

JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN

(AUTONOMOUS), AFFILIATED TO MOTHER TERESA WOMEN'S

UNIVERSITY, KODAIKANAL, PERIYAKULAM, THENI



UNIT-X

NATIONAL SERVICE SCHEME



ANNUAL REGULAR ACTIVITIES

2025 - 2026

PROFORMA FOR NSS PROGRAMME OFFICERS

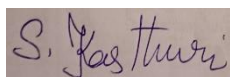
| S.No | Particulars | Details |
|---|---|---|
| 1. | Name of Programme Officer | Dr. S.Kasthuri |
| 2. | Gender (Male/Female) | Female |
| 3. | Name of the University | Mother Teresa Women's University, Kodaikanal |
| 4. | Name of the College with Address | Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni |
| 5. | College Email Address | principal@annejac.ac.in |
| 6. | Name of the District (College Located) | Theni |
| 7. | NSS Unit Number | Unit - 10 |
| 8. | Mobile No (NSS PO) | 9655428171 |
| 9. | Email ID (NSS PO) | kasthurihis@annejac.ac.in |
| 10. | Whether attended NSS 7 days ETI Training | No |
| 11. | Number of year Experience as NSS P.O | Two years |
| 12. | Name of the Village Adopted | JK Colony |
| Social Media Account Details of the NSS Unit | | |
| 1. | Twitter ID | UNIT10@NSSJAC |
| 2. | Instagram ID | Unit10nssjac |
| 3. | Face book ID | Kasthuri thuri |

Name: Dr. S.Kasthuri

Designation: Assistant Professor of
Political Science

Date: 07.04.2025

Signature:



PROFORMA FOR NSS STAFF ADVISOR DETAILS

| S. No | Particulars | Details |
|--------------|--|---|
| 1. | Name of Staff Advisor | Dr. J. Emagulate Rani |
| 2. | Gender (Male/Female) | Female |
| 3. | Name of the University | Mother Teresa Women's University, Kodaikanal. |
| 4. | Name of the College with Address | Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni Dt-625601. |
| 5. | College Email Address | principal@annejac.ac.in |
| 6. | Name of the District (College Located) | Theni |
| 7. | NSS Unit Number | Unit 10 |
| 8. | Mobile No (NSS staff advisor) | 8110921152 |
| 9. | Email ID | brindhacomca@annejac.ac.in |
| 10. | Department | B.Com.CA |
| 11. | Number of year Experience | - |
| 12. | Name of the Village Adopted | Melmangalam |

Name: Dr. J. Marija Brindha

Designation: Assistant Professor

Signature: 

NATIONAL SERVICE SCHEME
Action Plan 2025 – 2026

| On 6th Day – 1 Hour | |
|--|---|
| On Saturday – 3 Hours | |
| Regular Activities | Special Activities |
| <p>✓ Conducting NSS Theory Classes</p> <p>✓ Conducting Awareness Programmes</p> <p>✓ Celebrating Commemorative Days</p> <p>✓ Cleaning activities inside the campus and adopted villages</p> <p>✓ Watering Vitamin C – Fruit Trees Garden</p> <p>✓ Discarding Waste leaves and ensuring plastic free campus (Solid Waste Management)</p> <p>✓ Providing vocational training to female</p> | <p>☐ 7 Days Special Camp</p> <p>☐ Observance of</p> <ul style="list-style-type: none"> • Swachh Bharat Mission • Fit India <p>☐ Seminars</p> <p>☐ Awareness Programmes related to the observance days mentioned in the academic calendar.</p> <p>☐ Celebrating Independence Day inside the College campus and the adopted villages.</p> <p>☐ Raising awareness among students about societal concerns by conducting street plays, rallies, and other activities, and by organizing competitions on topics like World Population Day etc.</p> <p>☐ Tree Saplings Plantation in the adopted villages.</p> <p>☐ Conducting meetings with the panchayat officials in our college and convene Advisory Meetings.</p> <p>☐ Attending Refresher Training Programmes for Professors.</p> <p>☐ Undertaking Projects related to NSS.</p> <p>☐ Organizing free medical camps that includes general health check -up, dental check-up, etc in the adopted villages.</p> <p>☐ Cleaning the public toilets.</p> <p>☐ Installing dustbins in the adopted villages.</p> <p>☐ Constructing toilets in the adopted villages.</p> <p>☐ Connecting the rural women with self-help groups.</p> |

children and women in
the adopted villages

- ☐ Identifying the dropout students around the villages and helping them continue their education.
- ☐ Providing awareness about the Employment Schemes offered by the government and helping the villagers benefit out of them.
- ☐ Boost village livelihoods by expanding goat donations comparing to last year donation for greater impact.
- ☐ Providing language skills training for the adopted village children.
- ☐ Offering life skill training for the adopted villagers.
- ☐ Celebrating festivals, organizing cultural events, sports activity and community gathering in the adopted villages to ensure communal harmony.
- ☐ Providing vocational training for the women in the adopted villages like foot-mat preparation, mushroom cultivation, candle making, phenyl, cleaning and washing powder preparation, Soap making, pickle making etc.
- ☐ Carrying out the responsibilities allotted under Naan Muthalvan Scheme.
- ☐ Elevating Higher Education Prospects for Secondary Students through the Naan Muthalvan Scheme
- ☐ Helping the elders in the adopted villages by providing essentials like soaps, blankets etc
- ☐ To plant more trees in the college campus and preserve the trees planted last year.
- ☐ To empower younger generation for sustainable growth.

**Total Hours for a Year =
60 Total Hours for Two Years
= 120**

IMPORTANT DAYS & DATES

| Date | Day | Remarks |
|-------------|---|--|
| Jan 12 | National Youth Day | Birthday of Swami Vivekananda |
| Jan 15 | Army Day | Field Marshall K.M. Cariappa took over the command of the Army on this day in 1949 from the British. |
| Jan 27 | International Holocaust Day | The largest Nazi death camp, Auschwitz-Birkenau, was liberated by Soviet troops on Jan 27, 1945. |
| Jan 30 | Martyr's Day | Martyrdom day of Mahatma Gandhi |
| Feb 28 | National Science Day | Marks the discovery of the Raman Effect in 1928 by C.V. Raman |
| Mar 8 | International Women's Day | - |
| Mar 15 | World Consumer Day | President John F Kennedy formally addressed the issue of consumer rights on this day in 1963. |
| Apr 7 | World Health Day | WHO was formed on this day in 1948, but the first World Health Day was observed in 1950. |
| Apr 12 | International Day of Human Space Flight | Yuri Gagarin, the Soviet Cosmonaut made the first space flight on this day in 1961. |
| May 1 | International Worker's Day | - |
| May 8 | International Red Cross Day | JH Dunant, the man behind Red Cross was born on this day in 1828. |
| May 11 | National Technology Day | Nuclear tests at Pokhran were carried out in 1998 on this day. |
| May 21 | Anti-terrorism Day | Former PM Shri Rajiv Gandhi was assassinated on this day in 1991. |

| | | |
|-------------|--------------------------------|---|
| Jun 5 | World Environment Day | - |
| Jun 21 | International Yoga Day | - |
| Jul 1 | National Doctors Day (India) | Birthday of Dr Bidhan Chandra Ray |
| Date | Day | Remarks |
| Jul 11 | World Population Day | Inspired by 5 billion Day in 1987 |
| Jul 12 | Malala Day | Birthday of Malala Yousafzai |
| Jul 20 | International Moon Day | Landing of Apollo 11 on the moon in 1969. |
| Jul 20 | World Chess Day | Establishment of the International Chess Federation (FIDE) in Paris in 1924. |
| Aug 6 | Hiroshima Day | The bombing of Hiroshima on 6 Aug 1945 |
| Aug 7 | National Handloom Day | Launching of the Swadeshi Movement on 7 Aug 1905 |
| Aug 9 | August Kranti Diwas | Launch of the Quit India Movement in 1942 |
| Aug 19 | World Humanitarian Day | Commemorates the day when 22 aid workers were killed in a bombing at the UN headquarters in Baghdad in 2003 |
| Aug 20 | Sadbhawna Diwas | Birthday of Shri Rajiv Gandhi (1944) |
| Aug 29 | National Sports Day | Birthday of Shri Dhyanchand (1905) |
| Sep 5 | Teacher's Day | Birthday of Dr Radhakrishnan (1888) |
| Sep 8 | International Literacy Day | - |
| Sep 14 | Hindi Diwas | Hindi was accorded Official language status by the Constituent Assembly on this day in 1949. |
| Sep 15 | Engineers' Day | Birthday of Sri M Visvesvaraya. |
| Sep 27 | World Tourism Day | Statutes of the United Nations World Tourism Organisation were adopted on this day in 1980. |
| Oct 2 | International Non-violence Day | Birthday of Mahatma Gandhi (1869) |

| | | |
|--------|----------------------|--|
| Oct 8 | Indian Air Force Day | IAF was officially established on this day in 1932. |
| Oct 16 | World Food Day | Food and Agricultural Organisation was founded on this day in 1945. |
| Oct 24 | United Nations Day | The Charter of the United Nations came into force on this day in 1945. |
| Oct 31 | Rashtriya Ekta Diwas | Birth Anniversary of Sardar Vallabhbai Patel |

| Date | Day | Remarks |
|-------------|---------------------------|--|
| Nov 11 | National Education Day | Birthday of Shri Maulana Abul Kalam Azad (1888), the first Education Minister of India. |
| Nov 14 | Children's Day | Birthday of Shri Jawaharlal Nehru (1889) |
| Nov 19 | National Integration Day | Birthday of Smt Indira Gandhi (1984) |
| Nov 26 | Constitution Day (India) | The Constitution of India was adopted on this day (1949) |
| Nov 26 | National Milk Day (India) | Birthday of Shri Verghese Kurien, Father of the White Revolution in India |
| Dec 1 | World AIDS Day | - |
| Dec 4 | Navy Day | Commemorates the courageous attack on the Karachi harbour during the Indo-Pakistan war of 1971 in Operation Trident. |
| Dec 7 | Armed Forces Flag Day | - |
| Dec 10 | Human Rights Day | The Universal Declaration of Human Rights was proclaimed and adopted on this day in 1948. |
| Dec 16 | Vijay Diwas | Marks India's victory over Pakistan in the Indo- Pak war in 1971. |

| | | |
|--------|-------------------------|---|
| Dec 18 | Minorities Rights Day | United Nations adopted and promulgated the Declaration on the Rights of Persons belonging to National or Ethnic, Religious and Linguistic Minorities on this day in 1992. |
| Dec 24 | National Consumers' Day | - |
| Dec 25 | Good Governance Day | Birthday of Shri Atal Bihari Vajpayee |

U. G. PROGRAMME OUTCOMES

UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE ABLE TO

| PO. NO. | UPON COMPLETION OF THIS PROGRAM THE STUDENTS WILL BE ABLE TO |
|----------------|---|
| 1. | Gain theoretical knowledge and apply the expertise in different fields. |
| 2. | Acquire industry specific skills and can emerge as entrepreneurs. |
| 3. | Develop critical and rational thinking to solve societal issues. |
| 4. | Explore the knowledge and acclimatize it in the ever changing work environment. |
| 5. | Evolve theories and develop innovative discipline specific ideas. |
| 6. | Comprehend the nuances and develop innovative, discipline-specific ideas. |

| PSO. NO. | UPON COMPLETION OF THE PROGRAM THE STUDENTS WILL BE ABLE TO | PO MAPPED |
|-----------------|--|------------------|
| PSO-1 | Get knowledge about National Service Scheme. | PO-1 |
| PSO-2 | Acquire leadership skills and readiness to serve the society. | PO -2 |
| PSO-3 | Enhance perspectives of social issues in different point of views Think and act effectively in a critical situation. | PO-3 |
| PSO-4 | Develop positive attitude towards betterment of the society through voluntary service. | PO-4 |
| PSO-5 | Preserve nature, ethos and traditions and practices of the society. | PO-1 |

NATIONAL SERVICE SCHEME

Semester: I

Hours :2

Code: 23STPNS01

Credits:2

COURSE OUTCOMES:

| CO. NO. | UPON COMPLETION OF THIS COURSE THE STUDENTS WILL BE ABLE TO | PSO ADDRESS ED | COGNITIVE LEVEL |
|---------|---|---------------------|-----------------|
| CO – 1 | Acquire the basic knowledge about NSS | PSO-1 | K1, K2 |
| CO – 2 | Uphold the value system based on the social, political and moral bases | PSO-1, PSO-2 | K3 |
| CO – 3 | Understand and identify the needs of the society | PSO-1, PSO-2, PSO-4 | K2, K4 |
| CO – 4 | Develop the capacity to meet emergencies and attain knowledge to concentrate on personal health and hygiene | PSO2-, PSO-4 PSO-5 | K5, K6 |
| CO – 5 | Face the challenges particularly to become women entrepreneurs | PSO-1 | K3, K6 |

RELATIONSHIP MATRIX FOR COURSE OUTCOMES, PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOMES

| Semester : I – IV | | NATIONAL SERVICE SCHEME | | | | | | | | | | Hours: 240 |
|---------------------------|-------------------------|-------------------------|---|---|---|---|-----------------------------------|---|---|---|-------------|--------------------|
| Code : 23STPNS01 | | | | | | | | | | | | Credits: 2 |
| Course Outcomes | Programme Outcomes (PO) | | | | | | Programme Specific Outcomes (PSO) | | | | | Mean Score of CO's |
| | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | |
| CO1 | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 3.81 |
| CO2 | 4 | 5 | 4 | 3 | 4 | 3 | 4 | 3 | 4 | 4 | 4 | 3.90 |
| CO3 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 3.90 |
| CO4 | 4 | 4 | 5 | 3 | 4 | 4 | 5 | 4 | 3 | 3 | 4 | 4.00 |
| CO5 | 5 | 4 | 4 | 3 | 4 | 4 | 4 | 5 | 4 | 3 | 4 | 3.90 |
| Overall Mean Score | | | | | | | | | | | 3.90 | |

Result: The Score for this Course is 3.90 (High

Relationship) Note:

| | | | | | |
|----------|-----------|-----------|-----------|-----------|-----------|
| Mapping | 1 - 20% | 21 - 40% | 41 - 60% | 61 - 80% | 81 - 100% |
| Scale | 1 | 2 | 3 | 4 | 5 |
| Relation | 0.0 - 1.0 | 1.1 - 2.0 | 2.1 - 3.0 | 3.1 - 4.0 | 4.1 - 5.0 |
| Quality | Very Poor | Poor | Moderate | High | Very High |

Values Scaling

12

| | |
|--|--|
| Mean Score of Cos = $\frac{\text{Total of Values}}{\text{Total No. of Pos \& PSOs}}$ | Mean Overall Score for Cos = $\frac{\text{Total of Mean Scores}}{\text{Total No. of Cos}}$ |
|--|--|

UNIT I: BASICS OF NSS

Introduction –History and Growth – Aim and Objectives – NSS Motto – NSS Symbol - NSS Badge – NSS Day - Code of Conduct- NSS Regular Activities & Special Camp.

UNIT II: PERSONALITY DEVELOPMENT

Personality Development – Know Thyself- Body Language- Forming Values Etiquette and Manner - Team Building and Team Work – Problems of Youth – Drug abuse - Drug Dependence /Addiction –Alcoholism – Suicide - Sexual Problems – Diseases.

UNIT III: SOCIAL SERVICE

Aim of Social Service – Social Service Organizations - Social Problems - Need for Social Service

- Scope of Social Services - Functions of Social Services - Principles of First Aid - Important things kept in the First Aid Box - Snake Bite - Dog Bite - Insect Bite - Heat Stroke - Drowning - Electric Shock - Artificial Respiration – Hemorrhage – Stroke - Heart Attack – Symptoms – Fainting.

UNIT IV: NUTRITIOUS FOOD ANDWOMEN'S HEALTH

Nutrition - Adequacy – Balance - Calorie Management - Dietary Density – Moderation – Variety - Calculation of Calorie Permittance - Calculation of Protein Percentages - Food Sources - Vitamins the Importance of Dietary Nutrition Women's Health

UNIT V: ECOLOGY AND ROLE OF WOMEN IN SOCIETY

Environment - Environmental Elements - Environmental concerns - Changing Climate – Global warming – Women achievers - Women's Place in Society - Social Issues against Women
- The Ways to Empower Women.

COURSE BOOK:

Arul Sunila.J, Flora Pauline Mary.V, Preethi.J, Padmasree. A. D, Girija Bai. T, Arul Irudaya Jeyanthi.J, Abinaya. D, *NOT ME BUT YOU*, Acca Printing Press, 2022.

| Components | Marks |
|---------------------------------------|--------------|
| Attendance | 20 |
| Assesment (Involvement in activities) | 50 |
| Test | 30 |
| Total | 100 |

Internal Assessment

**QUESTION PATTERN
NATIONAL SERVICE SCHEME-
23STPNS01**

**Class : II UG
Hours**

Time : 2

**Date
30**

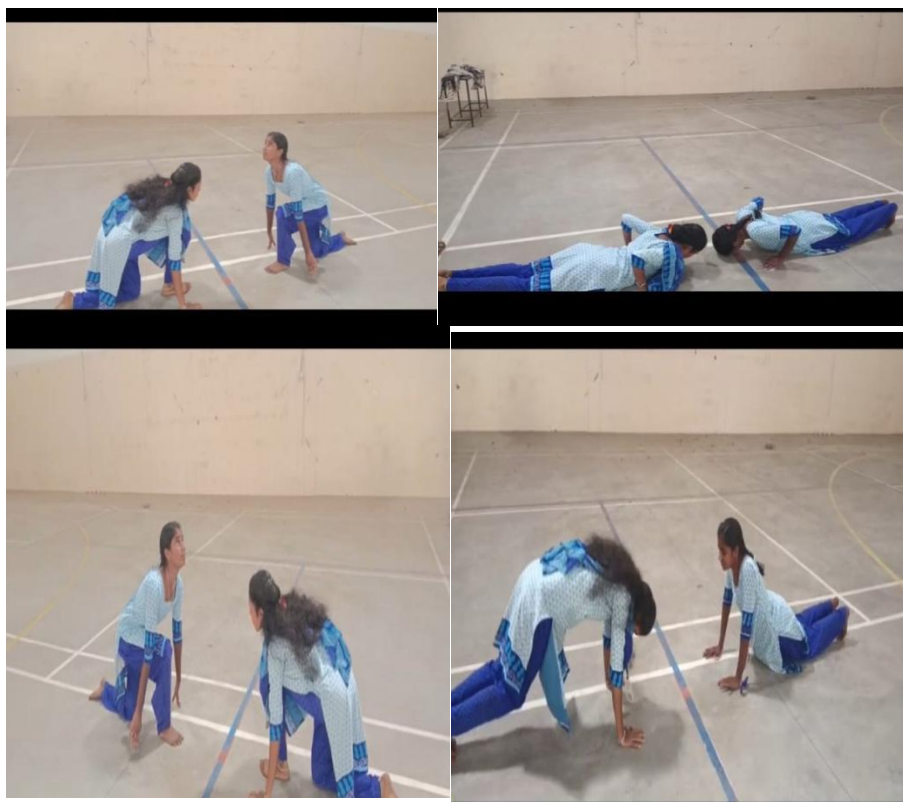
Max. Marks:

| Course Outco me | Bloom 's K- level | Q. No | SECTION - A 2x5=10 Answer All Questions Internal choice |
|--------------------------------|----------------------------------|------------------|--|
| | | | SECTION - B 2x10=20 Answer any TWO of the following |

Unit X
June Month Report - 2025

Yoga Day celebration:20.06.2025

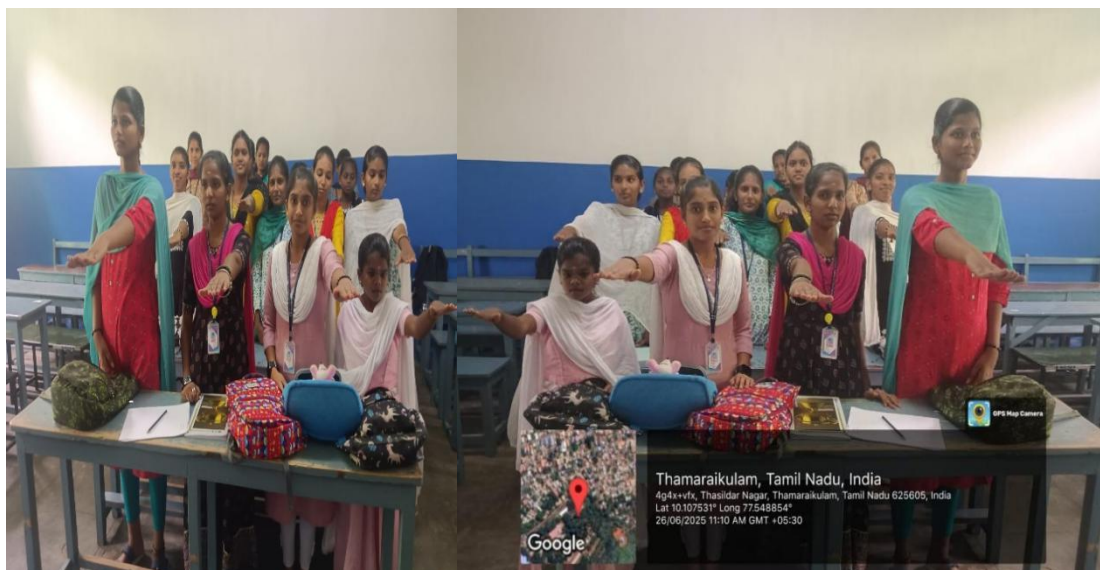
The NSS Unit X of Jayaraj Annapackiam College for Women (Autonomous) participated in the Yoga Day celebration held on June 20, 2025, at the JAC campus. NSS volunteers actively took part in the International Yoga Day celebrations on June 20, 2025, at the college campus. The event was organized by NSS, to promote the importance of yoga for physical and mental well-being. Students and staff members enthusiastically participated in various yoga sessions and demonstrations.



International Day Against Drug Abuse on 26.06.2025

The NSS Unit X of Jayaraj Annapackiam College for Women (Autonomous) took an oath against drug use. The oath-taking ceremony

was organized as part of the observance of International Day Against Drug Abuse on June 26 every year. The event aimed to raise awareness about the harmful effects of drug abuse among students' volunteers pledged to lead a drug-free life and spread awareness in their communities. The programme included a short speech by the NSS Programme Officer, emphasizing the importance of saying no to drugs. Awareness posters and banners were displayed throughout the college campus. A signature campaign was conducted to show solidarity against drug use. Students actively participated in the campaign by writing anti-drug slogans. The college remains committed to promoting a healthy and drug-free lifestyle among youth.



GOAT REARING (30.06.2025)

The National Service Scheme (NSS) Unit X of JAC provided a goat worth ₹ 5,000 to Mrs. Ponnuthai for her livelihood development during the academic year 2023–2024. The first lamb from the goat was given to Ms. J. Abarna, a student of III B.A. History (Tamil Medium), and her father Mr. M. Jeyapandi on 30.06.2025. NSS volunteers actively participated in this programme, which was organized by Dr. S. Kasthuri, NSS Programme Officer. The programme was presided over by the Principal of JAC.



July Report

Orientation Programme for First-Year Students – 01.07.2025

On 1st July 2025, an orientation programme was organized by the National Service Scheme (NSS) for the newly admitted first-year students. All the NSS Programme Officers from various units addressed the students and delivered insightful lectures on the importance of NSS, its vision and objectives, and the significance of voluntary service in nation-building.

The Programme Officers provided a brief overview of regular NSS activities, including environmental initiatives, health camps, awareness rallies, and community service programmes. Special emphasis was placed on the Seven Days Special Camp, which is conducted annually in adopted villages, where students engage in social work, awareness programmes, and rural development activities.

The orientation session had a positive impact on the students.

Inspired by the values of service, discipline, and social responsibility, many students expressed their willingness to serve society voluntarily through NSS activities.



Nalla Meypan Thaalanthu Thittam

GOAT REARING : (07.07.2025)

The National Service Scheme (NSS) Unit X of JAC provided a goat worth Rs.5, 000 to Mrs. Parvathy for her livelihood development during the academic year 2023–2024. The first lamb born to the goat was handed over to Ms. M. Sivapriya, a student of III B.A. History (Tamil Medium), and her mother, Mrs. M. Palaniyammal, on 07.07.2025. NSS volunteers actively participated in the programme, which was organized by Dr. S.Kasthuri, NSS Programme Officer. The event was presided over by the NSS Co-coordinator Sr.T.Johny Dathees Assistant Professor in Chemistry PG and Research Center of Chemistry JAC.



Orientation Programme – 19.07.2025

On 19th July 2025, NSS of Jayaraj Annapackiam College for Women,

Periyakulam conducted an Orientation Programme for first-year NSS volunteers in the Indoor Auditorium. The session was graced by Rev. Dr. Sr. Iruthaya Kalai Selvam, Principal, who delivered a motivational and thought-provoking address to the participants.

In her speech, the Principal highlighted the significance of cleanliness, the importance of sustaining a green and eco-conscious campus, and the need to adopt environmentally friendly practices such as butterfly gardening. She also encouraged the students to explore innovative and sustainable approaches to maintain cleanliness and hygiene in their surroundings.

The orientation programme served as a catalyst for inspiration, instilling in the volunteers a deep sense of environmental responsibility and a commitment to active community engagement. The session effectively motivated the students to contribute meaningfully to society through their participation in NSS activities. 53 NSS students of Unit X attended the orientation programme."



CLEANING ACTIVITIES: 21.07.2025

National Service Scheme Unit X of JAC conducted the Tree plantation & Campus cleaning activity on 21.07.2025 from 2.30pm - 3.30pm. NSS volunteers Cleaned the area, and watering the trees. Totally 46 NSS volunteers actively participated. Dr. S.K asthuri, Assistant Professor of Political science, and NSS Programme Officer and staff advisor J.Brundha Assistant professor of B.Com (CA) supervised the activities

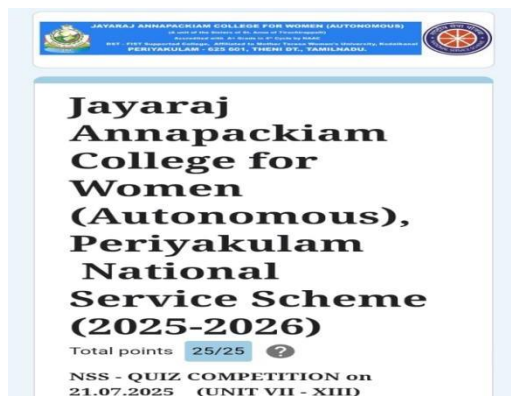


World Literacy Day – 21.07.2025

On 21st July 2025, NSS Unit X of Jayaraj Annapackiam College for Women, Periyakulam organized an online quiz competition in observance of World Literacy Day. The event was conducted for all second-year NSS volunteers .

The main aim of the quiz was to deepen the volunteers' knowledge and awareness of the origin, objectives, and fundamental principles of the National Service Scheme (NSS), with a specific emphasis on the first two units of the NSS syllabus.

A total of 40 enthusiastic NSS volunteers participated in the event, showcasing their interest and commitment towards understanding the values and mission of the NSS. The quiz served as a platform to both test and reinforce their learning in an engaging manner.



Guest Lecture – 29.07.2025

On 29th July 2025, NSS Unit X of Jayaraj Annapackiam College for Women, Periyakulam, participated in a special guest lecture organized to commemorate Kargil Vijay Diwas. The event was conducted in association with the Ministry of Youth Affairs and Sports.

Mr. S. Gokul Krishnan, MTS and District Programme Coordinator of

My Bharat – NYK, was the chief guest and delivered an insightful address on the vital role of NSS in nation-building. His speech inspired the students to actively contribute to the nation's progress through service and dedication.

Dr. Charlet Sharmili, Assistant Professor and NSS Programme Officer, delivered the keynote address, emphasizing the heroism and legacy of Kargil Vijay Diwas. She highlighted the importance of remembering the sacrifices made by the brave soldiers and the values they upheld.

The program instilled a strong sense of patriotism and civic duty among the students. A floral tribute was respectfully offered in honor of the valiant heroes of Kargil, acknowledging their courage and ultimate sacrifice for the nation's security and pride.



AUGUST 2025

CLEANING ACTIVITIES: 06.08.2025

National Service Scheme Unit X of JAC conducted the Campus cleaning activity on 06.08.2025 from 2.30pm - 3.30pm. NSS volunteers Cleaned the area, and watering the trees. Totally 46 NSS volunteers actively participated. Dr. S.Kasthuri, Assistant Professor of Political science, and NSS Programme Officer and staff advisor J.Brundha Assistant professor of B.Com (CA) supervised the activities



International Day Against Drug Abuse on 11.08.2025

The NSS Unit X of Jayaraj Annapackiam College for Women (Autonomous) took an oath against drug use. The oath-taking ceremony was organized as part of the observance of International Day Against Drug Abuse on August 11. The event aimed to raise awareness about the harmful effects of drug abuse among students' volunteers pledged to lead a drug-free life and spread awareness in their communities. The programme included a short speech by the NSS Programme Officer, emphasizing the importance of saying no to drugs. Awareness posters and banners were displayed throughout the college campus. A signature campaign was conducted to show solidarity against drug use. 55 Students actively participated. The college remains committed to promoting a healthy and drug-free lifestyle among youth.



79th Independence Day Celebration on 11.05.2025

The National Service Scheme Units VIII, X, and XI of JAC conducted **Fancy Dress and Singing Competitions** for the students of Government Girls Higher Secondary School, Thamaraikulam. In commemoration of the **79th Independence Day**, the students enthusiastically participated in a **Speech Competition on Freedom Fighters**, and their melodious patriotic songs evoked love and pride for India's freedom. A total of **32 participants** showcased their talents vibrantly, and **four winners** received prizes in both events. All participants were presented with **appreciation gifts**. As a mark of **ecological awareness**, saplings were planted on the school premises. The programme was successfully organized By the Programme Officers **Dr. S. Janci Rani, Dr. S. Kasthuri, and Dr. A. Anitha Mary**, and 35 NSS Volunteers.



Awareness Programme on Women & Law and NSS Volunteership Day

30th August 2025

The **National Service Scheme (NSS)** of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, in collaboration with the **Inner Wheel Women's Club, Theni**, organized an inspiring **Awareness Programme on Women & Law** along with the celebration of **NSS Volunteership Day** on **30th August 2025**. The session featured dynamic resource persons: **Mrs. U. Vidhya, B.A., B.L., Advocate, Theni District Court; Mrs. S. Sutha, M.A., B.Ed., Retired Teacher; and Dr. P. Floras Mary, Retired Professor of JAC**, who enlightened the students on women's rights and responsibilities. Their talks empowered young women to understand and uphold their legal rights with confidence.

The event was further graced by **Mrs. R. Dhivya Dharshini, Secretary of the Inner Wheel Club, Theni**, along with club members, who extended their support by **donating fruit saplings**, symbolizing growth and sustainability. The day left a lasting impact by not only raising **awareness on women's legal rights** but also highlighting the **spirit of volunteerism**, inspiring students to serve society with dedication and empathy.





September 2025

CLEANLINESS ACTIVITY – 23 .09 .2025

The National Service Scheme (NSS) of JAC Unit X cleaning the campus on 23.09.2025 from 2:45 p.m. to 3:45 p.m. The NSS volunteers cleaned the area near the Department of history and NSS Garden surroundings. The students removed thorns and bushes from the area. A total of 45 NSS volunteers actively participated in this activity. Dr. S.Kasthuri Assistant Professor of Political Science Programme Officer Coordinate the work.



NSS Day Celebration 30.09.2025

In connection with National Service Scheme Day, the NSS of Jayaraj Annapackiam College for Women, Periyakulam, celebrated the occasion on 30.09.2025. The programme began with a prayer song, followed by Bible reading. Sr. Johny Dathees welcomed the gathering. Rev. Dr. Sr. S. Iruthaya Kalai Selvam delivered the message to the volunteers. About the NSS how important in the nation.

Mr. S. Gokul Krishnan, MTS & District Programme Coordinator of My Bharat – NYK, addressed the students and highlighted the important role of NSS in nation-building. On this occasion, NSS students received the Prize in Various Competition Conducted by all the NSS Units Programme officer and staff advisors.



NSS Day Celebration – Skit Competition: 27.09.2025

In connection with National Service Scheme Day, NSS Unit X of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, organized a Skit Competition on 27th September 2025 in Room No. 1. The event was adjudicated by Mr. Savarinathan and Dr. A. D. Padmasree, Assistant Professor of History. NSS Unit VIII secured the First Prize, S.Dhaaarshini II BA Tamil, R, Mathimitha II BA Tamil, N. Krishna Priya I BA Tamil and K. Janani I BA Tamil.

NSS Unit XIII won the Second Prize. M. Pandeewari I B.sc. Chemistry, M. Dhanalakshmi IB.Sc. Chemistry, N. Swathika I B.sc. Chemistry, A. Stephy I B.sc. Chemistry, R. Veil Karthika I B.sc. Chemistry. The competition was successfully conducted under the guidance of Dr. S. Kasthuri, Assistant Professor of Political Science, UNIT X NSS Programme Officer.

A total of 24 students participated in the event, with four students from each unit actively taking part."



OCTOBER 2025

Free Water Purifier and Cloths Distribution Campaign – 16.10.2025 & 17.10.2025

National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, in collaboration with the Jeevanadhi Charitable Trust, Bangalore organized a benevolent Free Water Purifier and Clothes Distribution Campaign on 16.10.2025 & 17.10.2025. The campaign aimed to extend compassion and service to the underprivileged, promoting the NSS motto “Not Me, But You” by addressing essential community needs such as access to drinking water and clothing for the school children. Rev. Dr. Sr. M. Rajeenal, Mother Superior, Dr. Sr. R. Shantha Mary Joshitta, Secretary, Dr. Sr. S. Iruthaya Kalai Selvam, Principal, the Guest of Honour, Br. Augustin and members of Jeevanadhi Charitable Trust graced the occasion with their valuable presence and support. Five Water Purifiers were distributed to St. Anne’s Hr. Sec. School, Periyakulam, Government Higher Secondary Schools at Tamaraikulam, Vadakkurai, Saruthupatti, and Lakshmipuram. Free cloths were distributed to 275 school students of Panchayat Union Primary School, Maaya Pandeewari Middle School and Muthaiya Primary School located at Melmangalam.

The two-day event commenced with an inaugural session at St. Anne’s Hr. Sec. School, Periyakulam Dr. Sr. T. Johny Dathees, NSS Co-ordinator welcomed the gathering, Dr. Sr. Iruthaya Kalai Selvam delivered an inspiring address highlighting the importance of social responsibility and the role of youth in building a caring society. Bro. Augustin insisted on the values of compassion and integrity. The purifiers were installed under proper supervision, accompanied by guidance on maintenance and hygiene. 6 NSS Programme Officers and 7 Staff Advisors, 45 NSS volunteers

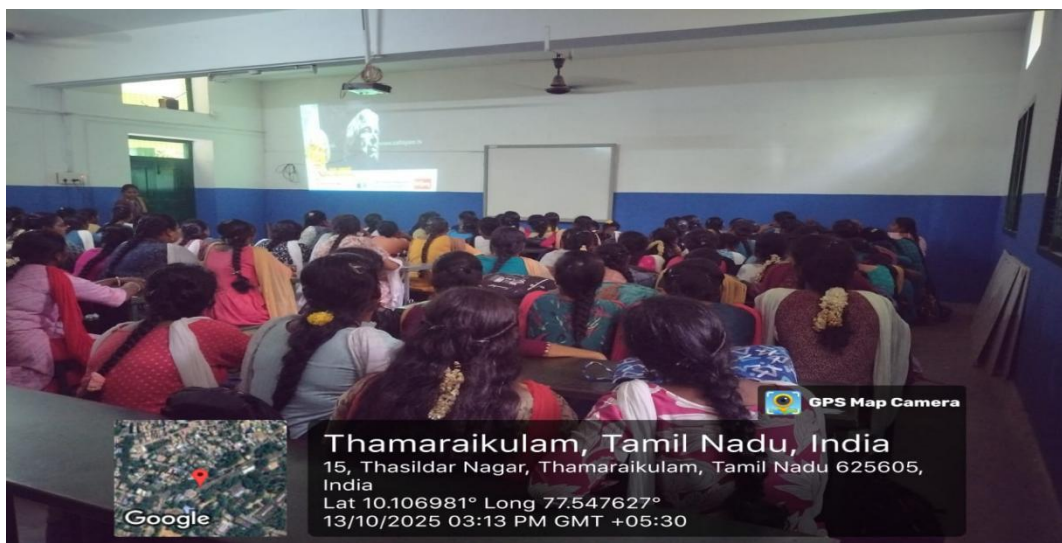
were actively participated in the event. The campaign concluded with a thanksgiving session reflected on their shared mission and expressed heartfelt gratitude to Jeevanadhi Charitable Trust for their partnership. This event was a remarkably a collective action, compassion and dedication which created a meaningful social change, service to the society.





Youth Awakening Day: 13.10. 2025

National Service Scheme of Unit VII, Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organised a " Youth Awakening Day" Programme on 13th October , 2025 at 3p.m. Dr.Amala Jasmine, Program Officer led the event with a note on Dr.APJ Abdul Kalam' s life. Many short clips of Dr. Kalam's biography , achievements and his dreams for youths were projected. 200 NSS volunteers from various units were kindled by the zealous of Dr. Kalam' s inspiring life and benefitted out of this event. Dr.J. Emagulate Rani, Staff Advisor ensured the students active participation. UNIT X NSS volunteers are participated.



Pongal Celebration on 13.01.2026

The NSS Unit X successfully organized a Pongal Celebration on 13.01.2026 with great enthusiasm and cultural dedication. The programme aimed to inculcate traditional values and create awareness about Tamil heritage among students. The celebration commenced with a brief invocation followed by a welcome address highlighting the significance of Pongal as a festival of gratitude to nature, farmers, and cattle. Faculty members and students actively participated in the event by adorning the venue with kolams, sugarcane, and traditional decorations. Special cultural programmes such as folk songs, traditional dances, and speeches on the importance of Pongal added color and vibrancy to the occasion. The preparation of traditional Pongal symbolized unity and cultural pride. The programme concluded with a vote of thanks, and the celebration left a lasting impression on the participants by strengthening cultural awareness, teamwork, and respect for Indian traditions. 48 NSS volunteers participated in this event.



NSS Report - January-2026

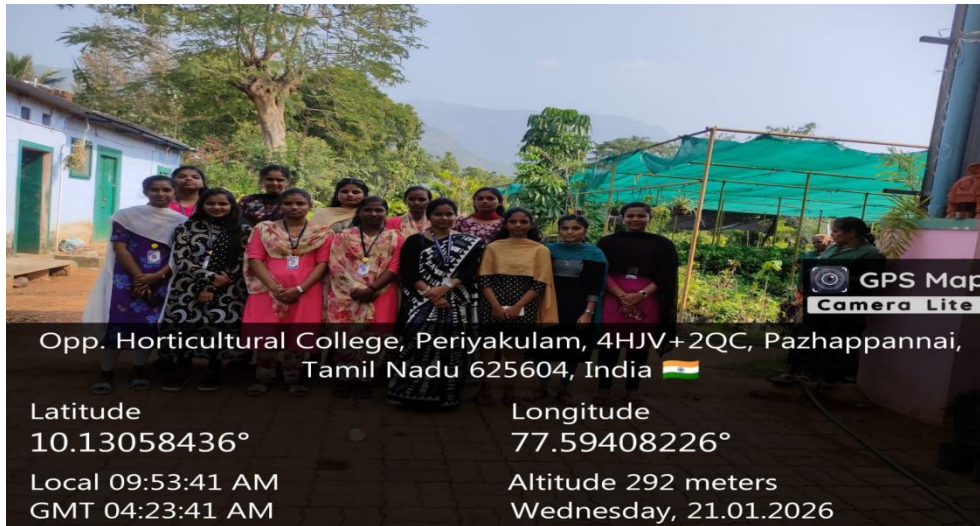
CAMPUS CLEANING ACTIVITY ON JANUARY 19.01. 2026.

Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, known for its commitment to academic excellence and social responsibility, organized a campus cleaning activity on January 19.01 2026. The initiative was conducted under the aegis of the National Service Scheme (NSS), with the enthusiastic participation of NSS Unit X volunteers. The primary objective of this activity was to promote cleanliness, environmental awareness, and a sense of responsibility among students.



Horticulture Training Programme -21.01.2026

A Horticulture Training Programme was successfully organised by the Department of Horticulture, Periyakulam, in collaboration with the NSS Unit X of Jayaraj Annapackiam College for Women, Autonomous , Periyakulam, with the objective of creating awareness about modern horticultural practices and promoting sustainable agriculture among students. The programme provided hands-on training and expert guidance on topics such as nursery management, organic farming techniques, terrace gardening, kitchen gardening, and the cultivation of fruits, vegetables, and medicinal plants. Resource persons from the Horticulture Department delivered informative sessions, demonstrating practical methods and encouraging students to adopt eco-friendly agricultural practices. 15 NSS volunteers actively participated in the programme, showing keen interest and enthusiasm throughout the training. The programme not only enhanced the students' practical knowledge and skills but also motivated them to contribute to environmental protection and community development, making the event highly beneficial and impactful.



NSS UNIT X

Republic Day was celebrated on 26.01.2026 by Jayaraj Annapackiam College for Women (Autonomous) Periyakulam, with patriotic spirit at Melmangalam Mayapandeeswari middle School. The programme commenced with the ceremonial flag hoisting, followed by various activities aimed at fostering national pride among school students. As part of the celebration, a drawing competition was conducted for the students, and prizes were distributed to the winners to encourage creativity and participation. The school students enthusiastically presented cultural programmes highlighting the values of unity, freedom, and patriotism. A total of 15 NSS volunteers actively participated in organising and coordinating the events, ensuring the smooth conduct of the programme. The celebration strengthened the bond between the college and the local community while instilling patriotic values among young minds.





“Future Young Leader Boot Camp, a three-day residential Training programme “ 02.02.2026 to 04.02.2026, organized by Nehru Yuva Kendra Sangathan (My Bharat).

Five NSS Volunteers of **Jayaraj Annapackiam College for Women (Autonomous)**, Periyakulam, actively participated in the *Future Young Leader Boot Camp*, a three-day residential training programme conducted from **02.02.2026 to 04.02.2026**, organized by **Nehru Yuva Kendra Sangathan (My Bharat)**. The camp aimed to enhance students’ communication skills, strengthen their decision-making abilities, and create awareness about political participation and civic responsibilities. Through interactive sessions, group discussions, leadership activities, and practical exercises, the volunteers gained valuable insights into effective communication, critical thinking, and democratic engagement. The immersive training environment helped them build confidence, teamwork, and leadership qualities, empowering them to become responsible and proactive young leaders in society.



**NSS REPORT ON SVEEP ACTIVITIES –19.02. 2026
(Systematic Voters’ Education and Electoral Participation)**

The National Service Scheme (NSS) and National Cadet Corps (NCC) of **Jayaraj Annapackiam College for Women (Autonomous)**, Periyakulam, jointly organized a Rally on **“199. Periyakulam (SC) Assembly Constituency –**

Action Plan for 2026 SVEEP Activities” on 19 February 2026 from 10.00 a.m. to 12.10 p.m. The programme was conducted with the objective of creating awareness among the public about the importance of electoral participation and ethical voting.

The rally commenced with a **welcome address by Rev. Sr. Dr. S. Iruthaya Kalai Selvam, Principal**, who highlighted the role of students in strengthening democracy through voter awareness initiatives. The programme was organized under the guidance of **Dr. Sr. T. Johny Dathees, NSS Co-ordinator**, along with the NSS Programme Officers of the college.

The event was graced by eminent officials including **Thiru. Rajad Beedan, Sub Collector, Periyakulam, Thiru. K. Maruthupandi, Tahsildar, Periyakulam, Thiru. S. Muthukumar, Deputy Tahsildar (Election), Periyakulam, and Thiru. K. Ramaraj, Taluk Supply Officer, Periyakulam.** The dignitaries addressed the gathering and emphasized the significance of **SVEEP (Systematic Voters’ Education and Electoral Participation)** activities in promoting informed and responsible voting.

268 NSS volunteers, 136 NCC cadets, 14 NSS faculty members, and the Vice principals and other staff members were actively participated in the rally. The participants carried placards and raised slogans advocating **voter registration, ethical voting, and maximum voter turnout** in the upcoming elections. The rally proceeded through important public areas of Periyakulam, attracting the attention of the local community and effectively disseminating the message of democratic participation.

The programme concluded successfully at **12.10 p.m.** with a strong sense of civic responsibility instilled among the students. The rally served as an impactful platform to motivate young voters and the general public to actively engage in the electoral process, thereby contributing to the strengthening of democratic values.



External Examination for NSS Volunteers on 14 March 2026

The NSS Unit X of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, conducted the External Examination for NSS Volunteers on 14 March 2026. The examination was held in Room No. 1 on the college campus. 42 NSS volunteers participated in the examination to assess their knowledge and understanding of NSS activities, objectives, and social service responsibilities. The examination was conducted in a well-organized manner under proper supervision, of Programme officer Dr.S.Kasthuri ensuring discipline and transparency throughout the process.

