

**JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN
(AUTONOMOUS),
AFFILIATED TO MOTHER TERESA WOMEN'S UNIVERSITY,
KODAIKANAL,
PERIYAKULAM, THENI.**



**UNIT VIII
NATIONAL SERVICE SCHEME**



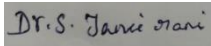
**ANNUAL REGULAR ACTIVITIES
2025 -2026**

PROFORMA FOR NSS PROGRAMME OFFICERS

S. No	Particulars	Details
1.	Name of Programme Officer	Dr. Mrs. S. Jansi Rani
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	JayarajAnnapackiam College for Women (Autonomous), Periyakulam, Theni Dt-625601.
5.	College Email Address	principal@annejac.ac.in
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	8
8.	Mobile No (NSS PO)	9047689479
9.	Email ID (NSS PO)	jansitam@annejac.ac.in
10.	Whether attended NSS 7 days ETI Training	Yes / No
11.	Number of year Experience as NSS P.O	1
12.	Name of the Village Adopted	Melmangalam
Social Media Account Details of the NSS Unit		
1.	Twitter ID	@NSS UNIT VIII JAC
2.	Instagram ID	Nssunit8jac
3.	Face book ID	@NSS UNIT VIII JAC

Name: Dr. Mrs. S. Jansi Rani

Designation: Assistant Professor

Signature: 

PROFORMA FOR NSS STAFF ADVISORS

S.No	Particulars	Details
1.	Name of Staff Advisor	Ms. S. Annalakshmi
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni Dt-625601.
5.	College Email Address	principal@annejac.ac.in
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	8 th
8.	Mobile No (NSS staff advisor)	9751883102
9.	Email ID	annalakshmitamjac@annejac.ac.in
10.	Department	Tamil
11.	Number of year Experience	1
12.	Name of the Village Adopted	Melmangalam

Name: Ms. S. Annalakshmi

Designation: Assistant Professor

Signature

S. Annalakshmi

NATIONAL SERVICE SCHEME

Action Plan 2025 – 2026

On 6th Day – 1 Hour On Saturday – 3 Hours	
Regular Activities	Special Activities
<ul style="list-style-type: none">✓ Conducting NSS Theory Classes✓ Conducting Awareness Programmes✓ Celebrating Commemorative Days✓ Cleaning activities inside the campus and adopted villages✓ Watering Vitamin C – Fruit Trees Garden✓ Discarding Waste leaves and ensuring plastic free campus (Solid Waste Management)✓ Providing vocational training to female children and women in the adopted villages	<ul style="list-style-type: none">❖ 7 Days Special Camp❖ Observance of<ul style="list-style-type: none">● Swachh Bharat Mission● Fit India❖ Seminars❖ Awareness Programmes related to the observance days mentioned in the academic calendar.❖ Celebrating Independence Day inside the College campus and the adopted villages.❖ Raising awareness among students about societal concerns by conducting street plays, rallies, and other activities, and by organizing competitions on topics like World Population Day etc.❖ Tree Saplings Plantation in the adopted villages.❖ Conducting meetings with the panchayat officials in our college and convene Advisory Meetings.❖ Attending Refresher Training Programmes for Professors.❖ Undertaking Projects related to NSS.❖ Organizing free medical camps that includes general health check -up, dental check-up, etc in the adopted villages.❖ Cleaning the public toilets.❖ Installing dustbins in the adopted villages.❖ Constructing toilets in the adopted villages.❖ Connecting the rural women with self-help groups.❖ Identifying the dropout students around the villages and helping them continue their education.❖ Providing awareness about the Employment Schemes offered by the government and helping the villagers benefit out of them.❖ Boost village livelihoods by expanding goat donations comparing to last year donation for greater impact.

	<ul style="list-style-type: none"> ❖ Providing language skills training for the adopted village children. ❖ Offering life skill training for the adopted villagers. ❖ Celebrating festivals, organizing cultural events, sports activity and community gathering in the adopted villages to ensure communal harmony. ❖ Providing vocational training for the women in the adopted villages like foot-mat preparation, mushroom cultivation, candle making, phenyl, cleaning and washing powder preparation, Soap making, pickle making etc. ❖ Carrying out the responsibilities allotted under Naan Muthalvan Scheme. ❖ Elevating Higher Education Prospects for Secondary Students through the Naan Muthalvan Scheme ❖ Helping the elders in the adopted villages by providing essentials like soaps, blankets etc ❖ To plant more trees in the college campus and preserve the trees planted last year. ❖ To empower younger generation for sustainable growth.
<p>Total Hours for a Year = 60</p> <p>Total Hours for Two Years = 120</p>	

IMPORTANT DAYS & DATES

Date	Day	Remarks
Jan 12	National Youth Day	Birthday of Swami Vivekananda
Jan 15	Army Day	Field Marshall K.M. Cariappa took over the command of the Army on this day in 1949 from the British.
Jan 27	International Holocaust Day	The largest Nazi death camp, Auschwitz-Birkenau, was liberated by Soviet troops on Jan 27, 1945.
Jan 30	Martyr's Day	Martyrdom day of Mahatma Gandhi
Feb 28	National Science Day	Marks the discovery of the Raman Effect in 1928 by C.V. Raman
Mar 8	International Women's Day	-
Mar 15	World Consumer Day	President John F Kennedy formally addressed the issue of consumer rights on this day in 1963.

Date	Day	Remarks
Apr 7	World Health Day	WHO was formed on this day in 1948, but the first World Health Day was observed in 1950.
Apr 12	International Day of Human Space Flight	Yuri Gagarin, the Soviet Cosmonaut made the first space flight on this day in 1961.
May 1	International Worker's Day	-
May 8	International Red Cross Day	JH Dunant, the man behind Red Cross was born on this day in 1828.
May 11	National Technology Day	Nuclear tests at Pokhran were carried out in 1998 on this day.
May 21	Anti-terrorism Day	Former PM Shri Rajiv Gandhi was assassinated on this day in 1991.
Jun 5	World Environment Day	-
Jun 21	International Yoga Day	-
Jul 1	National Doctors Day (India)	Birthday of Dr Bidhan Chandra Ray
Jul 11	World Population Day	Inspired by 5 billion Day in 1987
Jul 12	Malala Day	Birthday of Malala Yousafzai
Jul 20	International Moon Day	Landing of Apollo 11 on the moon in 1969.
Jul 20	World Chess Day	Establishment of the International Chess Federation (FIDE) in Paris in 1924.
Aug 6	Hiroshima Day	The bombing of Hiroshima on 6 Aug 1945
Aug 7	National Handloom Day	Launching of the Swadeshi Movement on 7 Aug 1905
Aug 9	August Kranti Diwas	Launch of the Quit India Movement in 1942
Aug 19	World Humanitarian Day	Commemorates the day when 22 aid workers were killed in a bombing at the UN headquarters in Baghdad in 2003
Aug 20	Sadbhawna Diwas	Birthday of Shri Rajiv Gandhi (1944)
Aug 29	National Sports Day	Birthday of Shri Dhyanchand (1905)
Sep 5	Teacher's Day	Birthday of Dr Radhakrishnan (1888)
Sep 8	International Literacy Day	-
Sep 14	Hindi Diwas	Hindi was accorded Official language status by the Constituent Assembly on this day in 1949.
Sep 15	Engineers' Day	Birthday of Sri M Visvesvaraya.
Sep 27	World Tourism Day	Statutes of the United Nations World Tourism Organisation were adopted on this day in 1980.

Date	Day	Remarks
Oct 2	International Non-violence Day	Birthday of Mahatma Gandhi (1869)
Oct 8	Indian Air Force Day	IAF was officially established on this day in 1932.
Oct 16	World Food Day	Food and Agricultural Organisation was founded on this day in 1945.
Oct 24	United Nations Day	The Charter of the United Nations came into force on this day in 1945.
Oct 31	Rashtriya Ekta Diwas	Birth Anniversary of Sardar Vallabhbhai Patel
Nov 11	National Education Day	Birthday of Shri Maulana Abul Kalam Azad (1888), the first Education Minister of India.
Nov 14	Children's Day	Birthday of Shri Jawaharlal Nehru (1889)
Nov 19	National Integration Day	Birthday of Smt Indira Gandhi (1984)
Nov 26	Constitution Day (India)	The Constitution of India was adopted on this day (1949)
Nov 26	National Milk Day (India)	Birthday of Shri Verghese Kurien, Father of the White Revolution in India
Dec 1	World AIDS Day	-
Dec 4	Navy Day	Commemorates the courageous attack on the Karachi harbour during the Indo-Pakistan war of 1971 in Operation Trident.
Dec 7	Armed Forces Flag Day	-
Dec 10	Human Rights Day	The Universal Declaration of Human Rights was proclaimed and adopted on this day in 1948.
Dec 16	Vijay Diwas	Marks India's victory over Pakistan in the Indo-Pak war in 1971.
Dec 18	Minorities Rights Day	United Nations adopted and promulgated the Declaration on the Rights of Persons belonging to National or Ethnic, Religious and Linguistic Minorities on this day in 1992.
Dec 24	National Consumers' Day	-
Dec 25	Good Governance Day	Birthday of Shri Atal Bihari Vajpayee

U. G. PROGRAMME OUTCOMES

UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE ABLE TO

PO. NO.	UPON COMPLETION OF THIS PROGRAM THE STUDENTS WILL BE ABLE TO
1.	Gain theoretical knowledge and apply the expertise in different fields.
2.	Acquire industry specific skills and can emerge as entrepreneurs.
3.	Develop critical and rational thinking to solve societal issues.
4.	Explore the knowledge and acclimatize it in the ever changing work environment.
5.	Evolve theories and develop innovative discipline specific ideas.
6.	Comprehend the nuances and develop innovative, discipline-specific ideas.

PSO. NO.	UPON COMPLETION OF THE PROGRAM THE STUDENTS WILL BE ABLE TO	PO MAPPED
PSO-1	Get knowledge about National Service Scheme.	PO-1
PSO-2	Acquire leadership skills and readiness to serve the society.	PO -2
PSO-3	Enhance perspectives of social issues in different point of views Think and act effectively in a critical situation.	PO-3
PSO-4	Develop positive attitude towards betterment of the society through voluntary service.	PO-4
PSO-5	Preserve nature, ethos and traditions and practices of the society.	PO-1

NATIONAL SERVICE SCHEME

Semester: I

Hours :2

Code: 23STPNS01

Credits:2

COURSE OUTCOMES:

CO. NO.	UPON COMPLETION OF THIS COURSE THE STUDENTS WILL BE ABLE TO	PSO ADDRESSED	COGNITIVE LEVEL
CO – 1	Acquire the basic knowledge about NSS	PSO-1	K1, K2
CO – 2	Uphold the value system based on the social, political and moral bases	PSO-1, PSO-2	K3
CO – 3	Understand and identify the needs of the society	PSO-1, PSO-2, PSO - 4	K2, K4
CO – 4	Develop the capacity to meet emergencies and attain knowledge to concentrate on personal health and hygiene	PSO2-, PSO-4 PSO-5	K5, K6
CO – 5	Face the challenges particularly to become women entrepreneurs	PSO-1	K3, K6

RELATIONSHIP MATRIX FOR COURSE OUTCOMES, PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOMES

Semester : I – IV		NATIONAL SERVICE SCHEME										Hours: 240
Code : 23STPNS01												Credits: 2
Course Outcomes	Programme Outcomes (PO)						Programme Specific Outcomes (PSO)					Mean Score of CO's
	1	2	3	4	5	6	1	2	3	4	5	
CO1	1	2	3	4	5	6	1	2	3	4	5	3.81
CO2	4	5	4	3	4	3	4	3	4	4	4	3.90
CO3	5	4	4	4	4	4	4	3	4	4	3	3.90
CO4	4	4	5	3	4	4	5	4	3	3	4	4.00
CO5	5	4	4	3	4	4	4	5	4	3	4	3.90
Overall Mean Score											3.90	

Result: The Score for this Course is 3.90 (High Relationship)

Note:

Mapping	1 - 20%	21 - 40%	41 - 60%	61 - 80%	81 - 100%
Scale	1	2	3	4	5
Relation	0.0 - 1.0	1.1 - 2.0	2.1 - 3.0	3.1 - 4.0	4.1 - 5.0
Quality	Very Poor	Poor	Moderate	High	Very High

Values Scaling

Mean Score of Cos = $\frac{\text{Total of Values}}{\text{Total No. of Pos \& PSOs}}$	Mean Overall Score for Cos = $\frac{\text{Total of Mean Scores}}{\text{Total No. of Cos}}$
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UNIT I: BASICS OF NSS

Introduction –History and Growth – Aim and Objectives – NSS Motto – NSS Symbol - NSS Badge –NSS Day - Code of Conduct- NSS Regular Activities & Special Camp.

UNIT II: PERSONALITY DEVELOPMENT

Personality Development –Know Thyself- Body Language- Forming Values Etiquette and Manner - Team Building and Team Work – Problems of Youth – Drug abuse - Drug Dependence /Addiction –Alcoholism – Suicide - Sexual Problems – Diseases.

UNIT III: SOCIAL SERVICE

Aim of Social Service – Social Service Organizations - Social Problems - Need for Social Service - Scope of Social Services - Functions of Social Services -Principles of First Aid - Important things kept in the First Aid Box- Snake Bite - Dog Bite - Insect Bite - Heat Stroke - Drowning - Electric Shock - Artificial Respiration – Hemorrhage – Stroke - Heart Attack – Symptoms – Fainting.

UNIT IV: NUTRITIOUS FOOD ANDWOMEN'S HEALTH

Nutrition - Adequacy – Balance - Calorie Management - Dietary Density – Moderation – Variety - Calculation of Calorie Permittance - Calculation of Protein Percentages - Food Sources - Vitamins the Importance of Dietary Nutrition Women's Health

UNITV: ECOLOGY AND ROLE OF WOMEN IN SOCIETY

Environment - Environmental Elements - Environmental concerns -Changing Climate –Global warming – Women achievers- Women's Place in Society - Social Issues against Women - The Ways to Empower Women.

COURSE BOOK:

Arul Sunila.J, Flora Pauline Mary.V, Preethi.J, Padmasree. A. D, Girija Bai. T, Arul Irudaya Jeyanthi.J, Abinaya. D, *NOT ME BUT YOU*, Acca Printing Press, 2022.

Internal Assessment - QUESTION PATTERN

Components	Marks
Attendance	20
Assesment (Involvement in activities)	50
Test	30
Total	100

NATIONAL SERVICE SCHEME-23STPNS01

Class : II UG

Time : 2 Hours

Date :

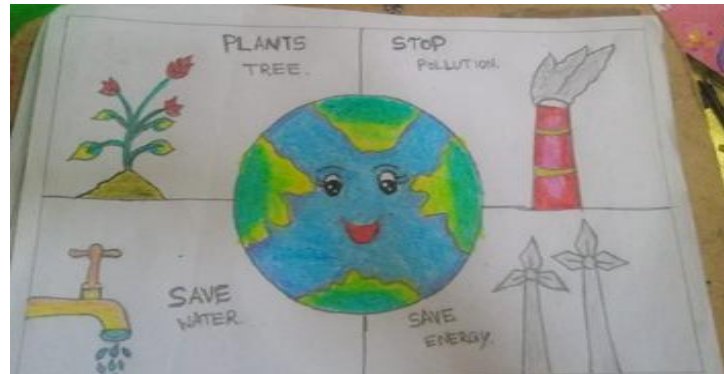
Max. Marks: 30

Course Outcome	Bloom's K-level	Q. No	SECTION – A 2x5=10 Answer All Questions Internal choice
			SECTION – B 2x10=20 Answer any TWO of the following

MONTH OF JUNE – 2025

WORLD ENVIRONMENT DAY CELEBRATION - 09.06.2025

In connection with World Environment Day, NSS Unit-8 organized a drawing competition on 09.06.2025. In total, 20 NSS volunteers actively participated. Selvi. N. Rupa, II B.A. Tamil won the first prize and P. Poorvika II B.A. Tamil won the second prize. Dr. Mrs. J. Arul Irudaya Jeyanthi, Assistant professor of Tamil and NSS Programme officer, organized the program.



CLEANLINESS ACTIVITIES - 28.06.2025

On 28.06.2025, Jayaraj Annapackiam College NSS UNIT VIII conducted a cleaning activity at 02.00 – 04.00 p.m in Nss room. All the II year NSS volunteers cleaned the things and waste plastics. Totally 30 volunteers were activity participated in the cleaning work. Dr. J. Arul Irudaya Jeyanthi, NSS Programme Officer supervised the cleaning work.



YOGA DAY CELEBRATION – YOGA DEMONSTRATION - 17.06.2025

In connection with International Yoga Day, NSS Unit-8 organized “Yoga Demonstration” on 17.06.2025 at 3.00 pm in room no.32. Totally, 25 NSS volunteers dynamically participated and benefited. Dr. Mrs. J. Arul Irudaya Jeyanthi, Assistant professor of Tamil and NSS Programme officer supervised the program.



MONTH OF JULY – 2025

NSS ORIENTATION PROGRAMME - 01.07.2025

On 01.07.2025, the NSS Programme Officers addressed the first-year students and informed them about the history, aims, and objectives of the NSS. Each Programme Officer delivered a brief talk on the importance of joining NSS and its purpose. The students were encouraged to voluntarily serve society and understand the community in which they live and work. Unit VIII Programme Officer, Dr. J. Arul Irudaya Jeyanthi gave a detailed explanation about the Regular Activities.



ORIENTATION PROGRAMME - 19.07.2025

On 19.07.2025, NSS Unit VIII of Jayaraj Annapackiam College for Women, Periyakulam attended an Orientation Programme for I year NSS Volunteers in the Indoor Auditorium. Rev. Dr. Sr. Iruthaya Kalai Selvam, Principal addressed the gathering and delivered an inspiring message. She emphasized the importance of cleanliness, maintaining the college as a green campus, and adopting eco-friendly practices such as butterfly gardening. She also encouraged students to develop smart and sustainable methods to keep their surroundings clean and hygienic. The session served as a motivation to all the NSS volunteers, instilling in them the values of environmental responsibility and active participation in community service.



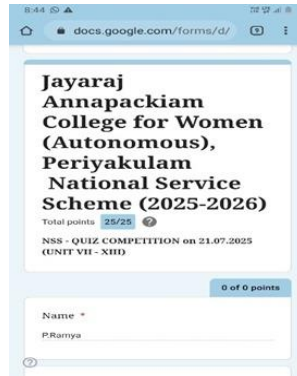
CLEANING ACTIVITIES - 21.07.2025

On 21.07.2025, Jayaraj Annapackiam College NSS UNIT VIII conducted a cleaning activity at 02.45 – 03.30 p.m in at the rear of the Staff Quarters Backside. I, II year Tamil NSS volunteers cleaned the things and waste plastics. Totally 42 volunteers were activity participated in the cleaning work. Dr. S. Jansi Rani NSS Programme Officer supervised the cleaning work.



WORLD LITERACY DAY – 21.07.2025

On 21.07.2025, NSS Unit VIII of Jayaraj Annapackiam College for Women, Periyakulam conducted online quiz competition for all the II year NSS volunteers from 2.45 p.m. to 3.30 p.m. The primary objective of this event was to enhance the volunteers understanding and awareness about the origins, objectives and core principles of the NSS, with a particular focus on the content covered in the first two units of the NSS curriculum. 24 NSS volunteers actively participated. P. Ramya, II B.A Tamil won I prize and R. Pavatharani, II B.A Tamil won II prize.



GUEST LECTURE – 29.07.2025

On 29.07.2025, NSS Unit VIII of Jayaraj Annapackiam College for Women, Periyakulam attended a special guest lecture to mark Kargil Vijay Diwas. In collaboration with the Ministry of Youth Affairs and Sports, Mr. S. Gokul Krishnan, MTS & District Program Coordinator of My Bharat – NYK addressed the students on the important role of NSS in Nation-building. Dr. Charlet Sharmili, Assistant Professor, NSS programme Officer delivered the keynote address, highlighting the significance of Kargil Vijay Diwas. The program fostered patriotism and a sense of responsibility among the youth. Floral tribute was offered in honour of all the Kargil Vijay Diwas heroes, remembering their bravery and sacrifice for the nation.



CLEANING ACTIVITIES - 21.07.2025

On 21.07.2025, Jayaraj Annapackiam College NSS UNIT VIII conducted a cleaning activity at 02.45 – 03.30 p.m in Garden. The NSS volunteers cleaned the Tree sapling planted. Totally 26 students of second year NSS volunteers were actively participated in the cleaning work. Mrs. H. Maheswari NSS Staff Advisor supervised the cleaning work.



MONTH OF AUGUST – 2025

CLEANLINESS ACTIVITY – 06 .08 .2025

On 06.08.2025, Jayaraj Annapackiam College NSS UNIT VIII conducted a cleaning activity at 02.45 – 03.30 p.m in Garden. The NSS volunteers cleaned the Tree sapling planted. Totally 48 students of second year & first year NSS volunteers were actively participated in the cleaning work. Dr. S. Jansi Rani NSS Programme Officer and Mrs. H. Maheswari NSS Staff Advisor supervised the cleaning work.



ANTI-DRUG ABUSE PLEDGE TAKING - 11.08.2025

The National Service Scheme (NSS) Unit VIII of Jayaraj Annapackiam College for Women conducted an Anti-Drug Abuse Pledge-Taking Ceremony on 11th August 2025 at 10:00 a.m. in the college premises. A total of 91 NSS volunteers enthusiastically participated in the ceremony.



SCHOOL VISIT - 11.08.2025

The National Service Scheme of JAC, Units VIII, X, and XI conducted Fancy Dress and Singing Competitions for the school students at Government Girls Higher Secondary School, Thamaraikulam. In commemoration of the 79th Independence Day, the students enthusiastically participated in a Speech Competition on Freedom Fighters, and their melodious patriotic songs evoked love and pride for India's freedom. A total of 32 participants showcased their talents vibrantly, and four winners received prizes in both events. All participants were presented with appreciation gifts. As a mark of ecological awareness, saplings were planted on the school premises. The programme was

successfully led by Dr. S. Jansi Rani, Dr. S. Kasthuri, and Dr. A. Anitha Mary, the Programme Officers.



CLEANLINESS ACTIVITY – 14 .08 .2025

On 14.08.2025, Jayaraj Annapackiam College NSS UNIT VIII conducted a cleaning activity at 02.45 – 03.30 p.m in Garden. The NSS volunteers cleaned the Tree sapling planted. Totally 48 students of second year & first year NSS volunteers were actively participated in the cleaning work. Dr. S. Jansi Rani NSS Programme Officer and Mrs. H. Maheswari NSS Staff Advisor supervised the cleaning work.



INDEPENDENCE DAY CELEBRATION - 15.08.2025

On 15.08.2025, the National Service Scheme (NSS) Units VIII, IX, and X of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, celebrated Independence Day with great enthusiasm and patriotic fervor. The celebration commenced with the hoisting of the National Flag by Lion PMJF V. Maharajan, South Zone Chairman of the National Ex-Servicemen Coordination Committee, Theni. In his inspiring address, he emphasized the importance of self-respect in shaping one's character, stating that self-respect forms the foundation of dignity, discipline, and responsibility in life. He urged the students to uphold values of honesty and integrity, and to carry forward the spirit of freedom by living with confidence and self-worth. To mark the occasion, the NSS volunteers showcased their talents through a vibrant cultural programme comprising patriotic songs, dances, and skits that highlighted the sacrifices of freedom fighters and the duties of responsible citizens. The programme instilled a deep sense of patriotism and pride in the minds of the participants and the audience, making the Independence Day celebration a memorable and meaningful one.



WOMEN & LAW AND NSS VOLUNTEERSHIP DAY -30.08.2025

The National Service Scheme (Units VII to XIII) of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, in collaboration with the Inner Wheel Women's Club, Theni, organized an Awareness Programme on *Women and Law* along with NSS Volunteership Day on 30.08.2025. The resource persons were Mrs. U. Vidhya, B.A., B.L., Advocate, Theni District Court, Mrs. S. Sutha, M.A., B.Ed., Retired Teacher, and Dr. P. Floras Mary, Retired Professor of JAC. The Secretary of the Inner Wheel Club, Mrs. R. Dhivya Dharshini, along with other members, also graced the occasion and contributed fruit saplings. The programme enhanced awareness on women's legal rights and emphasized the significance of volunteerism among students.



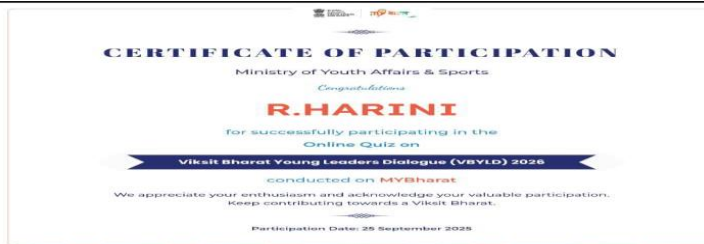
MONTH OF SEPTEMBER – 2025 CLEANLINESS ACTIVITY – 23 .09.2025

The National Service Scheme (NSS) of JAC Unit VIII organized a campus cleaning activity on 23.09.2025 from 2:45 p.m. to 3:45 p.m. NSS volunteers cleaned their respective areas, with a total of 85 volunteers actively participating. The activity was carried out under the supervision of Dr. S. Jansi Rani, Programme Officer and Mrs. Maheswari, Staff Advisor.



VIKSIT BHARAT ONLINE QUIZ COMPETITION - 25.09.2025

In connection with Ministry of Youth Affairs & Sports and Viksit Bharat conducted online quiz on Viksit Bharat Young Leaders Dialogue 2026 on 25.09.2025 onwards. 80 NSS volunteers attended the quiz and received appreciation certificate.



NSS DAY COMPETITION - 27.09.2025

On 27.09.2025, NSS Unit 8 conducted NSS Day Singing competition on the theme “Not Me, But You – Spirit of NSS in Action”, “Clean India – Green India”, and social issues were conducted. NSS volunteers actively participated and highlighted the values of service, leadership and teamwork in their drawing. The event successfully reflected the dedication of NSS volunteers to community service and nation-building. 28 NSS volunteers participated in the competition.



NSS DAY - 30.09.2025

The National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Units (VII to XIII) celebrated NSS Day on September 30, 2025, with prayer, cultural events, and prize distribution. Competitions on themes such as “Not Me, But You – Spirit of NSS in Action”, “Clean India – Green India”, “Unity in Diversity – Strength of India”, and social issues were conducted. The Chief Guest, Mr. Gokul Krishnan, Member of the Ministry of Youth Affairs and Sports, Government of India, along with Rev.

Sr. Dr. Iruthaya Kalai Selvam, Principal, distributed prizes and motivated students to register on the My Bharat Portal, highlighting its benefits for youth development.



MONTH OF OCTOBER – 2025
YOUTH AWAKENING DAY – 13.10. 2025

National Service Scheme of Unit VIII, Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organised a "Youth Awakening Day" Programme on 13th October, 2025 at 3 p.m. Dr. Amala Jasmine, Program Officer led the event with a note on Dr. APJ Abdul Kalam' s life. Many short clips of Dr. Kalam's biography, achievements and his dreams for youths were projected. 200 NSS volunteers from various units were kindled by the zeal of Dr. Kalam' s inspiring life and benefitted out of this event. Dr.J. Emagulate Rani, Staff Advisor ensured the students active participation. 90 NSS volunteers from UNIT VIII participated.



FREE WATER PURIFIER AND CLOTHS DISTRIBUTION CAMPAIGN
16.10.2025 & 17.10.2025

National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, in collaboration with the Jeevanadhi Charitable Trust, Bangalore organized a benevolent Free Water Purifier and Clothes Distribution Campaign on 16.10.2025 & 17.10.2025. The campaign aimed to extend compassion and service to the underprivileged, promoting the NSS motto "Not Me, But You" by addressing essential community needs such as access to drinking water and clothing for the school children. Rev. Dr. Sr. M. Rajeenal, Mother Superior, Dr. Sr. R. Shantha Mary Joshitta, Secretary, Dr. Sr. S. Iruthaya Kalai Selvam, Principal, the Guest of Honour, Br. Augustin and members of Jeevanadhi Charitable Trust graced the occasion with their valuable presence and support. Five Water Purifiers were distributed to St. Anne's Hr. Sec. School, Periyakulam,

Government Higher Secondary Schools at Tamaraikulam, Vadakkarai, Saruthupatti, and Lakshmipuram. Free cloths were distributed to 275 school students of Panchayat Union Primary School, Maaya Pandeewari Middle School and Muthaiya Primary School located at Melmangalam. The two-day event commenced with an inaugural session at St. Anne's Hr. Sec. School, Periyakulam Dr. Sr. T. Johny Dathees, NSS Co-ordinator welcomed the gathering, Dr. Sr. Iruthaya Kalai Selvam delivered an inspiring address highlighting the importance of social responsibility and the role of youth in building a caring society. Bro. Augustin insisted on the values of compassion and integrity. The purifiers were installed under proper supervision, accompanied by guidance on maintenance and hygiene. 6 NSS Programme Officers and 7 Staff Advisors, 45 NSS volunteers were actively participated in the event. The campaign concluded with a thanksgiving session reflected on their shared mission and expressed heartfelt gratitude to Jeevanadhi Charitable Trust for their partnership. This event was a remarkably a collective action, compassion and dedication which created a meaningful social change, service to the society.



BLOCK LEVEL SPORTS MEET - 17.10.2025

National Service Scheme of JAC & Physical Education collaborated with Government of India -Ministry of Youth Affairs & Sports, Mera Yuva Bharat – Theni conducted Block Level Sports Meet 2025 on 9th & 10th of October, The prize distributing ceremony took place on 17th October, 2025. The event commenced with the welcome Address of Dr. Jancy Rani, Programme Officer. Mr. Gokul, Principal, Secretary, NSS Coordinator, Physical Education Director, Programme Officers and Staff Advisors graced the occasion. The prize winners who participated in various events bagged the shields and certificates as a mark of victory. Ms. Annalakshmi, Staff Advisor delivered a note of thanks. 6 NSS Programme Officers and 7 Staff Advisors, 350 NSS volunteers were actively participated in the event



NATIONAL UNITY DAY - 31.10.2025

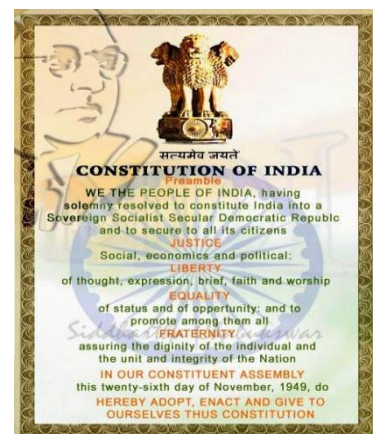
On 31.10.2025, NSS Unit VIII of Jayaraj Annapackiam College for Women, Periyakulam proposed a solemn pledge for National Unity Day in the college premises. 200 NSS volunteers pledged to preserve the unity, integrity and security of the Nation. Dr. B. Amala Jasmine, Programme Officer and Dr. J. Emagulate Rani, Staff Advisor participated in the event.



MONTH OF NOVEMBER

INDIAN CONSTITUTION DAY - 26.11.2025

On 26.11.2025, NSS Unit 8 celebrated Indian Constitution Day. Constitution pledge was taken by all the NSS volunteers in the college campus. Preamble, Justice, Liberty, Equality, Fraternity in our constituent assembly was insisted. 28 NSS volunteers participated in the event.



SIR FORM - 28.11.2025

National Service Scheme of JAC, Unit VIII NSS volunteers participated in SIR form filling awareness to the people at Thamaraikulam, Periyakulam. 20 NSS volunteers actively participated in investing the names those who have not yet registered SIR form and progressed the voter's ID correction and collected the list of people to upload the form in the Tamil Nadu website on 28.11.2025.



MONTH OF DECEMBER – 2025

WORLD AIDS DAY AWARENESS PROGRAMME 03.12.2025

On 3rd December 2025, NSS Units VIII and XIII of Jayaraj Annapackiam College for Women (Autonomous) jointly organised **World AIDS Day Awareness Programme** at Ave Maria Hall at 2.45 p.m. Dr.Mrs.S.Jansi Rani welcomed the gathering and introduced the resource persons, Rev. Sr. Stella, Director of Jeevan Jothi Welfare Centre, and Mrs.Sumathi, Programme Coordinator. She also highlighted the significance of World AIDS Day and the responsibility of youth in spreading health awareness. The resource persons delivered an informative and interactive session, creating awareness among NSS volunteers about the causes, transmission, prevention, and early diagnosis of HIV (Human Immunodeficiency Virus) and the need to show compassion towards people living with the disease. They explained how to understand and support persons affected by HIV, the scientific aspects of AIDS, and the importance of removing stigma and discrimination. A total of 85 NSS students participated actively, clarified their doubts, and gained better awareness and a positive attitude towards people living with HIV. Ms. Steffi of II B.Sc. Chemistry shared her feedback, assuring that henceforth she would carry this awareness to her village wherever needed, that she would never avoid people living with HIV, and that she would respect them as equal members of society. Finally, Ms. Annalakshmi, Staff Advisor of JAC–NSS Unit VIII, proposed the vote of thanks.



DISTRICT LEVEL ELOCUTION COMPETITION - VIKSIT BHARAT YOUTH PARLIAMENT - 19.12.2025

On 19.12.2025, NSS Unit VIII of Jayaraj Annapackiam College for Women, Periyakulam participated in the Elocution competition at Theni District on “50 years of Emergency: Lessons for Indian Democracy” organized Viksit Bharat Youth Parliament – 2026 at JAC, Periyakulam in collaboration with Ministry of Youth Affairs and Sports. 5 NSS volunteers actively participated in the Elocution competition. M. Punitha Jeyalakshmi, III B.A. Tamil, J.A. College, secured first place at Theni district of top 10 winners selected for State level competition. .



MONTH OF JANUARY – 2026 PONGAL DAY CELEBRATION - 13.01.2026

The NSS Unit VIII celebrated Pongal day to honor the cultural importance of the festival on 13.01.2026. The first-year NSS volunteers of Unit VIII came together to prepare Pongal, participate in traditional activities showcasing Tamil culture, and enjoy the Pongal celebration. The event brought everyone closer, promoting teamwork and cultural pride. Unit-VIII Programme officer Dr.Mrs. S. Jansi Rani and the staff adviser Ms. S. Annalakshmi started the programme.



CLEANLINESS ACTIVITY – 19 .01 .2026

On 19.01.2026, Jayaraj Annapackiam College NSS UNIT VIII conducted a cleaning activity at 02.45 – 03.30 p.m in Garden. The NSS volunteers cleaned the Tree sapling planted. Totally 50 students of first year NSS volunteers were actively participated in the cleaning work. Dr. S. Jansi Rani NSS Programme Officer and Ms. S. Annalakshmi NSS Staff Advisor supervised the cleaning work.



TRAINING PROGRAMME – 20.01.2026 TO 24.01.2026

NSS Unit VIII of Jayaraj Annapackiam College for Women, Periyakulam volunteers participated in the training programme entitled Modern Crop Production Techniques conducted by Horticulture College and Research Institute, Periyakulam from 20.01.2026 to 24.01.2026. 2 NSS volunteers namely A.Ashwini and b.Veeralakshmi of I BA Tamil students attended the hands-on training programme and benefited.



77TH REPUBLIC DAY CELEBRATION - 26.01.2026

On behalf of the National Service Scheme (NSS), Unit VIII of Jayaraj Anna Bhakkiam Women's College, the 77th Republic Day was celebrated in a grand manner in collaboration with the students of Melmangalam Panchayat Middle School. The programme commenced with the hoisting of the National Flag by the Headmistress of Melmangalam Panchayat Middle School Headmaster S. Shanthi, M.A., B.Ed., All the participants paid homage to the National Flag and took the Republic Day pledge. The programme began with the Flag Song followed by the Tamil Thai Vazhthu. Mrs. S. Mariammal, M.A., B.Ed., Tamil Teacher, delivered a special address and highlighting the significance of Republic Day. Following this, S. Samyuktha, of III Standard student, clearly explained the importance of the Ashoka Chakra and the meaning of its 24 spokes. Subsequently, P. Monica of III Standard student, spoke about the sacrifice and the principle of non-violence of Mahatma Gandhi. Dr. S. Jansi Rani, NSS Programme Officer, addressed the gathering on the greatness of Republic Day and emphasized the duties and responsibilities of students in contributing to the nation's progress. She also encouraged the students to be role models for others. Sweets were distributed to the students as part of the celebration. The programme was graced by the presence of Ms. S. Annalakshmi, NSS Adviser, NSS Volunteers, and school students. The event came to an end with the Vote of Thanks delivered by Mrs. S. Mariammal, M.A., B.Ed., followed by the National Anthem.



MENSTRUAL HYGIENE MANAGEMENT - 29.01.2026

The National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Units VII, VIII, and IX, organized an Awareness Programme on Menstrual Hygiene Management on 29.01.2026 at 2.45 p.m. The programme began with a prayer, followed by a welcome address delivered by Dr. B. Amala Jasmine, Programme Officer. The Resource person, Ms. M. Nandhini (DRP), Tamil Nadu Corporation for Development of Women, Periyakulam, delivered a special address on the importance of Menstrual Hygiene Management. She also instructed the volunteers on proper menstrual hygiene practices. The event concluded gracefully with a vote of thanks delivered by Dr. L. R. Charlet Sharmili, Programme Officer.



CLEANLINESS ACTIVITY – 31 .01 .2026

On 31.01.2026, Jayaraj Annapackiam College NSS UNIT VIII conducted a cleaning activity at 02.00 – 03.30 p.m in Garden. The NSS volunteers cleaned the Tree sapling planted. Totally 50 students of first year NSS volunteers were actively participated in the cleaning work. Dr. S. Jansi Rani NSS Programme Officer and Ms. S. Annalakshmi NSS Staff Advisor supervised the cleaning work.



CYBER SAFETY AWARENESS PROGRAMME - 11.02.2026

A Cyber Safety Awareness Programme was organized by the National Service Scheme (NSS) Unit VIII for the benefit of students. The programme was conducted in Room No. 32 with the objective of creating awareness about the safe and responsible use of the internet and digital platforms. The session was handled by the Programme Officer, Ms. S. Jansi Rani, who delivered an informative and engaging lecture on various aspects of cyber safety. She explained important topics such as online privacy, protection of personal information, cyberbullying, phishing scams, password security, and responsible social media usage. She also provided practical guidelines to safeguard against cyber threats and emphasized the importance of digital discipline in today's technology-driven world. The Staff Advisor, Ms. S. Annalakshmi, was also present during the programme and encouraged the students to apply the knowledge gained in their daily digital activities. Nearly 80 NSS volunteers actively participated in the programme and benefited from the insightful session. The students showed keen interest and interacted enthusiastically during the discussion. At the end of the programme, feedback was collected from the participants. The students expressed that the session was highly useful and helped them

gain better awareness about protecting themselves in the digital world. The programme concluded successfully with a vote of thanks.



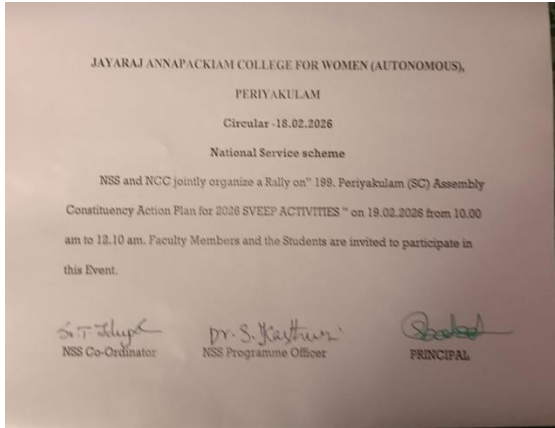
CLEANLINESS ACTIVITY – 19.02.2026

On 19.02.2026, Jayaraj Annapackiam College NSS UNIT VIII conducted a cleaning activity at 02.45 – 03.30 p.m in Garden. The NSS volunteers cleaned the Tree sapling planted. Totally 60 students of second year & first year NSS volunteers were actively participated in the cleaning work. Dr. S. Jansi Rani NSS Programme Officer and Ms. S. Annalakshmi NSS Staff Advisor supervised the cleaning work.



VOTERS AWARENESS RALLY - 19.02.2026

On 19.02.2026, NSS Unit VIII of Jayaraj Annapackiam College for Women, Periyakulam participated in the Rally on “199 Periyakulam SC Assembly Constituency – Action plan for SVEEP (Systematic Voters’ Education and Electoral Participation) organized by NSS and NCC of JAC in collaboration with Election Commission, Theni district. 15 NSS volunteers actively participated in the rally by incorporating Electoral process and to be responsible citizen.



MONTH OF MARCH

PEOPLE EDUCATION PROGRAMME - 05.03.2026 & 06.03.2026

On 05.03.2026 & 06.03.2026, NSS Unit VIII of Jayaraj Annapackiam College for Women, Periyakulam participated in the People Education Programme in collaboration with Khadi and Village Industries Commission, Ministry of Micro, small & medium enterprises, government of India, Madurai. 5 NSS volunteers participated in the Elocution and Essay Writing competition. Won I prize in Elocution competition. Serving society is the true success of Education is the outcome of this event.



VIKSIT BHARAT YOUTH PARLIAMENT - 12.03.2026

On 12.03.2026, NSS of Jayaraj Annapackiam College for Women, Periyakulam participated in the state level Viksit Bharat Youth Parliament 2026 Elocution competition conducted at Annai Violet Arts and Science College, Chennai. 5 NSS volunteers from Theni district participated in the Elocution competition. M. Punitha Jeyalakshmi, III B. A. Tamil and S. Kanaka, I B. Com of JAC participated.



