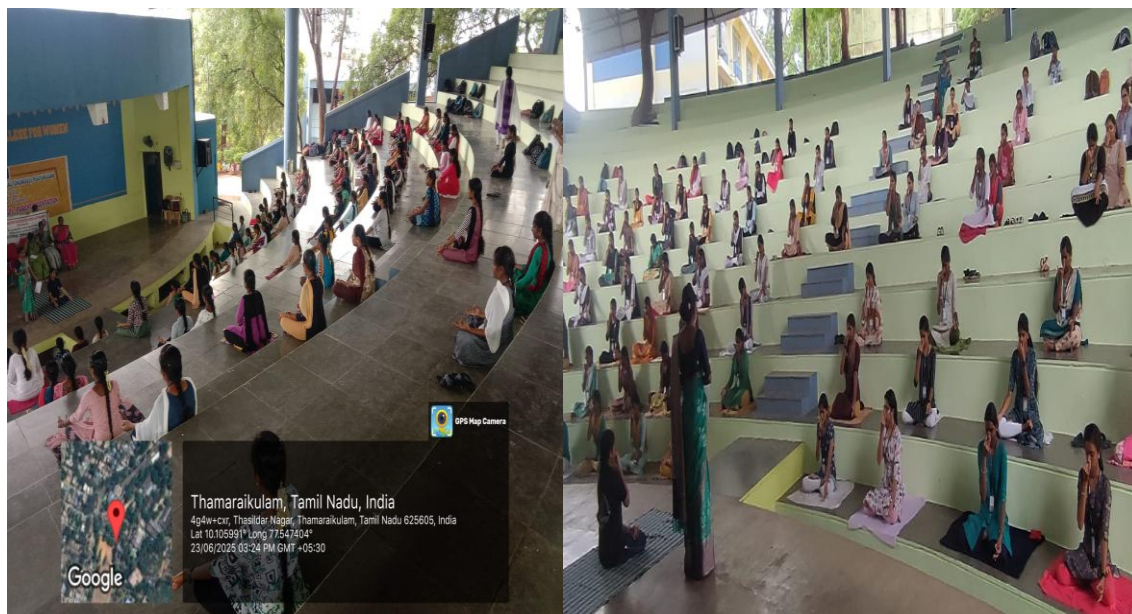
In connection with Yoga Day, the National Service Scheme of Jayaraj Annapackiam College for Women, Periyakulam, is going to organize an Awareness Programme on the theme “Yoga for One Earth, One Health” on 23.06.2025 at 2:30 p.m. in the Open Auditorium. Mrs.G.Pushpa Rani, Assistant Professor, PG & Research Centre of History, Jayaraj Annapackiam College for Women, Periyakulam, will demonstrate Yoga to the students

All are Cordially invited


NSS Programme Officer


Principal

In connection with international Yoga Day, the National Service Scheme of Jayaraj Annapackiam College for Women, Periyakulam organized an Awareness Programme on the theme, “Yoga for one Earth, One Health” on 23.06.25 at 2.30 p. m in the open Auditorium. Mrs. G. Pushpa Rani, Assistant Professor of History, Jayaraj Annapackiam College for Women, Periyakulam elaborated on the importance and historical roots of yoga. She stressed how yoga is not just a form of physical exercise but a holistic approach to health that integrates the body, mind, and spirit. She also held a practical yoga training session, demonstrating simple yet effective postures and breathing exercises. Dr. L. R. Charlet Sharmili and Mrs. R. Sivasakthi, Staff Adviser organized the programme. 200 NSS volunteers enthusiastically attended in this training programme.



Report on Anti-Drug Oath - 26.06.2025

On 26.06.2025, around 20 volunteers of NSS, Unit – IX of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam took an oath against drug usage.



CLEANLINESS ACTIVITY - 27.06.2025

The National Service Scheme of JAC IX conducted a campus cleaning activity on 27.06.2025 at 3.00 p.m. The second-year NSS volunteers actively cleaned the allotted areas within the college campus. A total of 75 NSS volunteers participated in the activity.



Yoga Day Demonstration – 16.06.2025

On 16.06.2025, NSS Unit - IX of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam created a video based on the yoga script as per the direction of Ministry of Youth Affairs & Sports and NSS Regional Directorate to be uploaded in My Bharat. 2 NSS volunteers actively involved by one performs and one explains the performs and one explains the Yoga Asanas by insisting on Stay Fit Stay Focused – the Yoga way! Yoga for One Earth One Health.

MONTH OF JULY -2025

01.07.2025 - NSS Orientation Programme

On 01.07.2025, the NSS Programme Officers addressed the first-year students and informed them about the history, aims, and objectives of the NSS. Each Programme Officer delivered a brief talk on the importance of joining NSS and its purpose. The students were encouraged to voluntarily serve society and understand the community in which they live and work. Unit IX Programme Officer, Dr. L. R. Charlet Sharmili, gave a detailed explanation about the special camp and awareness programmes.



NSS Staff Meeting – 10.07.2025

The National Service Scheme (NSS) of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, conducted a staff meeting on 10th July 2025 at 2:45 p.m. in the UG Chemistry Lab. The meeting was organized by Dr. Sr. Johny,

NSS Coordinator. Various key points concerning the planning and execution of NSS activities for the academic year were discussed. These included conducting competitions in neighboring schools in celebration of Independence Day, submission of unit-wise action plans, and proper documentation of NSS records in a designated email folder. Additionally, the collection of NSS student lists and the allocation of specific areas for campus cleaning were addressed. Plans to adopt new villages for the special camp, and the commemoration of World Population Day and World Literacy Day were also discussed. It was decided that new banners would be ordered for all NSS units, and uniforms would be purchased for the volunteers. The necessity of organizing an orientation class for NSS volunteers was emphasized. Moreover, a proposal to design an NSS textbook for the upcoming academic year was put forth, along with the tentative plan to conduct a National Level Seminar in either December or January. The meeting was productive and set a clear roadmap for the upcoming NSS activities.

Orientation Programme - 19.07.2025

On 19.07.2025, NSS Unit IX of Jayaraj Annapackiam College for Women, Periyakulam attended an Orientation Programme for I year NSS Volunteers in the Indoor Auditorium. Rev. Dr. Sr. Iruthaya Kalai Selvam, Principal addressed the gathering and delivered an inspiring message. She emphasized the importance of cleanliness, maintaining the college as a green campus, and adopting eco-friendly practices such as butterfly gardening. She also encouraged students to develop smart and sustainable methods to keep their surroundings clean and hygienic. The session served as a motivation to all the NSS volunteers, instilling in them the values of environmental responsibility and active participation in community service.



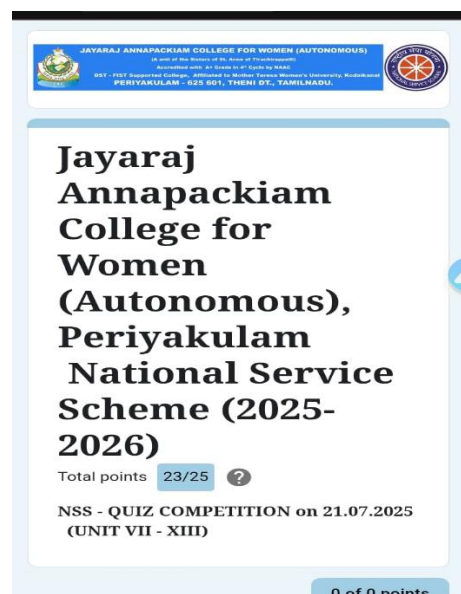
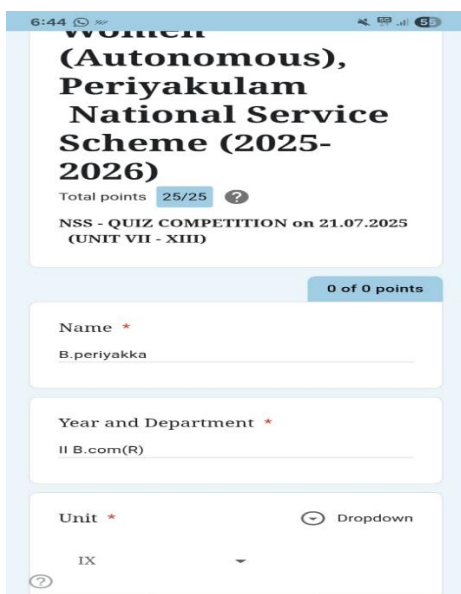
CLEANLINESS ACTIVITY – 21 .07.2025

The National Service Scheme (NSS) of JAC Unit IX conducted a campus cleaning activity on 21.07.2025 from 2:45 p.m. to 3:45 p.m. The NSS volunteers cleaned the area near the gym and its surroundings. A total of 50 NSS volunteers actively participated in the activity. Dr. L. R. Charlet Sharmili, Programme Officer, and Mrs. R. Sivasakthi, Staff Advisor, supervised the cleaning activity.



World Literacy Day (Online Quiz Competition) – 21.07.2025

On 21.07.2025, NSS Unit IX of Jayaraj Annapackiam College for Women, Periyakulam attended the online quiz competition for all the II year NSS volunteers from 2.45 p.m. to 3.30 p.m. The primary objective of this event was to enhance the volunteers' understanding and awareness about the origins, objectives and core principles of the NSS, with a particular focus on the content covered in the first two units of the NSS curriculum. 45 NSS volunteers actively participated. B.Periyakka, II B. Com (R) won I prize and Dhivya Dharshini, II B Com (R) won II prize.



Guest Lecture – 29.07.2025

The NSS Unit IX of Jayaraj Annapackiam College for Women attended a special guest lecture on 29th July 2025 to mark Kargil Vijay Diwas. The event was conducted in collaboration with the Ministry of Youth Affairs and Sports, Theni. Mr. S. Gokul Krishnan, MTS & District Program Coordinator of My Bharat – NYK, addressed the students and spoke about the important role of NSS in nation-building. Dr. Charlet Sharmili, Assistant Professor of History NSS programme officer delivered the keynote address, highlighting the significance of Kargil Vijay Diwas. The program fostered patriotism and a sense of responsibility among the youth. A total of 350 first-year NSS volunteers actively participated in the event. Finally, floral tribute was offered in honour of all the Kargil Vijay Diwas heroes, remembering their bravery and sacrifice for the nation.



MONTH OF AUGUST 2025

CLEANLINESS ACTIVITY – 06 .08 .2025

The National Service Scheme (NSS) of JAC Unit IX conducted a campus cleaning activity on 06.08.2025 from 2:45 p.m. to 3:45 p.m. The NSS volunteers cleaned the area near the gym and its surroundings. A total of 45 NSS volunteers actively participated in this activity. Dr. L. R. Charlet Sharmili, Programme Officer, and Mrs. R. Sivasakthi, Staff Advisor, supervised the cleaning activity.



School Visit at Adopted Village :08.08.2025



Report on Anti-Drug Abuse Oath Taking Ceremony: 11.08.2025

The National Service Scheme (NSS) unit IX, Jayaraj Annapackiam College for Women organized an Anti-Drug Abuse Oath Taking Ceremony on 11.08.2025 at 10:00 a.m. in the college premises. Around 50 volunteers took part.



School Visit :12.08.2025

The National Service Scheme of JAC, Units 9 and 12 visited Government Higher Secondary School, Saruttupatti and organized Independence Day competitions on 12.8.2025 at 2:30 p.m and distributed prizes for the winners.



CLEANLINESS ACTIVITY – 14 .08 .2025

The National Service Scheme (NSS) of JAC Unit IX conducted a campus cleaning activity on 14.08.2025 from 2:45 p.m. to 3:45 p.m. The NSS volunteers cleaned the area near the gym and its surroundings. A total of 50 NSS volunteers actively participated in this activity. Dr. L. R. Charlet Sharmili, Programme Officer, and Mrs. R. Sivasakthi, Staff Advisor, supervised the cleaning activity.

Unit IX



Independence Day Celebration Report :15.08.2025

On 15.08.2025, National Service Scheme (NSS) Unit VII and Unit IX celebrated Independence Day with great enthusiasm and patriotism. The national flag was hoisted by Mrs. M. Santhi, Head Master, Panchayat Union Primary School. The NSS volunteers presented a cultural program, which included patriotic song, dance and Quiz that showcased the country's rich heritage and freedom struggle. Students delivered inspiring speeches on the importance of independence and the sacrifices made by our freedom fighters. The NSS unit successfully organized the celebration, instilling a sense of patriotism and nationalism among the students. The event concluded with a sense of pride and gratitude for our nation's freedom, and the students left with a renewed sense of responsibility towards the country. 15 NSS volunteers, Dr. L. R. Charlet Sharmili and Dr. B. Amala Jasmine, NSS Programme Officers, Mrs. Sivasakthi, NSS Staff Advisor participated in the programme.



An Awareness Programme on Women & Law and NSS Volunteership Day on 30.08.2025

The National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, in collaboration with Inner Wheel Women’s Club, Theni organized an Awareness Programme on Women & Law and NSS Volunteership Day on 30.08.2025. The resource persons of the programme were Mrs. U. Vidhya, B.A., B.L., Advocate, Theni District Court, Mrs. S. Sutha, M.A., B.Ed., Retired Teacher, and Dr. P. Floras Mary, Retired Professor of JAC. The Secretary of Inner Wheel Club, Mrs. R. Dhivya Dharshini, and their members also attended the programme and donated fruit saplings. The event created awareness about women’s legal rights and highlighted the importance of volunteerism among students.



MONTH OF SEPTEMBER- 2025

CLEANLINESS ACTIVITY – 23 .09 .2025

The National Service Scheme (NSS) of JAC Unit IX conducted a campus cleaning activity on 23.09.2025 from 2:45 p.m. to 3:45 p.m. The NSS volunteers cleaned the area near the gym and its surroundings. The students removed thorns and bushes from the area. A total of 95 NSS volunteers actively participated in this activity. Dr. L. R. Charlet Sharmili, Programme Officer, and Mrs. R. Sivasakthi, Staff Advisor, supervised the cleaning activity.



NSS Day Celebration – Rangoli Competition: 27.09.2025

In connection with National Service Scheme Day, a Rangoli Competition was organized by NSS Unit IX of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, on 27.09.2025. The competition was adjudicated by Mr. Savarinathan and Dr. V. Sheeja, Assistant Professor of History. The First Prize was secured by K. Kopika and S. Anuja of NSS Unit XIII, while the Second Prize was awarded to K. Kiruthika and M. Priyadarshini of Unit IX.

JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN (AUTONOMOUS)

NATIONAL SERVICE SCHEME



NSS DAY

NOT ME

Competitions

- * Singing
- * Drawing
- * Rangoli
- * Skit

Date : 27. 09. 2025
Time : 2.00 pm to 4.00 pm



BUT YOU

Celebration

- * Programme
- * Prize Distribution

Date : 30. 09. 2025
Time : 2.45 pm to 3.45 pm

Unit IX – Rangoli Competition



NSS Day Celebration 30.09.2025

In connection with National Service Scheme Day, the NSS of Jayaraj Annapackiam College for Women, Periyakulam, celebrated the occasion on 30.09.2025. The programme began with a prayer song, followed by Bible reading. Sr. Johny Dathees welcomed the gathering. Rev. Dr. Sr. S. Iruthaya Kalai Selvam delivered the NSS message to the volunteers. Mr. S. Gokul Krishnan, MTS & District Programme Coordinator of My Bharat – NYK, addressed the students and highlighted the important role of NSS in nation-building. On this occasion, Unit IX students received the Second Prize in the Rangoli Competition.



MONTH OF OCTOBER -2025

Report on Youth Awakening Day – 15.10.2025

On 15.10.2025, NSS Unit IX of Jayaraj Annapackiam College for Women, Periyakulam, organized a “Youth Awakening Day” essay competition. Dr. L. R. Charlet Sharmili, Programme Officer, and Mrs. R. Sivasakthi, Staff Advisor, ensured the active participation of students. Twenty-nine NSS volunteers benefited from the event.



Report on Free Water Purifier and Cloths Distribution Campaign –

6.10.2025 & 17.10.2025

National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, in collaboration with the Jeevanadhi Charitable Trust, Bangalore organized a benevolent Free Water Purifier and Clothes Distribution Campaign on 16.10.2025 & 17.10.2025. The campaign aimed to extend compassion and service to the underprivileged, promoting the NSS motto “*Not Me, But You*” by addressing essential community needs such as access to drinking water and clothing for the school children. Rev. Dr. Sr. M. Rajeenal, Mother Superior, Dr. Sr. R. Shantha Mary Joshitta, Secretary, Dr. Sr. S. Iruthaya Kalai Selvam, Principal, the Guest of Honour, Br. Augustin and members of Jeevanadhi Charitable Trust graced the occasion with their valuable presence and support. Five Water Purifiers were distributed to St. Anne’s Hr. Sec. School, Periyakulam, Government Higher Secondary Schools at Tamaraikulam, Vadakkarai, Saruthupatti, and Lakshmipuram. Free cloths were distributed to 275 school students of Panchayat Union Primary School, Maaya Pandeewari Middle School and Muthaiya Primary School located at Melmangalam.

The two-day event commenced with an inaugural session at St. Anne’s Hr. Sec. School, Periyakulam. Dr. Sr. T. Johny Dathees, NSS Co-ordinator welcomed the gathering, Dr. Sr. Iruthaya Kalai Selvam delivered an inspiring address highlighting the importance of social responsibility and the role of youth in building a caring society. Bro. Augustin insisted on the values of compassion and integrity. The purifiers were installed under proper supervision, accompanied by guidance on maintenance and hygiene. 6 NSS Programme Officers and 7 Staff Advisors, 45 NSS volunteers were actively participated in the event. The campaign concluded with a thanksgiving session reflected on their shared mission and expressed heartfelt gratitude to Jeevanadhi Charitable Trust for their partnership. This event was a remarkably a collective action, compassion and dedication which created a meaningful social change, service to the society.



Report on Mera Yuva Bharat – 17.10.2025

National Service Scheme of JAC & Physical Education collaborated with Government of India -Ministry of Youth Affairs & Sports, Mera Yuva Bharat – Theni conducted Block Level Sports Meet 2025 on 9th & 10th of October, The prize distributing ceremony took place on 17th October, 2025. The event commenced with the welcome Address of Dr. Jancy Rani, Programme Officer. Mr. Gokul, Principal, Secretary, NSS Coordinator, Physical Education Director, Programme Officers and Staff Advisors graced the occasion. The prize winners who participated in various events bagged the shields and certificates as a mark of victory. Ms. Annalakshmi, Staff Advisor delivered a note of thanks.

MONTH OF DECEMBER - 2025

03.12.2025 – Registration for Viksit Bharat Youth Parliament

On 03.12.2025, the National Service Scheme (NSS) Unit IX of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, successfully organized a registration awareness and demonstration programme for the Viksit Bharat Youth Parliament Programme. The programme was conducted by the Unit IX Programme Officer, Dr. L. R. Charlet Sharmili, who provided a live demonstration on the registration process for the Viksit Bharat Youth Parliament initiative.

MONTH OF JANUARY - 2026

Pongal Celebration 13.01.2026

On 13.01.2026 at 10:30 am, JAC's NSS Unit IX hosted a Pongal Celebration in the college campus. Rev. Dr. Sr. S. Iruthaya Kalai Selvam, Principal; Rev. Dr. Sr. R. Shantha Mary Joshitta, Secretary; and Rev. Dr. Sr. M. Reginal, Mother Superior of the College graced the event. Totally 100 volunteers were participated. Dr.L.R.Charlet Sharmili, Programme Officer and Miss. R. SivaSakthi , Staff Advisor participated this joyful event.



REPORT ON CLEANLINESS ACTIVITY – 19 .01 .2026

The National Service Scheme (NSS) of JAC Unit IX conducted a campus cleaning activity on 19.01.2026 from 2:45 p.m. to 3:45 p.m. The NSS volunteers cleaned the area near the gym and its surroundings. A total of 45 NSS volunteers actively participated in this activity. Dr. L. R. Charlet Sharmili, Programme Officer, and Mrs. R. Sivasakthi, Staff Advisor, supervised the cleaning activity.



UNIT IX
19.01.2026

CLEANING
ACTIVITY



Report on Drawing Competition - Youth Empowerment and Nation Building

On 19.01.2026, Jayaraj Annapackiam College NSS UNIT IX Conducted the Drawing Competition - Youth Empowerment and Nation Building at 03.30 p.m – 4.30 . p.m. Totally 22 Volunteers were participated . Dr.L.R.Charlet Sharmili, Programme Officer and Miss R.Sivesakthi , Staff Advisor of IX Unit supervised the Competition.

DRAWING COMPETITION ON YOUTH EMPOWERMENT AND NATION BUILDING



19.01.2026

Report on Training Programme entitled “Modern Crop Production Techniques”.

National Service Scheme of Jayaraj Annapackiam College for Women, Periyakulam, had 15 volunteers participated and completed a Training Programme entitled “Modern Crop Production Techniques”. The training programme was held at the Sri kamatchi Amman Horticulture and Nursery Kamachipuram, Periyakulam from 20.01.2026 to 24.01.2026.



Report on Board of Studies Discussion Meeting 20.01.2026

The Board of Studies Discussion Meeting of the National Service Scheme was conducted on 20.01.2026 at Jayaraj Annapackiam College for Women from 3.30 p.m. to 5.30 p.m. The meeting was organized to review, plan, and strengthen the academic and NSS activities. All the NSS Programme Officers and Staff Advisors actively participated in the meeting. During the discussion, the members reviewed the activities conducted during the previous academic period, including awareness programmes, community service initiatives and special camps

The meeting concluded with a consensus on implementing innovative and need-based NSS programmes in the forthcoming period. The participants expressed their commitment to working collaboratively for the successful execution of NSS activities and for instilling a spirit of service among students.



REPORT ON CLEANLINESS ACTIVITY – 22 .01 .2026

The National Service Scheme of JAC Unit IX conducted a campus cleaning activity on 22.01.2026 from 3:00 p.m. to 4:00 p.m. The NSS volunteers cleaned the area near the gym and its surroundings. A total of 51 NSS volunteers actively participated in this activity. Dr. L. R. Charlet Sharmili, Programme Officer, and Mrs. R. Sivasakthi, Staff Advisor, supervised the cleaning activity.



Report An Awareness Programme On 'Pocso Act , Child Marriage, and Mobile Addiction'

The National Service Scheme of Jayaraj Annapackiam College for Women organized an Awareness Programme on 'POCSO, Child Marriage, and Mobile Addiction' on 23.01.2026 at 11.00 a.m. in Ave Marita Hall. Mrs. A. Jeyarani, Inspector of Police, Women Police Station, Periyakulam, addressed the students. A total of 150 volunteers benefited from the awareness programme.



Republic Day Celebration -26.01.2026

The National Service Scheme of Jayaraj Annapackiam College celebrated Republic Day at the college premises. It was a memorable event that highlighted the patriotic spirit and cultural unity of the nation. The celebration began with a parade followed by flag hoisting on 26.01.2026 at 7.15 a.m. Rev. Dr. Sr. S. Iruthaya Kalai Selvam, Principal; Rev. Dr. Sr. R. Shantha Mary Joshitta, Secretary; and Rev. Dr. Sr. M. Reginal, Mother Superior of the College, presided over the programme. Dr. A. Jacqiline Regina Mary, Associate Professor of Physics, Jayaraj Annapackiam College, served as the Resource Person. After the flag hoisting, she emphasized the importance and significance of Republic Day. The National Song filled the air with a deep sense of national pride and unity. A total of 58 NSS volunteers participated enthusiastically in the celebration. The NSS Programme Officers also

actively took part in making the event a grand success



Nallameipan Thalanthu Thitam

GOAT REARING (31.01.2026)

National Service Scheme of JAC unit IX gave one goat worth 5,000 to Nagomi for their livelihood development in the academic year 2023-2024. The first lamb of that goat was provided to Ms.N.Krishna priya, who is studying in I B.A. Tamil and her mother Mrs. N.Malathi on 31.01.2026.



REPORT ON CLEANLINESS ACTIVITY – 31 .01 .2026

The National Service Scheme (NSS) of JAC Unit IX conducted a campus cleaning activity on 31.01.2026 from 2:45 p.m. to 3:45 p.m. The NSS volunteers cleaned the area near the gym and its surroundings. A total of 51 NSS volunteers actively participated in this activity. Dr. L. R. Charlet Sharmili, Programme Officer, and Mrs. R. Sivasakthi, Staff Advisor, supervised the cleaning activity.



MONTH OF FEBRUARY -2026

Report An Awareness Programm on Cyber Security - 12.02.2026

The National Service Scheme of Jayaraj Annapackiam College for Women organized an Awareness Programme on 'Cyber Security' on 12.02.2026 at 11.30 a.m. in Room No:1. Dr. S. Kasthuri ,Assistant Professor of Political Science , Programme Officer addressed the students. A total of 100 volunteers benefited from the awareness programme.



Rally on “199. Periyakulam (SC) Assembly Constituency – Action Plan for 2026 SVEEP Activities” 19.02.2026

The National Service Scheme (NSS) and National Cadet Corps (NCC) of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, jointly organized a Rally on “199. Periyakulam (SC) Assembly Constituency – Action Plan for 2026 SVEEP Activities” on 19 February 2026 from 10.00 a.m. to 12.10 p.m. The programme was conducted with the objective of creating awareness among the public about the importance of electoral participation and ethical voting.

The rally commenced with a welcome address by Rev. Sr. Dr. S. Iruthaya Kalai Selvam, Principal, who highlighted the role of students in strengthening democracy through voter awareness initiatives. The programme was organized under the guidance of Dr. Sr. T. Johny Dathees, NSS Co-ordinator, along with the NSS Programme Officers of the college. The event was graced by eminent officials including Thiru. Rajad Beedan, Sub Collector, Periyakulam, Thiru. K. Maruthupandi, Tahsildar, Periyakulam, Thiru. S. Muthukumar, Deputy Tahsildar (Election), Periyakulam, and Thiru. K. Ramaraj, Taluk Supply Officer, Periyakulam. The dignitaries addressed the gathering and emphasized the significance of

SVEEP (Systematic Voters' Education and Electoral Participation) activities in promoting informed and responsible voting.

A large number of NSS volunteers, NCC cadets, faculty members, and students actively participated in the rally. The participants carried placards. The programme concluded successfully at 12.10 p.m. with a strong sense of civic responsibility instilled among the students



MONTH OF MARCH -2026

NSS Examination : 14.03.2026

On 14.03.2026, Jayaraj Annapackiam College NSS UNIT IX Conducted the NSS Examination at 9.30 a.m - 11.00. a.m. All the II Year NSS Volunteers wrote their Examination. Totally 44 Volunteers were wrote the Examination . Dr.L.R.Charlet Sharmili, Programme Officer and Mrs. R.Sivasakthi , Staff Advisor of IX Unit supervised the examinations.

