

**JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN
(AUTONOMOUS), AFFILIATED TO MOTHER TERESA WOMEN'S
UNIVERSITY, KODAIKANAL, PERIYAKULAM, THENI.**



UNIT XI

NATIONAL SERVICE SCHEME




ANNUAL REGULAR ACTIVITIES

2025 - 2026

PROFORMA FOR NSS PROGRAMME OFFICERS

S. No	Particulars	Details
1.	Name of Programme Officer	Dr. Mrs. A. Anitha Mary
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	JayarajAnnapackiam College for Women (Autonomous), Periyakulam, Theni Dt-625601.
5.	College Email Address	principal@annejac.ac.in
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	XI
8.	Mobile No (NSS PO)	9360121931
9.	Email ID (NSS PO)	amaryzoo@annejac.ac.in
10.	Whether attended NSS 7 days ETI Training	Yes / No
11.	Number of year Experience as NSS P.O	2
12.	Name of the Village Adopted	Melmangalam
Social Media Account Details of the NSS Unit		
1.	Twitter ID	@nssunit11jac
2.	Instagram ID	Unit11nss@annejac
3.	Face book ID	Unit11jac

Name : Dr. Mrs. A. Anitha Mary
Designation : Assistant Professor
Date :
Signature : 

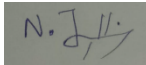
PROFORMA FOR NSS STAFF ADVISORS

S.No	Particulars	Details
1.	Name of Staff Advisor	Mrs. N. Jeyabharathi
2.	Gender (Male/Female)	Female
3.	Name of the University	Mother Teresa Women's University, Kodaikanal.
4.	Name of the College with Address	Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Theni Dt-625601.
5.	College Email Address	principal@annejac.ac.in
6.	Name of the District (College Located)	Theni
7.	NSS Unit Number	XI
8.	Mobile No (NSS staff advisor)	9514348215
9.	Email ID	-----
10.	Department	Commerce
11.	Number of year Experience	2 years 6 months
12.	Name of the Village Adopted	Melmangalam

Name : Mrs. N. Jeyabharathi

Designation: Assistant Professor of Commerce

Signature :



**NATIONAL SERVICE SCHEME
ACTION PLAN 2025-2026**

On 6th Day – 1 Hour On Saturday – 3 Hours	
Regular Activities	Special Activities
<ul style="list-style-type: none"> ✓ Conducting NSS Theory Classes ✓ Conducting Awareness Programmes ✓ Celebrating Commemorative Days ✓ Cleaning activities inside the campus and adopted villages ✓ Watering Vitamin C – Fruit Trees Garden ✓ Discarding Waste leaves and ensuring plastic free campus (Solid Waste Management) ✓ Providing vocational training to female children and women in the adopted villages 	<ul style="list-style-type: none"> ❖ 7 Days Special Camp ❖ Observance of <ul style="list-style-type: none"> ● Swachh Bharat Mission ● Fit India ❖ Seminars ❖ Awareness Programmes related to the observance days mentioned in the academic calendar. ❖ Celebrating Independence Day inside the College campus and the adopted villages. ❖ Raising awareness among students about societal concerns by conducting street plays, rallies, and other activities, and by organizing competitions on topics like World Population Day etc. ❖ Tree Saplings Plantation in the adopted villages. ❖ Conducting meetings with the panchayat officials in our college and convene Advisory Meetings. ❖ Attending Refresher Training Programmes for Professors. ❖ Undertaking Projects related to NSS. ❖ Organizing free medical camps that includes general health check -up, dental check-up, etc in the adopted villages. ❖ Installing dustbins in the adopted villages. ❖ Constructing toilets in the adopted villages. ❖ Connecting the rural women with self-help groups. ❖ Identifying the dropout students around the villages and helping them continue their education.

IMPORTANT DAYS & DATES

Date	Day	Remarks
Jan 12	National Youth Day	Birthday of Swami Vivekananda
Jan 15	Army Day	Field Marshall K.M. Cariappa took over the command of the Army on this day in 1949 from the British.
Jan 27	International Holocaust Day	The largest Nazi death camp, Auschwitz-Birkenau, was liberated by Soviet troops on Jan 27, 1945.
Jan 30	Martyr's Day	Martyrdom day of Mahatma Gandhi
Feb 28	National Science Day	Marks the discovery of the Raman Effect in 1928 by C.V. Raman
Mar 8	International Women's Day	-
Mar 15	World Consumer Day	President John F Kennedy formally addressed the issue of consumer rights on this day in 1963.
Apr 7	World Health Day	WHO was formed on this day in 1948, but the first World Health Day was observed in 1950.
Apr 12	International Day of Human Space Flight	Yuri Gagarin, the Soviet Cosmonaut made the first space flight on this day in 1961.
May 1	International Worker's Day	-
May 8	International Red Cross Day	JH Dunant, the man behind Red Cross was born on this day in 1828.
May 11	National Technology Day	Nuclear tests at Pokhran were carried out in 1998 on this day.
May 21	Anti-terrorism Day	Former PM Shri Rajiv Gandhi was assassinated on this day in 1991.
Jun 5	World Environment Day	-
Jun 21	International Yoga Day	-

Date	Day	Remarks
Jul 1	National Doctors Day (India)	Birthday of Dr Bidhan Chandra Ray
Jul 11	World Population Day	Inspired by 5 billion Day in 1987
Jul 12	Malala Day	Birthday of Malala Yousafzai
Jul 20	International Moon Day	Landing of Apollo 11 on the moon in 1969.
Jul 20	World Chess Day	Establishment of the International Chess Federation (FIDE) in Paris in 1924.
Aug 6	Hiroshima Day	The bombing of Hiroshima on 6 Aug 1945
Aug 7	National Handloom Day	Launching of the Swadeshi Movement on 7 Aug 1905
Aug 9	August Kranti Diwas	Launch of the Quit India Movement in 1942
Aug 19	World Humanitarian Day	Commemorates the day when 22 aid workers were killed in a bombing at the UN headquarters in Baghdad in 2003
Aug 20	Sadbhawna Diwas	Birthday of Shri Rajiv Gandhi (1944)
Aug 29	National Sports Day	Birthday of Shri Dhyanchand (1905)
Sep 5	Teacher's Day	Birthday of Dr Radhakrishnan (1888)
Sep 8	International Literacy Day	-
Sep 14	Hindi Diwas	Hindi was accorded Official language status by the Constituent Assembly on this day in 1949.
Sep 15	Engineers' Day	Birthday of Sri M Visvesvaraya.
Sep 27	World Tourism Day	Statutes of the United Nations World Tourism Organisation were adopted on this day in 1980.
Oct 2	International Non-violence Day	Birthday of Mahatma Gandhi (1869)
Oct 8	Indian Air Force Day	IAF was officially established on this day in 1932.
Oct 16	World Food Day	Food and Agricultural Organisation was founded on this day in 1945.

Date	Day	Remarks
Oct 24	United Nations Day	The Charter of the United Nations came into force on this day in 1945.
Oct 31	Rashtriya Ekta Diwas	Birth Anniversary of Sardar Vallabhbhai Patel
Nov 11	National Education Day	Birthday of Shri Maulana Abul Kalam Azad (1888), the first Education Minister of India.
Nov 14	Children's Day	Birthday of Shri Jawaharlal Nehru (1889)
Nov 19	National Integration Day	Birthday of Smt Indira Gandhi (1984)
Nov 26	Constitution Day (India)	The Constitution of India was adopted on this day (1949)
Nov 26	National Milk Day (India)	Birthday of Shri Verghese Kurien, Father of the White Revolution in India
Dec 1	World AIDS Day	-
Dec 4	Navy Day	Commemorates the courageous attack on the Karachi harbour during the Indo-Pakistan war of 1971 in Operation Trident.
Dec 7	Armed Forces Flag Day	-
Dec 10	Human Rights Day	The Universal Declaration of Human Rights was proclaimed and adopted on this day in 1948.
Dec 16	Vijay Diwas	Marks India's victory over Pakistan in the Indo-Pak war in 1971.
Dec 18	Minorities Rights Day	United Nations adopted and promulgated the Declaration on the Rights of Persons belonging to National or Ethnic, Religious and Linguistic Minorities on this day in 1992.
Dec 24	National Consumers' Day	-
Dec 25	Good Governance Day	Birthday of Shri Atal Bihari Vajpayee

U. G. PROGRAMME OUTCOMES

UPON COMPLETION OF THIS PROGRAMME THE STUDENTS WILL BE ABLE TO

PO. NO.	UPON COMPLETION OF THIS PROGRAM THE STUDENTS WILL BE ABLE TO
1.	Gain theoretical knowledge and apply the expertise in different fields.
2.	Acquire industry specific skills and can emerge as entrepreneurs.
3.	Develop critical and rational thinking to solve societal issues.
4.	Explore the knowledge and acclimatize it in the ever changing work environment.
5.	Evolve theories and develop innovative discipline specific ideas.
6.	Comprehend the nuances and develop innovative, discipline-specific ideas.

PSO. NO.	UPON COMPLETION OF THE PROGRAM THE STUDENTS WILL BE ABLE TO	PO MAPPED
PSO-1	Get knowledge about National Service Scheme.	PO-1
PSO-2	Acquire leadership skills and readiness to serve the society.	PO -2
PSO-3	Enhance perspectives of social issues in different point of views Think and act effectively in a critical situation.	PO-3
PSO-4	Develop positive attitude towards betterment of the society through voluntary service.	PO-4
PSO-5	Preserve nature, ethos and traditions and practices of the society.	PO-1

NATIONAL SERVICE SCHEME

Semester: I

Hours :2

Code: 23STPNS01

Credits:2

COURSE OUTCOMES:

CO. NO.	UPON COMPLETION OF THIS COURSE THE STUDENTS WILL BE ABLE TO	PSO ADDRESSED	COGNITIVE LEVEL
CO – 1	Acquire the basic knowledge about NSS	PSO-1	K1, K2
CO – 2	Uphold the value system based on the social, political and moral bases	PSO-1, PSO-2	K3
CO – 3	Understand and identify the needs of the society	PSO-1, PSO-2, PSO - 4	K2, K4
CO – 4	Develop the capacity to meet emergencies and attain knowledge to concentrate on personal health and hygiene	PSO2-, PSO-4 PSO-5	K5, K6
CO – 5	Face the challenges particularly to become women entrepreneurs	PSO-1	K3, K6

RELATIONSHIP MATRIX FOR COURSE OUTCOMES, PROGRAMME OUTCOMES AND PROGRAMME SPECIFIC OUTCOMES

Semester : I – IV		NATIONAL SERVICE SCHEME										Hours: 240
Code : 23STPNS01												Credits: 2
Course Outcomes	Programme Outcomes (PO)						Programme Specific Outcomes (PSO)					Mean Score of CO's
	1	2	3	4	5	6	1	2	3	4	5	
CO1	1	2	3	4	5	6	1	2	3	4	5	3.81
CO2	4	5	4	3	4	3	4	3	4	4	4	3.90
CO3	5	4	4	4	4	4	4	3	4	4	3	3.90
CO4	4	4	5	3	4	4	5	4	3	3	4	4.00
CO5	5	4	4	3	4	4	4	5	4	3	4	3.90
Overall Mean Score												3.90

Result: The Score for this Course is 3.90 (High Relationship)

Note:

Mapping	1 - 20%	21 - 40%	41 - 60%	61 - 80%	81 - 100%
Scale	1	2	3	4	5
Relation	0.0 - 1.0	1.1 - 2.0	2.1 - 3.0	3.1 - 4.0	4.1 - 5.0
Quality	Very Poor	Poor	Moderate	High	Very High

Values Scaling

Mean Score of Cos = $\frac{\text{Total of Values}}{\text{Total No. of Pos \& PSOs}}$	Mean Overall Score for Cos = $\frac{\text{Total of Mean Scores}}{\text{Total No. of Cos}}$
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UNIT I: BASICS OF NSS

Introduction –History and Growth – Aim and Objectives – NSS Motto – NSS Symbol - NSS Badge –NSS Day - Code of Conduct- NSS Regular Activities & Special Camp.

UNIT II: PERSONALITY DEVELOPMENT

Personality Development – Know Thyself- Body Language- Forming Values Etiquette and Manner - Team Building and Team Work – Problems of Youth – Drug abuse - Drug Dependence /Addiction –Alcoholism – Suicide - Sexual Problems – Diseases.

UNIT III: SOCIAL SERVICE

Aim of Social Service – Social Service Organizations - Social Problems - Need for Social Service - Scope of Social Services - Functions of Social Services - Principles of First Aid - Important things kept in the First Aid Box - Snake Bite - Dog Bite - Insect Bite - Heat Stroke - Drowning - Electric Shock - Artificial Respiration – Hemorrhage – Stroke - Heart Attack – Symptoms – Fainting.

UNIT IV: NUTRITIOUS FOOD AND WOMEN'S HEALTH

Nutrition - Adequacy – Balance - Calorie Management - Dietary Density – Moderation – Variety - Calculation of Calorie Permittance - Calculation of Protein Percentages - Food Sources - Vitamins the Importance of Dietary Nutrition Women's Health

UNIT V: ECOLOGY AND ROLE OF WOMEN IN SOCIETY

Environment - Environmental Elements - Environmental concerns - Changing Climate – Global warming – Women achievers - Women's Place in Society - Social Issues against Women - The Ways to Empower Women.

COURSE BOOK:

Arul Sunila.J, Flora Pauline Mary.V, Preethi.J, Padmasree. A. D, Girija Bai. T, Arul Irudaya Jeyanthi.J, Abinaya. D, NOT ME BUT YOU, Acca Printing Press, 2022.

Internal Assessment

Components	Marks
Attendance	20
Assesment (Involvement in activities)	50
Test	30
Total	100

QUESTION PATTERN

NATIONAL SERVICE SCHEME-23STPNS01

Class : II UG

Time : 2 Hours

Date :

Max. Marks: 30

Course Outcome	Bloom's K-level	Q. No	SECTION-A 2x5=10 Answer All Questions Internal choice
			SECTION - B 2x10=20 Answer any TWO of the following

MONTH OF JUNE
International Yoga Day – 23.06.2025

The National Service Scheme (NSS) of JAC Unit XI conducted an International Yoga Day Celebration on 23rd June 2025 at 3.00 p.m. Mrs. Pushparani, Assistant Professor of History, served as the resource person and explained the importance of yoga in maintaining physical and mental well-being. She also demonstrated a few essential yoga postures for the benefit of the students. A total of 44 NSS volunteers from our unit actively participated and gained valuable insights from the session. This meeting was organized by Dr. A. Anitha Mary, Programme Officer, and Dr. Emagulate Rani, Staff Advisor.



CLEANLINESS ACTIVITY - 27.06.2025

The National Service Scheme (NSS) of JAC Unit XI conducted a campus cleaning activity on 27th June 2025 at 3.00 p.m. The second-year NSS volunteers actively cleaned the allotted areas within the college campus. A total of 45 NSS volunteers participated enthusiastically in the activity. The aim of organizing this activity was to help students understand the importance of keeping their surroundings clean. Dr. A. Anitha Mary, NSS Programme Officer, supervised the activity.



World Environment Day – 28.06.2025

The National Service Scheme (NSS) of JAC Unit XI conducted the World Environment Day Celebration on 28th June 2025 at 3.00 p.m. As part of the celebration, a slogan writing competition was organized for the students. A total of 30 students actively participated in the competition. Two students won the first prize, and three students

received the second prize. The list of prize winners is given below. This event was organized by Dr. Anitha Mary, Programme Officer, and Dr. Emagulate Rani, Staff Advisor.

S.No	Name	Class	Prize
1.	E. Esha Devi	II Advanced Zoology & Biotechnology	I
2.	P. Sharmila	II Advanced Zoology & Biotechnology	I
3.	P. Dhanushiya	II B. Sc., Zoology	II
4.	K. Eroshini	II B. Sc., Zoology	II
5.	A.Tanista	II B. Sc., Zoology	II



MONTH OF JULY

Orientation Programme for First-Year Students – 01.07.2025

On 01.07.2025 NSS Programme Officers addressed the first years and informed them of the history of NSS and its aim and goals. Each PO delivered a brief talk on the importance of joining NSS and the purpose of NSS. Everyone is motivated to do service to society voluntarily and it is our duty to understand the community in which they live and work. A brief explanation about regular activities, importance of NSS certificate in their career and job opportunities, seven days special camp in adopted villages was delivered to the students. The students made a decision to help society on a voluntary basis after the orientation programme.



Orientation Programme – 19.07.2025

On 19.07.2025, NSS Unit XI of Jayaraj Annapackiam College for Women, Periyakulam attended an Orientation Programme for I year NSS Volunteers in the Indoor Auditorium. Rev. Dr. Sr. Iruthaya Kalai Selvam, Principal addressed the gathering and delivered an inspiring message. She emphasized the importance of cleanliness,

maintaining the college as a green campus, and adopting eco-friendly practices such as butterfly gardening. She also encouraged students to develop smart and sustainable methods to keep their surroundings clean and hygienic. The session served as a motivation to all the NSS volunteers, instilling in them the values of environmental responsibility and active participation in community service.



World Literacy Day Quiz Competition – 21.07.2025

On 21.07.2025, NSS Unit XI of Jayaraj Annapackiam College for Women, Periyakulam conducted online quiz competition for all the II year NSS volunteers from 2.45 p.m. to 3.30 p.m. The primary objective of this event was to enhance the volunteers' understanding and awareness about the origins, objectives and core principles of the NSS, with a particular focus on the content covered in the first two units of the NSS curriculum. 40 NSS volunteers actively participated.



Guest Lecture – 29.07.2025

On 29.07.2025, NSS Unit XI of Jayaraj Annapackiam College for Women, Periyakulam attended a special guest lecture to mark Kargil Vijay Diwas. In collaboration with the Ministry of Youth Affairs and Sports, Mr. S. Gokul Krishnan, MTS & District Program Coordinator of My Bharat – NYK addressed the students on the important role of NSS in Nation-building. Dr. Charlet Sharmili, Assistant Professor, NSS programme Officer delivered the keynote address, highlighting the significance of Kargil Vijay Diwas. The program fostered patriotism and a sense of responsibility among the youth. Floral tribute was offered in honour of all the Kargil Vijay Diwas heroes, remembering their bravery and sacrifice for the nation.



MONTH OF AUGUST

CLEANLINESS ACTIVITY – 06 .08 .2025

The National Service Scheme (NSS) of JAC Unit XI organized a campus cleaning activity on 06.08.2025 from 2:45 p.m. to 3:45 p.m. NSS volunteers cleaned their respective areas, with a total of 50 volunteers actively participating. The activity was carried out under the supervision of Dr. A. Anitha Mary, Programme Officer and Mrs. N. Jeyabharathi, Staff Advisor.



School Visit - 11.08.2025

The National Service Scheme of JAC, Units VIII, X, and XI conducted Fancy Dress and Singing Competitions for the school students at Government Girls Higher Secondary School, Thamaraikulam. In commemoration of the 79th Independence Day, the students enthusiastically participated in a Speech Competition on Freedom Fighters, and their melodious patriotic songs evoked love and pride for India's freedom. A total of 32 participants showcased their talents vibrantly, and four winners received prizes in both events. All participants were presented with appreciation gifts. As a mark of ecological awareness, saplings were planted on the school premises. The programme was successfully led by Dr. S. Janci Rani, Dr. S. Kasthuri, and Dr. A. Anitha Mary, the Programme Officers.



Anti-Drug Abuse Pledge Taking - 11.08.2025

On 11.08.2025, NSS Unit XI of Jayaraj Annapackiam College for Women, Periyakulam conducted a pledge against drugs usage among people. To celebrate life and pledge to live a drug-free life, all NSS volunteers participated.



CLEANLINESS ACTIVITY – 14 .08 .2025

The National Service Scheme (NSS) of JAC Unit XI organized a campus cleaning activity on 14.08.2025 from 2:45 p.m. to 3:45 p.m. NSS volunteers cleaned their respective areas, with a total of 55 volunteers actively participating.



Independence Day Celebration - 15.08.2025

On 15.08.2025, the National Service Scheme (NSS) Units VIII, IX, and XI of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, celebrated Independence Day with great enthusiasm and patriotic fervor. The celebration began with the hoisting of the National Flag by Lion PMJF V. Maharajan, South Zone Chairman of the National Ex-Servicemen Coordination Committee, Theni. In his address, he emphasized the importance of self-respect as the foundation of dignity, discipline, and responsibility, and urged students to uphold honesty and integrity while carrying forward the spirit of freedom. The NSS volunteers presented a vibrant cultural programme with patriotic songs, dances, and skits highlighting the sacrifices of freedom fighters and the duties of responsible citizens. The programme instilled a strong sense of patriotism and pride, making the celebration memorable and meaningful.



Awareness Programme - Women & Law and NSS Volunteership Day -30.08.2025

The National Service Scheme (Units VII to XIII) of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, in collaboration with the Inner Wheel Women's Club, Theni, organized an Awareness Programme on *Women and Law* along with NSS Volunteership Day on 30.08.2025. The resource persons were Mrs. U. Vidhya, B.A., B.L., Advocate, Theni District Court, Mrs. S. Sutha, M.A., B.Ed., Retired Teacher, and Dr. P. Floras Mary, Retired Professor of JAC. The Secretary of the Inner Wheel Club, Mrs. R. Dhivya Dharshini, along with other members, also graced the occasion and contributed fruit saplings. The programme enhanced awareness on women's legal rights and emphasized the significance of volunteerism among students.





**MONTH OF SEPTEMBER
CLEANLINESS ACTIVITY – 23 .09.2025**

The National Service Scheme (NSS) of JAC Unit XI organized a campus cleaning activity on 23.09.2025 from 2:45 p.m. to 3:45 p.m. NSS volunteers cleaned their respective areas, with a total of 85 volunteers actively participating.



Thamaraikulam, Tamil Nadu, India
4p4w-jxx, Thasildar Nagar, Thamaraikulam, Tamil Nadu 625605, India
Lat 10.106774° Long 77.5475°
23/09/2025 03:20 PM GMT +05:30

Viksit Bharat Online Quiz Competition - 25.09.2025

In connection with Ministry of Youth Affairs & Sports and Viksit Bharat conducted online quiz on Viksit Bharat Young Leaders Dialogue 2026 on 25.09.2025 onwards. 76 NSS volunteers attended the quiz and received appreciation certificate.



NSS Day - 30.09.2025

The National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, Units (VII to XIII) celebrated NSS Day on September 30, 2025, with prayer, cultural events, and prize distribution. Competitions on themes such as “Not Me, But You – Spirit of NSS in Action”, “Clean India – Green India”, “Unity in Diversity – Strength of India”, and social issues were conducted. The Chief Guest, Mr. Gokul Krishnan, Member of the Ministry of Youth Affairs and Sports, Government of India, along with Rev. Sr. Dr. Iruthaya Kalai Selvam, Principal, distributed prizes and motivated students to register on the My Bharat Portal, highlighting its benefits for youth development.



MONTH OF OCTOBER Youth Awakening Day – Programme

National Service Scheme of Unit XI, Jayaraj Annapackiam College for Women (Autonomous), Periyakulam organised a "Youth Awakening Day" Programme on 13th October, 2025 at 3 p.m. Dr. Amala Jasmine, Program Officer led the event with a note on Dr. APJ Abdul Kalam' s life. Many short clips of Dr. Kalam's biography, achievements and his dreams for youths were projected. 200 NSS volunteers from various units were kindled by the zealous of Dr. Kalam' s inspiring life and benefitted out of this event. Dr.J. Emagulate Rani, Staff Advisor ensured the students active participation. 90 NSS volunteers from UNIT XI participated.



Mera Yuva Bharat – 17.10.2025

National Service Scheme of JAC & Physical Education collaborated with Government of India -Ministry of Youth Affairs & Sports, Mera Yuva Bharat – Theni conducted Block Level Sports Meet 2025 on 9th & 10th of October, The prize distributing ceremony took place on 17th October, 2025. The event commenced with the welcome Address of Dr. Jancy Rani, Programme Officer. Mr. Gokul, Principal, Secretary, NSS Coordinator, Physical Education Director, Programme Officers and Staff Advisors graced the occasion. The prize winners who participated in various events bagged the shields and certificates as a mark of victory. Ms. Annalakshmi, Staff Advisor delivered a note of thanks. 6 NSS Programme Officers and 7 Staff Advisors, 350 NSS volunteers were actively participated in the event.



Free Water Purifier and Cloths Distribution Campaign – 16.10.2025 & 17.10.2025

National Service Scheme of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, in collaboration with the Jeevanadhi Charitable Trust, Bangalore organized a benevolent Free Water Purifier and Clothes Distribution Campaign on 16.10.2025 & 17.10.2025. The campaign aimed to extend compassion and service to the underprivileged, promoting the NSS motto “Not Me, But You” by addressing essential community needs such as access to drinking water and clothing for the school children. Rev. Dr. Sr. M. Rajeenal, Mother Superior, Dr. Sr. R. Shantha Mary Joshitta, Secretary, Dr. Sr. S. Iruthaya Kalai Selvam, Principal, the Guest of Honour, Br. Augustin and members of Jeevanadhi Charitable Trust graced the occasion with their valuable presence and support. Five Water Purifiers were distributed to St. Anne’s Hr. Sec. School, Periyakulam,

Government Higher Secondary Schools at Tamaraikulam, Vadakkarai, Saruthupatti, and Lakshmiapuram. Free cloths were distributed to 275 school students of Panchayat Union Primary School, Maaya Pandeewari Middle School and Muthaiya Primary School located at Melmangalam.

The two-day event commenced with an inaugural session at St. Anne's Hr. Sec. School, Periyakulam Dr. Sr. T. Johny Dathees, NSS Co-ordinator welcomed the gathering, Dr. Sr. Iruthaya Kalai Selvam delivered an inspiring address highlighting the importance of social responsibility and the role of youth in building a caring society. Bro. Augustin insisted on the values of compassion and integrity. The purifiers were installed under proper supervision, accompanied by guidance on maintenance and hygiene. 6 NSS Programme Officers and 7 Staff Advisors, 45 NSS volunteers were actively participated in the event. The campaign concluded with a thanksgiving session reflected on their shared mission and expressed heartfelt gratitude to Jeevanadhi Charitable Trust for their partnership. This event was a remarkably a collective action, compassion and dedication which created a meaningful social change, service to the society.

JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN (AUTONOMOUS) PERIYAKULAM

NATIONAL SERVICE SCHEME

In Collaboration with
JEEVANATHI CHARITABLE TRUST, BANGALORE
Organizes

FREE WATER PURIFIER & CLOTHES DISTRIBUTION CAMPAIGN

PATRONS
Rev. Dr. Sr. M. Rajesal
Mother Superior

Dr. Sr. R. Shantha Mary Josphita
Secretary

Dr. Sr. S. Iruthaya Kalai Selvam
Principal

GUEST OF HONOUR
Br. Augustin

Members of Jeevanathi Charitable Trust, Bangalore
DATE: 16.10.2025 & 17.10.2025

VENUE
St. Anne's School, Periyakulam
Government Higher Secondary Schools
Tamaraikulam, Vadakkarai, Saruthupatti & Lakshmiapuram
Panchayat Union School, Melmangalam
Maaya Pandeewari Middle School, Melmangalam
Muthaiya Primary School, Melmangalam



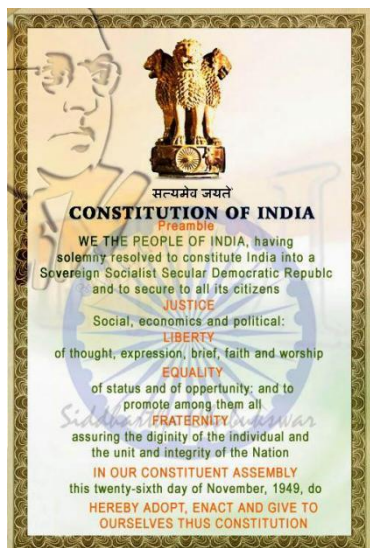
National Unity Day - 31.10.2025

On 31.10.2025, NSS Unit XI of Jayaraj Annapackiam College for Women, Periyakulam proposed a solemn pledge for National Unity Day in the college premises. 200 NSS volunteers pledged to preserve the unity, integrity and security of the Nation. Dr. B. Amala Jasmine, Programme Officer and Dr. J. Emagulate Rani, Staff Advisor participated in the event.



MONTH OF NOVEMBER
Indian Constitution Day - 26.11.2025

On 26.11.2025, NSS Unit XI celebrated Indian Constitution Day. Constitution pledge was taken by all the NSS volunteers in the college campus. Preamble, Justice, Liberty, Equality, Fraternity in our constituent assembly was insisted. 40 NSS volunteers participated in the event.



SIR Form - 28.11.2025

National Service Scheme of JAC, Unit XI NSS volunteers participated in SIR form filling awareness to the people at Kallipatti, Periyakulam. 10 NSS volunteers actively participated in investing the names those who have not yet registered SIR form and progressed the voter's ID correction and collected the list of people to upload the form in the Tamil Nadu website on 28.11.2025.

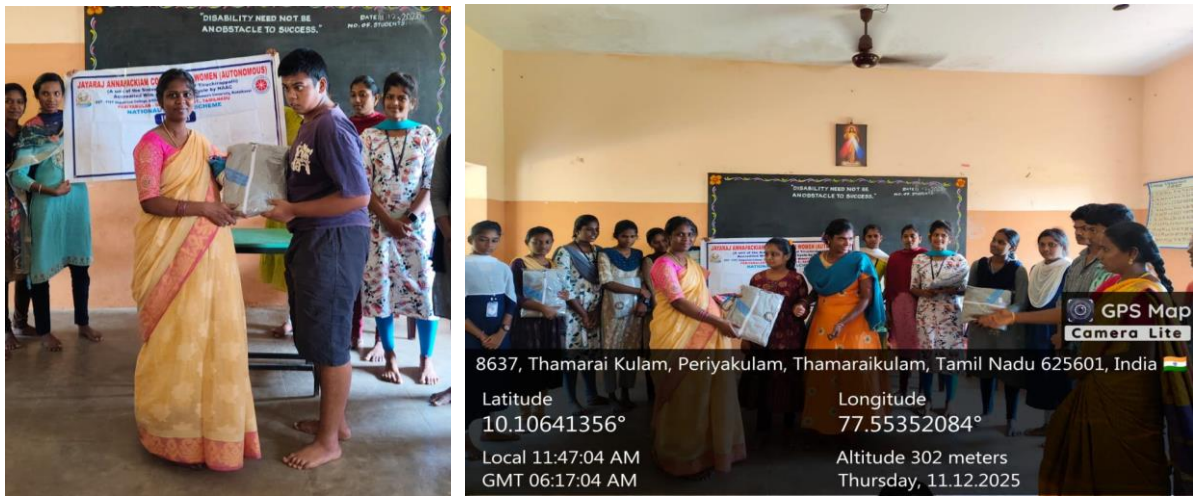


MONTH OF DECEMBER

FREE CLOTH DISTRIBUTIONS - 11.12.2025

Unit XI of Jayaraj Annapackiam College for Women (Autonomous), Periyakulam, provided free clothes to the students of Day Star, Periyakulam, on 11.12.2025. A total of 25 students benefited from this initiative. Ten NSS volunteers actively participated and

contributed to the successful execution of the programme. The event was organized by Dr. A. Anitha Mary, NSS Programme Officer.



Viksit Bharat Youth Parliament - 19.12.2025

On 19.12.2025, NSS Unit XI of Jayaraj Annapackiam College for Women, Periyakulam participated in the Elocution competition at Theni District on “50 years of Emergency: Lessons for Indian Democracy” organized Viksit Bharat Youth Parliament – 2026 at JAC, Periyakulam in collaboration with Ministry of Youth Affairs and Sports. 5 NSS volunteers actively participated in the Elocution competition. B. Yuvasri, I B. Sc. Mathematics secured eighth place at Theni district of top 10 winners selected for State level competition.

MONTH OF JANUARY PONGAL DAY CELEBRATION - 13.01.2026

The NSS Unit XI celebrated Pongal day to honor the cultural importance of the festival on 13.01.2026. The first-year NSS volunteers of Unit XI came together to prepare Pongal, participate in traditional activities showcasing Tamil culture, Games and enjoy the Pongal celebration. The event brought everyone closer, promoting teamwork and cultural pride. Unit-XI Programme officer Mrs. T. Manimegalai and the staff adviser Mrs. N. Jeyabharathi started the programme.



CLEANLINESS ACTIVITY – 19 .01 .2026

On 19.01.2026, Jayaraj Annapackiam College NSS UNIT XI conducted a cleaning activity at 02.45 – 03.30 p.m in Garden. The NSS volunteers cleaned the Tree sapling planted. Totally 50 NSS volunteers were actively participated in the cleaning work.



77TH REPUBLIC DAY CELEBRATION - 26.01.2026

On behalf of the National Service Scheme (NSS), Unit XI of Jayaraj Anna Bhakkiam Women’s College, the 77th Republic Day was celebrated in a grand manner in collaboration with the students of Melmangalam Muthiah Primary School Headmaster M. Packialakshmi M.A., D.T.ED., All the participants paid homage to the National Flag and took the Republic Day pledge. The programme began with the Flag Song followed by the Tamil Thai Vazhthu. M. Packialakshmi M.A., D.ED., delivered a special address and highlighting the significance of Republic Day. Sweets were distributed to the students as part of the celebration. The programme was graced by the presence of N. Lakshmi M.A., D.T.ED., Mrs. T. Manimegalai Programme officer, Mrs.N. Jeyabharathi, NSS Adviser, NSS Volunteers, and school students. The event came to an end with the Vote of Thanks delivered by Mrs. T. Manimegalai followed by the National Anthem.



CLEANLINESS ACTIVITY – 29 .01 .2026

On 29.01.2026, Jayaraj Annapackiam College NSS UNIT XI conducted a cleaning activity at 02.45 – 03.30 p.m in Garden. The NSS volunteers cleaned the Tree sapling planted. Totally 50 students of first year NSS volunteers were actively participated in the cleaning work. Mrs. T. Manimegalai NSS Programme Officer and Mrs.N. Jeyabharathi NSS Staff Advisor supervised the cleaning work.



MONTH OF FEBRUARY

Cleanliness Activity – 11 .02 .2026

On 11.02.2026, Jayaraj Annapackiam College NSS UNIT XI conducted a cleaning activity at 02.45 – 03.30 p.m in Garden. The NSS volunteers cleaned the Tree sapling planted. Totally 50 students of first year NSS volunteers were actively participated in the cleaning work. Mrs. T. Manimegalai NSS Programme Officer and Mrs.N. Jeyabharathi NSS Staff Advisor supervised the cleaning work.



CLEANLINESS ACTIVITY – 18 .02 .2026

On 18.02.2026, Jayaraj Annapackiam College NSS UNIT XI conducted a cleaning activity at 02.45 – 03.30 p.m in Garden. The NSS volunteers cleaned the Tree sapling planted. Totally 50 students of first year NSS volunteers were actively participated in the cleaning work. Mrs. T. Manimegalai NSS Programme Officer and Mrs.N. Jeyabharathi NSS Staff Advisor supervised the cleaning work.



Voters Awareness Rally - 19.02.2026

On 19.02.2026, NSS Unit XI of Jayaraj Annapackiam College for Women, Periyakulam participated in the Rally on 19.02.2026 Periyakulam SC Assembly Constituency – Action plan for SVEEP (Systematic Voters' Education and Electoral Participation) organized by NSS and NCC of JAC in collaboration with Election Commission, Theni district. 15 NSS volunteers actively participated in the rally by incorporating Electoral process and to be responsible citizen.



CLEANLINESS ACTIVITY – 26 .02 .2026

On 26.02.2026, Jayaraj Annapackiam College NSS UNIT XI conducted a cleaning activity at 02.45 – 03.30 p.m in Garden. The NSS volunteers cleaned the Tree sapling planted. Totally 50 students of first year NSS volunteers were actively participated in the cleaning work. Mrs. T. Manimegalai NSS Programme Officer and Mrs.N. Jeyabharathi NSS Staff Advisor supervised the cleaning work.



MONTH OF MARCH

People Education Programme - 5.3.2026 and 6.3.2026

The National Service Scheme of JAC, Unit 11 and 12, in collaboration with the Khadi and Village Industries Commission conducted an intercollegiate meet for the students from the colleges surrounding Theni District on 5.2.2026 featuring Essay Writing Competition and an Elocution Competition. Around 100 students from 6 nearby colleges enthusiastically presented their ideas on themes such as “Khadi for Nation,” “Khadi for Fashion,” “Self-Employment,” and “Gandhian Thought” in both Tamil and English. The competitions provided a platform for students to articulate their perspectives on national development, sustainable practices, and self-reliance.



The second day of the People Education Programme (PEP) was successfully conducted on 6.3.2026. The day focused on the theme “Rural Industrialization”, aiming to create awareness about small-scale industries, entrepreneurship, and women empowerment. The programme commenced with a Welcome Address delivered by Mrs. E. Sahaya Merlin, Programme Officer and Assistant Professor of English. The Keynote Address was presented by Shri Senthilkumar Ramasamy, Divisional Director, KVIC, Madurai. He elaborated on the opportunities available in rural industries and encouraged participants to explore sustainable business models. A Special Address on Khadi and Handlooms was delivered by Shri S.A. Aramvalathan, Assistant Director (Khadi), KVIC, Madurai, who spoke about the significance of promoting indigenous industries. Shri P. Karthikeyan, Lead District Manager, Canara Bank, Theni, explained the banking procedures for starting small-scale industries. Shri K. Saravanan, Assistant Director, MSME-DFO, Madurai, delivered a talk on MSME schemes and government support. Shri M. Ravikumar, Director, Canara Bank RSETI, Theni, discussed the importance of training in establishing small-scale industries. Smt. Vasumathi Naveen, Managing Director of Ammu Papers & Exports, Dindigul, spoke on empowering women through skill development, inspiring the

audience with practical insights. The programme concluded with a Prize Distribution Ceremony, followed by the Vote of Thanks proposed by Dr. L. R. Charlet Sharmili, Programme Officer and Assistant Professor of History.

