

JAYARAJ ANNAPACKIAM COLLEGE FOR WOMEN (AUTONOMOUS)

PERIYAKULAM - 825 801, THENI DT.

(A Unit of Sister's of St. Anne's of Tiruchirappalli)

Accredited with 'A' Grade (Cycle 4) by NAAC

DST - FIST Supported College

(Affiliated to Mother Teresa Women's University, Kodaikanal)



Off : 04546 - 231482
Res : 04546 - 231382
Fax : 04546 - 231482

Website : www.annejac.ac.in

E-mail : principal@annejac.ac.in

Date: 05.07.2022

NOTIFICATION: KARATE CLUB

The Principal, on the recommendations of the Internal Quality Assurance Cell (IQAC) and as per the expectations of NAAC, is pleased to continue the already existing Karate Club of Jayaraj Annapackiam College for Women (Autonomous) for the academic year 2022–2023 with the following members.

Chairperson:

Dr. Sr. S. Jesu Rani
Principal

Coordinator

Dr. Mrs. M. Tamil Selvi
Assistant Professor
Department of History

Members

1. Mrs. J. Sharmila
Department of English

The management is happy to note that the Karate Club continues to function actively in promoting student well-being and discipline.

Purpose of the Karate Club

The Karate Club focuses on strengthening students' physical and mental abilities through karate practice. It aims to inculcate discipline, self-confidence and awareness of personal safety among students.

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- 2 -

Activities of the Karate Club (2022-2023)

- ❖ Introducing students to basic Karate techniques and movements
- ❖ Conducting fitness-oriented training sessions related to martial arts
- ❖ Creating awareness on self-protection and personal safety
- ❖ Organizing internal practice-based activities for interested students
- ❖ Encouraging regular participation to improve focus, discipline and endurance

The tenure of the Coordinator and Members shall be as per college norms.

This notification shall come into force with immediate effect.