

MODIFIED AS
AESTHETIC TREATMENT THEORY

Semester: Non-Semester
Code : 23BW1SD01

Hours:2
Credits:2

OBJECTIVES:

- ☐ Summarize the importance of cleaning, disinfecting, sanitation, and sterilization
- ☐ Define standard safety precautions
- ☐ Identify the basic requirements for scalp and skin care
- ☐ Explain How to use colour theory when choosing cosmetics for makeup application

UNIT I

Introduction to cosmetology –Personal health – Introduction to hygiene – Hygiene in work place – Cleaning- Disinfection – Sanitation, Sterilization. Disinfecting non electrical tools and implements- Electrical tools and equipment's – Work area maintenance— Health and safety

UNIT II

Hair removal methods- Temporary – Eyebrow shapes –Eyebrow measurement – Waxing method – Wax ingredients — Types of bleaches–Patch test - Side effect- Introduction to Manicure and Pedicure, Manicure and pedicure Equipment's- Hands and Arms massage— Feet and Lower leg massage

UNIT III

The Skin - Functions of Skin-Protection, Nutrition, Moisture control The Structure of Skin- The epidermis, The dermis. The hair - Structure and Functions of Hair. The three types of hair, Hair growth

UNIT IV

Introduction – Consultation – Skin analysis- Skin types – Skin care products – Cleanser – Toner – Exfoliator – Moisturizer – Sunscreen – Serum- Massage cream – Mask -Massage – Facial benefits— Introduction – Shampoo selection – Conditioning, Shampooing methods- Benefits. Colouring procedure

UNIT V

Introduction, Tools and accessories, skin colour analysis, skin preparation, Different types of foundation, Concealer, Face powder, eye Makeup, blusher, Lip colour, Analysing the face shape. Removing Techniques– Foundation – Face powder –Eye shadow- Eye liner – Blusher – Lip colour – mascara- Make up remover, Colour Wheel- Eye shadow, Blushers.

BOOKS FOR REFERENCE;

- Reviewed by Debra jaliman,MD on aug 7.2019
- Reviewed by carol Dersarkissian on May 18.2019
- Hair cut by TAYLAH BREWE
- Hair styles by [WWW.luxury hair.com](http://WWW.luxuryhair.com)

MODIFIED AS
BASIC SKIN SERVICES PRACTICAL-I

Semester: Non- Semester
Sub.code: 23BWSDP01

Hours :2
Credits:1

I. Threading

- Forehead, Chin, Upper lip
- Full face
- Eyebrows

II. Waxing

- Full arms
- Under arms
- Full legs

III. Manicure

- Product and Material
- Procedure

IV. Pedicure

- Product and Material
- Procedure

V. Bleaching

- Herbal Bleach
- Cream Bleach

VI. Facial

- Skin type Analysis
- Cleansing
- Toning

- Exfoliation
- Steaming
- Removal of Skin Blockage
- Facial Massage
- Pressure point
- Application of face mask

VII. Make up Basics Level- I

- Tools & Accessories of make up
- Preparing skin for make up
- Application technique

VIII. Saree Draping

- Tamil Nadu
- Kerala
- Gujarat Style
- Marathi Style
- Bengali

BASIC HAIR SERVICES PRACTICAL -II

Semester: Non- Semester
Sub.code: 23BWSDP02

Hours :2
Credits:1

I. Hair Services

- Shampooing and conditioning
- Deep Conditioning

II. Indian Head Massage

- Oil Application
- Massage Strokes

III. Hair Colouring

- Touch up
- Temporary Hair Colouring

IV. Basic Hair Cuts

- Straight Cut
- U cut
- Baby Cut

HAIR SETTING AND STYLING

V. Thermal Hair Setting

- Blow drying
- Hair Ironing
- Tong and Twist

VI. Hair Setting

- Pony Tail
- Puff or Bum pits

- Braiding
- Hair up Dos
- French Braid
- French plait

VII. Mehandhi Application

- Basic Nail Polishing
- Mehandhi Types
- Arabic Mehandhi Application
- Bridal Mehandhi Application

**JAYARAJ ANNAPACKIYAM COLLEGE FOR WOMEN (AUTONOMOUS),
PERIYAKULAM**

DEPARTMENT OF BEAUTY WELLNESS

CERTIFICATE COURSE

AESTHETIC BEAUTY SERVICE

EXTERNAL QUESTION PATTERN

Time: 3 Hours

Mark: 75

PART – A

10 Questions x 2 Marks = 20 Marks (10 Questions out of 14)

(Two Questions from each Unit)

PART – B

5 Questions x 5 Marks = 25 Marks (5 Questions out of 8)

(Internal choice and one set of Questions from each Unit)

PART – C

3 Questions x 10 Marks = 30 (3 Questions out of 6)

(Open choice and at least one question from each Unit)

DEPARTMENT OF BEAUTY WELLNESS

CERTIFICATE COURSE

(Non – Semester) - Evaluation

AESTHETIC BEAUTY SERVICE

Internal	External	Total
25	75	100

CIA Components

Component		Marks
Test-I	:	40
Test - II	:	40
Assignment	:	05
Quiz/Seminar	:	10
Attendance	:	05
Total	:	100

The total internal marks obtained for 100 will be converted into marks obtained for 25

AESTHETIC BEAUTY SERVICE

(EXTERNAL – EVALUATION)

Time: 3 Hours

Max.Marks:60

Part	Types of questions	Number of qns.	Number of qns.to be answered	Marks for each qn.	Total
A Q.NO (1-10)	Two questions from each unit	14	10	2	20
B Q.NO (11-10)	Either / or type. -one question from each unit	8	5	5	25
C Q.NO (16-20)	Open choice – one questions from each unit	6	3	10	30

BASIC SKIN SERVICES PRACTICAL-I (Internal Only)

CIA Components for Internal Assessment

Component		Marks
Component- I (Threading)	:	25
Component- II (Waxing)	:	25
Component- III (Manicure and Pedicure)	:	25
Component- IV (Facial and Makeup)	:	25
Total	:	100

BASIC HAIR SERVICES PRACTICAL-II (Internal Only)

CIA Components for Internal Assessment

Component		Marks
Component- I (Hair Services and Hair Styles)	:	25
Component- II (Hair Cuts and Hair colouring)	:	25
Component- III (Head Massage)	:	25
Component- IV (Mahandhi)	:	25

Total	:	100
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