

PROFILE



Name : S. SAHAYAMARY
Designation : Associate Professor
Department : P.G and Research Centre of History
Permanent Address : 15/5-10/S, Rasi Nagar,
Opposite to Nanda Mill, Boothipuram Road,
P.C.Patti, Theni, 625 531
Theni District.
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Academic qualification

S. no	Degree	University/Institution	Year of Completion
1	B.A	Arulmigu Palaniandavar Arts College for Women, Palani	1995
2	M.A	Arulmigu Palaniandavar Arts College for Women, Palani	1997
3	M.Phil	St. Joseph's College, Trichy	1999
5	B.Ed	Avinashilingam Deemed University, Coimbatore	2002
6.	Ph.D	Madurai Kamaraj University	2019

Area of Specialization : Modern Period

RESEARCH EXPERIENCE: 15

Award received

1. Dr. S. Sahayamary, Assistant Professor of History, has received Mother Theresa International Award – 2020 on 25th November 2020 (rPhpa rKjha nray;ghl;lsh;) from jpUts;Sth; fy;Yhhp- ghghehrk;, kUjk; gd;dhl;L jkpohuha;r;rpf; fhysz;bjo; Njly; fsk; mwf;fl;lis - ee;jptuk;(nrd;id), fiyg;G+f;fs; fiyf;fofk; - ,yq;if, cyf jkpo; ghuhSkd;wk; - Jgha;
2. Dr. S. Sahayamary, Assistant Professor of History has received t.C.rp Nghw;Wk; kdpjh; Award on 4th September 2022 from V.O.C. Illakiya Vanam
3. Dr. S. Sahayamary, Assistant Professor of History has received jq;f Rlh;kzp Award from Pasumai Vaasal Foundation, on 07.03.2025.
4. Dr. S. Sahayamary has actively participated in record-setting initiative recognized by All India World Records and SeVe Record Holder Forum received World Record by cultivating herbal plants within one hour to promote environmental awareness with 1500 students simultaneously on 18.10.2025.

Book Published

Published a Book entitled “SARDAR VALLABHBHAI PATEL - THE ARCHITECT OF INDIA”, March 2023, ISBN No. 978-93-92560-22-4

Patent

Published a patent entitled “Device to Evaluate Shopping Activity and Spending Habits of the Customers” on 28th December 2022.

Examiner

Dr. S. Sahayamary, Assistant Professor of History *has served as an* External Examiner for the M.Phil (Part Time) Viva Voce Examination on 24th September 2022 at Mother Teresa Women’s University, Attuvampatty Campus, Kodaikanal.

Question setter

Tamil Nadu Public Service Commission, Chennai - Group IV - 2019
Mannar Thirumalai College, Madurai, 2021-22
Mother Teresa University, Kodaikanal, December 2022
Arulmigu Palaniyandavar Arts College for Women, Palani

Guided: M.Phil candidate 2 (Part Time)

PUBLICATIONS

- 1. Woman- A Multidimensional Character”** in Vikashini, an International Journal of Women’s Empowerment, Vol No.27 No.3, July-September 2012, All India Association for Christian Higher education.
- 2. History of Periyakulam – A Study in** the JAC Journal of Science, Humanities and Management, Periyakulam, Theni, ISSN – 2347 – 9868, Vol-I, No-1, December 2013, pp.64-70 (National)
- 3. NGOs – A stepping stone to women empowerment in Theni district**, in the Social Science International Research Journals, Vol-I, issue-I, ISSN 2395-0544, March (2015),pp.194-1
- 4. Indian Women Through the Ages**, in the International Journal of Education and Research, New Frontiers Education, ISSN: 0972-1231, Vol.48, No 1, January - March, 2015, pp.84-87
- 5. Women Empowerment through Education in Theni District**, International Journal of Arts, Humanities and Management Studies, ISSN: 2395-0692, Vol. 2,01, January 2016, pp.1-5.
- 6. Impact of Tolerance in Indian Culture**, in the International Journal of Education & Humanities, Education Plus, ISSN: 2277-2405, Vol. VIII, Number-3, May-June 2018 (Special Issue), pp.137-143.
- 7. Gandhi’s vision towards Women Empowerment** in the International Journal of Analytical and Experimental modal analysis, An UGC –care Approved Group II Journal, ISO -7021-2008 certified, ISSN NO – 0886-9367, Volume- X1, Issue X11, Impact Factor-6.3, December, 2019, p.13 to 19
8. Published an article entitled **Ambujammal - an unassuming Heroic personality for nation and women’s Emancipation** in the Aut Aut Research journal, (International) ISSN No: 0005-0601, An ISO 7021: 2008 Certified journal, UGC Care list (Group – II), Impact factor: 5:1, Volume XI, Issue X, page no 318- 324, October 2020.(Journal Number 19500157420 Scopus)
9. Published an article entitled **Human Values in Sangam Literature** in the Modern Thamizh Research (A Quarterly International Multilateral Thamizh Journal) Arts and Humanities,

Language) UGC Care Listed (Group-1) Journal ISSN: 2321-984X-Special Issue Vol.4, September 2021, 878 to 881

10. Published an article entitled “**Cradle Baby Scheme in Theni District**” in the Kanpur Philosopher International Journal of humanities, Law and Social Sciences UGC CARE Approved Group I, Peer Reviewed and Refereed Journal by New Archaeological & Genological Society Kanpur, India ISSN 2348-8301, Vol XI, Issue 1, No. 10, 2022, p.151-156

11. Published an article entitled “**From Ancient Bonds to Modern Dynamics: SriLanka - India Relations through the Ages** in the Journal of the Asiatic Society of Mumbai (A UGC –CARE listed Journal), Vol. XCIX, No.01, Sep 2023, New Series, ISSN: 0972-0766, Editors Parineeta Deshpande, Ambarish Khare, September 2023, p.149-154.

12. Published an article entitled **Bodinayakanur and Erasakkanayakanur Zamins: A journey Through the Ages** in the JAC Journal of Humanities and Management (A National Journal) Vol.12, marNo.1, December 2024 ISSN 2347-9868, p. 12-19

Peer Reviewed Journal

Published an article entitled Unearthing History: A Journey through the Tranquebar - Archaeological site in the International journal of Arts, social sciences and Humanities, Volume 4, Issue, January 2026, ISSN: 2584-1130, pages 15 to 25

Article in a Book

1. Published an article in the book entitled Women in Public Administration on the topic **Women Participation in Local Body Administration with Reference to Theni District**, edited by Dr. N. Murugeswari and Dr.C.Kubendren published by Publication Division Bharathidasan University, Trichy, ISBN- 978-93-83213-11-5, February 2016, pp.198-202

Chapter

2. Published chapter in the book entitled Indian Survey on the topic **Legacies of the British Rule in India** edited by Dr A. Jesintha Vilveena and Dr.M. Anusha Angel, published by Raj Pathippakam, Nagercoil, ISBN 978-93-84737-32-0, November 2021, pp. 7 -17

3. Published chapter in the book entitled Women Premiers on the Topic Women participation in National Movement edited by Dr A. Jesintha Vilveena and Dr.M. Anusha Angel, published by Ministry of Education, Colombo, ISBN No: 978- 624- 98146-1-5, January 2023, pp.32-41

Proceedings

1. Violations of Women Rights, in the proceedings of Human Rights, Social Security and Women Identity in India, at JAC on 22nd 7& 23rd March 2007.

2. “Need to Preserve Monuments” in the National Seminar on Preservation of Monuments to Enhance Tourism in India on 8th & 9th February, 2012 at Jayaraj Annapackiam College for Women, Periyakulam.

3. “Tourist Places in Theni District” in the proceedings of “Present Scenario on Historical Tourism -2012, on 22nd March 2012 held at Arulmigu Palaniandavar College of Arts & Culture, Palani .

4. Cultural Tourism in India, in the International Seminar on Eco and Sustainable Tourism, at EMG Yadava Women’s College, Madurai, March 2013.

5. Women empowerment and SHG in Theni District, in the thirty four Annual Session Proceedings of South Indian History Congress, on 28th Feb, 1st and 2nd March 2014.

6. The Role of Nesam NGO for Empowerment of women in Theni District, in the proceedings of State Society and culture of Tamil Nadu, 25th March, 2019, pp.218 – 221, ISBN 978-93-88398-78-7

7. Online education: Challenges in rural communities in the proceedings of “Challenges and Remedies in Online Education in Rural India” on 10th and 11th February 2022 ISBN No. 978-93-5620-313-6

8. In the proceedings of the Fourth International Conference on Lemuria Secrets: A Multidisciplinary Approach” held on Muslim Arts College, Thiruvithancode and presented a paper on Archaeological sites Excavated in Tamil Nadu- A study organized by Lemuria Research forum, Muslim Arts College, Thiruvithancode on 10.10.2024, ISBN 978-81-908060-4-6, p.316 to 320

Paper Presentations International / National

Paper entitled

- 1. Violations of Women Rights**, in the National Conference on Human Rights, Social Security and Women Identity in India, at JAC on 22nd 7& 23rd March 2007.
- 2. Need to Preserve Monuments** in the National Seminar on Preservation of Monuments to Enhance Tourism in India on 8th & 9th February, 2012 at Jayaraj Annapackiam College for Women, Periyakulam.
- 3. Tourist Places in Theni District** in the National Conference on “Present Scenario on Historical Tourism -2012 on 22nd March 2012 held at Arulmigu Palaniandavar College of Arts & Culture, Palani .
- 4. Cultural Tourism in India**, in the International Seminar on Eco and Sustainable Tourism, at EMG Yadava Women’s College, Madurai, March 2013.
- 5. Women empowerment and SHG in Theni District**, in the South Indian History Congress, at A Veeriya Vandayar Memorial Sri Pushpam College, Poondi, Thanjavur Dt, Tamil Nadu, on 28th Feb, 1st and 2nd March 2014.
- 6. NGOs – A stepping stone to women empowerment in Theni district** in the International Conference on Women Empowerment & Social Sciences -2015 organized by American College, Madurai, on March 05th 2015.
- 7. Empowering Rural Women**, in the National Seminar on Women Empowerment - Milestones & Challenges” on 8th October 2015, organized by Women Cell, N.M.S.S.Vellaichamy Nadar College, Madurai.
- 8. Women Participation in Local Body Administration with Reference to Theni District**, in the National Seminar on Women in Public Administration, Bharathidasan University, Trichy on 11th February 2016, pp. 198-202.
- 9. Impact of Tolerance in Indian Culture**, in the International Conference on Tolerance and Intolerance in Global History, organized by EAST, Vivekananda Kendra, Kanyakumari, Tamil Nadu, on 16th and 17th December 2017.

10. **Women in freedom Movement with Special Reference to Tamil Nadu**, in the national Conference on Popular Movement in South India During 19th and 20th Centuries, organized by Jayaraj Annapackiam College for Women, Periyakulam on 7th and 8th February 2018.

11. **Socio Economic Empowerment of Women through SHGs**, in the national Conference on Women Participation and Social Transformation in South India, 20th Century, organized by Jayaraj Annapackiam College for Women, Periyakulam on 20th February 2019.

12. **The Role of NESAM NGO for Empowerment of Women in Theni District**, in the National Seminar on the State Society and culture of Tamil Nadu, 25th March, 2019.

13. **Gandhi vision towards Women Empowerment** in the International Conference on Gandhi and women Empowerment on 3rd December 2019 organized by P.G and Research Centre of History, Jayaraj Annapackiam College for Women, Periyakulam.

14. **Online education: Challenges in rural communities** in the NAAC Sponsored Two Day National Seminar on “Challenges and Remedies in Online Education in Rural India” on 10th and 11th February 2022 organized by Sri Kaliswari College, Sivakasi.

15. Presented a paper on Archaeological sites Excavated in Tamil Nadu- A study In the Fourth International Conference on Lemuria Secrets: A Multidisciplinary Approach” held on Muslim Arts College, Thiruvithancode organized by Lemuria Research forum, Muslim Arts College, Thiruvithancode on 10.10.2024

16. Presented a paper on Unearthing History: A Journey through the Tranquebar -Archaeological site in the ICSSR Sponsored National Seminar on Archaeological Excavations in South India: New Insights organized by PG & Research Centre of History, Jayaraj Annapackiam College for Women on 10.12.2024. (ISBN 978-93-92560-86-6) January 2025.

Seminar / Conference Attended

1. Participated in the International Awareness workshop and Training Programme on Bioethics Education organized by Dept of Zoology, JAC, on 20th January 2005.

2. Two days workshop on Capacity Building on Youth Empowerment” for NSS Programme Co-coordinators and officers at RGNIYD, Sriperumpudur on 17th and 18th January 2006.

3. National Integration Camp sponsored by Ministry of Youth Affairs and Sports, Government of India, conducted from 22nd July to 28th July by DKM College for women, Vellore.
4. Intercollegiate Tourism Fest 2007 on 27th September 2007, at JAC, Periyakulam.
5. National Seminar on Participative and Responsive Organizational Dynamics for Quality improvement in Autonomous Colleges, at JAC, on 19th and 20th December 2007.
6. Participated and presented a paper on **Violations of Women Rights**, in the National Conference on Human Rights, Social Security and Women Identity in India, at JAC on 22nd 7 & 23rd March 2007.
7. NAAC sponsored National Level Seminar on The Role of Stakeholders for quality sustenance in Higher Education on 16th and 17th March 2009, Arulmigu Palaniandavar Arts College for Women, Palani.
8. National Conference on Recent Trends in Understanding and Applying the Theory and Practice of Values, at JAC on 11th and 12th January 2007.
9. NAAC sponsored National Level Seminar on Quality and Relevance in Higher Education – New Challenges at JAC on 2nd 3rd March 2009.
10. National Workshop on “Effective Classroom Communication and Teaching Skills for College Teachers” on 12th and 13 November 2009, at Christ University, Bangalore
11. National Seminar on Value Education, from 4th to 9th May 2010, at NBCLC, Bangalore.
12. Workshop on Higher Education in a Changing Environment on 26th & 27th November, 2010, JAC, Periyakulam.
13. UGC sponsored National Seminar on Human Rights, IQAC, JAC, on 9th and 10th December, 2010.
14. UGC sponsored National Conference on Inculcation of Values for Holistic Life Amidst Technological Scenario on 6th & 7th December, 2010, at JAC, Periyakulam.
15. Participated and presented a paper on **Need to Preserve Monuments** in the National Seminar on Preservation of Monuments to Enhance Tourism in India on 8th & 9th February, 2012 at Jayaraj Annapackiam College for Women, Periyakulam.
16. Participated and presented a paper on **Tourist Places in Theni District** in the National Conference on “Present Scenario on Historical Tourism - 2012 on 22nd March 2012 held at Arulmigu Palaniandavar College of Arts & Culture, Palani.

17. National Seminar on Contribution of Sangam and Post – Sangam Classics to Ancient Indian History on 9th to 11th January 2013, at St. Joseph's College, Trichirapalli.
18. The Counsellor Training Course, by Anugraha Institute of counseling centre from 5th to 10th June 2013 at JAC, Periyakulam.
19. Faculty Training Programme in Entrepreneurship, by Mother Teresa Women's University at JAC, Periyakulam from 3rd to 7th September 2013.
20. State Level Workshop on Reforms in Curriculum Development and Examination System, on 13 November, 2013.
21. State Level Seminar on The Socio – Religious Movements in Tamil nadu, at JAC on 21st February 2014.
22. State Level Seminar on Reading and Writing Skills for Scholarly Publication, at JAC on 24th February 2014.
23. Participated and presented a paper in the 34th South Indian History Congress, on the topic Women empowerment and SHG in Theni District, at A Veeriyar Vandayar Memorial Sri Pushpam College, Poondi, Thanjavur Dt, Tamil Nadu, on 28th Feb, 1st and 2nd March 2014.
24. National Workshop on e-Content Development of Indigenous Teaching Practices in Humanities and Social Sciences at Christ University, Bangalore from 15th to 17th May 2014
25. UGC sponsored National Workshop on E-content Development for Effective Teaching and Learning, from 11th to 13 September 2014 at JAC, Periyakulam,
26. Participated and presented a paper on the topic NGOs – A stepping stone to women empowerment in Theni district, in the International Conference on Women Empowerment & Social Sciences -2015, at American College, Madurai, on 5th March 2015.
27. State Level Workshop on Unearthing Archaeological Treasures of Melur Region ,at Government Arts College, Melur, on 23rd September 2015.
28. Participated and presented a paper on the topic Empowering Rural Women, in the National Seminar on Women Empowerment - Milestones & Challenges” on 8th October 2015, organized by Women Cell, N.M.S.S.Vellaichamy Nadar College, Madurai.

29. Participated and presented a paper on the topic Women Participation in local body Administration with special reference to Theni District, in the National Seminar on Women in Public Administration, at Bharathidasan University, Trichy on 11th February 2016.
30. National Seminar on Socio – Political Trends in Tamilnadu in the Early 20th Century, at JAC, Periyakulam on 12th February 2016.
31. UGC Sponsored National Conference on Water Conflicts – A Historical Perspective on 8th and 9th February 2017, at JAC Periyakulam.
32. Participated and presented a paper on the topic Impact of Tolerance in Indian Culture in the International Conference on Tolerance and intolerance in Global History, at EAST Vivekananda Kendra, Kanyakumari, on 16th December 2017.
33. Participated and presented a paper on the topic Women in Freedom Movement with Special Reference to Tamil Nadu in the ICHR sponsored National Conference on Popular Movements in South India During 19th & 20th Centuries, organized by P.G and Research centre of History, JAC, Periyakulam, on 7th and 8th February 2018.
34. National Conference on Changing Landscape of Higher Education in India and impending challenges, organized by Xavier Board of Higher Education in India, Christ University, Bangalore on 22nd,23rd September,2018.
35. Participated and presented a paper on the topic Socio Economic Empowerment of Women through SHGs in the National Conference on Women Participation and Social Transformation in South India,20th Century, organized by P.G and Research centre of History, Jayaraj Annapackiam College for Women, Periyakulam, on 20th February 2019.
36. International Symposium on Recent Trends in History & Historiography, organized by P.G and Research centre of History, Government Arts College, Melur, on 25th February 2019.
37. Participated and presented a paper on the topic The Role of Nesam NGO for empowerment of Women in Theni District, in the National Conference on State, Society and Culture of Tamil Nadu, organized by P. G and Research centre of History, Arulmigu Palaniyandavar Arts College for Women on 25th March, 2019.

38. Participated and presented paper entitled Gandhi's vision towards Women Empowerment in the International Conference on Gandhi and women Empowerment on 3rd December 2019 organized by P.G and Research Department of History, JAC, Periyakulam.

39. Participated in the NAAC Sponsored Two Day National Seminar on "Challenges and Remedies in Online Education in Rural India" on 10th and 11th February 2022 organized by Sri Kaliswari College, Sivakasi.

40. Participated in the NAAC Sponsored National Workshop on "Roadmap of NAAC Assessment and Accreditation for Quality Assurance and Sustenance in Higher Educational Institutions" organized by the IQAC of the Gandhigram Rural Institute, Gandhigram on 31st March 2022.

41. Participated in the 7 Day National Level Online Faculty Development Programme on Outcome Based Education & Essential AI Tools for Teachers organized by the Internal Quality Assurance Cell (IQAC) of Carmel College (Autonomous), Mala in association with The Kerala State Higher Education Council (KSHEC) from 10 August 2023 to 18 August 2023

42. Participated the National Conference on Innovative Approaches to Quality Assurance in Higher Education for Sustainable Futures organized by Iqac, J.A.College, Periyakulam on 09.01.2025

43. Participated in the ICSSR Sponsored National Seminar on Archaeological Excavations in South India: New Insights organized by PG & Research Centre of History, Jayaraj Annapackiam College for Women on 10.12.2024.

44. Participated in the International Conference on "Indigenous Identities and Subaltern Studies: A Comparative Perspective on India and Sri Lanka" organized by Department of History, Jayaraj Annapackiam College for Women, Periyakulam in Collaboration with (MoU Signed) Department of History University of Jaffna, Sri Lanka on 11.02.2026

Online Webinar

- Participated in the National level webinar on Impact of Covid 19 Indian Economy organized by IQAC and Department of Corporate Secretaryship, C.Abdul Hakeem College, Melvisharam, Tamil Nadu on 12th May 2020.
- Participated in the National Webinar on "Covid 19 and Global Socio –Cultural Impact" organized by Department of History, Providence College, Coonoor on 15th May 2020

- Participated in the National Live Webinar on “Stay Healthy and keep fit during Lockdown” organized by Tamil Nadu Physical Education and Sports University from 14th may 16th may 2020.
- Participated in the Webinar on Indian Epigraphy with special Reference to Tamil Nadu organized by Alagappa University, Karaikudi from 15th to 17th may 2020
- Participated in the national webinar on History of Covid 19 Pandemic organized by the P.G and Research Centre of History, Jayaraj Annapackiam College for women (Autonomous), Periyakulam on 22nd May 2020.
- Participated in the National Webinar on Outcome Based Education organized by IQAC, Jayaraj Annapackiam College for Women, Periyakulam on 22nd -29th May, 2020.
- Participated in the Online workshop on “Socio Economic and Cultural Impact of Corona in India” organized by P.G. and Research Department of History, Government Arts College, Melur on 1st June 2020.
- Participated in the International Webinar on “Cyber Awareness for Women organized by Department of Computer Science, Jayaraj Annapackiam College for Women on 4th June 2020
- Participated in the National Level Online Faculty Development Programme on “Innovation and Research Opportunities for Faculty in the New Normal Organized by The Research & Development Cell in association with Internal Quality Assurance Cell on 5th June 2020.
- Participated in the Online Faculty Development Programme on “Challenges for College Teachers in the new Educational Scenario” (Webinar) organized by Mary Matha College of Arts & Science, Periyakulam, Theni on 6th June 2020
- Participated in the National Level Live Faculty Development Programme (webinar) on “Future of Examinations: Bloom’s Taxonomy and Multiple Assessment Tools” organized by G.T.N Arts College(Autonomous), Dindugul on 8th June 2020
- Participated in the Webinar on “The Role of Archaeology in reconstructing History” organized by Department of History, Government Arts College, Kovilpatty, Thoothukudi, on 8th June 2020.
- Participated in the Webinar on “jpu;Fws; fhl;Lk; tho;tpay; newpfs; organized by P.G Department of Tamil, Jayaraj Annapackiam College for Women on 9th June 2020.

- Participated in the Webinar on “Politics of Crisis Management” Organized by Department of Historical Studies, Justice Basheer Ahmed Sayeed College for Women & Yuva Active Advocacy Forum on 13th June 2020.
- Participated in the International Webinar series on “Covid -19 Facing Challenges with Optimism” as part of the Five Day Faculty Development Programme Organized by the P.G Department of Historical Studies, Quaid-E-Millath Government College for Women, Chennai, Tamilnadu from 08-06-2020 to 12-06-2020
- Participated in the International Webinar on Online Education: Challenges and prospects for teachers and students, organized by Department of Commerce & Management, Guru Nanak College Budhlada, on 15th June 2020.
- Participated in the National Level Webinar on “Tourism in Medieval South India” organized by Research Department of History, Hajee Karutha Rowther Howdia College, Uthamapalayam, Theni (District) on 17th June 2020.
- Participated in the Webinar on Narrative Art – The Ethos of Indian Culture, Organized by the P.G and Research Department of History, D.K.M College for Women (Autonomous), Vellore on 22nd June 2020.
- Participated in the National Webinar on “Pandemic and Epidemics during British rule in India – A critical hindsight Organized by Department of History & Research centre, Nesamony Memorial Christian College, Marthandam, Kanniyakumari District, Tamilnadu, on 22nd June 2020.
- Participated in the International Webinar on Covid 19: Solution for survival organized by Department of Physical Education and Nature Club, Rajapalayam Raju’s College on 26th June 2020.
- Participated in the Webinar on “Archival Sources for the Indian National Movement, 1905-1947 organized by Department of History, GTN Arts College(Autonomous), Dindigul on 29th June 2020.
- Participated in the Webinar on “On Combating Cyber crimes Against Women in India” organized by Department of History, Arul Anandar College, Karumathur, Madurai on 1st July 2020.
- Participated in the National Webinar on Role of Incubation and Innovation in Higher Educational Institutions organized by P.G & Research Department of Social Work, Sacred

Heart College, (Autonomous), Tirupathur Dist, Tamilnadu and Don Bosco Institutions for Higher Education(DBIHE)in Collaboration with VIT-TBI, Vellore Dist, on 4th July 2020.

- Participated in the RUSA –sponsored National webinar on “The Evolution of North Indian Temple Architecture” organized by Department of History with support of IQAC on 4th July 2020, Chikitsak Samuha’s Sir Sitaram & Lady Shantabai Patkar College of Arts and Science& V.P. Varde College of Commerce and Economics (Autonomous) Affiliated to the University of Mumbai.
- Participated in the Webinar on “Women Empowerment Programmes in Tamilnadu- A special Reference to Women Self Help Groups” organized by the Department of History, Sri Bharathi Arts and Science College for Women, Kaikkuruchi, Pudukkottaion 09—07-2020
- Participated in the Two Day Online Faculty Development Programme on “ Themes and Trends of Modern Tamilnadu” and “Freedom Movement of Tamilnadu in the Pre-Gandhian Era”on 07 July 2020 organized by Department of History& IQAC of Scad College of Education, Cheranmahadevi, Tirunelveli on 6th July 2020.
- Participated in the Two day International Webinar on Tradition: A New Dimension in Modernity organized by P.G. & Research Department of History, Thiru Kolanjiappar Govt Arts College, Vriddachalam held from 09-07-2020 to 10-07 – 2020
- Participated in the Motivational Webinar on “Crisis comes with Opportunities organized by G.T.N. Arts College (Autonomous), Dindugul on 10th July 2020.
- Participated in the Three days International Webinar on gphpj;jhdpahtpy; jkpo;r; Roy; organized by Department of Tamil, Government Arts College, Kulithalai on 14th July to 16th July 2020.
- Participated in the Special Lectures on Mansab System During Mughal Period on 18th July 2020 organized by Department of Medieval History, Hamidia Girls’Degree College, Prayagraj.(University of Allahabad)
- Participated in the International Webinar on “Purpose of Life and Living. Do we actually live or exist? Organized by G.TN. Arts College, Dindigul on 19th July2020.

- Participated in the Live Webinar on “Yoga for Health” organized by Jointly organized by Yoga Club and ISHA Foundation, Coimbatore on 18th July 2020.
- Participated in the National Level Faculty Development Programme on Making of E-Content for the Teachers of Colleges and Universities organized by Computer Science, St. Joseph College, Tiruchirapalli from 09-07-2020 to 11- 07-2020.
- Participated in the Webinar on (Day 1) “Online Assessment Tools of National Webinar on “ICT Tools for Teaching –Learning organized by IQAC, Xavier’s College (Autonomous), Palayamkottai, Tamilnadu on 23-07- 2020.
- Participated in the National Webinar on “Tools for Interactive Content Preparation of National Webinar on ICT Tools for teaching organized by IQAC, Xavier’s College (Autonomous), Palayamkottai, Tamilnadu on 23-07- 2020.
- Participated in the two day online webinar Programme on” Research Methodology” organized by P.G and Research Department of History, Arulmigu Palaniandavar Arts College, Palani on 24th July 2020.
- National Level Webinar on Socio-Cultural Dimensions and Tourism Potential in Jammu and Kasmir organized by RUSA-EBBS Club, Rajeswari Vedachalam Government Arts College, Chengalpattu, Tamilnadu on 30th July 2020.
- Webinar on A peep in to the Marvels of Colonial Architecture in India organized by Pearl Research Centre of History, Culture and Tourism, St. Mary’s College, Thoothukudi on 31st July 2020.
- Webinar on Revisiting Gandhi and the Nationalistic Discourse in India organized by Department of History in association with IQAC, Sidho-Kanho-Birsha University, Purulia, West Bengal on 6th and 7th October 2020.
- Webinar on Creation of Academic Accounts organized by Library, JAC, Periyakulam 18th March 2021

- National Webinar on Methodology of Historical Writing: A Practical Approach in Preparing Dissertations Organized by the PG and Research Department of History, C Abdul Hakeem College (Autonomous) Melvisharam, 29th April 2021.
- National level Faculty Programme on “Quality Enhancement Initiative through Innovation Practices” organized by IQAC, JAC, Periyakulam on 3rd May 2021
- Online Seven day Faculty Development programme on Museums and their Glorious services Organized by Tamilnadu Government Museum, Tirunelveli, P.G Department and Research Centre of History, Rajapalayam Raju’s College, Rajapalayam from 11th June 2021-17th June 2021
- One week FDP on Yoga for Well Being During Covid Period, AMET, Human Resource Development Centre (HRDC) and Internal Quality Assurance Cell (IQAC) and Centre for Yoga and Human Excellence, 11.06.2021 to 17.06.2021
- Seven days online National Level Faculty Development Programme on Prospective on the Regional History of Tamil Nadu from 1st July 2021 7th July 2021 organized by P G and Research Department of History, Pachaiyappa’s College, Chennai
- One Week Faculty Programme on Life Skills and Wellness during Pandemic organized by AMET, AMET Business School on 5th July to 11th July 2021.
- One week Virtual International Faculty Development Programme on importance of soft skill in teaching organized by Medonna and Arts and Science College, (Affiliated to MKU) Viraganoor, Madurai Departments of History and Tamil from 5th July to 11th July 2021.
- participated in the International Webinar on Migration of Tamils in the French Colonial Countries on 28th September 2021
- Participated in the National webinar on “Memorialize the sacrifices of the patriots to trail through the 75 years of stronger India” organized by P.G. and Research Centre of History, Jayaraj Annackiam College for Women, Periyakulam on 3rd November 2022.
- Participated the International Webinar on “The Contribution of Srilanka to the Enrichment of Tamil Culture” organized by PG & Research Centre of History, Jayaraj Annackiam College for Women on 07.10.2024.

Other Activities (Campus)

- ❖ Serving as the NSS Programme Officer for Unit VII, from 2006 to 2009

- ❖ NCC advisor 2009-2010
- ❖ Extension In - charge 2010 -2011
- ❖ College Photo and students ID and parents' ID in-charge from 2012-2015
- ❖ Gandhian Thought Co-coordinator from 2017-2020
- ❖ Discipline committee member from 2017-2020
- ❖ Placement cell member
- ❖ IQAC Member from 2018 -2021
- ❖ NAAC Steering Committee Member 2018-2020
- ❖ Golden jubilee souvenir committee member 2019-21
- ❖ TNPSC questions setters
- ❖ Research Committee member from 2021-2024
- ❖ Physical Education Committee member 2021
- ❖ Assistant Dean of Students 2022-2024
- ❖ Co-ordinator of Women Cell
- ❖ Member Secretary of Academic Council

Seminar organized

- ICHR sponsored National Conference on Popular Movements in South India During 19th & 20th Centuries, organized by P.G and Research centre of History, JAC, Periyakulam, on 7th and 8th February 2018 – Organizing Secretary
- International Conference on Gandhi and women Empowerment on 3rd December 2019 JAC, Periyakulam. – Convener
- Dr. S. Sahayamary, Assistant Professor of History, has organized an online Quiz, entitled “Elimination of Violence against women on 25th November 2022 in Collaboration with H.K.R.H College, Uthamapalayam

Editor

Co –editor of Roots International Journal Multidisciplinary Researches Special Issue 2018

M. Phil Reviewer

Served as a reviewer for M.Phil Candidates on 16th July 2022, Mother Teresa University, Kodaikanal through online.